

~ Parents' Circle ~

Support for parents who are concerned
about their youth and substance use



Increase Knowledge about substance use

Find Support from other parents

Build Skills in effective communication

Learn to manage tough emotions

Foster a healthier life balance

Tuesday evenings from 6:00 to 7:45pm

Eight meetings

January 24th to March 13th , 2012

Held at 2615 Clarke Street, Port Moody

Registration required please

Contact Greg 604-937-6967 or Julia 604-937-6 973