

ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM



School Name: _____

Student's Name: _____

Grade: _____

Division: _____

Teacher: _____

Allergies / Religious Requests:

Fish Ok

No Fish

Other: _____

Payment Amount: _____



VEGETARIAN MENU October 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Juice Jam Sandwich snack Fruit	4 Choc Milk Hummus & Naan Bread Cookie Fruit	5 Juice Bagel & Cr Cheese & Jam Yogurt Fruit	6 White Milk Egg Sandwich snack Fruit	7 Juice Deluxe Cheese Sandwich Pudding Fruit
10 Juice Cheese Sandwich Yogurt Fruit	11 Juice Cheese Sandwich Yogurt Fruit	12 Chocolate Milk Pizza Pretzel Granola Bar Fruit	13 Juice Pasta Salad Yogurt Fruit	14 White Milk Deluxe Cheese Sandwich Chips Fruit
17 Juice Cucumber Sandwich Pudding Fruit	18 Chocolate Milk Hummus & Naan Bread Cookie Fruit	19 Juice Deluxe Cheese Sandwich Yogurt Fruit	20 White Milk Sushi Granola Bar Fruit	21 District Pro D day
24 Juice Cheese Sandwich Yogurt Fruit	25 Chocolate Milk Jam Sandwich Cookie Fruit	26 Juice Veggie Nuggets Pudding Fruit	27 White Milk Tuna Sandwich Snack Fruit	28 Juice Deluxe Cheese Sandwich Yogurt Fruit
31 Choc Milk Cucumber Sandwich Snack Fruit				

ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Monday, September 26, 2022

October Lunches: 19 days @ \$6.00 = \$114.00

Please make cheques payable to the school.

PLEASE NOTE:

THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY
CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABILTY FROM SUPPLIERS