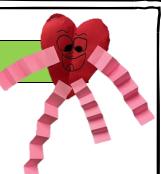


### Alderson Elementary News

825 Gauthier Avenue Coquitlam, BC V3K 7C4 (604) 939-8301

Website: <a href="https://www.sd43.bc.ca/elementary/alderson">www.sd43.bc.ca/elementary/alderson</a>



February 21, 2025

#### Hi Alderson Families,

Please remember that Friday, February 28 is a Professional Development Day. Schools are closed for students.

**Next week on Wednesday we have Pink Shirt Day!** The focus of this day is on kindness. Because this day is often also called "anti-bullying day" I wanted to take this opportunity to remind everyone about what to do if your child is telling you about problems with other children at school. Children will often say they are being bullied. First it is important to determine if the situation is a bullying situation, or an unkind act. Here is a helpful definition:

**Bullying** is a serious issue that affects some children. It is defined as a consistent pattern of unwelcome or aggressive behavior that causes physical and/or emotional harm to others. It's important to understand that bullying is **not** the same as mean behavior or a conflict between peers. To identify bullying, three key indicators are typically present:

- Power: Bullying involves a real or perceived power imbalance. Those who bully often gain power through physical size, strength, or status within the peer group. They may also gain power by garnering support from others.
- 2. **Frequency:** Bullying is not a random or one-time action. It is repetitive and can instill fear in the victim, leading to long-term negative effects.
- 3. Intent to Harm: Individuals who bully typically aim to cause physical or emotional harm to their target. They deliberately say or do hurtful things without remorse and continue even when their actions are known to cause harm or when asked to stop.



#### Bullying - Province of British Columbia

Both unkind acts and instances of bullying are important for the school to address. If your child is reporting unkind behaviour or bullying at home, please check with them to ensure they have let the adults at school know about what is happening. If you suspect that the adults at school are not aware of the situation, please let your child's teacher know.

Sometimes children tell their parents about situations but don't want their parents to tell the school. Please help them understand that the adults at school need to know so they can work with the person doing these things to help them learn how to behave in kind and caring ways.

Let's work together to create a safe and supportive environment for all children!

#### The Young Actors Project

From March 3<sup>rd</sup> to March 13<sup>th</sup> Alderson students will be participating in drama lessons with the Young Actors Project! Each class will have three acting lessons to develop skills of expression, communication, and cooperation. Their participation will develop the confidence to creatively express themselves in front of each other - all skills they can use throughout the year.

Our PAC has generously offered to pay half of the cost of this special learning opportunity. **The balance for each child for these sessions is \$6.30.** A notice was sent out to each of you this week providing you with instructions about how to pay for this program on **School Cash Online**.

No child will be excluded from this if their family is not able to pay - please make sure to reach out to us if this program is too expensive for your family at this time so that we know to cover the cost for your child.

SchoolCash Online

#### **Upcoming Events**



For information about future events please check our online calendar. As information about each event becomes available, it will be added to the calendar item. Click on the item to read more.

#### Alderson Online Calendar

# Alderson &chool PAC

## Alderson PAC

#### (Parent Advisory Council)

A **HUGE** thank you to our PAC for the work they do to raise money for our school, and for running the special events that bring our community together. These events are a lot of work – please do your part. You can send them an email if you can help out.

If you have questions about a PAC initiative please email them at:

Young

Project

AldersonSchoolPac@amail.com



#### **Hot Lunch**

Don't forget to put in an order so your child does not miss out!! If your child would like hot lunch but money is tight for you right now, please speak to Ms. Dryer, (<a href="mailto:sdryer@sd43.bc.ca">sdryer@sd43.bc.ca</a>)

Munch-A-Lunch!

Lunch Date	Lunch Menu	**Orders Due By**			
Wednesday, February 26, 2025	White Spot	Tuesday, February 18, 2025	8:00 PM		
Thursday, March 14, 2024	TCBY - TREAT DAY	Thursday, March 6, 2025	8:00 PM		

\*\*\* Late orders <u>cannot</u> be accepted due to vendor deadlines.\*\*



#### PAC Family Dance & Pizza Night



Alderson School PAC is pleased to hold a Family Dance and Pizza Night for all to enjoy.

There will be a DJ with Sound and Lighting Equipment!

Date: Friday, March 7, 2025

Time: Doors open at 5:15 pm, Dance will begin at 5:30pm and end at 7:30pm

\*\* CASH, CREDIT, DEBIT CONCESSION STAND WITH LIMITED FOOD WILL BE OPEN \*\*

#### THIS IS NOT A DROP OFF EVENT!!

ALL children must be accompanied by a paying adult or they will be sent home.

Children 3 and under are free.

As this is a fundraiser, we kindly ask that no OUTSIDE food be brought in.

# SAVE \$ and secure your FOOD order by PRE-ORDERING on Munchalunch by March 3rd:

STEP 1: Login to Munchalunch and click "Family Dance - Mar 7th"

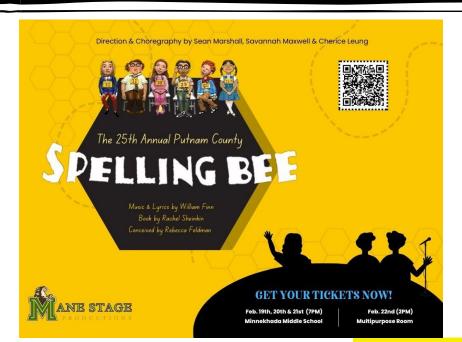


STEP 2: Click on "Alderson Family Dance", add items to your cart and submit payment.



We are raising funds to make our annual spring carnival (May 2025) more affordable for families! All proceeds from this fundraiser will go towards subsidizing the rentals for carnival.

If you have any questions, please send us an email at: aldersonschoolpac@gmail.com













RIVERSIDE SECONDARY Admission by 2215 REEVE STREET donation or non-perishable PORT COQUITLAM item to the SHARE Food Bank

### SAVE on your family's sports equipment!

The KidSport Used Equipment Sale has everything from bikes and hockey gear to fitness equipment, wetsuits, and more! equipment for **ALL** kids and adults!

Outfit a child for lacrosse or hockey, including helmet, stick, and/or skates for approximately \$100!

#### GIVE back! Donate your gently used\* equipment

From February 22 – March 7, donate your used equipment at the following locations:

- Port Moody Recreation Complex (main lobby)
- Poirier Sport & Leisure Complex (main lobby)
- Port Coquitlam Community Centre (lower arena lobby) www.kidsporttricities.ca

#### \*gently used

- equipment is:
   less than 6 years old
- in good condition
- wearable for league sports

Anita Strang

Principal, Alderson Elementary

www.sd43.bc.ca/school/aldersonastrang@sd43.bc.ca

(604) 939-8301 SD#43 (Coquitlam)









March 17 - 21, 2025

BREAK CAMP

Central Community Schooll 2260 Central Avenue Lunch and snack provided

Grades K - 5
Monday - Friday
9:00 am drop off and 2:30 pm pick υρ

Scan QR code to register

Once registered, watch for an email from: <a href="mailto:TCPrograms@Moresports.org">TCPrograms@Moresports.org</a>

Register \$250



# JAMES PARK COMMUNITY SCHOOL

## SPRING BREAK 2025 PROGRAMS



Registration Dates: January 20th at 8am
Program Dates: March 17-21 & Mar 24-28, 2025 (see schedule)

\*Programs will NOT run on Holidays.

#### **WEEK 1 OPTIONS:**

#### **BUILDING IMAGINATIONS FOR GR.K-GR3**

Imagine, build, and play with Stellar Play's Imagination Playground. Children will work collaboratively to create structures and play facilitated games and challenges. With a emphasis on problem solving, focus, creativity, and fine & gross motor skills, children will be challenged to create and communicate!



Day	Grades	Time	Dates	# of days	Price	Rm.	Item#
Mon-Fri	K-Gr3	9am-12	Mar 17-21	5	\$140	Gym	1-1

#### **DANCE & ART**

We will be spending the day creating art in different mediums which may include: clay, acrylic painting, watercolor painting and more. Staff will introduce the students to different dance movements and styles. No experience is necessary.



Day	Grades	Time	# of sessions	# of days	Price	Rm.	Item#
Mon-Fri	Gr. K-5	9am-12	5 days	5	\$125	Rm202	1-2

#### **MULTISPORTS**

The Kids Multisports Program is an exciting, action-packed program for school students to explore a variety of sports in a fun and engaging environment. This program aims to promote physical fitness, teamwork, and sportsmanship while introducing children to the fundamentals of different athletic activities.



Day	Grades	Time	Dates	# of sessions	Price	Rm.	item#
Mon-Fri	K-Gr5	12-3pm	Mar 17–21	5 days	\$125	Gym	1-3

#### **ROBOTICS**

Robotics develops both physical and mental abilities of a child. Combines disciplines such as mathematics, physics, computer science and logic, creative activity and communication with others. We offer creative activities in which children create robots using special Lego construction kits, which can be launched using a computer program.



Day	Grades	Time	Dates	# of sessions	Price	Rm.	item#
Mon-Fri	K-Gr5	12-3pm	Mar 17-21	5 days	\$125	Rm.202	1-4

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#### James Park Community School SPRING BREAK PROGRAMS 2025

#### **WEEK 2 OPTIONS:**

#### **SOCCERSHOTS**

Led by a Soccer Shots coach, the Soccer Shots Premier program focuses on the development of individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.



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Day	Grades	Time	Dates	# of sessions	Price	Rm.	Item#
Mon-Fri	K-Gr5	9am-12	Mar 24-28	5 days	\$162	Gym	2-1

#### **MPOWERLIVES: BUILDING ESTEEM & CONFIDENCE**

Discover your inner confidence at this mpowering spring fun camp! Build self-esteem, self-awareness, and inner strength. You will learn basic martial arts/self-defense techniques, yoga postures, craft-making, fun games, and activities. Learn how to regulate anger, fear, and anxiety with play, mindfulness, and physical activities! Feel MPowerED!



No experience is necessary. Wear comfortable clothing, bring water and a snack.

Day	Grades	Time	Dates	# of sessions	Price	Rm.	item#
Mon-Fri	Gr 1-5	9am-12	Mar 24-28	5 days	\$130	Rm202	2-2

#### **NOOMA DANCE**

Get ready to move with the beats! Campers will learn basic hip-hop moves and grooves, build routines together, and even craft their own unique choreography with their fellow dancers. Practice performances and friendly battles teach teamwork, empathy, and the art of expressing yourself. It's all about building confidence, connecting with others, and letting your personality shine!



Day	Grades	Time	Dates	# of sessions	Price	Rm.	item#
Mon-Fri	K-Gr5	12-3pm	Mar 24-28	5 days	\$155	Gym	2-3

#### **SEWING 101**

This beginner sewing program is designed to introduce students to the essential skills and techniques required for successful sewing. Whether you're interested in creating your own clothes, home décor, or simply exploring a new hobby, this program will guide you through the foundational aspects of sewing. Throughout the course, students will learn the basics of hand sewing and gain hands-on experience with a sewing machine.

Day	Grades	Time	Dates	# of sessions	Price	Rm.	Item#
Mon-Fri	K-Gr5	12-3pm	Mar 24-28	5 days	\$125	Rm 202	2-4





# James Park Community School SPRING BREAK PROGRAMS 2025

# Looking for more Community Information? Scan this QR Code







#### **Registration:**

Our Community School After School Program Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

<u>To access the registration website please:</u>





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<u>If you are need assistance, please contact Silvia Jorge, Community</u>
<u>Development Facilitator at sjorge@sd43.bc.ca.</u>

<u>Refund/Cancellation Policy: Refunds will only be available within the registration period. No refunds will be processed after the registration period ends. The school office does not assist with registration.</u>









#### **ELEMENTARY**

July 8 - July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math. Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Registration 6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration 6:00am

MAR

#### MIDDLE

July 8 - July 25, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

#### SECONDARY SKILL BUILDING

July 8 - July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

MAR

Registration 6:00am

Free to all BC residents, SD43 Residency requirments apply.

Registration 6:00am

#### SECONDARY FULL CREDIT

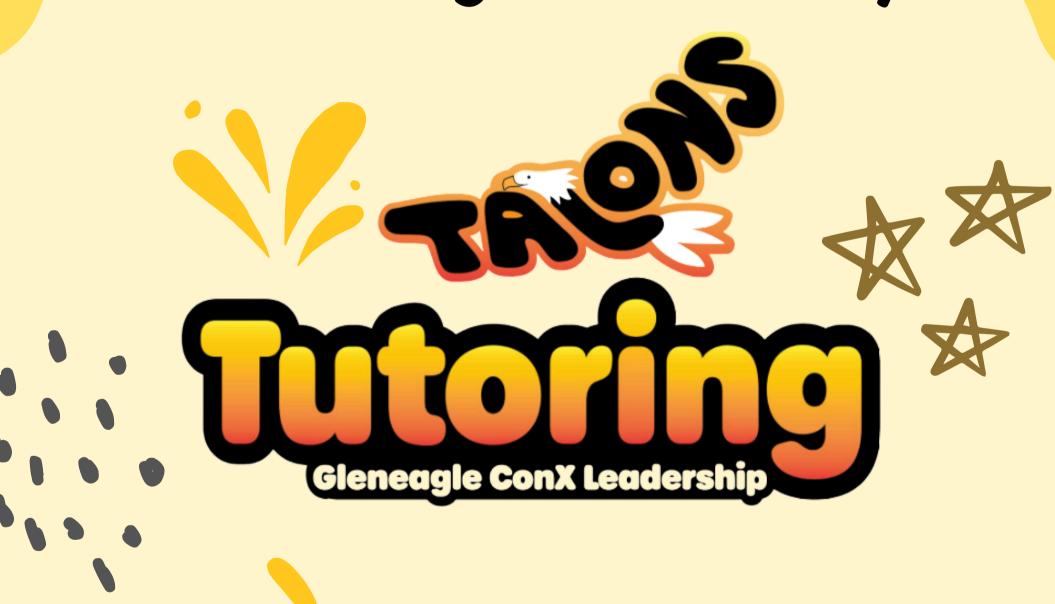
July 2 – August 7 (6 weeks) 8:00am - 11:30am OR 12:00pm - 3:30pm 2 LOCATIONS

Face-to-Face or Online Blended Fast Track Courses: Life Science11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.

www.sd43SummerLearning.ca/Phone 604-936-4261

# Student-lead, free tutoring at Gleneagle Secondary





# ABOUT TALONS TUTORING

- Subjects: core subjects, musical instruments, and foreign languages
- When and Where: 4:00-5:15, tuesdays Fridays,
   March 4 May 16
- Who it's for: students
   in grades 4-8

SIGN UP!

