

Wednesday, May 24th, 2023

EVENTS & ANNOUNCEMENTS

- Hey Rapids! Bring an end to fast fashion and the use of child labour in Southeast Asia sweatshops. Upcycle your gently used clothing items. Donations can be brought to Room 118 at lunch throughout the week.
- Are you interested in a gym membership for FREE!? Planet Fitness is offering a summer gym pass for students ages 14-19 for free until August 31st. You can sign up at www.planetfitness.ca/summerpass

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Schools Closed	Chicken Quesadilla	Penne with	Prawn Stir-fry	Chicken Souvlaki
		Meatballs		

SPORTS/ATHLETICS

- Track & Field: Good luck to the team who will continue competing in the Fraser Norths at Burnaby central today!
- > Sr. Boys Rugby: The boys finished the season undefeated and will be playing in the Fraser North championship game TOMORROW vs. Charles Best at home at 4:45pm. Come support your Rapids!

CLUBS

Hey Rapids! Mr. Ford's Robotics Club will be selling Krispy Kreme donuts tomorrow at lunch in the foyer. To guarantee you get this rare treat, fill out the pre-order by using the QR code on Rapid Event!

THEATRE

- Calling friends and fans of the theatre: A showcase of original one act plays, and short films will electrify the stage on Tuesday, May 30th at 7:30pm. Entry is \$5 cash at the door for Riverside students and \$10 for anyone else.
- Announcing New York City Tour 2024! If you are passionate about theatre, film and photography, don't miss this opportunity to take a bite out of The Big Apple with Ms. Roberge and Mr. Schoenhals. The next meeting is TODAY at 3:15pm in Room 112.

CAREERS

Are you interested in volunteering at Castle Park Elementary? There is a volunteer opportunity at their activity day on Tuesday, June 27th. Please see Ms. McKay by next Wednesday, May 31st at noon if this is you!