

# Thursday, September 28th, 2023

### **EVENTS & ANNOUNCEMENTS**

- ➤ Reminder to wear orange tomorrow to recognize Orange Shirt Day. What will you be doing on September 30<sup>th</sup>? Why not turn on the radio to listen.
- ➤ If you speak Farsi, French, Japanese, Korean, Mandarin, Punjabi or Spanish and you do not already have credit for your language, please see Ms. Young regarding the Language Challenge Exam as soon as possible. Applications are due by November 1<sup>st</sup>.

# **WEEKLY CAFETERIA SPECIALS**

Monday	Tuesday	Wednesday	Thursday	Friday
Swedish Meatballs	Chicken Adobo	Honey Garlic Pork	Chicken Alfredo	Roast Chicken
& Mash		Bites		with Wedge
				Potatoes

## **SPORTS**

- ➤ **Jr. Boys Soccer:** Congrats to the team on their 1<sup>st</sup> win of the season beating Port Moody yesterday by of score of 4-0! Way to go Rapids and good luck today at the Argyle Soccer tournament!
- > Jr. Boys Volleyball: Big win last night over Gleneagle in 4 sets! Good job Rapids!
- > Girls Basketball: Info meeting tomorrow at lunch in Gym C for those interested in playing.

# **CLUBS**

- > Sending Sunshine's Club: First meeting today at lunch in Room 225. New members welcome!
- ➤ Chess Club: First meeting tomorrow at lunch in Room 216. All levels are welcome!
- > Social Justice Club: Formerly known as the "Anti-Racism Club" is now meeting on Fridays at lunch in Portable 5! Stop by this Friday to talk about all thing's social justice!

#### **CAREER**

- Volunteers are needed for the Canadian University event on Wednesday, October 4<sup>th</sup>. Please see the career website, Instagram, or Ms. David to sign up.
- ➤ The Black Futures Program at UBC for Gr. 11 and 12 is looking for interested students to participate in info sessions, lectures, and teamwork activities with UBC students and faculty. See Ms. David or the Career Website if interested.