



OCCUPATIONAL FIRST AID

LEVEL 1 COURSE

SAVE THE DATE

FRIDAY MAY 22, 2026

8:30AM - 4:30PM

**LUNCH IS
PROVIDED!**

OFA Level 1 (Occupational First Aid) is a one-day, WorkSafeBC-recognized course focusing on basic, essential life-saving skills for low-risk workplaces. Participants who successfully complete the course will receive a 3 year certification.

TRAINING INCLUDES:

- ✓ Assess scene safety
- ✓ Perform CPR
- ✓ Use an AED
- ✓ Treat bleeding and wounds
- ✓ Handle minor burns

COURSE FEE:

Discounted rate of \$95
(typically \$150+)

ELIGIBILITY:

Must be 16 years old at
the time of the course

APPLY:

Online or talk to
your counselor

**Applications are
due Wednesday
May 6, 2026**

ANY QUESTIONS REACH OUT TO MRINDAHL@SD43.BC.CA

SCHOOL DISTRICT 43 EDUCATION LEARNING CENTRE
1080 WINSLOW AVE, COQUITLAM, BC V3J 0M6