

Hello fellow coaches!

I hope you are all enjoying your wrestling season-it's now time to put the skills to the test.

We are confirmed with SFU and the dates are as follows:

Take Down Tournament-**Feb. 1**

Wrestling Meet-**Feb. 15**

Wrestling Meet-**Feb. 22**

*****District Wrestling Tournament MARCH 1ST –LOCATION TBA (Maple Creek or Kway)**

These are all in the gym at SFU starting at 3:30 sharp.

Please fill out the attached for from SFU camps.

Please bring a flip score board and perhaps an extra student to be a timer/scorekeeper.

Rebekha: could you please submit these dates to St. John's Ambulance.

As per our discussion with BCWA, we are going to go ahead and register with them. Each wrestler will cost \$10, but will get reimbursed \$5 at the end of the season. CMSAA will pay with one cheque upon all schools filling out the information as indicated below. Once the schools have forwarded this information, Paige will contact each school secretary to request a cheque to be cut for CMSAA.

Please submit this list of your wrestlers to Cori and Paige by **Friday** (please send to both people)

Example: School name: Hillcrest

| Name | Birth date | Postal code |
|------|------------|-------------|
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As for the first take down tournament, we will go with first wrestler to 3 points unless we want to make it to 5 points. Time is not necessary, but not longer than 2 mins (running time for girls and grade 6/7 boys) and 3 min. running time for grade 8 boys.

I am sure that Cori will send a message regarding parking and the code that is used.

Thanks.

Any other questions, please don't hesitate to ask.

Paige Perry