



# RAPID READ

Friday, May 26<sup>th</sup>, 2023

## EVENTS & ANNOUNCEMENTS

- This week's Good Green News: The United Arab Emirates is announcing its plan to eliminate single use plastic products by the beginning of 2024. This may reduce the consumption of approximately 11 billion single-use plastic items.
- Current Grade 11 and 12 students interested in the Emily Carr Headstart in Art applications are due TODAY. This program will be held in the fall 1 night a week for University credit. See Career Website for details
- Calling all students and teachers who are interested in drumming the Coast Salish Welcome Song at the end of the June 7<sup>th</sup> assembly to celebrate National Indigenous History Month. Practice at lunch in Room 114 on Tuesday & Thursday next week!
- Hey Rapids! Today is the last day to upcycle your gently used clothing items and help bring an end to fast fashion and the use of child labour. Donations can be brought to Room 118.
- Are you interested in a gym membership for FREE!? Planet Fitness is offering a summer gym pass for students ages 14-19 for free until August 31<sup>st</sup>. You can sign up at [www.planetfitness.ca/summerpass](http://www.planetfitness.ca/summerpass)

## WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Schools Closed	Chicken Quesadilla	Penne with Meatballs	Prawn Stir-fry	Chicken Souvlaki

## SPORTS/ATHLETICS

- Congratulations to the boys rugby team for winning the Fraser North AAA championship Yesterday. Good luck to them next week at provincials!
- The dragon boat team is recruiting more paddlers! If you would like to race with us, see Ms. McArthur in Portable 3.
- Athletic Banquet Invitations (RSVP required) were sent out to email addresses. NO RSVP means you don't eat!
- Good luck to Kirra Whitehead at the BC High School Mountain Bike Provincials this weekend!

## CLUBS



## THEATRE

- Calling friends and fans of the theatre: A showcase of original one act plays, and short films will electrify the stage on Tuesday, May 30<sup>th</sup> at 7:30pm. Entry is \$5 cash at the door for Riverside students and \$10 for anyone else.

## CAREERS

- Are you interested in volunteering at Castle Park Elementary? There is a volunteer opportunity at their activity day on Tuesday, June 27<sup>th</sup>. Please see Ms. McKay by next Wednesday, May 31<sup>st</sup> at noon if this is you!