

2017 Grade 7
North/South ZONE *DRAFT* 2 SCHEDULE
HOME team is underlined

Basketball coordinator: Stefan Lageston (slageston@sd43.bc.ca)

NORTH: Scott Creek, Maple Creek (boys only), Eagle Mtn., Kway, Summit (boys only), Minnekhada, Moody (boys only)

SOUTH: Pitt River, Banting, Como Lake, Maillard, Monty, Hillcrest (boys only), NO CITADEL teams

Dates	ZONE	Girls	Boys
January 24	<u>NORTH</u>	Eagle Mountain @ Kway Scott Creek @ Minnekhada	Maple Creek @ Eagle Mountain Kway @ Summit 1 Minnekhada @ Scott Creek Summit 2 @ Moody
	<u>SOUTH</u>	Como @ Pitt Banting @ Maillard Bye: Monty	Pitt @ Como Lake Maillard @ Banting Hillcrest @ Monty
January 31	<u>NORTH</u>	Kway @ Minnekhada Eagle Mountain @ Scott Creek	Summit 1 @ Maple Creek Eagle Mountain @ Kway Minnekhada @ Summit 2 Scott Creek @ Moody
	<u>SOUTH</u>	Banting @ Como Monty @ Maillard Bye: Pitt	Como Lake @ Banting Maillard @ Hillcrest Monty @ Pitt
February 7	<u>NORTH</u>	Minnekhada @ Eagle Mountain Scott Creek @ Kway	Maple Creek @ Minnekhada Eagle Mountain @ Moody Kway @ Summit 2 Summit 1 @ Scott Creek
	<u>SOUTH</u>	Monty @ Banting Maillard @ Pitt Bye: Como	Banting @ Hillcrest Pitt @ Maillard Como @ Monty
February 14	<u>NORTH</u>	Eagle Mountain @ Kway Minnekhada @ Scott Creek	Scott Creek @ Summit 2 Moody @ Minnekhada Summit 1 @ Eagle Mountain Kway @ Maple Creek
	<u>SOUTH</u>	Como @ Maillard Pitt @ Monty Bye: Banting	Maillard @ Como Hillcrest @ Pitt Monty @ Banting
February 21	<u>NORTH</u>	Scott Creek @ Eagle Mountain Minnekhada @ Kway	Eagle Mountain @ Summit 2 Scott Creek @ Maple Creek Summit 1 @ Moody Kway @ Minnekhada
	<u>SOUTH</u>	Pitt @ Banting Como @ Monty Bye: Maillard	Banting @ Pitt Como @ Hillcrest Monty @ Maillard

PLAYOFF DATES:

Tuesday, February 28, 2017

Quarter/semi-finals @ locations TBA & Charles Best Secondary

Wednesday, March 1, 2017

Finals @ Charles Best Secondary

Middle School/Numbers/Traditional or 4's	Gr. 7 Boys	Gr. 7 Girls
Banting (traditional or 4 on 4) 30 girls (traditional)	Dan Loewy	Bill Trask
Citadel No teams – combining with Gr. 8.	Ralph Goring	Greg Tjosvold
Como Lake (“Go either way” depending on number of refs and coaches) 13 girls 15 boys	Darren Stewart	Terry Argotow
Eagle Mountain (Go either way)	Darren MacMillan	Rob Clough, Renn Manners
Hillcrest (Open to 4 on 4 but have concerns about courts and bleachers and refs) No girls team Boys team for sure – 20 players	Stefan Lageston	Nicole Curran, Nadine Tambellini (no team)
Kway Open to 4 on 4 but will do traditional	Laurie Ebenal	Cheryl Lloyd
Maillard Traditional 2 teams for sure	Colleen Castonguay	Cassandra Neigum
Maple Creek No girls team Boys team - about 20	Krissy Epple and Darren Domingo	Ron Lee No girls team
Minnehada (open to 4 on 4) 1 girls 1 boys	Bart Vanstaalduinen	Megan Ferreira
Monty – (Traditional)	Laura Wigman	Rob McFaul

Gr. 7 girls team approx. 12 Gr. 7 Boys team approx. 12 – 15		
Moody – (Traditional) No Girls team Low number boys	Alex Abello	Elizabeth Choi (no team)
Pitt River (open to 4 on 4)	Bethony Lam	Lindsay Burdett
Scott Creek (Traditional) Girls 20ish	Sarah Webber, Anthony Do	Jon Wiskar
Summit (Traditional) Over 30 boys enough for two teams	Anne Shaw and Wendy Bremner	No Team
Total teams	13	9

2017 CMSAA BASKETBALL RULES & Schedule

Coquitlam Middle School Athletics CODE OF CONDUCT

The Coquitlam Middle School Athletic Association (CMSAA) believes in the development of skills through a variety of activities with an emphasis on fair play and equity of participation. It is our expectation that all students, coaches, spectators and officials conduct themselves in a manner that is polite, respectful, encouraging and supportive.

Players Code of Conduct

Play for the fun of it and not to please parents and coaches
Play by the rules
Cooperate and respect your coach teammates, and opponents
Work hard for yourself and for your team
Respect and accept officials' decisions
Demonstrate sportsmanship and fair play

Coaches Code of Conduct

The building of sound, fundamental skills and developing an appreciation for the game is our objective
Encourage team play
Every attempt should be made to give players equal playing time
Reinforce good sportsmanship whenever possible
Show respect for officials, other coaches and players at all times
As much as possible be a resource to your players, helping them to develop their athletic and human potential
While trying to treat all players equal, recognize that all children are not the same and respect their individual differences
Follow the CMSAA Guiding Principles Code of Conduct

Parents Code of Conduct

Remember, children are involved in sports for their enjoyment, not yours
Allow your children to participate in sports voluntarily
Remember that children learn best by example
Encourage your child to always play by the rules
Accept your child's mistakes and disappointments with positive reinforcement
Accept all officials' decisions and respect their integrity
Help your child understand that individual skills and achievement are more satisfying when applied to a team situation
Teach your child that an honest effort and hard work are just as important as a victory

Rules

GRADE 7	GRADE 8
<p>9 periods of 4 minutes (stop time) Stop the clock on every whistle. No double shifting. Coaches must give players as close to the same amount of playing time over the course of the game and season as possible.</p>	<p>In the first three quarters, the clock shall be set to two 4-minute shifts per quarter, stop time. In the 4th quarter, the clock shall be set to one 8-minute shift, stop time.</p> <p>Coaches must rotate players equally over the first 3 quarters. Injury is the only exception.</p> <p>In the 4th quarter (8-minute shift) coaches may sub players in and out of the game as they wish. Substitutes must report in at the timekeeper's bench.</p> <p>Double shifting lines is not allowed during the first three quarters.</p> <p>Coaches are not allowed to change their line-ups once the game has started, until the fourth quarter.</p>
<p>No jump ball after opening tip. Possession arrow to be used.</p>	<p>No jump ball after opening tip. Possession arrow to be used.</p>
<p>If the team with possession loses the ball by accident in their back court (i.e. they pass to the wrong team, lose control of dribble and it bounces to opposing team) the play continues and the other team gains possession. Still no full court press and possession cannot change due to pressure from the defensive team – i.e. someone reaching in.</p>	<p>If the team with possession loses the ball by accident in their back court (i.e. they pass to the wrong team, lose control of dribble and it bounces to opposing team) the play continues and the other team gains possession. Still no full court press and possession cannot change due to pressure from the defensive team – i.e. someone reaching in.</p>
<p>No full court press. Defending team must give half court to the offensive team. If the ball is accidentally turned over by the defense in their end, play on. See above.</p>	<p>Full court press is only allowed in the 4th quarter and the leading team may not press if they are up by more than 10 points. It must be a person-to-person press, however, “naturally occurring” double teaming will not be called during a full-court press.</p> <p>No zone presses allowed, will result in a technical foul.</p>
<p>Three in the key.</p>	<p>Three in the key.</p>
<p>Three point shots will be counted.</p>	<p>Three point shots will be counted.</p>
<p>5 fouls for disqualification of a player.</p>	<p>5 fouls for disqualification of a player.</p>

No bonus rule. Foul shooting will occur when a player is fouled in the act of shooting.	At 5 team fouls per quarter, player fouled will shoot 2 shots on each foul. At the end of each quarter, team fouls are reset to 0.
Technical fouls result in two free throws <u>and</u> possession at centre.	Technical fouls result in two free throws <u>and</u> possession at centre.
One timeout per half, one minute long.	2 timeouts a half to each team. No carry over.
Teams are allowed to utilize a person-to-person defense. A zone defense is not allowed and will result in a technical foul. Double teaming is allowed inside the 3 point line.	Teams are allowed to utilize a person-to-person defense. A zone defense is not allowed and will result in a technical foul. Double teaming is allowed inside the 3 point line.
Halftime is optional. 3 minutes long.	Halftime is optional. 3 minutes long.

Other –

- There is no minimum number of players needed to play. Bring as many players to games as you can and play them as equally as possible.
- Teams are to follow a no-cut, equal playing time policy and coaches cannot adjust their line-ups once the game has started (except for the 4th quarter for the grade 8's).
- Size 6 basketball is to be used except for grade 8 boys who are to use size 7 whenever possible.
- An adult or a certified grade 11/12 student should be the head referee. There must be an adult from the home team in charge of the referees and present throughout the game. Ideally, this would be the Athletic Director of the school.
- Gr. 6 and 7 players can play up only if there is a shortage of players.