



Eagle Mountain Middle PAC General Meeting  
Tuesday, November 16, 2021  
7:00pm held via Zoom

**Attendance:**

Administration/Teachers

Darren Macmillan                      Kirsten Paterson                      Crista Jones

PAC Executive

Lisa Cable (Co-Chair)                      Katie Golbey (Vice Chair)  
Shannon von Richter (Treasurer)                      Meagan Huculak (Acting Secretary)  
Diane MacSporran (Co-Chair)                      Sie Gal (Member at Large)  
Janine Ryan (Member at Large)                      Liora Bukofzer (DPAC Rep)

Parents (email list in separate file)

Kathryn                      Jill                      Tricia                      Dena  
Ingrid                      Aimee                      Tanya

Apologies

Nicole Hampton (Secretary)

**Meeting was called to order by Lisa C at 7:02pm.**

1. Welcome – Lisa C
2. Approval of the Agenda
  - Diane motioned to approve the agenda; Shannon seconded the motion; all were in favour. The motion carried.
3. Adopt minutes from Oct 12, 2021
  - Shannon motioned to adopt the minutes of the meeting held by Zoom on Tuesday, October 12<sup>th</sup>, 2021; Janine seconded the motion; all were in favour. The motion carried.
4. Crista Jones – School Councilor
  - Darren introduced Crista Jones, indicating that this was pre-planned and not in a response to current events in the school community. A student from our community died suddenly last week and that is having a big impact on the community.
  - Ms. Jones shared that she has worked in schools for 26 years.
  - She supports groups as well as getting into the classroom as much as she can.
  - Supports students individually and runs groups including gr. 8 posse groups.
  - Due to Covid they have been unable to run groups, but in the past would have run 3-4 groups per year.
    - Anxiety groups, to develop strategies
    - Friendship groups, to learn how to communicate / make connections across the school

- For these groups an email would go to teachers asking if there are students in their class they see needing additional supports or strategies. Often the list is much larger than can be accommodated. But they do the best they can to support these kids.
- If the issues are more than can be supported at the school level Crista will refer out to other agencies/therapists. She can give advice to parents on parenting and how to get support within the district. It would be unethical to delve deeper into trauma etc. in the school setting. In those cases, it is more appropriate to refer out.
- At the gr 8 level:
  - Posse groups:
    - This program was developed by Share Society. In collaboration with classroom teachers and administration students are chosen to be invited to join the Posse group. The program is voluntary and students are never expected or required to attend. A permission form would go to parents to let them know that their child is participating in the group. The group of students is one with a wide breadth of life experiences. Students learn from each other and learning that at times being a teenager can be tricky. Discussing shared experiences and being able to learn from one another can be a bonding experience. This program runs for 8 weeks.
    - Louisa Perro a counseling student and teacher at EM is working with Ms. Jones this year. She will be co-chairing the Posse group that will be starting soon.
  - Choices and Values Program
    - Run with the school youth worker, this Share Society developed program discusses drug and alcohol use, and will be offered later this year.
    - Less about teaching “drugs are bad/don’t do drugs” and more about: what are your values, what are the choices you’re making, what is your safety plan that you’ve created with your family.
    - We know kids will experiment so it’s less about “don’t do it” because we know that won’t work
  - Ms. Jones is involved in transition from gr. 8 on to secondary. Expect to see notices coming home, and course selection forms in the new year.
- At the Gr. 6-7 level
  - Last year, Mr. Jones co-facilitated the Open Parachute program; a locally created program looking at mental health, friendships, boundary setting, self-care. Runs about 8 weeks. Several classroom teachers will be running the program this year. It is expected that more teachers will likely run the program due to the recent events in the school community.
- Ms. Jones works closely with Darren & Kirsten to support staff as to how to best support kids in social/emotional development. She can provide support opportunities at staff meetings and Pro-D.
- Counseling Corner
  - Crista shared that in the past she and the youth worker provided “Counseling Corner.” This was a section of the newsletter that provided social /emotional content, links and resources for parents. Attendees were asked if parents would be interested in this type of content again. She noted that not all parents are comfortable reaching out to people in the school so this would be a neutral format to provide information. Parents: Yes, this is a wonderful time to offer this.

- Parents can reach Ms. Jones via email at: [Cjones@sd43.bc.ca](mailto:Cjones@sd43.bc.ca)
- Lisa thanked Ms. Jones for joining us noting we are very lucky to have her on our school team.

## 5. Admin Report - Darren & Kirsten

- Darren:
  - Taking Care of Ourselves, Taking Care of Others (TCO2) presentation last week was postponed. 3 teams went through the presentation yesterday and it was well received. Last Monday's session and parent night will be rescheduled, stay tuned.
  - Fall sports have wrapped up
    - Cross country celebration at rocky point park; Volleyball for 6.7.8 all wrapped up sessions
  - Basketball to start in the new year
  - Wrestling is being set aside for now due to Covid safety concerns.
  - Port Moody Parks and Recreation is doing 2 after school clubs:
    - Games club & Yoga club
    - These were trials to see if they could be done safely and would people sign up for it? It is going well and Parks and Rec has reached out to set up more programs for January.
    - Usually 18-20 kids but kept numbers low to keep it safe
  - 1<sup>st</sup> Covid exposure, school handled it well and was isolated to 1 student. Reminder to ourselves to stay on protocols.
  - Outdoor club up running and clearing debris yesterday
  - Ambassadors put on a "Stunning" Remembrance Day Ceremony. It was an in person even in 2 parts. Half the school each time to keep lower numbers.
  - Ms. Chen and Mr. Kwok did a great job of blending personal stories; an EA spoke about growing up in a war zone and her experience being effected by war as an 8-13yo. It was something that helped the school feel connected even with the sad topic.
  - Book Faire is coming up Mr. Kwok is VERY excited
  - Interim reports, early dismissal and parent teacher meetings: felt good to connect and have parents in the building.
  - 2 educational opportunities coming up for kids and parents:
    - Vaping/substance use in early December for all kids. This is in collaboration with Minnekhada Middle School.
    - Moody Middle and Eagle Mountain collaborating on digital citizenship and social media session
  - Wellbeing of our kids is paramount, if a child isn't well they can't learn. It is our job to try and help them become more well and take care of themselves.
    - Open Parachute program last year, only a few classes participated but it was very well successful. The program incorporates kids talking to kids (videos) and provides conversation openers for kids and parents.
- Kirsten:
  - Shed has been set up at the front of the school:
    - Thanks to PAC for purchasing it and thanks to 4 parents for putting it together.
  - Thank you for the flowers that were sent to the staff.
  - Pac has asked how they can support staff at this time, Darren and Kirsten will share when staff are ready for support. Thank you for the support you've given already.

- Outdoor club – planted garlic today hoping for garlic in June. It is planted in the courtyard to protect from animals.
- Q: (Diane) Thank you for your support of our teachers and students. Our kids are in good hands. Thank you for your hard work every day.
- Darren discussed his choice to notify the school community regarding the sudden death of a student. Typically, in the case of a tragic event students would not be alerted before coming to school Monday, but Darren said he knows his school community and decided he needed to tell families. He was confident parents would have conversations with their kids over the weekend and many did. Darren received lots of emails and took quotes from parent emails and compiled a list of supportive comments to share with staff. It can take a tragedy to see how connected we are and how caring people can be. Darren shared this thanks to the parents and community.
- Lisa: shared that no one, parents or educators, want to have these conversations, but it does demonstrate that we are a caring community pulling together. Lisa shared her thanks to the Darren and Kirsten for fostering community at the school.

6. Treasurer Report & Budget 2021-22 – Shannon

- Gaming Grant came in \$12,000, Spent \$3,000 for agendas and new student T-shirts leaving \$12,894
- Teacher wish list spends are starting to come out, Tech Ed and Music have spent their money and are getting some supplies into these programs so they can be used by the students now.
- Memorial flowers purchased for the staff– thank you Janine
- Misc spending – stamps and folders
- Budget – as part of the Gaming Grant there has been an audit of how our accounts are used. We've received direction on what can be deposited to the Gaming Grant Account. To this end, donations from parents to gr. 8 leaving can't go into the Gaming Grant account. The expense side for PAC contribution will still be in this account, but any parent funds we get would go in a different account.
- No Halloween event this year so no expenses or income.
- Upcoming holiday event will be a fundraiser.
- If any specific questions, please email 110-PAC@sd43.bc.ca

7. DPAC Report:

- Reporting on DPAC Meeting held October 27th
- Discussion points included:
  - Indigenous students mostly at Como Lake Middle and Cape Horn Elementary.
  - Gaming grant
  - Action Plan for Learning: ours is not up to date.
- Presentation on framework for student learning / APL
- Review for the APL 2025 goals
  - Intellectual development goal
  - Human Social development goal
  - Indigenous ways of learning goals
- K-12 reporting policy

- New templates for fall 2022
- 5 mandatory reporting events during the year.
- Covid updates
  - Masks mandatory for k-12
  - No spectators for competitive sports
  - Some sports travel and overnights may happen
  - 90% of teachers are vaccinated, there will not be mandates for teachers
- Discussed a lack of Educational Assistants and Licensed Independent Social Workers. School district will be having a career fair to attract applicants.
- Josh Keller presentation – Planning for Post-Secondary Education
  - Explained different universities models: Competitive, limited, open admissions
  - Important to know what the prerequisites for the different types
  - Recommended offering Career life education to help understand which math, science, English are required for university
  - Is there an academic advisor in the school that can help students navigate to take the right courses?
  - Presenter discussed hiring a career education consultant, \$160/per hour
- Parent education and career courses. It is available through the DPAC website.
- Links:
  - Action Plan for Learning.  
<https://www.sd43.bc.ca/school/EagleMountain/About/APL/Pages/default.aspx#/=>
  - Post-Secondary Planning:  
[www.postsecondarybc.ca](http://www.postsecondarybc.ca)
  - Credit Transfer  
<https://www.publichealthonline.org/human-services/lisw-licensed-independent-social-worker/>  
<https://www.bctransferguide.ca/>
  - All the presentation from DPAC  
<https://dpac43.ca/parents-resources/>

## 8. Events

- Book Faire: Students can attend in person Tuesday to Friday lunch/after school and online
  - This is a fundraiser to support books and supplies for the library
  - Teacher wish lists are up, suggestion that wish list books make great teacher Holiday gifts.
- Winter Market planning
  - This will not be the same as previous years. But kids will have an opportunity to participate in crafts and activates in a Covid conscious way
  - In the past we would have tried to do it all in one jam packed 45 min. This year to keep it calmer and more controlled.
  - Charging admission instead of tickets, and each child will do all of the activities.
  - It will be held over 2 days Dec 14&15 to keep the numbers low and controlled.
  - Will be split into 2 days and will come in groups of 2-3 classes 40-60 kids in the gym at any one time to participate in 5 crafts.
  - While one ½ is doing craft day the other with have movie then switch for the next day.
  - Pac will supply hot chocolate mix and savory snacks (chips)
  - Candy will be delivered to classes on movie day.
  - Planning \$20 per ticket, includes sweets, snack, hot chocolate, and 4 crafts

- We are going to need a ton of volunteers, craft prep, on site volunteers.
- Let us know if you can help, even if it's just part of a day.
- Munch-a-Lunch (Lisa):
  - Looking for a coordinator to volunteer to take this on!
  - Tentatively looking at starting in the new year in a Covid safe way. Not committing 100% but we want to be able to offer lunches if possible.
  - In order to do that we NEED 1 or 2 or even a small group of people to take on coordinating the program.
    - Setting dates, contacting restaurants, getting menus coordinating volunteers.
    - Don't be concerned that you have not done this before – it will really be a new program with new Covid rules etc.
  - For Covid safety there would likely be student runners bringing food to classes. So reduced workload on delivery.
  - The program can start slowly, no one is expecting 4 lunches in January.
  - Discussion was had about running a treat day in December as a test of the system. Was decided that December was too busy, perhaps a “welcome back” treat/cookie in January would work better.
  - Kathryn shared her experiences doing hot lunches at Aspenwood:
    - They started in October with their tried and true vendors. With a slow roll out.
    - Suggestion to get as many volunteers as possible and break the coordinator job into smaller jobs so it does not become overwhelming.
    - It has been hard finding vendors willing to deliver up the hill. Subway and Little Caesar's are the only yesses so far.
    - 2-3 volunteers sort the lunches and gr. 5 students do the delivery.
  - Our school benefits from a history of well-run hot lunch programs and information can be shared with whoever takes it over.
  - Suggestion was made to create an FAQ to forestall common questions that parents may have about how Hot Lunch and Munch-a-Lunch will work.
  - Kathryn will compile some info on how things work at Aspenwood
  - Shannon to compile info to share with parents how to log into Munch, check their account.
  - After a big push for volunteers Lisa and Diane will work on creating a volunteer pool.

## 9. Other Business

- Covid Vaccination requirements for in-person volunteers:
  - Clarification was sought from the school superintendent and trustee and it was determined that:
    - the school cannot request vaccination status or turn anyone away based on their vaccination status.
    - The PAC may request confirmation of vaccination for PAC events/meeting
  - Due to the complex nature of school based vs PAC events deciding whether to ask for proof of vaccination would likely be done on a case by case basis.
  - Discussion was had about cases where vaccination would be required and it was noted that particularly for PAC meetings the goal is not to exclude anyone and there would be online/alternative options for those unable to attend in person due to vaccine rules.
  - Diane proposed the motioned “Does this PAC community support the mandate that: for parents to attend PAC events such as PAC meetings in person they will need to show



their vaccine passport. If they don't want to show us their vaccine passport they have the option to attend online. Each event and/or meeting would be decided on an individual basis based on whether it is a PAC or school based event." Sie Gal seconded the motion. All were in favour, the motion carried.

- Diane proposed next meeting move to January 11<sup>th</sup>, 2022

#### 10. Adjournment

- Lisa C motioned to adjourn the meeting at 8:30pm;
- The next meeting will be January 11<sup>th</sup>, 2022