

## **Terry Fox Secondary Wall of Fame 2008 Inductee**

### **Brenda Horton**

Brenda has had Paediatric Physiotherapy as her childhood dream since she was 10 years old! Then in 1981, Brenda earned one of 30 coveted spots in the School of Rehabilitation Medicine at the University of British Columbia, selected from an applicant group of over 600 highly qualified individuals. She graduated from the program with a Bachelor of Science degree in 1984 having been named Class Valedictorian! Achieving almost perfect grades in the paediatric sections of the program and was singled out by the faculty for the “Student Most Likely to Succeed in Paediatrics”. She was also awarded a scholarship from the Lower Mainland Cerebral Palsy Association.

In October 1984 she was officially licensed to practice by the British Columbia Association of Physiotherapists and Massage Practitioners. Brenda has been working as a physiotherapist specializing exclusively in the treatment of children for almost 25 years now. 15 years ago, she opened her private practice, “Kidsfirst Physio”, Paediatric Physiotherapy Services with clinic space in north Coquitlam. In 2006, Brenda established a partnership with Dr. Shafique Pirani and they have since written a book (along with other members of the Clubfoot Clinic team in New Westminster) about the treatment of clubfoot using the Ponseti method. “Kidsfirst Physio” also began a partnership with Port Coquitlam Youth Recreation Services to offer the “Thundercats” sports program series, to children who have challenges that prevent them from participating on regular community sports teams.

Brenda’s current focus areas of clinical physiotherapy expertise include: paediatric pool therapy (especially for children with autism, brain injury, and cerebral palsy); assessment and treatment of clubfoot; identification and remediation of torticollis; and, developmental assessment and program planning for infants and children with neurological and developmental issues.

Brenda’s firm belief is that every child deserves to be respected, to be given a chance to be their very best, and yet to still allow them to just “be a kid”.

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### **Derek Wintermans**

Derek Wintermans lived in Port Coquitlam from 1988-2007. During his time at Terry Fox, he helped start the school’s first ever Snowboard team in 1994 and was instrumental in helping Terry Fox win the Fraser Valley Snowboarding Championship in 1995. Derek also played football for Fox, was an All Star and Provincial MVP goalie for the Port Coquitlam Intermediate A (’94-’95) and Junior A (’96-’98) lacrosse teams and balanced academics with sports as is evidenced by his Top Accounting student recognition in grades 11 and 12 and his “Academic

Athlete of the Year” Award at Terry Fox in 1994. After high school, Derek captained the SFU field lacrosse from 1995 to 2000.

Derek never gave up his snowboard, becoming a 4 time Provincial Champion. He is the current Canadian National Champion (2008) and a member of the Canadian National Snowboard Team. He has competed in numerous World Cup snowboarding events representing Canada and Port Coquitlam on the world stage and has 2010 Vancouver Olympic Games aspirations.

Derek is also actively involved as a member of the ESTEEM Team, a group of high performance athletes who give presentations and motivate school children to be the best that they can be. Congratulations Derek and welcome to the Terry Fox Wall of Fame.