

NEWSLETTER No. 02 September 18, 2017

# Seaview Community School

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Our mission is to provide safe academic, social and physical learning to all students with the support of the community

Principal: Mr. Frank Pearse fpearse@sd43.bc.ca Website: <u>www.sd43.bc.ca/school/seaview</u>

## **OUR SCHOOL GOAL**

To grow students' self-awareness and personal management reinforcing self-regulation skills and ensuring all students thrive at school.

## **Around Seaview**

## Strange things happen in the Lunch Hour Sun

So I'm outside at lunch supervising last week and I notice a large assortment of students, mostly boys, playing on the hill. What they were doing remined me of what students were doing for most of December through February last winter, the only difference being they didn't have sleds and there was no snow on the hill. As I wandered over, the students immediately stopped "sledding" and looked at me, obviously thinking they had done something wrong.



I asked them why they stopped, and they looked puzzled, I could see the wheels turning in their heads, "Are we actually allowed to do this?"

The resulting discussion was quite interesting. We looked at the hill to ensure there weren't any rocks, we chatted about the clothing they were wearing (would a parent be upset if it ripped or got stains on it), should they make sure there is no one below them when they slide, etc. Ultimately I left them "sledding", with a few safety rules, and some food for thought around decision making.

The following day I was walking in from recess and came across two students walking towards the office. One of them had a little "road rash" and a small cut on his hand. Although I was pretty sure what had happened, I inquired, "Boys, what happened?"

Not surprisingly the boy had hurt himself while sliding down the hill. After some TLC from Ms. Patti, and a small Bandaid the boys headed back to class. Not surprisingly they chose not to go "sledding" at lunchtime.

As educators and parents we need to ensure our children and students engage in safe activities, and don't severely injure themselves. That being said, it is equally as important to let them engage in some activities that involve a little risk, in order to allow them to learn for themselves how to judge what might be a good idea, and what might not!

"Sledding" seems to have stopped for the time being, however if you have a few grass stains to deal with feel free to drop by the office and grab some Oxi Clean!

Have a great week!

# Around Seaview

Our Fun Family Reading program in the library (8:30 - 9:00 every morning) will take a break beginning Monday, Sept 25<sup>th</sup> and resuming on Thursday, Oct 5<sup>th</sup> as the Bookfair will be using the library during this time (See PAC section for more bookfair information)

Intake Interviews for grade 1-5 are coming up next week on Tuesday Sept 26 and Thursday Sept 28. Both days we will have an early dismissal at 2:00 to allow time for the interviews to take place. A notice will come home early this week to sign up for an interview time.

The WAAC (We Are All Community) luncheon will take place on Wednesday, October 4<sup>th</sup> this year. If you are new to Seaview this is a wonderful Seaview fall tradition in which we have a Pot Luck lunch for the entire school community. Look for a notice with more information later this week.

This Friday, September 22<sup>nd</sup> is our first Professional Development Day of the year. Our staff will be working with Sarah Ward in West Vancouver on this day with a group of educators from our district and the West Vancouver school district. Sarah Ward in an international expert in Executive Functioning and will be sharing her knowledge with us. A quick "one pager" on executive functioning can be found <u>here</u>.

This Thursday (Sept 21) is our first Seaview Spirit day of the year. Students who have Seaview shirts are encouraged to wear them with pride. If you don't have a Seaview shirt you can check at the office as we have some sizes available for purchase (\$8) with more on the order. If you don't have a shirt and can't get one just wear a black shirt, as most of the Seaview shirts are black and it will look great!

Last year our school connected with Moody Elementary and heard about the "Morning Calm" they do as a school each day. This involves a little bit of stretching, breathing and relaxation at the start of every school day. Mrs. James (Principal of Moody) showed our staff how it works and shared some of the benefits they have seen in their school since starting this initiative. Our staff has decided to try doing morning calm at Seaview this year. It will take place just after 9:00 every morning and parents who are in the building are encouraged to participate. We will let you know how it goes.

Several parents have been asking what Jog-A-Long will look like this year. Due to a scheduling change we will not be able to do a whole school Thursday afternoon Jog-A-Long like we did last year. This year we will have a common time for Jog-A-Long that classes can show up to if it fits their schedule. Once we get this day and time selected we will let parents know so that you can show up if you want to volunteer and help out.

Information came out this week for the Long Terry Fox run on Friday, October 6<sup>th</sup>. All Seaview students will also be participating in our regular school Terry Fox Run on Friday, September 29<sup>th</sup>. Pledge forms were sent home last week.

## **Community School News**

## Hello, Seaview Community!

This year the Fall after school program brochure will be available late September. The programs will start near the mid of October and run until early December. The programs will include popular programs such as Science Alive, PLAY- Musical Theatre, Bricks4Kidz and many others.

Registration will be available online through the Seaview Community School website, as well as limited paper registration at the office.

Watch for the new fall after school programs brochures coming soon!

If there are any questions please contact Dasha Belskaya at dbelskaya@sd43.bc.ca

#### **PAC News**

WOW! That's the only word to describe our first PAC meeting! I guess a "day" meeting might be called a success!!

Thank you to EVERYONE that was able to make it to the meeting, and to the parents who couldn't make it but emailed me afterwards to ask for a copy of the minutes so they could be involved too! We will have the minutes available shortly, but here is a quick synopsis....

1. We are looking into a way to get a more effective method of communicating the PAC happenings around the school

2. Hot Lunch will resume on Friday October 13. The menu's will be up on the Munch-a-Lunch website shortly, and instructions will be sent home with your child when it is all up and running.

3. Our "Back to School" Dance will be held on Friday, September 29, and music requests are being collected in your child's classroom.

4. The second stage of our "Outdoor Classroom" is in progress thanks to fabulous Seaview fundraising last year and an Awesome Canada 150 Grant spearheaded by Melissa Sim!!

Although the meeting went longer than was planned, you can see that quite a lot of ground was covered! But what caught my attention was how many of us really want to be a part of the fun this year at Seaview. The conversations at this first meeting were full of energy and anticipation, and I can't wait for us to get things started! (Hence the Dance in 2 weeks!!)

Our next meeting in October, is by far, my favorite of the year... It's the meeting where we discuss all the fundraising idea's put forth and choose which events we will go forward with and which ones will be sidelined for another year.

Don't let the name of it scare you off... Our "Budget" meeting is where YOUR voice carries action.

Will you be asked to do the event you propose all by yourself, NO, I promise! However, please have a "kinda sorta" plan, with as many details as possible to help guide the discussion of what would be needed to bring your idea to fruition.

Is the budget meeting a long meeting? Yes. And the more ideas proposed, the longer the meeting is... but in my opinion, THAT'S the fun part!!

... And I heard a rumour that our favorite principal will be providing coffee and snacks...

So, I'll let you know when the date is confirmed for our October meeting, and I hope to see you all there!

Have a great week,

Jessie Hurley – PAC Chair info@cherishthethought.ca

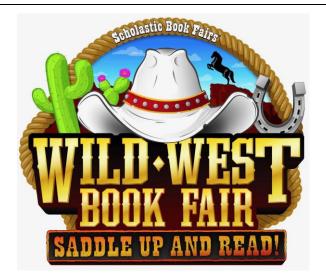
# **BOOK FAIR**

The Wild West Book Fair will be in our Library. Open the following days/times:

# September 25 - 29

Tuesday to Friday Morning: 8:30-9:00 AM Monday, Wednesday and Friday: 3:00-4:00 PM Tuesday: 2:00-5:00 PM Thursday: 2:00-5:30 PM

Look for Book Fair flyers coming home tomorrow!



# Fruit & Veggie program +Milk

Thanks to the BC Agriculture in the Classroom Foundation, we once again will be receiving free fruits and vegetables for our students to try in the classroom, as well as milk!

This is a great opportunity for our kids to try different types of delicious and nutritious fruits and veggies. We already received some delicious local strawberries last week.

There is no need to sign up for this program, but please email <u>seaviewpacportmoody@gmail.com</u> if your child would like a substitute of soy milk due to a milk allergy.

Here are the dates for delivery on Tuesday mornings: Sept 26th - mini peppers Oct 17th - mixed organic apples Oct 31st - baby carrots Nov 21st - Anjou pears Dec 5th - mandarin oranges Jan 23rd - kiwifruit Feb 6th - Ambrosia Apples Apr 10th - assorted tomatoes Apr 24th - mini cucumbers May 8th - grape tomatoes May 29th - mini peppers

#### **Community News / Events**

SD 43 Continuing Education's most recent newsletter is available here: http://online.flipbuilder.com/bmrx/xxag/mobile/index.html

Information about 'Club Diginista' coding for girls is available here.

# CALENDAR ON NEXT PAGE $\rightarrow$

#### **School Calendar**

Our school calendar is available online on our website and will be kept up to date throughout the year. This years' full calendar will be uploaded within the next week. Please visit our website <u>http://www.sd43.bc.ca/school/seaview</u> to view our full calendar. If you click on the word "Calendar" on the main page you will see a monthly view of our school calendar.

## September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
Kindergartens start full days.			Seaview Spirit Wear Day	Pro-D Day No School
25	26	27	28	29
Book Fair	Book Fair Early Dismissal 2:00 Intake Interviews	Book Fair	Book Fair Aug Birthday 1:15 2:00 Dismissal Intake Interviews	Book Fair Terry Fox Run Assembly 9:30 Sep Birthday 2:15
Oct 2	3 PicTure Day	<b>4</b> WAAC (We Are All Community) Luncheon	5	<b>6</b> Terry Fox "Long Run"
9 Thanksgiving Day Stat Holiday				