

YOU ARE INVITED TO

# "HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



## Topics will include:

- Adolescent brain development
- Adolescence and substance use
- Adolescence and mental health
- Continuum of use and parenting at various stages
- 7 tips for your approach
- Self-Care
- Time for Q&A
- Resources for further support and learning

Join SHARE's Youth Substance Use Services Program in a virtual presentation around supporting youth on the topic of substances and substance use.

## VIRTUAL ON ZOOM

RSVP via link or QR code here:

April 19th Or June 7th  
6:30-8:00 6:30-8:00



[Link for April 19th](#)



[Link for June 7th](#)



Visit our [website](#) for more resources