



Monday, April 20<sup>th</sup>, 2026

**To Parents of Grade 3, 4 and 5 Students,**

RE: School-based *Track and Field* practices

Our school *Track and Field* program is an opportunity for students in grades 3, 4, and 5 to experience a variety of track events. We will be starting practice on Wednesday, April 22<sup>nd</sup>. **Please note: There will be NO practice on Thursday, April 23<sup>rd</sup> because our field will be closed for maintenance.** Our goal is for students to have positive, fun experiences learning about various events in *Track and Field*. Please review the schedule on the back of this page with your child so they can be prepared for practices.

The district track meet will be held on Friday, May 22<sup>nd</sup> at Percy Perry Stadium in Town Centre Park. **Coaches will be selecting participants to attend the track meet based on ability, attitude, and attendance. We will also need families to commit to the date for the track meet and assist in transportation and supervision.** For each event, the district has established a minimum standard that **MUST** be met for a student to represent their school in that event. Please discuss this with your child, as not all students will be invited to attend. Please also note that with limitations on the number of students that we can select per event, students who meet the standard and place in multiple events may not necessarily mean they will be chosen to represent the school in each of those events.

If you have any questions, please contact Mrs. Lloyd [clloyd@sd43.bc.ca](mailto:clloyd@sd43.bc.ca) or Mrs. Bartlett [ebartlett@sd43.bc.ca](mailto:ebartlett@sd43.bc.ca).

Sincerely,

Bramblewood Staff

**Practice Schedule beginning Wednesday, April 22<sup>nd</sup> to May 21<sup>st</sup>.**

**No practice on Thursday, April 23<sup>rd</sup> due to field maintenance.**

**Please help keep your child organized and highlight the time slots of the events they wish to try. Regular attendance at practices is required and after the first few tryout practices we will invite students who qualify to continue to attend practices until the track meet.**

**\*Students are reminded that proper running shoes and clothing are required for practice and safety. They will not be allowed to participate if they do not have proper footwear.**

Students and families are reminded that there is a risk of injury as this is a physical activity, but we will be teaching students the proper techniques to safely participate and minimize risk.

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
8:15 - 8:40		800 M – Gr. 3/4/5 Bartlett/Lloyd	Shot Put – Gr. 4/5 Bartlett/Lloyd	800 M – Gr. 3/4/5 Bartlett/Lloyd	Shot Put – Gr. 4/5 Bartlett/Lloyd
Recess	100 M & Relay Gr. 3/4/5 Trott	1500 M – Gr. 3/4/5 Hewlett/Erickson	100 M & Relay Gr. 3/4/5 Trott	1500 M – Gr. 3/4/5 Hewlett/Erickson	
Recess		400 M – Gr. 3/4/5 Chan/Bennett		400 M – Gr. 3/4/5 Chan/Bennett	
Lunch		Long Jump – Gr. 3/4/5 Kerfers/Blanchet	Discus – Gr. 5 Hyvarinen/Forsythe	Long Jump – Gr. 3/4/5 Kerfers/Blanchet	Discus – Gr. 5 Hyvarinen/Forsythe