



ENERGY WIRE

SD43 Sustainability and Energy Management Newsletter

ISSUE NO. 26
MARCH 2025



Welcome Back, Students!



It's time to embrace
blooming flowers, longer days, and
fresh new energy!



ABOUT US

We work with BC Hydro, Fortis BC and Clean BC, to find ways to make our schools run more efficiently to reduce our carbon footprint. New LED lights at your school? That was us. New efficient heating system? We were there too. Holiday Shut Down competitions, us too, and so much more.

This newsletter is designed to let everyone know about SD43 sustainability initiatives. All through the District, great things are going on to make our students, our community, and our world more sustainable. We want to know what you are doing and how you are doing it.

MESSAGE FROM THE ENERGY MANAGEMENT TEAM

Welcome Back! Let's Keep the Sustainability Momentum Going!

As we return to school, let's continue making sustainable choices in our daily routines. Small actions—like turning off lights when not in use, reducing waste, and using energy wisely—add up to a big impact!

We'd love to hear about the sustainable activities you and your school have been doing! Any eco-friendly action, share it with us so we can feature it in our next newsletter.

Let's work together to create a greener future for our school district!

Your Energy Team ⚡



JOIN US - SD43 CLOTHING SWAP

Donate, Earn Credits, and Swap for New-to-You Styles on April 12th from 9:00am to 3:00pm at Pinetree Secondary School

**MORE INFORMATION -
SCAN ME**



- All SD43 families, from elementary to secondary school, are welcome to join.
- Bring gently worn clothing you no longer wear
- Earn 10 credits for a large bag or 5 credits for a small bag.
- Use your credits to pick 1 item per credit from the swap.
- Save money – Get new clothes for free!
- Have fun – Find unique pieces and refresh your wardrobe.





Thank You for Being Energy Detectives!



A huge thank you to all the students and teachers who participated in The Energy Detective activity!

Your curiosity and enthusiasm for learning about electricity use made this initiative a great success. By using the Smart Plugs to track energy consumption, you've taken an important step in understanding how small changes can lead to big energy savings!

Your participation helps build a more sustainable future for our schools and communities.

Get Ready—Your Starter Plants Are Coming Soon!



Get your Garden Ready!

Clear out weeds, prep the soil, and start planning where your new plants will go. The Energy & Sustainability Team will be delivering your plants during the third week of April, so now is the time to **get your garden beds ready!**

We're excited to see your green spaces grow.

Free Bike Tune-Up Clinics – Get Ready to Ride!



Metro Vancouver is sponsoring a bike tune-up clinics for SD43!

🔧 What's included? Free bike repairs, including basic parts like tubes, brakes, cassettes, and chains.

📍 **Clinic Locations & Dates:**
Minnehada Middle – April 14th
From 3:00 to 5:00 pm

There would be a workshop led by Our Community Bikes, a local expert in bike education and repair.

Let's keep our bikes road-ready and encourage more students to cycle!



EARTH DAY

Eco Week

CHALLENGE

GET READY TO TAKE ACTION FOR THE PLANET!

The Eco-Challenge 2025 is a fun and interactive way for students to make a real impact on the environment.

Each day focuses on a different sustainability theme:

💡 April 22 – Lights & Energy Efficiency

Turn off unnecessary lights, use daylight whenever possible, and encourage your school to switch to energy-efficient bulbs.

🔥 April 23 – Heating & Cooling Awareness

Adjust thermostats wisely, use natural ventilation, and find smart ways to save energy at home or school.

♻️ April 24 – Waste Reduction Challenge

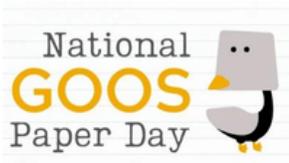
Ditch single-use plastics, compost your food scraps, bring a lunch with no disposable packaging and minimize printing for the entire day.

REGISTER NOW ➔



Top students and schools
will earn eco-friendly
prizes for their impactful
actions!





Good on One Side Paper Action Day! - April 3rd

Did you know that a lot of paper is thrown away after only being used on one side? Let's change that with the GOOS (Good On One Side) Paper Activity!

What is GOOS Paper?

GOOS paper is any sheet that has been printed or written on only one side. Instead of tossing it, we can reuse it for notes, rough drafts, or creative projects before recycling.

How You Can Help:

- Set up a GOOS paper collection box in classrooms and offices.
- Encourage classmates and teachers to use one-sided paper before reaching for new sheets.
- Get creative—turn GOOS paper into notebooks, sketch pads, or scrap paper for brainstorming!

Track how much paper your school saves and celebrate your impact!

For more details, click [here](#)

Watersheds In-Class Program – Metrovancouver



Grade 2 classes in Metro Vancouver only (split classes may be accommodated), 30 students maximum 60 minute in-class program, between 9:00 am – 3:00 pm

Program Highlights:

- **Engaging Curriculum:** A 60-minute, curriculum-connected session led by a watershed educator, bringing the watershed experience directly to your classroom.
- **Interactive Activities:** Students will participate in dynamic, movement-based activities that explore where our drinking water comes from, how we use it, and the importance of watershed ecosystems.



Registration for fall 2025 programs will open on September 4, 2025, at 8:00 am. Link with more information [here](#)

For questions or additional information, please contact Metro Vancouver at teacher@metrovancover.org

Join the Global Action Days 2025: Ecosystem Restoration

From April 22 to May 6, 2025, students and schools can participate in the Global Action Days campaign dedicated to ecosystem restoration. This event is part of the UN Decade on Ecosystem Restoration, and it offers new activities focused on soil health, nature in urban spaces, and fostering connections with nature.

Get involved and make a difference by registering for free resources and activity guides. For more information, visit [Global Action Days 2025](#).



Teacher Professional Development

Enhance Your Earth Day Curriculum with SubjectToClimate's 2025 Resources!

SubjectToClimate offers a comprehensive collection of 2025 Earth Day Activities & Worksheets tailored for educators seeking to enrich their classroom experience. These resources provide valuable insights into climate change topics, ranging from ecosystems to innovative renewable energy solutions.



- **Diverse Educational Materials:** Access lessons, worksheets, games, and activities suitable for various grade levels, all emphasizing renewable energy and environmental stewardship.
- **Curriculum-Aligned Content:** Ensure your Earth Day teachings are both engaging and aligned with educational standards.
- **Free and Accessible:** All resources are available at no cost, supporting educators in delivering impactful environmental education.

For more information, click [here](#)



What is going on at your school?



Every small action—whether it’s reducing waste, saving energy, or promoting greener choices—adds up to a big impact. Imagine the change we can create when every student takes action. Rally your classmates, work as a team, and be the driving force behind a more sustainable school.

The future starts with you—let’s make it greener together!

At Coquitlam School District, we believe in the power of collective action for a sustainable future. If you or your school is making a positive impact on the environment, we want to celebrate and share your achievements with the community.

Connect with Adrian Pettyfer at apettyfer@sd43.bc.ca to share your eco-champion stories. Let's work together to get the word out and inspire more positive change.

**TAKE ACTION FOR A GREENER
FUTURE—SMALL CHANGES
TODAY MAKE A BIG IMPACT
TOMORROW!**



NEWSLETTER

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