

SSNO CLUB 2020

Dear Parents / Guardians,
October 22th, 2019.

Summit is pleased to offer skiing and snowboarding to students in a club format again this year. The following pages include information as well as the forms needed to become a part of the Cypress Mountain SSNO Club. For further information, it is best to please have the student contact Mr. Sanderson or, if necessary, parents may email or call after reading the information package.



Mr. Sanderson
<mailto:asanderson@sd43.bc.ca>

What – Skiing and Snowboarding lessons and practice time with partners on appropriate runs

Where – Cypress Mountain

When – Jan. 8th, 15th, 22nd, and 29th, 2020. (**All Wednesdays**)

Time - We will leave the school at 11:45am and return at approx. 8:00pm

Why – To have fun and improve your skiing and snowboarding skills.

Who – The first 104 students to pay online after 3:15pm on **Friday, Nov. 1, 2019** at:

<https://sd43.schoolcashonline.com/>

Students will then need to complete the safety and information quiz to maintain their spot.

(a waitlist will be available online, in case spaces become available once it is sold out)

Cost

Bus, Lift, Lesson & Rental	Bus, Lift & Lesson (no rentals)	Bus, Lesson & Rental (no lift)	Bus & Lessons only (no lift nor rentals)	Helmet Rental
\$335.00	\$265.00	\$265.00	\$170.00	\$0.00

*Lesson Only rates are only available for students with valid season passes and their own equipment.

*Amounts are for all four days and include transportation by chartered coach bus

There will be an adult to student ratio of 1 to 8 while on Cypress Mountain. **As the safety of the students is a top priority on these trips, a ski or snowboard helmet is mandatory and students must wear them at all times while on the mountain. Helmets are provided free by the mountain if the student needs one.**

When students are finished in their lesson groups, they are free to ski and board within their ability level on the mountain. **They are required to be with a partner at all times. Students are asked to select a ski/snowboard partner at the same ability level.**

Lessons

As this is a school activity, all students, regardless of ability, must take the lessons. On Jan. 8th, just before the first lesson, the Cypress Mountain instructors will divide students into groups according to ability.

Safety

Before heading up the mountain, students will be shown a safety video. As well, they are instructed not to go over large jumps, go out of bounds, go on runs beyond their ability, or try any dangerous tricks or stunts. Please reinforce these messages and go over safety info from the web. **Students must wear a helmet on the mountain.** Helmets are included with all downhill packages. The Alpine Responsibility Code can be found at:

<https://www.cypressmountain.com/mountain-safety>

(Please keep this page for your information)

Rentals and Lessons at Mountain- 1:00pm to 4:00pm:

Students will be given a safety briefing at the mountain. Students renting equipment need to get and put on their rental equipment. Once students have their equipment, they will head off to their meeting places for lessons. Students should ask instructors for suggestions about good runs for their skill level.

Free time for dinner and ski / snowboard practice- 4:00 to 6:30pm:

Once the lessons are completed, students have 2 1/2 hours to have dinner (brought from home or purchased on the mountain) and practice their skills with a partner. All students must be with a partner when skiing or snowboarding during free time- no exceptions. Students need a watch or cellphone to keep track of time.

Rentals returns at 6:30pm and Meet in the Lodge at 6:45pm

Students will start returning rental gear at 6:30pm and be at the designated meeting place inside the main lodge by 6:45pm. **No students will return to the bus without their bus group and assigned teachers. Attendance will be taken on the bus at 7:00pm.**

Pick-up at approx. 8:00pm

Parents, please plan to be waiting at **Summit Middle School** to **pick up students by 8:00pm**. Many students use their cell phones to call parents on the bus ride home. The busses will need the drive clear, so please **do not park where you will block their progress**.

Dates, Cancellations, and Refunds

If Cypress Mountain cancels any ski sessions due to inclement weather conditions, we will attempt to reschedule the sessions. The policy of the Cypress Mountain School Program is that refunds are not available under any circumstances. If students miss sessions due to illness etc. 'Snowcheques' will be issued to these students at the end of the program. A 'Snowcheque' is a voucher that is good for one lift ticket and rental equipment (if paid for). If a student cancels for extenuating circumstances early enough, a partial refund may be possible.

Late Charges

If students are late returning to the bus, any charges from the bus company will be charged to the student's family. This charge is \$110 for any portion of an hour.

Getting Prepared

Mountain weather conditions often change quickly and are unpredictable. As a rule, please prepare for extreme winter weather conditions. Students should bring the following items:

Clothing:

- Warm head covering that will cover the ears and fit comfortably under a helmet
- A certified ski or snowboard helmet (if not renting one). Helmets from other sports may not be used.
- Ski goggles
- Warm and layered tops such as turtleneck t-shirt, sweatshirt or sweater, and a warm jacket
- Waterproof jacket or shell
- Sweatpants or long johns (jeans are not recommended)
- Waterproof ski pants
- Ski gloves or mitts
- A watch or other timepiece
- Warm socks
- Footwear suitable for a slushy wet parking lot
- An extra change of clothes in case you get wet

Snow and Information Line: For daily weather conditions, please visit the mountain report at <https://www.cypressmountain.com/downhill-conditions-and-cams>