

# SD 43 PARENT EDUCATION LEARNING SERIES



Working Together  
Building Confidence  
Supporting Students  
Creating Community Connections

**ALL sessions will be virtual/online presentations  
and available to SD43 parents at no cost.**

## APRIL 19, 2023 - SAFER SCHOOLS TOGETHER



Social Media Awareness | Digital Citizenship |  
Cyberbullying | Consent

**RECORDING LINK OF PRESENTATION** (available until May 25<sup>th</sup>)

## MAY 10, 2023 – ANDREW BAXTER

Mental Health Literacy

Time: 6:30 – 8:30 pm

**TO REGISTER FOR THIS SESSION:**

**CLICK HERE** or SCAN QR CODE



## MAY 25, 2023 – SUBSTANCE USE COMMUNITY PANEL DISCUSSION

Time: 7:00 – 8:30 pm

**CLICK HERE** or SCAN QR CODE



# SAVE THESE DATES!

**MENTAL HEALTH LITERACY:**  
**PARENT EDUCATION LEARNING SERIES #2**  
**(via Zoom)**

Do you want to learn how to better support your child's Mental Health? Would you like to gain a better understanding of the differences between a normal stress response and a diagnosis of anxiety? Education on mental health can help ***change the conversation*** so we can better support those we care for!



**ANDREW BAXTER**



**May 10<sup>th</sup>, 2023**

**6:30 - 8:00 PM (Presentation)**

**8:00 - 8:30 PM (Q & A)**

**CLICK HERE** or **SCAN QR CODE**



Andrew Baxter, MSW RSW, has over 18 years of experience with providing direct treatment for students from K-12, as well as consulting with families and teachers in implementing the mental health literacy approach in their school districts and their daily lives to better address youth mental health needs. He is also an honored member of the Indigenous Mental Health Literacy committee, supported through the Canadian Institute of Health Research. Andrew provides professional learning through the University of British Columbia Faculty of Education Mental Health Institute and is an Adjunct Lecturer with the University of Calgary Department of Psychiatry. He is actively parenting his two elementary-aged children which makes him even more equipped to help parents navigate the complex needs of our kids!



**A COMMUNITY PANEL ON SUBSTANCE USE:**  
**PARENT EDUCATION LEARNING SERIES #3**  
**MAY 25<sup>th</sup>, 2023 @ 7:00 – 8:30 pm**

Please join retired Global TV Reporter John Daly as he moderates presenters/community partners on information about substance use, the role of schools, and community support.

**PRESENTATION:**

Sgt Mark Steinkampf (VPD -Ret.) *Instructor JIBC. Founding member and Executive Director of Odd Squad Production Society.* [About Odd Squad Production Society](#)

The aim of this presentation is to educate families, encourage conversation on this crucial topic, and help counteract a pro-drug sentiment that is perpetuated by some social media influencers. The effects of substance use, and some of the circumstances leading to use will be explored.

**THE ROLE OF THE SCHOOL:**

Ms. Susan Ross-*District Principal School Services and Special Projects*

A review of initiatives and curricular approaches to substance use, as well as how the District involves valued community partners.

**COMMUNITY SUPPORTS:**

Kathleen Nash – *Clinical Counsellor in the Youth Substance Services of SHARE for 12–24-year-olds.* [Youth Substance Use Supports](#)

Outline of access to community support for those who use and are affected by substances.

**TO REGISTER: [CLICK HERE](#) or SCAN QR CODE**

