

CMSAA GRADE 8 BOYS AND GIRLS VOLLEYBALL SCHEDULE AND RULES FOR THE 2016 SEASON

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Grade 8 Games occur Wednesday's at 3:30pm

Please make arrangements to be at the host school no later than 3:20pm to ensure a proper warm up and that games start promptly at 3:30pm

North Side	South Side
Kwayquitlam Scott Creek Maple Creek Minnekhada Summit Eagle Mountain Moody	Hillcrest Citadel Banting Maillard Pitt River Montgomery Como Lake

Rules for 2016 Season

Please refer to CMSAA Mission Statement and guiding Principles**

- 1) League matches will be played on Wednesday immediately after school. Please make all attempts to be at the host school by 3:20 and be prepared to begin at 3:30 sharp.
- 2) Matches are best 3 out of 5 - Games are to 25 points. If the other side is still playing when you are finished, you may play until the other match is complete. In the deciding fifth game, games go to 15 points. You must win by two points. There is no cap (meaning a game could theoretically end up 29 - 27).
- 3) Each school will field 2 teams, an "A" team and a "B" team. The two stronger teams will play each other and the two lesser experienced teams will play each other. The two matches will be played simultaneously. **This can be adjusted based on coaching discussions prior to the game. Please make every effort to be in contact with the opposing coach once you have an idea as your teams' capabilities (ideally prior to Wednesday game time)**
- 4) The Host school is responsible for supplying referees, umpires, line persons and scorekeepers as well as share the warm-up balls with the visiting school. Please make an attempt to have **adult referees or high school referees**.
- 5) Volleyballs to be used are regulation adult size (not volley-lites)
- 6) Net height is 2.05 metres for girls (Bantam) and 2.20 metres for boys (Bantam).
- 7) Schools should try to have volleyball antennae set up if at all possible.
- 8) Teams are not permitted to shorten benches. **All players must receive equal playing time.** When a new game begins, teams must start with the same line up which they finished the previous game. This does not apply to a *new match*. Every time a player enters position #6 (beside the server) they must go off and his or her substitute comes in. This applies to all players.
- 9) If teams are short players, a grade 7 may play with the grade 8 team. There is no longer a minimum number of players rule, so theoretically you may field a team of six players.

10) Teams may serve underhand, sidearm or overhand from any point behind the baseline. The players of the serving team must not prevent their opponent, through individual or collective screening, from seeing the server or the flight path of the ball. A player, or group of players, of the serving team makes a screen by raising or waiving hands above their head, jumping or moving sideways, or by standing grouped to hide the flight path of the ball during the execution of the service. Players are allowed to stand at the net with their hands at face height and may not move until the serve.

11) Players **are** allowed to return the serve directly over the net, without a second hit occurring.

12) The ball may contact various parts of the body consecutively (double hit) provided that the contacts occur during one action. However, the ball cannot be caught or thrown (You can double hit a free ball or a serve, as well as a hard driven ball as long as it is the first contact). You may also use your feet. Returning serve with a volley is permitted, but must be fairly clean. This means no palm, no "slapping sound."

13) Servers will serve a maximum of 5 times before rotating.

14) All games are rally point. This means a point is scored every serve. If you miss a serve, the other team wins the serve and a point.

15) Players are allowed to use any part of their body to play the ball.

16) A service that contacts the net and continues over into the opponent's court will be considered in play.

17) Net Rule: Contacting the net is not a fault unless it interferes with the play.

- A player interferes with the play by:
 - touching the top white band of the net (also known as the tape)
 - touching the part of the antenna above the height of the net
 - taking support from the net while playing the ball (i.e. pulling the net down)
 - making actions which hinder the opponents attempt to play the ball

Players may contact any other part of the net as long as it does not interfere with the play.

18) Center Line Rule: It is permitted to penetrate into the opponent's space under the net as long as it does not interfere with the play.

- To touch the opponent's court with a foot is permitted provided that some part of the penetrating foot remains either in contact with or directly over the center line.
- To touch the opponent's court with any part of the body above the foot is permitted provided that it does not interfere with the opponents play.

19) Formal league standings will not be kept. However, it may be appropriate to keep informal scores so that you are equipped to make the decision for the district championship.

20) The Andy Laliberte Tournament (District championship) location is yet to be determined. The 2 teams you enter will **not** be of equal strength; they will be a "Team A" and "Team B". This equates to full participation and competition. If you have large numbers of players, you may enter a third team in the district tournament. This option would be to enter a "C" team in the "B" Tournament. **New: If your school has only one team for the playoffs the coach will decide the appropriate pool (A or B) based on their team's skill level. This is at the coaches discretion.**

Obviously you need at least 6 players to have a team. We have a no cut policy at middle school and there is **no longer** a minimum number of players rule but please bring as many players as possible to all your games provided they have shown the appropriate level of commitment to the team. Please keep in mind that *Middle school sport is not about winning championships.*******

21) On the first night of the District Championships when games are timed, the games will still go to 25 points win by 2 unless the time runs out before one team reaches 25 points. This will avoid extremely lopsided scores as well as potentially help the night end earlier. **Please coach your players to play through the buzzer since the ball is in play until the point is over.*****

GRADE 8 North ZONE VOLLEYBALL

BOYS

GIRLS

OCT. 5TH

Scott Creek @ Kwayquitlam
Maple Creek @ Summit
Minnehada @ Eagle Mountain

Moody @ Scott Creek
Eagle Mountain @ Maple Creek
Summit @ Minnehada
Kway – BYE

OCT. 12TH

Summit @ Scott Creek
Eagle Mountain @ Maple Creek
Kwayquitlam @ Minnehada

Kway @ Moody
Maple Creek @ Summit
Minnehada @ Eagle Mountain
Scott Creek - BYE

OCT. 19TH

Kway @ Maple Creek
Summit @ Eagle Mountain
Minnehada @ Scott Creek

Moody @ Minnehada
Eagle Mountain @ Summit
Scott Creek @ Kway
Maple Creek - BYE

OCT. 26TH

Maple Creek @ Minnehada
Eagle Mountain @ Kwayquitlam
Scott Creek @ Summit

Summit @ Moody
Scott Creek @ Eagle Mountain
Kway @ Maple Creek
Minnehada - BYE

NOV. 2ND

Kwayquitlam @ Summit
Scott Creek @ Maple Creek
Eagle Mountain @ Minnehada

Moody @ Eagle Mountain
Minnehada @ Kwayquitlam
Maple Creek @ Scott Creek
Summit - BYE

NOV. 9TH

Summit @ Eagle Mountain
Maple Creek @ Kwayquitlam
Minnehada @ Scott Creek

Maple Creek @ Moody
Kwayquitlam @ Summit
Scott Creek @ Minnehada
Eagle Mountain -BYE

**Playoffs Night 1 is Wednesday Nov 16th (various Middle Schools)
Finals is Thursday Nov. 17th (Location TBA)**

ALL GAMES ON WEDNESDAY at 3:30pm

GRADE 8 South ZONE VOLLEYBALL

BOYS

GIRLS

OCT 5TH

Citadel @ Hillcrest
Banting @ Pitt River
Maillard @ Monty

Como Lake @ Citadel
Monty @ Banting
Pitt River @ Maillard
Hillcrest - Bye

OCT. 12th

Pitt River @ Citadel
Monty @ Banting
Hillcrest @ Maillard

Hillcrest @ Como Lake
Banting @ Pitt River
Maillard @ Monty
Citadel – Bye

OCT. 19th

Hillcrest @ Banting
Pitt River @ Monty
Maillard @ Citadel

Como Lake @ Maillard
Monty @ Pitt River
Citadel @ Hillcrest
Banting - Bye

OCT. 26th

Banting @ Maillard
Monty @ Hillcrest
Citadel @ Pitt River

Pitt River @ Como Lake
Citadel @ Monty
Hillcrest @ Banting
Maillard - Bye

NOV. 2ND

Hillcrest @ Pitt River
Citadel @ Banting
Monty @ Maillard

Como Lake @ Monty
Maillard @ Hillcrest
Banting @ Citadel
Pitt River - Bye

NOV. 9TH

Pitt River @ Monty
Banting @ Hillcrest
Maillard @ Citadel

Banting @ Como Lake
Hillcrest @ Pitt River
Citadel @ Maillard
Montgomery – Bye

Playoffs Night 1 is Wednesday Nov 16th (various Middle Schools)

Finals is Thursday Nov. 17th (Location TBA)

Grade 8 Volleyball Coaches list 2016

School	Boys	Girls
Banting	Bill Trask Gina Fenrick	Troy Kimura
Citadel	Naomi MacDonnell	Ralph Goring
Como Lake	NO TEAM	Terry Argotow
Eagle Mountain	Anders Nordby Jeff Christiansen	Renn Manners
Hillcrest	Mason Foulkes	Nicole Curran Harriette Chang
Kwayquiltam	Brent Dureau	Sandy Kooner
Maillard	Lawrence Mak	Stan Yuen
Maple Creek	Ron Lee Patricia Jensen	Melissa Burdock
Minnekhada	Frank Lore Phil Hughes	Sharon McKay Bart Vanstaalduinen
Montgomery	Stacie Smallwood	Nadia Tuan
Moody	NO TEAM	Rebekah Grayston
Pitt River	Steve Roos	Leanne O'Grady Stephanie Kurylo
Scott Creek	Dave Devaney	Brad Christianson Rob Perko
Summit	Jessica Bell Jen Dziwak	Jen Dziwak Jessica Bell