

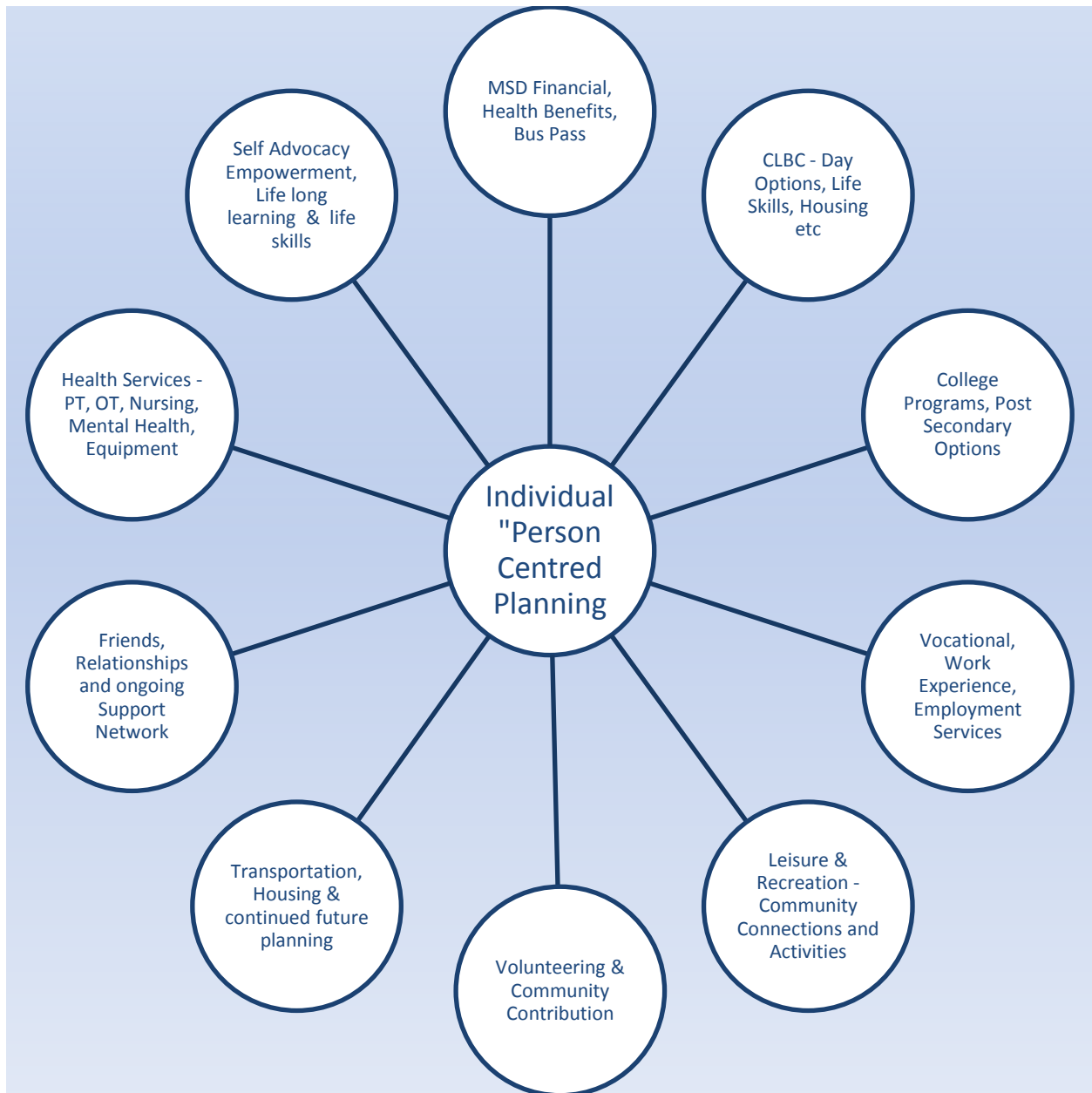
# Transition to Adulthood



***Planning, Information & Resources***



THE  
SIMON FRASER SOCIETY  
FOR COMMUNITY LIVING



### **Life Planning – The Journey To & Through Adulthood**

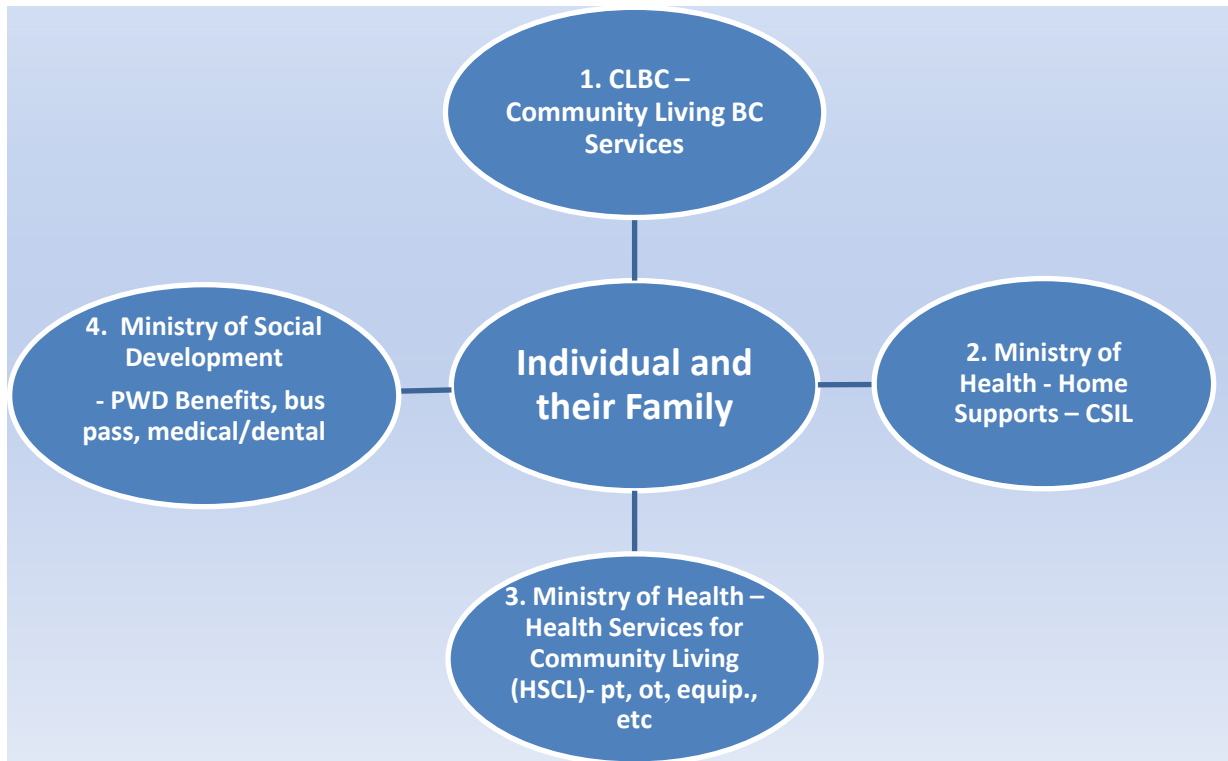
There are many areas to consider in planning and building a new life – a good life - for a young adult after high school. The best transition planning is started early, is one that builds a team and support network around the individual and their family, and is Person-Centered, specific to the unique hopes, dreams, strengths, interests and support needs of the individual. Adulthood will hold many other transitions and changes over the years. Continuing to explore, try, evaluate, vision and build next steps and new experiences will be an ongoing journey. Build a vision and follow dreams - for that is what a good and meaningful life is all about.

## To & Through Adulthood Transition Planning Time Line

AGE: 14 - 16 Prepare & Plan	AGE: 17 Accessing & Applying	AGE: 18 Putting the Plan in Place	AGE: 19 and beyond Ongoing Planning
<ul style="list-style-type: none"> <li><input type="checkbox"/> Developing a vision for life after high school which may include college, employment options, community inclusion, life skills, leisure, recreation, social networks, housing, etc.</li> <li><input type="checkbox"/> Networking with others who have recently experienced transition or are currently in transition planning to help in visioning and generating ideas.</li> <li><input type="checkbox"/> Build goals into IEP that link to the future vision and focus on skill building and experiences that will be important in adult years (i.e. employability skills, social skills and connections, functional academic skills, etc.).</li> <li><input type="checkbox"/> Review Post Secondary Programs &amp; eligibility and entrance criteria – use this info when planning IEP goals</li> <li><input type="checkbox"/> Learn life, banking &amp; bus skills at home and in community. If others support your youth consider where they can also help with building these skills.</li> <li><input type="checkbox"/> Learning and gathering information. Talk with others, read stories, ask for examples and ideas about what other</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Apply for BCID card. <a href="http://www.icbc.com/driver-licensing/BCI">http://www.icbc.com/driver-licensing/BCI</a></li> <li><input type="checkbox"/> 17 ½ - Apply for Persons With a Disability (PWD) Benefits with Ministry of Social Development. <a href="http://www.hsd.gov.bc.ca/pwd.htm">http://www.hsd.gov.bc.ca/pwd.htm</a> <a href="http://www.hsd.gov.bc.ca/factsheets/2005/17yr_old_PWD.htm">http://www.hsd.gov.bc.ca/factsheets/2005/17yr_old_PWD.htm</a> For a copy of PWD brochure go to: <a href="http://www.hsd.gov.bc.ca/PUBLICAT/pdf/PWD.pdf">http://www.hsd.gov.bc.ca/PUBLICAT/pdf/PWD.pdf</a> For a sample of application form go to: <a href="http://www.hsd.gov.bc.ca/forms/pdf/H2883.pdf">Printable PDF Version</a> or <a href="http://www.hsd.gov.bc.ca/forms/pdf/H2883.pdf">http://www.hsd.gov.bc.ca/forms/pdf/H2883.pdf</a></li> <li><input type="checkbox"/> If your child is on the At Home Program, medical coverage ends at 18 &amp; PWD medical coverage begins at 18. <a href="http://www.eia.gov.bc.ca/clientinfo/2007/At-hometrans.pdf">At Home Program Guide</a> <a href="http://www.eia.gov.bc.ca/clientinfo/2007/At-hometrans.pdf">http://www.eia.gov.bc.ca/clientinfo/2007/At-hometrans.pdf</a></li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> PWD Disability Benefit eligibility has been confirmed. One month before 18<sup>th</sup> birthday Ministry of Social Development will confirm eligibility followed by an intake meeting.</li> <li><input type="checkbox"/> At Home Program - medical coverage ends &amp; Persons With a Disability Benefits medical coverage begins at 18.</li> <li><input type="checkbox"/> Apply for bus pass (\$45 per year) for persons with disabilities by calling 1-866-866-0800, follow prompts.</li> <li><input type="checkbox"/> Develop a personal portfolio / resume on work, volunteer experience, skills, interests and experiences.</li> <li><input type="checkbox"/> Celebrate school graduation!</li> <li><input type="checkbox"/> Make a decision on an additional school year if not age 19 by July 1<sup>st</sup>.</li> <li><input type="checkbox"/> In Coq. School district - ask school staff for information about the Douglas College/School District</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>★ CELEBRATE BEGINNING OF NEW ADULT LIFE! ★</b> <b>While some things like school comes to an end, many new opportunities will continue to unfold and as adulthood is full of life transitions, continued planning will be ongoing.</b></li> <li><input type="checkbox"/> Note: At Home Program – Respite ends at 19.</li> <li><input type="checkbox"/> Continue to build social networks; pursue interests and opportunities for leisure and recreation.</li> <li><input type="checkbox"/> Explore self advocacy opportunities.</li> <li><input type="checkbox"/> Representation Agreement in place.</li> <li><input type="checkbox"/> Continued review of Will &amp; Estate planning.</li> <li><input type="checkbox"/> Continued long term financial planning and RDSP.</li> </ul>

<p>young adults are doing in their lives.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Use Planning tools to help in vision building. Here is an example: <a href="#">Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families</a></li> <li><input type="checkbox"/> Team building and community connecting. Discover who else can help as part of the team.</li> <li><input type="checkbox"/> Apply for Social Insurance Number. <a href="http://www.servicecanada.gc.ca/eng/si/n/apply/someoneelse.shtml">http://www.servicecanada.gc.ca/eng/si/n/apply/someoneelse.shtml</a></li> <li><input type="checkbox"/> If your youth is accessing Ministry of Children and Family Development (MCFD), Child &amp; Youth with Special Needs supports/services - contact social worker for assistance with transition planning and required assessment documentation for eligibility.</li> <li><input type="checkbox"/> At age 16 Community Living BC (CLBC) will review documents to confirm your child's eligibility for possible adult services. <a href="http://www.communitylivingbc.ca/individuals-families/youth-in-transition/">http://www.communitylivingbc.ca/individuals-families/youth-in-transition/</a></li> <li><input type="checkbox"/> If needed request a Psychological Assessment from your child's school to determine eligibility for Adult CLBC services.</li> <li><input type="checkbox"/> Birth certificate / proof of Citizenship for future service applications.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Open a bank account for monthly direct deposits of PWD Benefits at age 18.</li> <li><input type="checkbox"/> Review Post Secondary Programs, clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals</li> <li><input type="checkbox"/> Consider work &amp;/or volunteer possibilities. Grow experience and connections in community.</li> <li><input type="checkbox"/> Confirm eligibility for Adult Community Living BC Services. <a href="http://www.communitylivingbc.ca">http://www.communitylivingbc.ca</a></li> <li><input type="checkbox"/> Once eligibility confirmed for Adult CLBC services, work with a CLBC Facilitator to develop a Person Centered Plan for life after high school and any supports /services. Port Moody: Phone: 604-933-2000 Burnaby: Phone: 604-660-8124</li> <li><input type="checkbox"/> Explore Community Living Service agencies and other service agencies in your community (supported employment, volunteer programs, support services, etc.).</li> <li><input type="checkbox"/> Continue: Will &amp; Estate Planning &amp; Registered Disability Savings Plan's (RDSP). <a href="http://www.plan.ca/sections/financial.html">http://www.plan.ca/sections/financial.html</a> <a href="http://www.rdspresource.ca/">http://www.rdspresource.ca/</a></li> </ul>	<p>Transition program and whether this might be an option for grade 12 and 12+ year.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Review Post Secondary Programs, clarify college entry requirements and eligibility criteria. Consider this info when planning IEP goals</li> <li><input type="checkbox"/> If eligible, connect with the Fraser Health Authority re. CSIL Program. <a href="http://www.health.gov.bc.ca/hcc/csil.html">http://www.health.gov.bc.ca/hcc/csil.html</a></li> <li><input type="checkbox"/> Continue to build community connections – volunteering; work; social networks; leisure and recreation activities, etc.</li> <li><input type="checkbox"/> 18½ –preparing/learning about doing a “Representation Agreement” for when your son/daughter turns 19. (Note: at age 19 parents are no longer their child's legal guardians). Nidus Personal Planning Resource Centre and Registry <a href="http://www.nidus.ca">http://www.nidus.ca</a></li> <li><input type="checkbox"/> Research Employment Programs <a href="http://www.polarisemployment.bc.ca/homepage.html">http://www.polarisemployment.bc.ca/homepage.html</a> <a href="http://www.triumphvocational.com/">http://www.triumphvocational.com/</a> <a href="http://www.volunteerconnections.net/integration.asp">www.volunteerconnections.net/integration.asp</a></li> </ul>	<p><a href="http://www.rdspresource.ca/">http://www.rdspresource.ca/</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Ongoing discovery and development of a life plan and future steps (i.e. housing, employment, etc.).</li> <li><input type="checkbox"/> Access post-secondary and vocational training, employment and adult supports and services.</li> </ul>
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### Provincial Government Ministries & Services



#### **1. Community Living British Columbia (CLBC) – Adult Community Living Services**

CLBC delivers supports and services to eligible adults and their families. Adult Community Living services may include areas such as: residential, community inclusion day options, life skills, employment, professional supports, and family respite. Eligibility: Adults with diagnosed developmental disabilities (assessment completed by an approved professional that clearly states they meet the “Diagnostic Criteria for Mental Retardation” cited in the DSM-IV-TR) or who meet the Personalized Supports Initiative (PSI) criteria (diagnosis of Fetal Alcohol Spectrum Disorder or Autism Spectrum Disorder, and has significant limitations in adaptive functioning). For information about eligibility go to: <http://communitylivingbc.ca/wp-content/uploads/Information-for-Families-Eligibility.pdf>.

#### **2. Ministry of Health – Fraser Health Authority - Choices Supports for Independent Living (CSIL)**

Home support services for individuals with physical and medical support needs who meet “continuing care” eligibility (dependant in all areas). <http://www.health.gov.bc.ca/hcc/csil.html>

#### **3. Health Authority - Ministry of Health – Health Services for Community Living (HSCL)**

Health needs assessment and planning, physio & occupational therapy, nutritionist, dental hygiene, etc. [http://www.fraserhealth.ca/your\\_care/health\\_services\\_for\\_community\\_living/](http://www.fraserhealth.ca/your_care/health_services_for_community_living/)

**4. Ministry of Social Development** – Persons with Disabilities (PWD) program provides monthly financial benefits for people with disabilities age 18 and over. Also includes medical and dental coverage, equipment/medical supplies, and access to annual bus pass for \$45.00. Also, provides Employment Program for Persons with Disabilities. To apply for Social Insurance Number – Go to local Human Resources Development Canada (HRDC) office. <http://www.hsd.gov.bc.ca/pwd.htm>

C. Anthony updated 1/11

## Links to Useful Web Sites:

### Tools for Planning the Future

[Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families](#)

<http://www.communitylivingbc.ca/wp-content/uploads/Plain-Language-Planning-Workbook.pdf>

### Resources and Useful Information Links:

**Ministry of Family and Child Development (MCFD) - *Into Adulthood* – from MCFD web site -**

[http://www.mcf.gov.bc.ca/spec\\_needs/adulthood.htm](http://www.mcf.gov.bc.ca/spec_needs/adulthood.htm)

The purpose of transition planning for youth with special needs is to identify opportunities and experiences during their school years that will help them better prepare for life as an adult. Transition planning can assist youth with special needs in securing employment, pursuing post-secondary education and fully participating in community life.

A person-centered planning approach is a best practice. It places the individual with special needs or their family in a leadership role during transition planning and service delivery. The ultimate goal of person-centered planning is to create supports and opportunities that enable a person with special needs to experience a self-directed life.

The protocol outlines the components of a transition planning process that starts by age 14 and identifies the [Roles and Tasks for Transition Planning Team Members](#).

### ***Transition Planning Guides***

In 2005, the ministry produced two information guides to support the development of person-centred transition plans for youth with special needs:

- [Your Future Now: A Transition Planning and Resource Guide for Youth with Special Needs and Their Families](#) includes a workbook and resource guide to assist youth and their families with the development of an individualized transition plan.
- [Transition Planning for Youth with Special Needs: A Community Support Guide](#) provides additional information based on best practices to assist teachers, social workers and other community partners in supporting successful transition planning for youth with special needs.
- These guides will be revised to reflect the Cross Ministry Transition Planning Protocol for Youth with Special Needs and its description of the transition planning process, the roles and tasks of transition planning team members and the government supports and services for youth between the ages of 14 to 25 that are described within.

## Government Services

The transition from services for children and youth to adult services ideally involves the youth, family, service providers, school professionals and ministry staff in the planning process. Key government organizations that assist in the transition to adult services include:

- [Ministry of Social Development](http://www.hsd.gov.bc.ca/pwd.htm) - education and support payments, employment programs, bus passes and health and dental benefits for persons with disabilities. Information for People with Disabilities - <http://www.hsd.gov.bc.ca/pwd.htm>. See the [At Home Program Guide](#) for information on transitioning from At Home Medical Benefits to Adult Disability Assistance.
- [Advocate for Service Quality](#) can assist in situations involving transitioning youth with special needs and their families who could benefit from the intervention of someone working independently of ministries and agencies.
- [Ministry of Advanced Education](#) - education services to adults with disabilities. [Education Planner](#) also provides comprehensive information about post-secondary education in BC.
- [Community Living British Columbia](#) - range of services to assist adults with developmental disabilities to live as fully and independently as possible in the community.
- [Ministry of Health Services](#) - Community Care Services - Choice in Supports for Independent Living (CSIL). Choice in Supports for Independent Living (CSIL) is an alternative for eligible home support clients. CSIL was developed to give British Columbians with daily personal care needs more flexibility in managing their home support services. <http://www.health.gov.bc.ca/hcc/csil.html>
- [Ministry of Education](#) – leadership and funding to the K-12 education system.
- Public Safety and Solicitor General – the [Crime Victim Assistance Program](#) provides financial assistance and benefits to victims of an injury due to violent crime.
- [BC Housing](#) – administers subsidized housing and programs that offer housing options.
- [Public Guardian and Trustee](#) - acts as co-guardian with the Ministry of Children and Family Development or Delegated Aboriginal Child and Family Service Agencies for youth under Continuing Custody Orders (CCOs), and is responsible for the protection of the financial and legal interests of children and youth under a CCO. Also, provides consultation and/or services to adults who may not be mentally capable of managing their own personal, health care, legal and/or financial affairs.

To find out more about transition planning resources, go to the Resource Guide section of [Your Future Now](#) or visit the [contacts](#) page on this site.

## Community Living British Columbia (CLBC) -*from CLBC web site* <http://www.communitylivingbc.ca>

CLBC funds supports and services to help adults with developmental disabilities and their families achieve their goals and live the life they want. CLBC funded supports are delivered through service agencies and help eligible adults meet their disability related needs and participate in meaningful ways in the community.

CLBC funded supports can include:

- Helping to find housing options that encourage independence while meeting an individuals' unique needs
- Family support
- Connections with community services to support individuals, families or caregivers
- Community inclusion supports that focus on employment, social and life skills

This section provides information about the services and supports that CLBC funds, as well as major initiatives. To read CLBC's Information for Families Sheets, which provide explanation about key policies, programs and initiatives, please [click here to visit Policies & Publications > Publications > Information for Families](#). To learn how the privacy of individuals supported by CLBC and their families is protected, please read the CLBC Privacy Guidelines which are available under [Policies & Publications > Publications > Privacy Guidelines](#).

**Youth In Transition** - Services for children and youth with special needs were transferred to the Ministry of Children and Family Development in October 2009. Youth who have a developmental disability or meet the Personalized Supports Initiative (PSI) criteria are eligible for supports through CLBC.

CLBC works in collaboration with other organizations in supporting youth transitions. The Cross Ministry Transition Planning Protocol for Youth with Special Needs was developed by nine government organizations and is an agreement on how to work together to support the transition of youth with special needs to adulthood. While organizations that serve youth take the lead in initiating and supporting transition planning, CLBC has a role in connecting with youth and their families to provide information support and review documentation to confirm eligibility for about CLBC adult support and services.

CLBC would like to confirm eligibility for youth transitioning to adulthood as soon after their 16th birthday as possible and will review documentation for youth. Starting this process early is important. If youth are accessing Ministry of Children and Family Development supports and services their MCFD worker can provide assistance with transition planning and with getting the required assessment documentation.

For more information, please visit [Into Adulthood](#) and see the following documents: [Cross Ministry Transition Planning Protocol for Youth with Special Needs](#)  
[Roles and Tasks for Transition Planning Team Members](#)  
[Fact Sheet](#)  
[Questions and Answers](#)

### **Local CLBC Offices:**

- |  |                     |
|--|---------------------|
| 1) Tri-Cities: #400 – 205 Newport Drive, Port Moody V3H 5C9      | Phone: 604-933-2000 |
| 2) New West. & Burnaby: #203 – 4946 Canada Way, Burnaby, V5G 4H7 | Phone: 604-660-8124 |

**Ministry of Social Development (previously – Ministry of Housing & Social Development) – Persons With Disability (PWD) Benefits** <http://www.hsd.gov.bc.ca/pwd.htm>

[http://www.hsd.gov.bc.ca/factsheets/2005/17yr\\_old\\_PWD.htm](http://www.hsd.gov.bc.ca/factsheets/2005/17yr_old_PWD.htm)

\*\*Sample Copy of PWD application form <http://www.hsd.gov.bc.ca/forms/pdf/HR2883.pdf>



## **Local MSD Employment and Income Assistance Offices:**

1) New Westminster: 202- 1015 Columbia Street, New Westminster V3M 6H6 Phone: 604-664-0135

2) Port Coquitlam: B100 – 2099 Lougheed Highway, Port Coquitlam V3B 1A8 Phone: 604-664-0135

**Advocacy Access Publications Help Sheets:** <http://www.bccpd.bc.ca/advocacypubls.htm>

## **Representation Agreements:**

Nidus Personal Planning Resource Center and Registry – info on Representation Agreements (click on tabs like ‘self help’; ‘videos’ & ‘tools’ to learn about a Representation Agreements with Section 7 standard powers)

<http://www.nidus.ca>

[http://www.nidus.ca/PDFs/Nidus\\_Info\\_FAQs\\_RA\\_FASD.pdf](http://www.nidus.ca/PDFs/Nidus_Info_FAQs_RA_FASD.pdf)

[http://www.nidus.ca/PDFs/Nidus\\_Info\\_RA\\_Turning19.pdf](http://www.nidus.ca/PDFs/Nidus_Info_RA_Turning19.pdf)

## **Developmental Disabilities Mental Health Services:**

2248 Elgin Avenue, Port Coquitlam, V3C 2B2 Phone: 604-777-8475

Provides specialized mental health services for individuals who live with co-existing developmental disabilities and a mental illness, and/or challenging behaviours. Developmental Disabilities Mental Health Services is an open referral service accepting referrals including but not limited to Community Living BC, general practitioners, hospitals, mental health centres, families, caregivers, schools, etc; all referrals require approval by the client's general practitioner. Eligibility information:

Psychological assessment indicating an IQ of 70 or below; have a mental illness and/or challenging behaviour; have developed the intellectual disability before the age of 18. Clients must meet Ministry of Children and Family Development criteria. Restricted to age range: > 12 years, incl.

<http://find.healthlinkbc.ca/search.aspx?d=LC052983&ds=SL063665#searchresults>

## **Ministry of Health: Community Care Services:**

**Choice in Supports for Independent Living (CSIL)** <http://www.health.gov.bc.ca/hcc/csil.html>

Choice in Supports for Independent Living (CSIL) is an alternative for eligible home support clients. CSIL was developed to give British Columbians with daily personal care needs more flexibility in managing their home support services.

CSIL is a "self-managed model of care". Clients receive funds directly for the purchase of home support services. They assume full responsibility for the management, co-ordination and financial accountability of their services, including recruiting, hiring, training, scheduling and supervising home support workers.

**Who is Eligible for CSIL?** Eligible clients: require daily personal assistance; have the ability to direct all aspects of their care or have a client support group to do so; and have demonstrated the ability to manage care services.

**Getting Help Managing CSIL Services** - Seniors and people with disabilities who are unable, or not always able, to direct their own care can obtain CSIL funding through the formation of a client support group.

**What is a Client Support Group?** A client support group consists of five people who have registered as a non-profit society for the purpose of managing support services on behalf of a CSIL client. Family members, friends, neighbors, an advocate, family physician or others may be members of the client support group. The client support group takes on all the responsibilities of an employer. CSIL funds go directly to the group to purchase home support services on behalf of their client.

[http://www.fraserhealth.ca/your\\_care/home\\_support\\_services/home\\_support\\_services](http://www.fraserhealth.ca/your_care/home_support_services/home_support_services)

[http://www.fraserhealth.ca/your\\_care/home\\_health\\_services/home\\_health\\_services](http://www.fraserhealth.ca/your_care/home_health_services/home_health_services)

[http://www.fraserhealth.ca/your\\_care/caregiver\\_support/](http://www.fraserhealth.ca/your_care/caregiver_support/)

<http://www.fraserhealth.ca/media/HandbookForCaregivers.pdf>

<http://www.healthlinkbc.ca/>

[http://www.fraserhealth.ca/your\\_care/acquired\\_brain\\_injury\\_program/](http://www.fraserhealth.ca/your_care/acquired_brain_injury_program/)

**Brain Injury:** [http://www.fraserhealth.ca/your\\_care/acquired\\_brain\\_injury\\_program/](http://www.fraserhealth.ca/your_care/acquired_brain_injury_program/)

<http://www.bcbraininjuryassociation.com/>

### **Other Resources & Useful Links:**

**BC Coalition for People with Disabilities:** <http://www.bccpd.bc.ca/default.htm>

**Advocacy Access Publications Help Sheets:** <http://www.bccpd.bc.ca/advocacypubls.htm>

\*These Help Sheets have very useful information about PWD benefits (applying, benefits offered, questions, appeal process, etc.)

### **Post-Secondary Adult Special Education Programs:**

**Douglas College** <http://www.douglas.bc.ca/programs/basic-occupational-education.html>

**Vancouver Community College** <http://vcc.bc.ca>

**Capilano University** <http://www.capilanou.ca/>

**Kwantlen College** <http://www.kwantlen.ca/calendar/programs/access-prg.html>

**STEPS FORWARD – Inclusive Post Secondary Education Society:** [www.steps-forward.org](http://www.steps-forward.org)

**Down Syndrome Research Foundation:** <http://www.dsrf.org/home/>

**The Centre for Specialized Learning - The Transitions Program** focuses on the development of mature behaviour, social communication, and problem solving skills as students learn to successfully make the transition from sheltered special education environments, to the real world of work and community. [http://www.specializedlearningcentre.org/media/CSL\\_Transitions.pdf](http://www.specializedlearningcentre.org/media/CSL_Transitions.pdf)

## **Employment:**

**\*Check with: local community living agencies about their employment programs and also with Ministry of Social Development for employment services.**

**Polaris Employment Services Society** - assist persons with a developmental disability to find & keep quality employment opportunities. All services provided by POLARIS Employment Services Society are at no cost to employers, job candidates or families.

<http://www.polarisemployment.bc.ca/homepage.html>

**Triumph Vocational Services:** creates opportunities for people with disabilities to develop skills, increase independence and participate in the workplace. <http://www.triumphvocational.com/>

**CBI Consultants:** Employment programs <http://www.cbiconsultants.com/>

**Community Volunteer Connections:** <http://www.volunteerconnections.net/integration.asp>

**Equipment and Assistive Technology Initiative [EATI]:** offered through the BC Personal Supports Network – assisting people with disabilities for employment/volunteering.

[www.bcits.org/bcpsn/home](http://www.bcits.org/bcpsn/home)

## **Financial Planning and Other Resources:**

**Registered Disability Savings Plan:**

**RDSP Resource Centre** <http://www.rdspresource.ca/>

**Phone: 604-630-0333**

<http://www.plan.ca/sections/financial.html>

<http://forthefuture.ca/register/step-by-step-download/>

**Planned Lifetime Advocacy Network (PLAN):** info and workshops on planning in areas such as wills, trusts, financial and estate planning, housing, support networks, etc. [www.plan.ca](http://www.plan.ca)

**Tax, Trust and Estate Services for people with disabilities and their families: Ability Tax**

<http://abilitytax.ca/>

<http://abilitytax.ca/FAQ.html>

**The Family Independence Fund** helps families throughout the province who have children or adults with developmental disabilities living at home. Grants from the [Family Independence Fund](#) help with the care of the relative by providing one time grants to support for projects such as home renovations — including lifts, elevators, ramps, flooring, door widening or vehicle modifications — that enable the individual with the developmental disability to live in the family home and access their community. <http://www.givinginaction.ca/>

## **Some Local Community Living Agencies and Other Resources:**

**Burnaby Assoc. for Community Living:** 604-299-7851 <http://www.gobaci.com/>

**Community Integration Services Society:** 604- 461-2131

<http://www.communityintegration.org/default.htm>

**Community Living Society:** 604-451-8699 <http://www.cls-bc.org/>

**Community Ventures Society:** 604- 939-8070 <http://www.communityventures.org/default.aspx>

**Fraserside Community Services Society :** 604-522-3722

[http://www.fraserside.bc.ca/about/contact\\_us.htm](http://www.fraserside.bc.ca/about/contact_us.htm)

**posAbilities:** 604-299-4001 <http://www.posabilities.ca/>

**Simon Fraser Society for Community Living:** 604-525-9494 [www.sfsccl.org](http://www.sfsccl.org)

**Spectrum Society for Community Living:** 604-323-143

<http://www.spectrumsociety.org/default.aspx>

## **Other Resources**

**Vela Microboard Association:** Creating your own Microboard – nonprofit society

[http://www.microboard.org/who\\_is\\_vela.htm](http://www.microboard.org/who_is_vela.htm)

A Vela Microboard is formed when a small group (micro) of committed family and friends join together with a person with challenges to create a non-profit society (board). Together this small group of people addresses the person's planning and support needs in an empowering and customized fashion. A Vela Microboard comes out of the person centered planning philosophy and is therefore created for the sole support of one individual.

**Advocate for Service Quality** [www.eia.gov.bc.ca/advocate](http://www.eia.gov.bc.ca/advocate)

The Advocate's job is to help adults with developmental disabilities and transitioning youth with special needs and their families have access to supports and services that are available.

**British Columbia Association for Community Living:** [www.bcacl.org](http://www.bcacl.org)

**Community Living BC “Citizen” Newsletter:** – info, stories, articles

<http://www.communitylivingbc.ca/?s=Citizen+Newsletter>

**Family Support Institute:** provincial family support network [www.familysupportbc.com](http://www.familysupportbc.com)

**Support Worker Central:** Finding compatible support workers to assist you or your family member with a disability can be challenging. Support Worker Central is an [online database](#) designed to match individuals, families and agencies with support workers in their communities.

<http://www.supportworkercentral.com/>

**Parking Permit Program for Persons with Disabilities:** <http://www.sparc.bc.ca/parking-permit>

**BC Ferries:** Disabled Status Identification (DSI) Card – discount passenger fare

[http://www.bcferrries.com/travel\\_planning/disabilities.html](http://www.bcferrries.com/travel_planning/disabilities.html)

**Access 2 Entertainment (tm) card:** provides free admission (or significant discount) for support persons accompanying a person with a disability at member movie theatres across Canada. The person with the disability pays regular admission. <http://www.access2.ca>

**101 Ways to Make Friends Book and Website:** share strategies for creating, expanding and deepening networks of support for folks with disabilities, their supporters, friends and families... for our workshop schedule, check out [www.101friends.ca](http://www.101friends.ca). You can sign up for a regular email newsletter.

**Tyze Personal Networks** – A social networking site built around a person <http://www.tyze.com/> & <http://www.tyze.com/tyze-network-for-individuals/>

**Tumblr** lets you create a website of all your favourites... <http://www.tumblr.com/>

**Camping Fees for Persons with Disabilities:** <http://www.env.gov.bc.ca/bcparks/fees/disability.html>

The purpose of this program is to provide support for persons with disabilities who are also receiving income assistance from the authorities identified.

**Special Olympics BC:** [www.specialolympics.bc.ca](http://www.specialolympics.bc.ca)

**ACT – Autism Community Training:** [www.actcommunity.net](http://www.actcommunity.net)

**The Simon Fraser Society for Community Living (SFSCCL) - Family & Individual Support Program staff can be reached at 604-525-9494 or you may email the Family Support / Education Liaison at [rlenobel@sfsccl.org](mailto:rlenobel@sfsccl.org) and the program coordinator at [canthony@sfsccl.org](mailto:canthony@sfsccl.org)**