



# COVID-19

## Daily Health Check Questionnaire

(February 16, 2021)

All visitors must review this important information

All individuals are required to perform a daily health check at home prior to attending /visiting this facility.

The BC Centre for Disease Control has provided the following recommendations for daily health assessment.

### Symptoms of illness and Screening Criteria

Are you experiencing any of following symptoms?

- Fever (above 38°C)
  - Chills
  - New cough or worsening of chronic cough
  - Loss of sense of smell or taste
  - Difficulty breathing
  - Nausea or vomiting
  - Diarrhea
  - Headache
  - Sore throat
  - Loss of appetite
  - Extreme fatigue or tiredness
  - Body aches
- **Tested positive for COVID-19** (< 14 days) or currently being investigated for COVID-19?
  - **Self-Isolation:** You or anyone in your household been told to **be in self-isolation now**?
  - **Are you a confirmed close contact** of a person confirmed to have COVID-19?
  - **International Travel:** Have you returned from travel outside of Canada in the last 14 days?

**Based on the information above, if you answered “YES” to any of the above, do not enter this site, leave the site grounds immediately and contact 811 for further guidance.**

### COVID-19 DISTRICT PROTOCOLS



Please follow all COVID-19 protocols: Wear a mask, wash your hands and keep a 2-metre distance to others.

**If you develop COVID-19 like symptoms while on the premises, follow the following steps:**

1. Alert the site Administrator.
2. Go home and self-isolate.
3. Monitor your symptoms.
4. Get assessed by healthcare provider. Testing for COVID-19 is recommended, even if mild COVID-19 symptoms.

We have also updated this form on our website for your reference.