



Cape Horn News

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 Phone 604-526-4428 Fax 604-937-8006
<http://public.sd43.bc.ca/elementary/capehorn>

PRINCIPAL'S MESSAGE:



Gung Hey Fat Choi! Happy Chinese
 New Year! Xin Neín Kuai Le!

Dear Parents,

Hooray! February is here, hopefully the weather is improving and the days are getting longer. Cape Horn students and staff are hard at work as we head towards Spring Break in early March. Generally the long months are often the "meat and potato" days for learning in our schools. Routines have been established, expectations have been clarified and students are focused and ready to do their best.

As you can see from the many events that just happened or are going to happen in the next few weeks, Cape Horn is moving forward in an exciting direction that is challenging and motivating for our students. Here is an example of what is taking place at our school:

- ♥ Public Speaking for our intermediate students will take place in the afternoon of Wednesday, February 18th where one Grade 4 and one Grade 5 student will be selected to represent our school at the South Zone finals on February 25th at Ranch Park Elementary
- ♥ Treat Day and Wear Pink/Red/White day on February 13th
- ♥ Jump Rope for Heart (kick off Fri., Feb 27)
- ♥ Student led conferences (early dismissal at 2:00 pm) on March 3rd and 5th

Please remember that Friday, February 20th is a Non-Instructional Day for all schools in the District. Cape Horn staff members will be involved in a variety of important professional development activities. There will be no classes on this day.

Bill McGovern
 Principal



Learning the Voyage of Discovery

Our Mission Statement:

To provide a safe, caring and challenging environment so that students will be prepared for their lifelong "Voyage of Discovery"

NEXT PAC TREAT DAY
 Pudding & Hearts
 Friday, Feb. 13th



NEXT PAC MEETING
 February 11th (for cancelled Jan. meeting) & Feb. 25th @ 7:00 pm

Pro-D
 Friday, February 20th



**STUDENTS DO NOT ATTEND
 SCHOOL**

This is an important document. Please arrange to have it translated

此為重要文件,請翻譯成中文。
 이것은 매우 중요한 서류입니다, 정확한 번역을 부탁드립니다.

این مدارک از اهمیت ویژه ای برخوردار است لطفاً ترجمه شده آن را در خواست بنمایید.

ESTE ES UN DOCUMENTO MUY IMPORTANTE. POR FAVOR, TRATE DE QUE SE LO TRANSLADEN AL ESPAÑOL LO MAS PRONTO POSIBLE.

To jest ważny dokument. Prosimy o przetłumaczenie go.

FEBRUARY

9	B.C. Family Day - schools closed
11	PAC Meeting (postponed from January) - 7:00 pm in the Library
13	♥ Wear Red/White/Pink for Valentine's Day ♥ PAC Treat Day - Pudding & Hearts
18	Cape Horn Public Speaking - 10:50 a.m.
20	Pro-D (District - no school for students)
25	♥ Pink Shirt Day ♥ District Public Speaking Finals (Ranch Pk) ♥ PAC Meeting @ 7:00 pm in the Library
26	PAC Hot Lunch Day
27	PAC Poker Night Fundraiser - doors open at 6:30 p.m. - ticket order form on website

MARCH

3	Early Dismissal @ 2:00 pm for Student Led Conferences
5	Early Dismissal @ 2:00 pm for Student Led Conferences
6	♥ PAC Treat Day ♥ Last Day of school before spring break
9-20	Spring Break - no school
23	Back to school after Spring Break

MARCH - cont'd

25	Report Cards sent home
27	PAC Treat/Ice Cream Day
APRIL	
3	Good Friday - schools closed
6	Easter Monday - schools closed
9	PAC Hot Lunch
13-15	Scholastic Book Fair
16	Como Lake Relays
17	Pro-D - no school for students
21	Earth Day Walk-a-thon
24	Cape Horn Carnival/50th Anniversary Celebration

MAY

18	Victoria Day (schools closed)
22	District Track Meet
27	PAC Meeting

JUNE

12	Aboriginal Day at Cape Horn
18	Sports Day
19	Pro-D - no school for students
25	Last day of school for students



2015/2016 KINDERGARTEN REGISTRATION

We appreciate the many kindergarten registrations that we have received. To date we have 34 eager children registered for next September. If you know of anyone who has not yet registered for kindergarten and has a child who will be five years of age by December 31st, please ask them to contact the school. The staffing that we have for September is based on our current registrations.



WELCOME STUDENT TEACHERS



We wish to welcome the following student teachers to Cape Horn who are doing their practicum with our teachers:

Ms Emma Hampton with Mme Gibson, Ms Krystal Cocking with Mr. Andrews, Ms Shilo Hansen with Mrs. Kennedy, and Mr Kelly Perogine with Mrs. Cherry.

LATE, LATE, LATE!

School starts at 9:00 a.m. every morning with the playing of O Canada school wide. It is extremely disruptive to the class and to the learning of others if we are always dealing with children who are late. Anyone arriving late checks in at the office before proceeding to class, as attendance books are filled out promptly and sent to the office for verification. If we have a missing student, we want to be aware of this as quickly as possible, so teachers are directed to deal with this first, Please make every effort to have your students at school prior to O Canada.



JUMP ROPE FOR HEART



Once again our school is participating in the Heart & Stroke Jump Rope for Heart event this year. This is a unique and fun program that gets kids physically active, teaches them about heart healthy choices, and provides our school with valuable resources. The event also raises funds to support the Heart and Stroke Foundation to help to reduce the devastating effects of heart disease.

In Jump Rope for Heart, students participate in fun skipping activities on Friday, March 6th. Prior to the event, students raise pledges from sponsors and afterwards receive thank you prizes for the donations they raise individually. For safety reasons, we suggest that students do not go door-to-door. Donations will also be accepted on line at HoopsForHeart.ca. Our 'kick off' assembly will be on Friday, Feb. 27th at which time students will receive their donation envelopes.

CAPE HORN RUNNING CLUB

Running Club will be starting soon! Running club members will be meeting every Thursday at 3:10 p.m. with the goal of improving endurance and fitness. Runners will have the opportunity to qualify for a spot on the Como Lake Relay teams, Each team will have 4 runners and each runner will run 1.2 kilometres before passing the baton to the next runner.



At the District Track Meet, students may qualify to run in the 200, 400, 800 or 1500 metres events, depending on age and ability.

As we get closer to District events we may do some runs during the lunch hour. Runners need to have sturdy, laced up shoes that fit well. Please be sure to provide your child with appropriate clothing in case of light rain. We will train in the rain, but in the case of a torrential down pour, we will cancel practice. Parents are welcome, and encouraged, to join us on any of our runs!

Later this month, our grades 1 - 5 classes will be participating in a school wide running club twice a week. Children will be working towards kilometer milestones that will be recorded on their personal certificates.

Thank you to Miss Goodheart for organizing Cape Horn's running club!

BOTTLE DRIVE



Cape Horn School is planning a BOTTLE DRIVE - date to be announced. Please start collecting your recyclables to bring to our bottle drive.

WEAR RED/WHITE/PINK DAY



On February 13th students and staff are encouraged to wear something red, white or pink or a combination of these colours to celebrate Valentine's Day. The week of Feb. 10-13 is Real Acts of Caring Week throughout our school district. We invite everyone to get caught up in the act of going out of their way to do something nice; to make a compliment; or to encourage someone less fortunate. Random Acts are contagious and will make everyone feel good!



FRUIT AND VEGGIE SNACK PROGRAM

Please note that the following fruits and vegetables are scheduled for the upcoming weeks:



Week of February 16th - Anjou Pears

Week of March 2nd - Snap Peas

Week of April 13th - Grape Tomatoes

Week of April 27th - Gala Apples



If you wish, for any reason, that your child not participate in the snack program on any of the above weeks, please notify the school office at 604-526-4428.

STUDENT FILE DOCUMENTATION

We have been reviewing our student files to ensure that the Ministry of Education mandated documentation requirements (parent/child citizenship & proof of residency) have been met. As the requirements have changed in the last few years, our School Board has asked that we check and update the files. We will be sending home a notice requesting that any missing documentation (original documents) be brought into the school office for copying and placing in the student file. Thank you for attending to this extremely important request. If you have any questions or concerns, please contact Mr. McGovern.



PUBLIC SPEAKING FESTIVAL



Intermediate students are working on their speeches and will have the opportunity to present their rehearsed speeches to their classmates. Those students exceeding expectations in their class will have the opportunity to present their speeches to a larger audience in the Library on February 18th. Parents are welcome to attend. A grade 4 and a grade 5 student will be selected to represent Cape Horn at the Zone Public Speaking Festival on Wednesday, February 25th, at Ranch Park Elementary.

PINK SHIRT DAY

February 25th is "Pink Shirt Day"

Students all across Canada are joining in the campaign to put a stop to bullying by wearing a pink shirt on this day. This is great way to show our unity as a school that we will not allow bullying to take place at our school. We encourage all our students to participate in this very worthwhile endeavor.



FEBRUARY IS HEART MONTH



Did you know that behaviours leading to heart disease begin in childhood and adolescence? In recent years, we are even seeing high blood pressure, type 2 diabetes and high cholesterol in young children!

We can reverse this alarming trend by taking steps to help prevent heart disease right at home. In fact, the risk for heart disease can be reduced by 50 per cent when we create healthier lifestyle habits such as not smoking or being exposed to second-hand smoke, increasing physical activity levels and making healthier food choices.

Why not celebrate Heart Month by choosing to enhance one of these lifestyle habits in your home? Your family members' hearts will thank you for it!

APPROPRIATE CLOTHING FOR THE WEATHER

At the beginning of the year we requested that students have an extra pair of "inside" shoes and an extra set of dry clothing to keep at school. We also requested that all students come dressed appropriately for the weather. Students are allowed to stay inside during a downpour, but with B.C.'s "regular liquid sunshine", we might never let students outside. If you drive your child to school, please ensure that they have warm clothes on, as they will probably be going outside for recess and lunch.

Appropriate clothing is not shorts, without long pants over them, a sweatshirt that will absorb any moisture and hold it if the student goes outside without a jacket; and it is NOT running shoes in the snow! I know that the older students do not like to wear coats, boots, carry umbrellas, or change footwear, and they are at time our worst offenders. Please help us keep them dry by ensuring they have a full complete set of dry clothes to change into.

RECYCLE YOUR BATTERIES

Don't throw those dead alkaline batteries in the garbage, send them to school and we will add them to our collection. Ask your friends, family and co-workers to save theirs as well. By recycling batteries we are helping to save the landfill from dangerous toxins and chemicals. We have a container in the hall across from the office to deposit your used batteries.



School District #43

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Check out the website for news and
announcements!

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Don't Forget!

Daylight Savings Time Begins

March 8th

Move the clock ahead 1 hour



Pink Shirt Day

February 25, 2015

Pack it in ... Pack it out

All elementary schools within our District recently received composting buckets to be used to each classroom to collect compostable wastes that will be collected weekly. In an effort to teach our students the value of recycling and protecting our environment, Cape Horn will become a "Pack it in, Pack it out school". This means that we ask parents to limit the garbage (plastic, wrappers, etc.) that come in the packed lunches. What your child brings in their lunch will now go home with them. This helps to reduce the waste in our school, and ultimately helps the environment. We recommend use of reusable containers for lunches.



PAC NEWS

PAC MEETING

We would like to invite you to our next meeting on Wednesday, February 11th at 7:00 pm (postponed from Jan.) in the library. The Feb. meeting will be on Weds, Feb. 25th @ 7:00. We really want to encourage all parents to join us. There will be no meeting in March as it is a short month

FUNDRAISING NEWS:

Upcoming fundraisers are: Poker Night (Feb. 27th) and Spring Carnival (April 24th). Pick up your Poker Night ticket order forms at the office or on our website!

Mark your Calendars! A Spring Carnival is scheduled for April 24th, as well we will be celebrating Cape Horn's 50th Anniversary. Fun and games, cotton candy, popcorn, treats and more! Watch for info to come home soon. We will need lots of volunteers to help run this fun community event!



CARNIVAL/50TH ANNIVERSARY

The main purpose of our next PAC meeting (Wed, Feb. 11th) will be to strike a carnival/50th Anniversary Committee. If you are interested in lending a hand or have some great ideas to contribute please join us. Many hands make light work!



THANK YOU!

Special thanks to our Cape Horn Parent Advisory Council for their continued support of programs here at Cape Horn. We all appreciate the fundraising to support bus trips, upcoming cultural performance, classroom student incentives, just to name a few. Thank you to our parent community for supporting the fundraising activities!