



Mundy Road TRACK & FIELD 2024



Mundy Road Parents,

Our track and field gym program started this week. This is for grade 3, 4, and 5 students, where they participate in 6 track and field events with the purpose of exploring and learning the techniques of each event. This takes place during class time.

Once our **TRACK & FIELD** lessons are complete, students have the option of trying out for events they are interested in, to show they can meet the district standards to possibly attend the district track meet. If your child wants to try out, please ensure your child knows when the try outs take place as there will not be make up sessions. Unfortunately, not all students who qualify attend the district track meet. Our school can only bring a specific number of children who have met the standard in their event. The top children in each grade/gender who have met the standards will be invited to attend the track meet.

The district track meet for our school is TUESDAY, MAY 21 at Coquitlam Town Centre Stadium. Permission forms for students invited to attend the track meet will be distributed on May 6. We will require parent drivers to attend the track meet.

Please find the events/coaches/practice locations and the schedule below:

<u>Event</u>	<u>Location on the school grounds</u>	<u>Teacher Coach</u>
High jump	Gym	Mrs. McLean
Long jump	Long jump pit	Ms. Koper/Ms. Pham
Relays (no tryouts; students selected from runners who meet standards and attend track meet)	Gravel field	Mr. Deutschmann
400 m	Gravel field	Ms. Kraemer
100 m sprints	Gravel field	Ms. LaFleur
Shot Put (grade 5 only)	Grass field	Mr. Porter

See back for schedule

Track & Field TRY OUT Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
April 15	16	17	18	19 PRO-D (school based)
April 22 <i>Sprints (gr. 3,4,5) @ 12:10pm</i>	April 23 <i>Sprints (gr. 3,4,5) @ 12:10pm</i>	April 24 <i>Long Jump (Gr. 3) @ 12:10pm</i> Early Dismissal @ 1:50pm for Student Led Conferences	April 25 <i>Long Jump (Gr. 4) @ 12:10pm</i> Early Dismissal @ 1:50pm for Student Led Conferences	April 26 <i>Long Jump (Gr. 5) @ 12:10pm</i>
April 29 <i>High Jump (gr. 3) @ 12:10pm</i> <i>400 M (gr. 5) @ 12:10</i>	April 30 <i>High Jump (gr. 4) @ 12:10pm</i> <i>Shot Put (gr. 5) @ 12:10pm</i> <i>400 M (gr. 3) @ 12:10</i>	May 1 <i>High Jump (gr. 5) @ 12:10pm</i> <i>400 M (gr. 4) @ 12:10</i>	May 2	May 3
May 6 <i>Relay Practice @ 12:10pm</i> Notices go home to students	May 7 <i>Relay Practice @ 12:10pm</i>	May 8	May 9	May 10 Notices due from students

District Track Meet for students selected to attend is TUES, MAY 21, 2024.

**PLEASE POST THIS SCHEDULE ON YOUR FRIDGE OR
SOMEWHERE WHERE IT CAN BE SEEN. 😊**