

What's New at Cedar Drive

3150 Cedar Drive
Port Coquitlam, BC V3B 3C3
Tel: 604 941-3481 Fax: 604 937-8008



Sept 29, 2023

Next Week at a Glance October 2 - 6

Date	Activities and Events
Monday, Oct 2 nd	Truth and Reconciliation (No School)
Tuesday, Oct 3 rd	RIZE Afterschool program (2:55 - 4:30 in gym) Grade 5 Parent Meeting (6pm in the Library)
Wednesday, Oct 4 th	
Thursday, Oct 5 th	
Friday, Oct 6 th	Rhythm Resource Drumming Workshop Starts

New Information

Verification Forms and Emergency Release Forms

*****Important*****

- Please check information on the Verification Form which can be viewed on your MyEd family portal. You can login to your account by clicking [here](#).
- Please fill out Emergency Release Form (yellow form was sent home) and return to the classroom teacher
- Please do School Policy Form on school cash <https://sd43.schoolcashonline.com>
- Please pay for you school planner on school cash <https://sd43.schoolcashonline.com>

Rhythm Resource Drumming Workshop



Thanks to the efforts of our amazing PAC, our school has secured a grant to have Rhythm Resource provide a weeklong workshop for our students. The team from Rhythm Resource will work with each class 3-4 times over the course of five days and teach them how to play various percussion instruments from around the world. The program will conclude with an afternoon performance that will feature a drumming performance by every class. The program starts on Friday

Oct. 6th and will conclude on Friday Oct. 13th. Parents are invited to attend the performance during the afternoon of Friday Oct. 13th. Further details about the performance will be sent out soon.



Lost and Found is outside the school at the end of each week. Small items are kept in the office with me. Please have a look to see if your child is missing anything, there are some nice jackets that must belong to someone.

Cedar Drive: Afterschool Programs (Fall 2023)



Sep 26 - Dec 12, in the Gym

2:55 - 4:30 pm

Click the Program Names/ Links below to Register with the online form.

[Cedar Drive Elementary \(Tuesday\) - R1ZE Basketball](#)

Programs are brought to you by independent community organizations. DWUL (Do What U Luv) provides online registration

Fire Prevention Week



The Fire Captain for the Day contest is a highlight of Fire Prevention Week for not only the student, but for the fire department as well. Students can enter by going to the link in the attached Parent Letter.

To be eligible for the *Captain of the Day* please take note of the following instructions:

- Parents can [submit their entry online](#) for the *Fire Chief* and *Fire Captain for the Day* contest. This is to be done **by end of the day on October 4, 2023.**
- The Fire Department will draw names at **12:00 pm on October 5th**. The name of the child on the ballot will be your school's *Captain of the Day* and will also be entered into the draw for our City's *Fire Chief for a Day*.



Oct 9th - Thanksgiving (No School)

Oct 16th - Individual Photo Day

Oct 19th - Interim Reports Go Home

Oct 20th - Pro-D Day (No school)

Oct 26th - Early Dismissal (1:45pm)



This information is being sent out on behalf of Fraser Health.

October – Child health screenings: vision, hearing and dental

Article for website or newsletter:

Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's [Find a Dentist database](#). If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access [affordable dentistry for your children](#). You can also contact the dental program at your [local public health unit](#) and ask about resources available in your community.

Vision

[BC Doctors of Optometry](#) recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's [Find an Optometrist database](#). In B.C., basic eye exams, one per year, are free up to the age of 18. Some optometrists may charge a small user fee of about \$35 per visit so be sure to ask about any fees before you make an appointment.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your [local public health audiology \(hearing\) clinic](#).

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <https://ow.ly/oK9z50PegZB>

Messages from the PAC and Grade 5 Committee



Thank you!!

Thank you for visiting the treats table at the Open House and for coming to the Welcome Back BBQ (despite the rain!).



The grade 5 fundraising committee is featuring their 1st hot lunch of the year with Me-n-Ed's Pizza. Sign on to [school cash online](#) to order.

Have a wonderful weekend!



Dayna MacDonald