# A Day in the Life ... at CLC

| 9:00      | Student Arrival                    |
|-----------|------------------------------------|
| 9:10      | Block 1                            |
| 10:15     | Transition Break                   |
| 10:20     | Block 2                            |
| 11:30     | Lunch                              |
| 12:00     | Block 3                            |
| 1:00      | Block 4                            |
| 1:55-3:15 | Flex (supervised "Homework" block) |

CLC offers four daily blocks of self-paced and small group instruction. Tues/Thurs/Fri also includes a Connections block for students to build peer relationships, play games, hangout, and explore topics related to self-efficacy.

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CLC provides programming aimed toward graduation from the program or a return to a mainstream pathway to graduation. Transition planning is achieved through regular collaboration with student, family, school team and support agencies. The program values care, adaptiveness/flexibility and individualized support. CLC works to grow students' mental wellness and resilience in order that they increase engagement with learning and build self-efficacy. Staff teaches in flexible classroom settings and takes a self-paced, student-centered and strengths-based focus.

- Setting for up to 70 students ages 14-18 (Grades 9-12)
- Mental health support and agency collaboration
- Small group instruction
- Individual Education Plans (IEP's) are developed to meet each student's individual academic and life goals.
- Attendance monitoring and supportive follow-up
- Opportunities for volunteering, field trips and curriculum enhancement
- Youth Worker support
- Assistance with transportation to agency appointments



### **Customized Learning Centre**

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### Welcome to CLC!

The Customized Learning Centre is an alternate education option serving 70 students in Grades 9-12 . CLC is intended for students who have significant difficulties engaging in mainstream school settings. CLC students learn in small groups and with differentiated 1:1 instruction. Intensive support is provided for social-emotional needs. Ongoing collaboration between students, families/caregivers, community agencies/therapists and CLC staff/school counsellor is a key feature of the program. CLC is located in a quiet wing of the Coquitlam Continuing Education building. Students are referred to CLC by their home secondary or middle schools.



Our mission is to provide a safe, nurturing and customized learning space while empowering the transition to wellness as our students' journey towards graduation and beyond.

#### **Engagement**

Engagement is a collaboratively developed, evolving process, involving significant input by students, families, and mental health teams. Goals, intentions, and plans emerge from this process of engagement. Engagement at CLC has three domains:

- 1. Attendance. Good attendance is critical to academic achievement. It is the school's responsibility to work with each student and his/her family to encourage excellent school attendance. Each student agrees to an "attendance contract". It is intended that students will communicate with staff if:
  - They are going to be absent from school and/or classes (please text or email the CLC Youth Worker);
  - They are finding it difficult to maintain attendance
- Academics. It is intended that students will
  maintain forward progress in courses identified
  within their Student Learning Plans. Our self-paced
  model means flexible deadlines and an
  understanding that every student requires different
  pacing and rates of completion.
  It is intended that students will communicate with
  staff if:
  - Goals/intentions are challenging and/or achieved;
  - Student Learning Plans need to be revisited and/ or altered
- Mental Health. It is intended that students will engage with their mental health and communicate with their mental health supports, including supports at CLC. Students can, if they choose, work one-to-one with CLC counsellor\* (drop-in and/or appointment-based). It is intended that students will:
  - Communicate with staff if they are experiencing any mental health concerns, challenges, or issues
  - Collaborate with staff if mental health (or other) concerns are observed by CLC staff.
- 4. Transitions. Our program helps our students to prepare for life after high school. This includes offering small courses for employment readiness (e.g., food handling, first aid, customer service) and providing opportunities for volunteer service in the community. Our grade 12's are supported with creating a plan for their immediate future. We assist students with post-secondary and scholarship applications.

Attendance is closely tracked and monitored at CLC. Staff routinely review student attendance and follow up daily via text message/email with absent students. In cases of chronic absences, meetings are held with students and parents/guardians to discuss strategies or next steps.

Appreciations from students:

I have really enjoyed my time here at the CLC. I am grateful to all the staff who have all been very understanding and helped me long the way. I appreciate the small gestures that everyone has shown me day to day from a friendly smile to a simple how do you do.

Truly at the CLC I have learned so many lessons. Mainly I have learned friendship and how to push myself to succeed and keep going in education and everyday life.

CLC was my last chance. I'm doing better now than I ever have.

I'm not alone, people are here to relate to me.

... and parents:

CLC saved my daughter, academically and emotionally

Thank you both and all the teachers and staff at CLC for your patience, understanding, help and support that have been extended to all the students including my daughter during their study and dealing with their mental health issues at the same time. Without your patience, understanding and support, I cannot imagine how my child would be able to come to where she stands now. It means so much to me to see she is able to graduate from high school. Thank you!

## CLC... Beyond the books

CLC life is much more than academics. The close bonds that form between students and staff lead to a relaxed, friendly atmosphere. Smiles and shared laughs are the norm. At CLC we strive to make school fun, knowing that this has often not been the past experience of our students. We have special lunches, daily snacks/coffee/hot chocolate, and special events throughout the year.

CLC's field trips are a highlight. Past field trips have included the Chilliwack Corn Maze, Zone Bowling, Deer Lake boating, Seymour tubing, and Fly Over Canada.



Volunteering is a powerful way to contribute to the community while building your job-readiness skills and resume. CLC offers specific volunteer opportunities, including the LINC Food program that operates at Montgomery Centre every Wednesday. Other opportunities include tutoring younger students at local elementary and middle schools, working at the SPCA Animal Shelter, visiting local seniors' homes, and more.

Art clubs and classes are popular activities at CLC. Connections includes some art activities. Our full credit Art 11 and 12 courses run during afternoon blocks throughout the year.

CLC Connections is our connections time, scheduled three times per week. Students and staff enjoy a relaxed and positive part of the day as we discuss positive intentions for the day and connect with each other. Each month has a different theme e.g., building



habits or emotional wellness and overall health.



<sup>\*</sup>NOTE: the CLC counsellor will routinely engage with outside mental health supports/team (i.e. routine inter-agency consultation and communication; integrated case management meetings; one-to-one professional communication, etc.).