



RAPID READ

Monday, April 24th, 2023

EVENTS & ANNOUNCEMENTS

- **Today's Good Green News:** After 5 years of negotiations, governments worldwide have reached an agreement on the High Seas Treaty which aims to place 30% of the seas into protected areas by 2030!
- Reminder to grade 9's that tomorrow is the final day you can receive your immunizations if you have not yet.
- Congratulations to the following students who were nominated for the Youth Volunteer of the Year Award at the 2023 Volunteer Recognition Awards for the City of Port Coquitlam: Nathan Amin, Megan Chan, Narissa Gillani, Kayla Stewart, Olivia Tuan and Jenny Zhang.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Waffles with Crispy Spicy Chili Glaze	Hard Shelled Chicken Tacos	Penne Bolognese	Sweet Chili Thai Meatballs Over a Bed of Rice	Country Style Crispy Chicken Sandwich with Onion Rings

SPORTS/ATHLETICS

- Congratulations to James Liao for placing 5th in the district badminton finals last Friday after battling his way up as a wildcard entry. Kudos to the rest of our senior team with a tough play day at Port Moody.
- **Rugby:** Congratulations to the boy's rugby 7's team for placing 2nd at the provincial 7's tournament this past weekend with a record of 5-1. Way to go Rapids!!
- **RSS Hockey:** RSS2 – Away game tomorrow vs. David Thompson
- **Tennis:** Away match tomorrow vs. Fox

CLUBS

- **Mountain Bikers:** Please come to a meeting at lunch in Room 114 about this weeks funduro event.

<https://www.sd43.bc.ca/school/riverside/ProgramsServices/ClubsActivities/Pages/Clubs.aspx#/=>

GRAD

- **Attention Grade 12s:** The Golden Tickets will be drawn everyday THIS WEEK!