



RAPID READ

Monday, November 6th, 2023

EVENTS & ANNOUNCEMENTS

- Reminder today is a shorted bell schedule with school ending at 2:50pm
- Grade 9s – Don't forget to turn in your TOKTW Day Assignment to your period 1 teacher or the reception desk at the main office as soon as possible.
- SFU Beedie School of Business will be here presenting **at lunch today** in the library.
- Come support Art4Heart **tomorrow at lunch** (Tuesday November 7th) in the foyer, \$2 Candy bags, \$5 art pieces and natural gemstone bracelets ranging from 5-15 dollars. 100% of proceeds go to funding the life changing research of The Heart and Stroke Foundation of Canada.
- Holiday Hamper Help – Do you want to help organize and promote the Holiday Hampers? Are you interested in helping local families struggling with food scarcity? Are you proficient at social media and want to help? Meet in room 110 at lunch on **Wednesday November 8th**.
- Remembrance Day Assembly is Thursday November 9th. This is a day to recognize those who sacrificed so we could live in freedom. Let's honor them by dressing our best and being thoughtful on this day of day of remembrance.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Swedish Meatballs with Mash Potatoes	Chicken Penne Alfredo	Chicken Fried Rice	Lebanese Beef Pita Rolls	District-Wide School Closure

SPORTS

- **Cross Country:** Congratulations to the cross-country team for wrapping up their season at provincials this past Saturday. Great results from all runners including the senior girls team who placed 10th in the province.

- **Jr Girls Volleyball:** Congratulations to the Jr Girls who paced 2nd in the district on Friday night. They play today and tomorrow in the Fraser North Championship at Centennial.
- **Grade 9 Boys Basketball:** Interested in playing on a Grade 9 Basketball team? There will be tryouts this week, on November 9, at 7:15pm – 9pm and again on November 14th at 5:15pm – 7:00pm.