



November 7th, 2025

Hi everyone,

The benefit of setting the expectation of a weekly newsletter is that it creates a space that must be filled: filled with thinking, conversation, reflection on what has been, or goals we might point toward. Some weeks this comes easily – there are dances, assemblies, plans to share, or plentiful photos of the changing leaves, and students at work and play. At other times there is space to explore some of the emerging themes of the year: things we are noticing as a staff, discussing, or supporting, conversations we are having with families, or initiatives that are coming from the School District leadership.

This week, I have been thinking and talking with many students about how they spend their time at recess and lunchtime outside on the field, playground, or in the woods behind the school. While certainly a time to release some excess energy and enjoy a break from the more explicit lessons of school, there is no shortage of real-life learning that happens during these periods of the day.



Cooperation, communication, problem solving, and acts of imagination abound in these times of play, all of which serve that most necessary and common aspect of childhood friendship: **conflict resolution**. Anmore teachers, our noon-hour supervisors, Ms. Arshia and Ms. Eduarda, and I often look to support these occasions in ways that support students while allowing time and space for them to navigate these conflicts safely and constructively.

When adults immediately step in to "solve" a minor dispute, we interrupt the learning process. And so our goal is not so much to be constant **fixers** as it is to become skillful **coaches**. When students successfully work through disagreement themselves, they build **resilience** and **self-efficacy**—the belief in their own ability to handle complex social situations. These are essential life skills that are difficult to teach (or learn) in artificial situations.

By giving kids the time, space, and simple tools to navigate conflict, we are giving them the most valuable lesson of all: the ability to manage themselves and build strong, lasting friendships. As with much experiential learning, there are real feelings here, and your child may discuss these conversations with you at the end of the day or week. If you are ever curious for more information or would like to discuss your child's learning and play at school, please don't hesitate to reach out or connect for a quick chat. Each of these intersecting relationships help our school support the community.

As ever, wishing you a restful weekend,

Bryan Jackson
Principal | Anmore Elementary
brjackson@sd43.bc.ca

Reminders

- Parents and community members are invited to attend our **Remembrance Day Assembly** on Monday morning, after recess. Please look to arrive at 10:45am if you would like to attend.
- **Pickleball Unit Payment is available on School Cash Online.** (See flier on page 4 for After School Pickleball Camp)
- With the atmospheric rivers lining up to feed our forests with rain, please be sure your children are coming to school with **rain gear** and **spare clothes** (especially socks) as we will continue to be outside for recesses and lunches.

Need to Know?

[Frequently Asked Questions](#)

[Absence Report](#)

[Parent Forms](#)

On the Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
November 10 th <i>Remembrance Day Assembly</i> <i>After School Piano</i> SD43 Foundation Online Auction Opens November 8 th (Saturday)	11 th <i>Remembrance Day Holiday (No School)</i>	12 th <i>Pickleball Mini Unit Begins</i> <i>After School Soccer & Arts/Crafts</i>	13 th <i>Rising Stars (Lunchtime)</i>	14 th <i>Earthquake/Fire Drill (AM)</i> <i>Volleyball Jamboree (@ Gleneagle Secondary 3:30pm – 6:10pm)</i>
November 17 th <i>After School Piano</i>	18 th <i>Rising Stars (Lunchtime)</i>	19 th <i>After School Soccer & Arts/Crafts</i>	20 th <i>Rising Stars (Lunchtime)</i>	21 st



Anmore Moments

For more, follow us @ www.instagram.com/AnmoreSD43



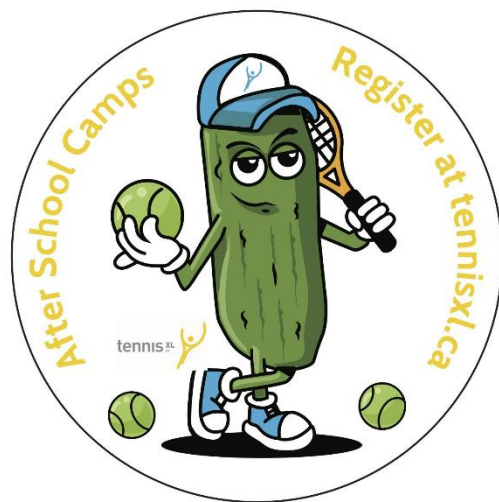
Tennis XL Agency Inc is a leading provider of children's in-school and after-school programs and we are **EXCITED** to be at your school to teach our Pickleball Program.

This year, we are offering our **AFTER SCHOOL PICKLEBALL** program for 4 days. We will embark on an adventure with our Pickleball camp using all the skills we learn in the In-School Program.

Please note: You should have already received an email from School Cash Online for the 6 sessions offered during school hours. This email is for the 4 sessions offered for AFTER school hours. Thank you

Join us for some fun on the courts, and be ready for a whole lot of fun.

Registration Form: [Please click on this link](#)



Cost: \$72.00 (4 lessons) and includes Tennis XL Mascot T-Shirt, and all equipment required. Purchasing a Picklepaddle is an option but not a requirement.

Pickleball paddles available at 30% off retail prices; \$40 for a Tennis XL fibreglass paddle available when you register.

[See what others are thinking about our program.](#) We look forward to having a BLAST on the courts next week.

Camp Dates:

Nov-13/2025-Thu: Gymnasium 3:00- 4:00

Nov-14/2025-Fri: Gymnasium 3:00- 4:00

Nov-17/2025-Mon: Gymnasium 3:00- 4:00

Nov-18/2025-Tue: Gymnasium 3:00- 4:00



SD43Education
FOUNDATION



SD43 Education Foundation Online Auction LIVE November 8 - 25, 2025

Make a Difference in Your Community

The SD43 Education Foundation Online Auction raises funds to support students and programs across Coquitlam, Port Coquitlam, Port Moody, Anmore, and Belcarra.

Last year, the following schools benefitted from sharing **\$51,120** in grants:

Birchland Elementary	Cape Horn Elementary	Castle Park Elementary
Centennial Secondary	Como Lake Middle	Gleneagle Secondary
Hampton Park Elementary	Heritage Woods Secondary	Inquiry Hub
Kilmer Elementary	Meadowbrook Elementary	Montgomery Middle
Mundy Road Elementary	Parkland Elementary	Pinetree Secondary
Port Moody Secondary	RC Macdonald Elementary	Suwa'ikh School
	CABE Secondary	

Amazing Items and Experiences

Bid on vacations, hotel stays, dining experiences, local gift certificates, hockey and sports tickets, golf packages, technology, and more exciting items for everyone.

Visit, Bid and Share: www.32auctions.com/SD43foundation

Direct Link to Auction Site: <https://www.32auctions.com/SD43foundation?r=1&t=all>



Sasamat Fire Department Presents
CPR Awareness Class

taught by a Heart and Stroke Foundation Instructor



This is an interactive 1 hour CPR awareness class that will focus on the importance of early activation of the emergency response system (calling 9-1-1), initiating hands-only CPR, and the use of an AED (Automated External Defibrillator). The goal is to help people feel comfortable to get involved if someone is showing signs of cardiac arrest by getting hands-on experience with CPR and using an AED.

Saturday November 8th, 2025

Session 1: 11am-12pm (24 available spots)

Session 2: 1pm-2pm (24 available spots)

Location: Anmore Fire Hall
2690 East Rd, Anmore

Admission: Free

Scan with your phone to register

Or go to
<https://www.svfd.ca/cpr-awareness>



NEW **FAMILY** **BINGO** *Nights*

Bingo : Winter Schedule + time 6:00 - 8:00 at the HUB

Fundraiser for Anmore Youth

Friday November 7th

Friday January 9th

Friday Feb 6th

(might be the drop off night TBD)

Friday April 10th



Anmoreyouth2024@gmail.com