



# Cape Horn News

155 Finnigan Street, Coquitlam, BC, V3K 5J2

Phone 604-526-4428 Fax 604-937-8006 <http://public.sd43.bc.ca/elementary/capehorn>

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April, 2014

## PRINCIPAL'S MESSAGE:

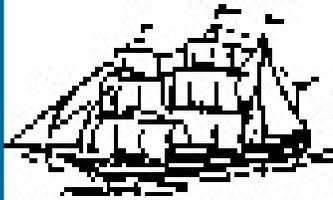


Spring has sprung, and we've really entered into the excitement of the season high-gear! In the past few weeks leading up to Spring Break and our first week back, we held a jewelry sale to raise funds (\$161.00) for the SPCA, and a very successful Student-Led Conference (it was wonderful to see the excitement in the faces of our students as they proudly showed their parents their hard work from the second term). In addition, students learned about curling as we had a demonstration from Curl BC.

I hope you were all able to have a relaxing Spring Break. I want to bring to your attention some of the events we and the PAC have cooked up for our final term: Como Lake Relays, Earth Day celebrations including a mini-conference for students with guest speaker Mr. Fin Donnelly (our Member of Parliament), school-wide "Walk-a-thon", Rights Squad Play, Spring Fair - Friday, May 9<sup>th</sup>, (please contact our PAC President Viana Cornescu should you wish to volunteer your time).

Indeed, this is a busy time and it only gets busier as we begin to pick up speed heading to the finish line. It's hard to believe we only have three months of school left. I encourage all of our students to remain as focused on their studies as ever and to make this term the best they have ever had. I know you can do it!

*Bill McGovern, Principal*



### Learning the Voyage of Discovery

#### Our Mission Statement:

To provide a safe, caring and challenging environment so that students will be prepared for their lifelong "Voyage of Discovery"

Pro-D  
Friday, April 11th



STUDENTS DO NOT ATTEND SCHOOL

This is an important document. Please arrange to have it translated

此為重要文件,請翻譯成中文。  
이것은 매우 중요한 서류입니다, 정확한 번역을 부탁드립니다.  
این مدارک از اهمیت ویژه ای برخوردار است لطفاً ترجمه شده آن را در خواست فرمایید.  
ESTE ES UN DOCUMENTO MUY IMPORTANTE.POR FAVOR, TRATE DE QUE SE LO TRANSLADEN AL ESPAÑOL LO MAS PRONTO POSIBLE.  
To jest ważny dokument. Prosimy o przetłumaczenie go.

#### NEXT PAC HOT DOG DAY

Thursday, April 10th



#### NEXT PAC MEETING

Wednesday, April 30th

7:00 p.m.

## CALENDAR



| APRIL      |                                                                                                            | MAY (cont'd) |                                                                                                                                                |
|------------|------------------------------------------------------------------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 3          | Rocks & Rings (curling instruction)                                                                        | 14           | Welcome to Kindergarten/Parent Meeting 4:00 to 5:30 (next year's kindergarten)                                                                 |
| 4          | PAC Ice Cream Day                                                                                          | 15/16        | Grade 5 year end trip to Timberline Ranch                                                                                                      |
| 5          | Bottle Drive - 9:00 to noon                                                                                | 19           | Victoria Day - no school                                                                                                                       |
| 7-9        | Scholastic Book Fair                                                                                       | 21           | PAC Hot Lunch Day                                                                                                                              |
| 10         | Hot Dog Day (no forms home)                                                                                | 22           | District Track Meet                                                                                                                            |
| 11         | Pro-D (District wide) no school for students                                                               | 23           | PAC Ice Cream Day                                                                                                                              |
| 17         | Como Lake Relays                                                                                           | 26-30        | School wide Hip Hop instruction                                                                                                                |
| 18         | Good Friday - schools closed                                                                               | 28           | New Kindergarten classroom visit 9:15-10:15                                                                                                    |
| 21         | Easter Monday - schools closed                                                                             | 29           | New Kindergarten classroom visit 9:15-10:15                                                                                                    |
| 22         | Earth Day/Walk-a-thon                                                                                      | 30           | Parent Appreciation Drive Thru                                                                                                                 |
| 23         | PAC Hot Lunch Day (form will come home)                                                                    | <b>JUNE</b>  |                                                                                                                                                |
| 25         | <ul style="list-style-type: none"> <li>Div. 9 - A &amp; T Equestrian</li> <li>PAC Ice Cream Day</li> </ul> | 13           | Sports Day                                                                                                                                     |
| 30         | PAC Meeting                                                                                                | 24           | Grade 5 Leaving Ceremony - 2:00 pm                                                                                                             |
| <b>MAY</b> |                                                                                                            | 25           | <ul style="list-style-type: none"> <li>Last day of school for students</li> <li>Talent Show - 10:45 a.m.</li> <li>Report Cards Home</li> </ul> |
| 5          | Class/School wide/gr. 5 photos - 9:00 a.m.                                                                 | 26           | Pro-D (School based) - no school for students                                                                                                  |
| 8          | Cultural Performance - Canadiana Musical Tour 10:45 a.m.                                                   |              |                                                                                                                                                |
| 9          | School Carnival                                                                                            |              |                                                                                                                                                |

## STUDENT ENROLMENT

Determining accurate enrolment for the 2014-2015 school year is essential because enrolment impacts the school budget and our staffing process. Parents, please help us by advising the school office if you are moving out of the Cape Horn attendance area or by advising new neighbours within the Cape Horn attendance area to register at our school as soon as possible. Your help means that we will have accurate information as we work through the budget and staffing process. Thank you.



## SECOND TERM REPORT CARDS

In the past month, our school has held Student Led Conferences, issued second term report cards and has offered the opportunity for parents to have a conference with their child's teachers. We sincerely hope that each of you has a clear understanding of your child's progress and their areas of strength or areas that may require more focus in the third term. Please remember that we are always available to discuss your child's progress. Teachers are available to meet, to have telephone conversations, or exchange notes via email. Please also remember that our school's web page, along with individual teacher web pages, is a vital and current means of communication. If you have any questions, or concerns regarding your child's progress, please do not hesitate to contact the teacher.



## 2014/2015 KINDERGARTEN

Some upcoming dates for our new kindergarten students for next September are:

Wednesday, May 14th @ 4:00 pm

- Parent Orientation Meeting/Welcome to Kindergarten

You and your child are invited to attend a workshop/meeting at Cape Horn where you will receive early learning and literacy resources as part of the Welcome to Kindergarten program. At the meeting you will be provided with more detailed information regarding your child's first year at school.

If you are unable to attend, please call the school office so we will be able to give you the necessary information.

Wed., May 28th or Thurs., May 29th - Classroom Visit

Your child will have a chance to visit a kindergarten classroom on either of these dates for one hour from 9:15 am to 10:15. Sign up sheets will be available at the meeting on May 14th.



## STUDENT VOICE

### EARTH DAY - EVERYDAY!

Cape Horn Elementary School will be celebrating Earth Day on Tuesday, April 22nd. Students will be participating in stations that will be teaching us how to make our world a better place. One of the stations is called "Make it and Take it". In this station students will be reusing materials to create their own sculptures that will be displayed in the gym. We would appreciate students bringing some reusable materials to school, such as milk jugs, cardboard, pop cans, egg cartons, etc. We will begin with an assembly at 9:05 a.m. We are pleased to announce that Fin Donnelly (M.P.) will be speaking to the school about our planet. In the afternoon students will participate in a walk-a-thon followed with a community clean up along the neighbourhood.

The day will conclude with an assembly in the gym where the Rights Squad will perform "An Earth Day Story". Mrs. Atwal's class will also perform.

Parents are more than welcome to join us for part of or all of this day!



By Tiana & Eva

## MONTGOMERY MIDDLE SCHOOL ORIENTATION FOR GR 5 STUDENTS AND PARENTS



Wednesday, April 30, 2014

7:00 - 8:00 pm

(In the Gym)

1900 Edgewood Avenue, Coquitlam

This information meeting is for all parents and grade 5 students who will be going to Montgomery Middle School for the 2014 - 2015 school year. We will start in the gym with a brief introduction to middle school and early adolescence. A panel of students, teachers and parents will address many of the questions on the minds of grade 5 students and parents. You will have the opportunity to meet members of our Monty community.

## IMPORTANT CALENDAR CHANGES

The May 16 Pro-D has been changed to Thursday, June 26th. Therefore the last day of school for students will be Wednesday, June 25th, dismissal at noon. Due to scheduling conflicts, the grade 5 leaving ceremony will now be held on Tuesday, June 24th at 2:00 p.m. Our Cape Horn Talent Show will be held on Thursday, June 26th at 11:00 a.m. We apologize for any inconvenience these changes may have caused.

## CPR TRAINING CLASS FUNDRAISER

One of our parents, who is a Certified CPR Instructor, is volunteering her time to teach CPR. If you are interested, please use the email link below to register.



Date: Wednesday April 23rd  
 Time: 5:30pm  
 Location: Cape Horn Elementary school  
 Cost: \$60.00 (includes taxes)

Materials mandated: CPR book (call 778-885-5064)

Registration: [zahrajamal@hotmail.com](mailto:zahrajamal@hotmail.com)

Deadline: April 18, 2014

## WALK-A-THON

The Cape Horn PAC and staff are conducting a Walk-a-thon, on Earth Day (afternoon of April 22<sup>nd</sup>) in order to raise funds to support the PAC/School technology goal to purchase items such as iPads, LCD projectors and document cameras. As this is our major fundraising effort for this school year we hope to make Cape Horn's 2014 Walk-a-thon very successful. Look for pledge forms to come early next week.

"Reading aloud with children is known to be the single most important activity for building the knowledge and skills they will eventually require for learning to read."

Marilyn Jager Adams

## TRACK ATTACK

It's that time of year already! Track attack will begin this month and will be conducted as PE classes for the next few weeks for the students in grades 3, 4 and 5. The students will be participating in long jump, sprints, shot put, relays and high jump. For those who qualify and wish to participate in the District Track Meet, it will be held on Thursday, May 22nd.



## THE FAIR AT THE CAPE

Don't miss the exciting Cape Horn Spring Carnival

Friday, May 9th 3:30-6:30

**Cape Horn Elementary  
Community  
Spring  
Carnival**

**Friday, May 9th  
3:30pm - 6:30pm**

155 Finnigan St. Coquitlam

- 🎡 Cake Walk
- 🎡 Bouncy Castle
- 🎡 Cotton Candy
- 🎡 Pizza & Hot Dogs
- 🎡 Popcorn & Ice Cream
- 🎡 Games & Prizes
- 🎡 Concession
- 🎡 Face Painting

Invite your friends, family and neighbors!

Pre-Order or purchase at the door  
**\$5 GAME CARD**  
 Play any 10 games you like and then collect your prize

FUNDRAISING EVENT  
 Thank you for your support

FAMILY EVENT  
 adult supervision is required

**Cape Horn Spring Carnival** Please return order form by Monday, May 5<sup>th</sup>  
 (Prepaid game cards will be held at the door)

Student's Name: \_\_\_\_\_ Please make cheques payable to Cape Horn PAC  
 Division: \_\_\_\_\_ Email/Phone #: \_\_\_\_\_  
 Parent Name: \_\_\_\_\_  
 I would like to preorder \_\_\_\_\_ games card x \$5.00 each = \_\_\_\_\_ Total Amount Enclosed  
 Yes, I can help out for an hour (please check preferred time)  
 \_\_\_\_\_ Before 3:00pm (set-up) \_\_\_\_\_ Anytime between 3:30-5:00pm  
 \_\_\_\_\_ Anytime between 5:00-6:30pm \_\_\_\_\_ After 6:30pm (clean-up)

Game card order forms were sent home this week and are also available on our website.

## FRUIT & VEGGIE PROGRAM

Please note that the following fruits and vegetables are scheduled for the upcoming weeks:



Week of April 7th - Grade Tomatoes

Week of April 28th - Mini Cucumbers

Week of May 12th - sliced Apples

Week of June 2nd - Baby Carrots



If you wish, for any reason, that your child not participate in the snack program on any of the above weeks, please notify the school office at 604-526-4428.

## SCHOLASTIC BOOK FAIR



The Scholastic Book Fair returns! The Book Fair will take place from Monday, April 7th through Wednesday, April 9th in the Library. The students will have an opportunity to view the Book Fair with their classes. Purchases can be made during the following times each day: 8:30 – 9:00 a.m. and 3:00 – 3:30 p.m.

## VOLUNTEERS

### What are Volunteers?

Volunteers are like Ford... they have better ideas

Volunteers are like Coke... they're the real thing

Volunteers are like Pepsi... they've got a lot to give

Volunteers are like Nike.... They just DO IT!

Volunteers are like Hallmark... they care enough to give the very best

Volunteers are like Standard Oil... you expect more and you get it

But most of all, volunteers are like Frosted Flakes... THEY'RE GRRRRREAT!!!!



A volunteer is someone who gives their time to make a difference in the life of another. Each day at Cape Horn we have parents, grandparents, guardians and friends who find the time to volunteer, sharing their talents to support our students in so many ways. Each day in the community, families help charitable organizations, coach sports teams and get involved, making our communities better places to live.

There are so many ways in which people contribute to enrich the lives of others. At Cape Horn the staff and students benefit daily from the generosity of our many volunteers. We realize how lucky we are to have such an amazing group who recognize our goals, support us and work side by side with us, to foster the best learning environment for our children. It is impossible to count the number of volunteers and the multitude of things you each do to contribute to the positive learning environment we are proud to call Cape Horn School.

It has been said: *'Successful is the person who has lived well, laughed often and loved much; who has gained the respect of children; who leaves the world better than they found it; who has never lacked appreciation for the earth's beauty; who never fails to look for the best in others or give the best of themselves.'*

Thank you for supporting us in doing the work we love and helping us feel that what we do matters.

Please stay tuned next month (May 30th) when we celebrate: YOU, our volunteers!

*Cape Horn School Staff*

## EARTH DAY - APRIL 22ND

We are busy getting ready for Earth Day, Monday, April 22<sup>nd</sup>. Our focus for this year will be on creating a GARBAGE FREE lunch.

Take the Earth Day Challenge below and see how you do on questions related to the amount of garbage we produce. From: [www.earthday.ca](http://www.earthday.ca)

On average, each child that takes a \_\_\_\_\_ to school generates 30kg of garbage per school year.

A) Backpack B) Disposable lunch C) Scooter D) Textbook

**Answer: B Take Action:** Pack your child's lunch in reusable containers and avoid purchasing individually wrapped items when you can easily put these items into your own sealed reusable containers. You will save about 45% in expenses and produce 89% less waste when you AVOID single use, disposable containers and bags. You can even wash sandwich bags and use them again before disposing.

How many plastic bags are used per year by the average family of four people?

A) 200 B) 500 C) 1000 D) 1500

**Answer: C Take Action:** Bring your own reusable bags or baskets wherever you can (such as to the grocery store). Say "no thanks" when cashiers offer to bag small items that you don't really need a bag for. If you have to get plastic bags, reuse them.

How long does it take for an aluminum can to decompose?

A) 80 years B) 100 years C) 75 years D) 50 years

**Answer: B - Also,** decomposition is even slower in landfills because there is little air and moisture to help this process.

The amount of waste in landfills that could be recycled is about:

A) 20% B) 50% C) 40% D) 70%

**Answer: D Take Action:** Make sure you compost and recycle all appropriate items. Also, attempt to reduce the amount of packaged goods you purchase, which will help to divert 70% of household waste from the landfill.

Composting can reduce your household waste by:

A) 10% B) 25% C) 50% D) 75%

**Answer: C Take Action:** Separate your food waste from your regular garbage and recycling. Designate a small household container or bucket for your food scraps and then dump the contents into your backyard composter or green bin daily.

What is a garbage free lunch? Here are some ideas:

- use a reusable lunch bag or box
- use reusable containers (e.g. no plastic wrap, foil or plastic bags)
- use a thermos, or reusable bottles
- take home composting items (e.g. apple cores, banana peels)
- use non-disposable cutlery and a cloth napkin



### School District #43

155 Finnigan Street  
Coquitlam, B.C. V3K 5J2

Phone: 604-526-4428  
Fax: 604-937-8006

Check out the website for news  
and announcements!

[http://public.sd43.bc.ca/  
elementary/capehorn](http://public.sd43.bc.ca/elementary/capehorn)

### Class Photos

Class, group and school  
wide panorama photos  
have been scheduled for  
Monday, May 5th at 9:00 a.m.



### BEFORE SCHOOL AND THE 8:55 BELL

I am requesting that families kindly respect the fact that the bell does not ring until 8:55 am. Teachers and Education Assistants use this important time in the early morning to prepare for the school day, meet with each other and get ready for the children.

Thank you for your cooperation.



### PAC NEWS

#### CH PAC AGM MEETING - May 30th

The Cape Horn PAC AGM is on May 30th when the PAC will be approving the budget for 2014-2015 and electing our new executive council for next year. All parents are members of the PAC and are welcome to our meetings. Parents are crucial contributors to the success of our children's school. We need many more parents to be involved, volunteering their time and generating new ideas and collaborating on decisions to benefit our students' education. Show your school spirit and support by attending this very important last PAC meeting of this school year. Your time will be well spent.

#### Fundraising News:

#### Thrifty Food Smile Cards

Thrifty Foods smile card program is still up & running. Remember to use your card!

### SCHOOL SUPPLIES

#### School Supplies for 2014/15 Year

Once again, parents will be given the chance to pre-order a school supply kit for grades 1 to 5 from School Start rather than shopping for school supplies themselves. Watch for the order forms to be sent home soon. The kits will be delivered to the school the first week of September. The kits will arrive individually packaged for each student. If you choose not to order a kit, school supply lists will be sent home with the students' final report cards.



### CAKE DECORATING CONTEST



The Spring Fair Committee is extending this invitation / challenge to our families to enter the cake decorating contest. Use your imagination and see what you can come up with!! Cakes will be judged with a prize for the winning cake. All cakes will be donated to our "Cake Walk".

# COMMUNITY NEWS

## ATTENTION PARENTS:

### SUMMER LEARNING 2014 ONLINE

Registration Dates (6:00 a.m. Opening)  
Elementary Skill Building: May 29<sup>th</sup>



Students must have an account with our online system **BEFORE** registering for courses. Please visit our website and create/update your account now. You will need the student PEN number, please visit/call the school office for the number.

We are offering courses in Fine Arts, French Immersion, Reading & Writing, Math and Science! See website for full details!

Program Dates: July 8 to July 25

Visit [www.summerlearningcoquitlam.ca](http://www.summerlearningcoquitlam.ca)

Visit [www.summerlearningcoquitlam.ca](http://www.summerlearningcoquitlam.ca) to create/update your online account now.

## Easter Egg Hunt

Payment required upon registration. Absolutely no drop-ins.

**\$6.00**  
per child

**Saturday**  
**April 19**

**Ages 8 years and under**

**12:00pm to 3:00pm**

Games & Crafts!

Face Painting

**Egg Hunt with the Easter Bunny!**

Magic Show!

**Schedule (approximate)**

|            |                   |
|------------|-------------------|
| Magic Show | 12:30pm - 12:50pm |
| Hunt #1    | 1:00pm - 1:15pm   |
| Hunt #2    | 1:30pm - 1:45pm   |
| Hunt #3    | 2:00pm - 2:15pm   |
| Hunt #4    | 2:30pm - 2:45pm   |

Making Mallerhills a better place to live ... Four miles west of Mallerhills  
1200 Carter Avenue, Coquitlam, BC V3K 2C3  
(604) 933-6166 info@placemallerville.ca www.placemallerville.ca

**Ste** **May 24, 2014**

## FINE TUNE YOUR PARENTING SKILLS

(for parents of children aged 5 to 11 years old)

This term ONE parenting class is being offered  
starting the end of April.

Please register ASAP.

### How To Talk So Kids Will Listen.....

6 week program begins on Tuesday, April 29th  
and ends Tuesday, June 3rd at

Alderson Elementary:

Time: 7-9 PM.

Book Cost \$20.00 (payable first class)

Facilitated by: Marna Omichinski / Youth Worker

To Register: Email: [momichinski@sd43.bc.ca](mailto:momichinski@sd43.bc.ca)

HYDE CREEK WATERSHED SOCIETY

## OPEN HOUSE

Saturday, April 26th  
10:00am to 3:00pm

Join us for a fun time learning about Salmon and our natural environment. Release Salmon Fry into Hyde Creek. View our displays and four season murals. Enjoy a craft in the Education Centre upstairs.

Parking for this **FREE** event is at the Rec Centre on Laurier, a short walk west down the creek trail

### Fish Release - Hot Dog BBQ Hatchery Tours - Fun Crafts

Hyde Creek Education Centre & Hatchery  
3636 Coast Meridian Road, Port Coquitlam, BC  
[www.hydecreek.org](http://www.hydecreek.org) & email: [hcws.info@gmail.com](mailto:hcws.info@gmail.com)