

PROMPTS FOR REFLECTING ON CORE COMPETENCIES

To increase a student's ability to engage in reflection and self-assessment, it is important that teachers are intentional in addressing and building the language and understanding of the core competencies. Reflective prompts, criteria and conversations that are strength-based and ask open-ended questions are critical in helping students increase their ability to engage in self-reflection and self-assessment. The following examples are a series of questions and prompts aimed at helping students reflect on the core competencies. By no means is this an exhaustive list.

For more ideas in customizing and generating questions and prompts, view the full profiles of the core competencies at <https://curriculum.gov.bc.ca/competencies>.

COMMUNICATION

- Describe a form of communication you are proud of. What would you like others to notice about it?
- Describe ways that you contribute to discussions.
- Explain what you do when you disagree with someone in your group. How did you learn this strategy?
- Describe how you share ideas and questions.

CREATIVE THINKING

- What strategies do you use when you want to generate ideas? How do you develop your ideas?
- Talk about something you designed. If you did it all over again, what adjustments would you make?
- What helps you get new ideas?
- Describe the environment you like to be in when you are coming up with new ideas?

CRITICAL THINKING

- Describe a problem that you solved. What choices did you make that made a difference to the outcome of the problem?
- When you analyze and critique your work, what evidence and criteria do you use to draw conclusions about it?
- What strategies do you use to determine the truth about what you're reading on a social media site?
- When you are curious, how do you find answers?

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The following are examples of questions and prompts aimed at helping students reflect on their Personal and Social Competency. For more ideas in customizing and generating questions and prompts, view the full profiles of the core competencies at <https://curriculum.gov.bc.ca/competencies>.

POSITIVE PERSONAL & CULTURAL IDENTITY

- What are you good at?
- Describe something you really liked in the work you did. What made it special for you?
- How have your experiences, family history, heritage and/or peers helped shape who you are today?
- How do you make good decisions? What influences your decisions?
- What makes you unique?

PERSONAL AWARENESS & RESPONSIBILITY

- How are you progressing as a learner? How can you use your strengths to improve?
- Describe a time you stood up for something you believed in. How did you express yourself? What motivated you? Did you need help?
- Talk about a time that you made some good choices that contributed to your well-being.
- When I am having trouble with something, I...
- I can keep myself healthy by...

SOCIAL RESPONSIBILITY

- Describe some of the ways you have collaborated with others in...?
- How have you strengthened your relationships with others this year?
- Describe how your actions have helped make your classroom, school, community or the natural environment a better place.
- What does fair look like, and how do you make that happen?
- Describe a time you used kind words and actions to encourage or help others.