# Seaview Community School

Working together to strengthen our community through our Community Schools

# Community School Programs Winter 2017



PROGRAMS: JANUARY - MARCH 2017

REGISTRATION DATES: December 9<sup>TH</sup> to January 15<sup>TH</sup> 2017 PROGRAM DATES: January 16<sup>TH</sup> to March 3<sup>rd</sup> 2017

School Closed: Monday January 30<sup>th</sup>, Monday February 13, Friday February 24

COMMUNITY SCHOOL COORDINATOR: DASHA BELSKAYA dbelskaya@sd43.bc.ca

# Daily:

#### ASK!

After-School Kamp (ASK) provides students with a variety of games and activities including: Lego, arts and crafts, board games, puzzles, cards and homework help and much more! The main goal of this program is to provide a supervised activity that allows your child to have fun after school in a safe environment.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- M1	K-Gr.5	Monday	3 to 4	Library	January 16 - February 27	5	\$30
SV- M2	K – Gr.5	Monday	4 to 5	Library	January 16 - February 27	5	\$30
SV- T1	K-Gr.5	Tuesday	3 to 4	Library	January 17 - February 28	7	\$40
SV- T2	K-Gr.5	Tuesday	4 to 5	Library	January 17 - February 28	7	\$40
SV-W1	K – Gr.5	Wednesday	3 to 4	Library	January 18 - March 1	7	\$40
SV- W2	K-Gr.5	Wednesday	4 to 5	Library	January 18 - March 1	7	\$40
SV-Th1	K – Gr.5	Thursday	3 to 4	Library	January 19 - March 2	7	\$40
SV- Th2	K-Gr.5	Thursday	4 to 5	Library	January 19 - March 2	7	\$40
SV- F1	K – Gr.5	Friday	3 to 4	Library	January 20 - March 3	6	\$35
SV- F2	K-Gr.5	Friday	4 to 5	Library	January 20 - March 3	6	\$35

# Mondays:

### **LET'S DANCE**

Let's have some fun learning some of the latest dance moves in hip-hop and jazz and learn to develop your own unique style. Put your moves together in a short routine you can perform at home or with friends to your favorite tunes. In the second half of the class we'll learn some easy gymnastics on our tumbling mats. This class will have levels so you can progress over the course of the year to achieve higher levels of dance and Gymnastics. Let's get dancing!!

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- M3	Gr.3 - Gr.5	Monday	3 to 4	Gym	January 16- February 27	5	\$30
SV- M4	K – Gr. 2	Monday	4 to 5	Gym	January 16- February 27	5	\$30

#### **YOGA**

Yoga is good for the body and mind. Children will relax with 'warming up' exercises to music. They will learn the purpose of yoga poses. The program will include Yin stretching poses, Ashtanga Vinyasa to strengthen their muscles and coordination and connecting will follow, as well as 'Laughing yoga'. The final poses will be Savasana to promote calmness and meditation. The goal of mindfulness and how yoga and meditation contribute to this relaxed, peaceful, joyful state will help participants to unwind and rejuvenate at the end of the school day.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- M5	K – Gr. 2	Monday	3 to 4	Community	January 16- February 27	5	\$35
SV- M6	Gr.3 - Gr.5	Monday	4 to 5	Community	January 16- February 27	5	\$35

# LET'S GET MUSICAL BY: CITY OF PORT MOODY

Jump to the music! Sing, dance, practice and perform a variety of styles of music while learning stage movements and conquering your nerves.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- M7	K – Gr. 2	Mondays	3 to 4	Board Room	January 16- February 27	5	\$30
SV- M8	Gr.3 - Gr.5	Mondays	4 to 5	Board Room	January 16- February 27	5	\$30

# Tuesdays:

# **MULTI-SPORTS**

Have fun and be social while participating in skills and drills in a variety of sports.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- T3	K – Gr. 2	Tuesdays	3 to 4	Gym	January 17- February 28	7	\$40
SV- T4	Gr.3 - Gr.5	Tuesdays	4 to 5	Gym	January 17- February 28	7	\$40

# **INSIDE OUT**



Meet the little voices inside your head in this class based on the Pixar hit, Inside Out! This play will have your little stars diving into the hilarious different emotion characters and helping Riley to navigate being a child in a new city! Young performers will be introduced to the basics of drama, voice, movement, and character development by building the play through scenes, story arc, and finally culminating in a performance!

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- T5	Gr. $2 - \text{Gr. } 5$	Tuesdays	3 to 4:00	Community	January 17- March 7	8	\$65

# **Wednesdays:**

#### **KARATE**

Karate allows students to explore the world of martial arts in a safe environment while developing strength, flexibility, coordination, and respect for others and themselves. Students will be introduced to basic movements, which include proper stances, blocks, hand-strikes and kicks, including the grading system (coloured belts). Unless you have permission from the sensei to move to the "advanced" program please enroll in the "introductory" program. If you are uncertain please enquire with Sensei Kimberly.

Code	Level	Day	Time	Rm.	Dates	# of Sessions	Price
SV- W3	Introduction	Wednesdays	3 to 4	Gym	January 18- March 1	7	\$50
SV- W4	Advanced	Wednesdays	4 to 5	Gym	January 18- March 1	7	\$50

### **SCIENCE ALIVE**

Science AL!VE is a student-run science education program based at Simon Fraser University. In partnership with Community Schools, Science AL!VE is proud to present our fun-filled hands-on science after-school programs for students from kindergarten to grade 5 in Seaview Community School! Our after-school programs will introduce students to the amazing world of science, engineering, and technology through hands-on activities and interactive demonstrations led by our energetic, creative and expertly trained staff.



Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- W5	Gr. 3 – Gr. 5	Wednesday	3 to 4	Community	January 18 - March 1	7	\$40
SV- W6	K – Gr. 2	Wednesday	4 to 5	Community	January 18 - March 1	7	\$40

# ART ESCAPE BY: CITY OF PORT MOODY

Explore a variety of mediums such as painting, clay, canvas and nature art.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- W7	K – Gr. 2	Wednesday	3 to 4	Board	January 18 – March 1	7	\$40
SV- W8	Gr.3 - Gr.5	Wednesday	4 to 5	Board	January 18 – March 1	7	\$40

# Thursdays:

# **RHYTHMIC GYMNASTICS**

Rhythmic Gymnastics is an elegant sport both in physique and performance. It involves the use of body movement with apparatus by throwing and catching the apparatus (rope, hoop, ball, ribbon, and clubs). Students will put the skills together in choreographed routines with music.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- Th3	K – Gr. 2	Thursdays	3 to 4	Gym	January 19- March 2	7	\$40
SV- Th4	Gr. 3 – Gr. 5	Thursdays	4 to 5	Gym	January 19- March 2	7	\$40

#### **DRAWING & PAINTING**

#### WE ARE EXCITED TO WELCOME PLACE DES ARTS TO PROVIDE A NEW ART PROGRAM

In this class, you'll learn to draw and paint using a variety of subjects, materials and techniques. Using pencils, pastels and/or paints, come and explore shapes, patters, line and colour in a fun and supportive environment.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- Th5	Gr. 3- Gr. 5	Thursday	3 to 4	Community	January 19- March 2	7	\$65
SV- Th6	K- Gr.2	Thursday	4 to 5	Community	January 19- March 2	7	\$65

We Learn. We Build. We Play with. **LEGO®** Bricks

# Fridays:

### **FLOOR HOCKEY/ SOCCER**

This program is designed to play supervised and organized games of floor hockey and soccer. This program will allow participants to broaden their knowledge and skills of the sport.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- F3	K-Gr.5	Friday	3 to 4	Gym	January 20- March 3	6	\$35

# CODING AND DESIGN BY: FUSION EDUCATION

Through guided and instructed play, students will use the Engineering Design Process (EDP) in conjunction with coding software to create projects including games and solve challenges. By exploring, inquiring, generating ideas and testing them, students will understand EDP is a tool they can apply to all subjects and most situations. This after-school program is aimed at enhancing students' critical and creative thinking and problem solving through coding and design.

For returning students, they will be guided to create their own projects in a manner that is within the tools/knowledge they have acquired in the previous level. These students will be encouraged to share their plans and creations with their peers, and redesign and improve their projects according to the feedback they receive.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
SV- F4	Gr. 3 – Gr. 5	Fridays	3 to 4:30	Computer	January 20- March 3	6	\$65

# **JURASSIC PARK**

Our one hour robotics building classes explore architecture, engineering and technology concepts using LEGO® bricks. Students participate in a 6-week session.

Are your ready for an adventure of a life time? Put on your hiking boots and camouflage...your about to enter Jurassic Brick Land! Builder will build a world that come to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T Rex and more. We'll learn about amazing dinosaurs that lived in the Jurassic period, and other extinct, prehistoric animals that roamed the earth and swam the seas during that era and millions of years later. Come learn, build, and play with Jurassic Brick Land!

#### \*\*Registration with Bricks4Kidz

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
K – Grade 5	Fridays	3 to 4	Community	January 20 - March 3	6	\$65

# **How to Register**

Our **Community School After School Programs Registration** is online and will accept payment using **Visa**; **MasterCard or Interac/Debit** from most major banks.

You can get instant confirmation of your spots in the programs you choose. You will require an email address to get your confirmation # and print out a receipt for your payment.

To access the registration website please visit the Seaview Community School Website then click on the "Community Programs" button on the homepage.

If you do not wish to register online there is still an option to register by filling out the paper registration forms. They are located on the Seaview Community School website in the Community Programs Page or can be picked up at the Seaview Community Office.

Please return complete forms and payments by cash or cheque made payable to Seaview Community School main office.

#### All registrations are on first come, first serve basis.

#### To register for **Bricks4Kidz:**

Register online at <a href="www.Bricks4Kidz.com/coquitlam">www.Bricks4Kidz.com/coquitlam</a> or fill out the forms located online at the Seaview Community Programs website or pick them up at the Seaview Community office and return to the office with complete forms and payment by cash or cheque made payable to <a href="mailto:Brick4Kidz">Brick4Kidz</a>.