



# ENERGY WIRE

SD43 Sustainability and Energy Management Newsletter

ISSUE NO. 25  
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TOWARDS A  
GREENER FUTURE

## ABOUT US


We work with BC Hydro, Fortis BC and Clean BC, to find ways to make our schools run more efficiently to reduce our carbon footprint. New LED lights at your school? That was us. New efficient heating system? We were there too. Holiday Shut Down competitions, us too, and so much more.

This newsletter is designed to let everyone know about SD43 sustainability initiatives. All through the District, great things are going on to make our students, our community, and our world more sustainable. We want to know what you are doing and how you are doing it.

## MESSAGE FROM THE ENERGY MANAGEMENT TEAM

**Are you ready to be a hero for your school and the planet?**

Every single one of us can make a difference, and together, we can create a sustainable future for everyone. Let's work together to make our schools cleaner, greener, and more energy-efficient. Stay tuned for exciting activities, tips, and stories of students like YOU making a difference!

 **Have an idea or a question?** Let your teacher or the energy team know—we'd love to hear from you!

The future is in your hands—let's make it bright!

Your Energy Team ⚡



# SD43 Clothing Swap Meet – Save the Date!



## SD43 Clothing SWAP DAY

WHERE? Pinetree Secondary School


WHEN? SATURDAY, APRIL 12 – 2025


Keep clothes out of landfills and reduce the need for new clothing production!


On Saturday, April 12, secondary school students across the district will be hosting a district-wide Clothing Swap Meet at Pinetree Secondary School.


This event aims to combat fast fashion by offering a space to recycle quality clothing and find something new-to-you!

### How to Participate:

 Donate gently worn clothes that you no longer wear and earn credits to exchange for “new-to-you” clothing.

 All SD43 families from elementary to secondary will be invited to participate.

 Spring Break is the perfect time to declutter! Secondary schools will be collecting donations from April 1 – April 11.

 What NOT to donate: No socks, underwear, stained, damaged, or unrepairable items.

### EXCLUSIVE PERKS FOR DONORS!

- Those who donate will receive credits and gain VIP access from 9 AM – 12 PM to exchange credits for clothing.
- After 12 PM, the event opens to all SD43 families to take what they need for free!





## Sweater Day Campaign – Thank you for Participating!



A huge thank you to all the schools that participated our Sweater Day to promote energy conservation!

Special recognition goes to Birchland, Mountain View, Kilmer, and Montgomery for their efforts in raising awareness about sustainable energy use.

Together, we're making a difference—one cozy sweater at a time! 🌍💙

### Gardening for a Healthy and Sustainable Life!



### Get your Garden Ready!

Spring is almost here, and **45 schools** have signed up to receive starter plants this season!

Now's the time to start **preparing your garden plots**. Whether you're part of a school garden club or just love to grow, start thinking about your **design ideas**.

### Free Bike Tune-Up Clinics – Get Ready to Ride!



**Metro Vancouver** is sponsoring two bike tune-up clinics in SD43!

🔧 What's included? Free bike repairs, including basic parts like tubes, brakes, cassettes, and chains.

#### 📍 Clinic Locations & Dates:

- ✓ Hillcrest Middle – March 7
- ✓ Minnekhada Middle – March 14

To get your bike on the repair list, contact the nearest school hosting a clinic. Let's keep our bikes road-ready and encourage more students to cycle!.

There would be a workshop led by Our Community Bikes, a local expert in bike education and repair.



## Become an Energy Detective!



We have developed “The Energy Detective” a fun energy learning activity designed for **elementary and middle school students**.

To participate, let the Energy Team know that you have at least one class in your school participating so we can order your school a Smart Plug. (one per school).

Participating classes use the Smart Plug to see how much electricity a plugged-in device uses, take notes, fill out a form provided to the teachers and send the information to [apettyfer@sd43.bc.ca](mailto:apettyfer@sd43.bc.ca) before Spring Break.

**The Energy Team will then attend participating classes with ice cream and a short fun talk on energy after Spring Break!**



## EVENTS COMING UP!

### Global Recycling Day – March 18, 2025!

The Global Recycling Foundation is searching for Recycling Heroes—individuals, communities, businesses, and initiatives that have made a significant impact in **championing recycling efforts**.

#### How to Participate:

- Create a 90–120 second video showcasing the nominee’s recycling contributions.
- Highlight the impact in businesses, schools, or communities.

 Deadline: March 7, 2025.

 Submit your nominations: [info@globalrecyclingfoundation.com](mailto:info@globalrecyclingfoundation.com)

For more details, visit: [www.globalrecyclingday.com](http://www.globalrecyclingday.com)





## WWF Earth Hour Day - March 22, 2025!

Join millions around the world in switching off the lights for one hour to show your commitment to protecting the planet.

### How to Participate:

- Enjoy a candlelit dinner, go stargazing, or take a break from screens.
- **Think bigger?** Organize a power-down challenge at your school, encourage your classmates and teachers to participate, or launch a campaign to raise awareness about energy conservation.

For more details, visit: [www.campus.wwf.ca](http://www.campus.wwf.ca)



## Teacher Professional Development

### Spring Gardening Camp

BC Agriculture in the Classroom Association is offering an educational day designed for children ages 6-12.

This event will introduce kids to the wonders of gardening, nature, and sustainability in a fun and engaging way. More information click [here](#)



### Camp Schedule

**Day 1** – Introduction to Gardening & Planting Seeds

**Theme:** Getting Started with Gardening

**Day 2** – The Planting Process & Soil Science

**Theme:** Soil and Growing Healthy Plants

**Day 3** – Plant Growth & Garden Care

**Theme:** Observing Growth and Garden Maintenance

**Day 4** – Sustainable Gardening & Environmental Awareness

**Theme:** Protecting Our Planet and Gardening Sustainably

**Day 5** – Harvesting & Garden Celebration

**Theme:** The Fruits of Our Labor



## What is going on at your school?



Your passion and commitment drive meaningful change, inspiring others to take action. By working together, we're building a stronger, more sustainable community where innovation and collaboration flourish. Let's keep the momentum going—every effort, no matter how small, moves us toward a greener and brighter future!

At Coquitlam School District, we believe in the power of collective action for a sustainable future. If you or your school is making a positive impact on the environment, we want to celebrate and share your achievements with the community.

Connect with Adrian Pettyfer at [apettyfer@sd43.bc.ca](mailto:apettyfer@sd43.bc.ca) to share your eco-champion stories. Let's work together to get the word out and inspire more positive change.

**“START MAKING ENERGY  
SAVING CHANGES TODAY AND  
ENJOY THE BENEFITS!”**



NEWSLETTER



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