



NEWSLETTER

End of Year Information for all of our Aviators

Year End Activity

In this issue:

- Year End Activity
- Term 3 Report Cards
- September Start up Info
- PAC News
- Thank You
- Counselor's Corner

On Wednesday, June 28 @ 10:30am-12:30pm we are inviting all families to our annual Apex Activity Day! The PAC is providing a hot dog lunch. Please take a moment to complete this short [survey](#) to help us know how many people plan to attend. This information is really important to ensure we have enough food. Veggie options will be available. The shape of the day will be as follows:

10:30am—11am: Arrive as you are able (Bouncy Castle will be up)

11am-Noon: Activity Scavenger Hunt (get stamps for completing tasks to trade in for a treat)

Noon-12:30pm—Hot Dog Lunch picnic at the playground provided by PAC

Term 3 Report Cards

Reports will be published on the MyEd Parent Portal on Wednesday, June 28th. If you are needing support with logging in, please email Bonny Gibson (bgibson@sd43.bc.ca) with your name and your child's name. The reports will remain available online until the end of July.

PAC News

The PAC is looking for volunteers to help at the Activity Day on June 28. If you are able to help, please complete the survey linked above to let them know.

The Scholastic fundraiser is ongoing through the summer and more opportunities to support Apex in this way will be offered in the fall.

September Start Up Information

Please be checking your inbox in the final two weeks of August for some very important emails that will be arriving with information about getting started. One of these emails will include a link to sign up for your first meeting with your teacher to discuss the Student Learning Plan and year goals.

Every year our staff reconsiders student placement while attempting to manage our teacher caseloads. This may mean that your teacher for next year may be different than this year. We do our very best to maintain the relationships that have been built, but hope that you understand that changes may need to be made. You will be informed of your teacher in the email you receive near the end of August.



Thank You

We are so proud and grateful to all of our Gallery Walk Presenters and attenders. It was a fantastic event and we trust that you were blown away by the quality, variety and curiosity of our students and their learning. Pictures are attached on the next page.

We are also so proud and grateful to be working with such an amazing group of parents and students. Thank you for continuing to do what's best for your children and by doing that, being supportive of what Apex is all about—helping students reach their pinnacle.



COUNSELLOR'S CORNER

Welcome to Counsellor's Corner, your place for resources, upcoming events/ workshops and weekly mindful moments (short activities to do at home to foster better mental health).

Create a Calm Corner

Make a calm space in your home. Start off by finding some cushions and blankets to sit on. Next bring over some stuff animals or other toys which bring you comfort. Print off some instructions for breathing exercises, such as 5 Finger or Box Breathing and place them on the walls.

Workshops

How to Talk to Your Youth About Substance Use- June 7, 2023 6:30-8:00pm

Register using this link: <https://forms.office.com/r/97XswB32iW>

The following free workshop series are available through Family Smart.

Beyond Behaviours: When Is It More? What It Looks Like Ages 4-8 - Multiple Dates/ Times

Click [here](#) to register for above workshop

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

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Mini-Golf Field Trip

Thank you to all of our mini-golfers who came out and "putt" their best foot forward! It was a fantastic community building event!



Gallery Walk

