

ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM



School Name: _____

Student's Name: _____

Grade: _____

Division: _____

Teacher: _____

Allergies / Religious Requests:

Fish Ok

No Fish

Other: _____

Payment Amount: _____



VEGETARIAN MENU November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Juice Cucumber Sandwich Yogurt Fruit	2 White Milk Bagel & Cr Cheese & Jam Cookie Fruit	3 Juice Egg Sandwich Yogurt Fruit	4 Choc Milk Deluxe Cheese Sandwich Chips Fruit
7 Juice Cucumber Sandwich Yogurt Fruit	8 White Milk Cheese Sandwich Granola bar Fruit	9 Juice Pizza Pretzel Yogurt Fruit	10 Choc Milk Cheese Sandwich Snack Fruit	11
14 Juice Cucumber Sandwich Pudding Fruit	15 White Milk Hummus & Naan Bread Cookie Fruit	16 Juice Sandwich Yogurt Fruit	17 Choc Milk Sushi Granola Bar Fruit	18 Juice Deluxe Cheese Sandwich Snack Fruit
21 White Milk Cheese Sandwich Cookie Fruit	22 Juice Jam Sandwich Yogurt Fruit	23 Choc Milk Veggie Nuggets Snack Fruit	24 Juice Tuna Sandwich Yogurt Fruit	25 White Milk Deluxe Cheese Sandwich Snack Fruit
28 Juice Cucumber Sandwich Yogurt Fruit	29 Choc Milk Hummus & Naan Bread Snack Fruit	30 Juice Bagel & Cr Cheese & Jam Pudding Fruit		

ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Monday, October 17, 2022

November Lunches: 21 days @ \$6.00 = \$126.00

Please make cheques payable to the school.

PLEASE NOTE:

THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIRONMENT ALL OF OUR BREADS AND BAKED GOODS MAY
CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY FROM SUPPLIERS