

ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM

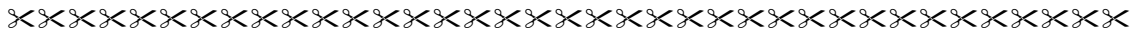


School Name: _____
 Student's Name: _____
 Grade: _____
 Division: _____
 Teacher: _____

Allergies / Religious Requests:

- Vegetarian, Fish Ok Vegetarian, No Fish
 Other: _____

Payment Amount: _____



VEGETARIAN MENU January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Juice Cheese Sandwich Pudding Fruit	4 Juice Bagel Cr Cheese Cookie Fruit	5 Juice Jam Sandwich Yogurt Fruit	6 Choc Milk Deluxe Cheese Sandwich Chips Fruit	
9 Juice Cucumber Sandwich Yogurt Fruit	10 White Milk Cheese Sandwich Granola bar Fruit	11 Juice Pizza Pretzel Yogurt Fruit	12 Choc Milk Egg Sandwich Rice Krispies Fruit	13 Juice Deluxe Cheese Sandwich Yogurt Fruit
16 White Milk Cucumber Sandwich Cookie Fruit	17 Juice Hummus & Naan Bread Yogurt Fruit	18 Chocolate Milk Sushi Cookie Fruit	19 Juice Bagel Cr Cheese & Jam Yogurt Fruit	20 White Milk Deluxe Cheese Sandwich Brownie Fruit
23 Juice Cucumber Sandwich Yogurt Fruit	24 Chocolate Milk Cheese Sandwich Cookie Fruit	25 Juice Veggie Nuggets Yogurt Fruit	26 White Milk Tuna Sandwich Granola Bar Fruit	27 Juice Deluxe Cheese Sandwich Yogurt Fruit
30 Pro D Day	31 Juice Hummus & Naan Bread Yogurt Fruit			

ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Tuesday, December 6, 2022

January Lunches: 20 days @ \$6.00 = \$120

Please make cheques payable to the school.

PLEASE NOTE:

THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY
CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABILTY FROM SUPPLIERS