

**YOU ARE INVITED TO**

# "HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



**Join SHARE's Youth Substance  
Use Services Program  
in a virtual presentation about  
supporting youth on the topic of  
substances and substance use.**

**FEBRUARY 12 2025**

**6:30-8:00**

**VIRTUAL ON ZOOM**

**RSVP via this link or QR  
code below:**



**Topics will include:**

- Adolescent brain development
- Adolescence and substance use
- Adolescence and mental health
- Continuum of use and parenting  
at various stages
- Tips for your approach
- Self-Care
- Time for Q&A
- Resources for further support  
and learning



**Visit our website  
for more resources**