

# Thursday, February 8th, 2024

### **EVENTS & ANNOUNCEMENTS**

- > Stop by the foyer at lunch starting today to buy Valentines Day Candy Grams! Grab a lollipop and a heartfelt note for just 50 cents! Who is ready to make someone's day?
- ➤ Any grade 10's who are interested in learning more about Science Co-op, please come to an info session today at lunch in Room 200. Please see Ms. Jackson or Mr. Campbell if you have any questions.
- ➤ There is a Train in Trades open house on Tuesday, February 13<sup>th</sup> at Centennial Secondary School from 6-8pm. Learn more about level 1 programs and meet program instructors. If you have any questions, please see Ms. David in the career center.

## **WEEKLY CAFETERIA SPECIALS**

Monday	Tuesday	Wednesday	Thursday	Friday
Sweet and Sour	Chicken Club	Beef Hard Shelled	Chicken Chow	Chicken Alfredo
Pork	Sandwich	Tacos	Mein	

## **CLUBS**

➤ **Social Justice Club:** Hi Rapids! If you are interested in raising awareness about human rights violations and enjoy discussions about social justice issues with peers, come down to Room 118 tomorrow at lunch for a meeting!

## **SPORTS**

- ➤ **Girls Rugby:** Girls Rugby 7's starts today! Never played? No experience necessary. Not sure if rugby is for you? Give it a try with no obligation. Looking to be a part of a sport where everyone plays? Rugby is the ultimate team sport. Be strong, make friends, play girls rugby! Coach Mike will meet you on the front turf today at 3:20pm. No equipment needed!
- > Sr. Girls Basketball: Home game tomorrow vs. Port Moody at 5:45pm.
- > Sr. Boys Basketball: Home game tomorrow vs. Heritage at 7:15pm.

Go Rapids!