



CALENDAR of EVENTS

- October 1st**
After Grad 7:00 pm, Library
- October 9th**
"Resilience" for all parents and grade 12 parent night
6:00 pm—8:00 pm
Please register on line—Riverside Website
- October 16th**
Interim Reports Distribution
- October 16th**
PAC Meeting 7:00 pm, Library
- October 23rd**
Photo Re-takes
- October 25th**
Professional Day (Provincial)
- Oct. 28th—31st, Nov. 1st—8th**
Grad photos
- November 5th**
After Grad 7:00 pm, Library
- November 6th**
Take Our Kids to Work Day—Gr. 9
- November 11th**
Remembrance Day—Stat
- November 16th**
Winter Market Fundraiser 10—4 p.m.
- November 20th**
PAC Meeting 7:00 pm, Library
- November 21st**
Parent/Teacher Interviews 2:30—6 p.m.
Report cards handed out at interviews to parents/guardians only.
- December 3rd**
Winter Ball
After Grad Meeting—7:00 Library
- December 23rd—January 4th**
Winter Vacation



ISSUE

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SEPT/OCT 2019

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COUNSELLING DEPARTMENT INFORMATION

The counselling loads for **semester one** are currently distributed as follows:

Mr. Gangnes	A-He
Ms. Luddu	Hi-Jo, M-R
Ms. Johal	Ju-L, S-Z

**** In semester two we are excited to have Ms. Chittenden return from maternity leave and resume her load of Fi-L.**

Scholarship Application Preparation

Ms. Luddu and Ms. David are holding a scholarship session in early November. Stay tuned for Scholarship Session #2: in early November and Session #3: in April. The purpose of the first meetings are to explain the scholarship application process, deadlines for post-secondary applications, deadlines for major entrance scholarships at UBC & SFU, and to make students aware of other scholarships that are now open. Students are responsible for doing their own research with the guidance of Ms. Luddu and Mrs. David (Career Resource & Post-Secondary Facilitator). At this time of year, it is a good idea for students to begin their research and to request reference letters. More information can be found on the Riverside Website under the Career Resource Center link.

Peer Tutor Support

Tutors will soon be available for support in all academic areas and can meet with students outside of class time in a supervised location (counselling centre, classroom or school library). Tutor Request Forms are available on the school website and require both a student and parent email address. For the benefit of all, we ask that students commit to a minimum of 5 hours (over a number of days) before requesting a tutor. Request for peer tutors are on the Riverside web page.

Post-Secondary School Applications

Students should begin checking out application deadlines and confirming prerequisites for the schools of their choice. **SFU and UBC have made big changes to their admission requirements. Counsellors have been encouraging students to check the post-secondary websites since the course selection process started last February.** Douglas College will begin accepting on-line applications as of October 1st. The deadline to apply for entrance scholarships at UBC is Dec. 1, with all other applications due Jan. 15th. The deadline to apply for entrance scholarships at SFU is Dec. 15th with all other applications due Jan. 31. Keep in mind the school of businesses at UBC and SUU each have their own internal deadlines and supplementary applications. Eastern universities have earlier deadlines, generally before Christmas, so it is important to start researching now.

Apply on-line to any BC post-secondary institution at:
<https://apply.educationplannerbc.ca/>



PARENT TEACHER CONFERENCES

Parent Teacher Conferences will be held on November 21st from 2:30 until 6:00 p.m. Report cards will be handed out at the interviews. Students will be dismissed at 1:05 on that day. Teachers will be available in the gymnasium on a first come first served basis. We look forward to seeing you there.

Report cards that are not picked up at the conference will be distributed the following morning in RAP.



Monday, September 30th is Orange Shirt Day!

If you would like more information please visit:
www.orangeshirtday.org

PSAT Announcement

Students who may be planning to attend a college or university in the United States, or may possibly play athletics at SFU, are encouraged to write the PSAT in preparation to write the SAT. The SAT is required for students attending post-secondary in the States, and because SFU athletics participate in the NCAA the SAT is a requirement for their athletes.

The PSAT is identical to the SAT format but is intended for students in grade 11. However, grade 10 students, and grade 12s who have not previously written the PSAT are also invited to register. Students will receive a very detailed summary of how they performed on the test along with suggestions on where they need to improve in preparation for the SAT. See Mrs. Johal in the counselling department for information.

2019/2020 Language Challenge Exam

Students must complete an application *on-line*, print it, and bring the completed application form to the school counsellor. The application can be found on the counselling website. A sample of a completed application is available to view in the counseling area and posted on the counselling website. A \$50 cheque (which will be refunded when the test is written) should be included with the application along with a photograph... International students will include a check for \$155 which is non-refundable and a photo.

Completed application forms must be given to your counsellor by November 1st. The challenge exams will be held January 2020.

***Note:** It is the student's responsibility to check post-secondary admission requirements or acceptance of challenge exam marks



Post-Secondary School Applications

Students should begin checking out application deadlines for the schools of their choice. Douglas College will begin accepting on-line applications as of October 1st, SFU is October 1st and deadline is January 31st, UBC is now open for applications and deadline is January 15th. Eastern Universities have earlier deadlines, generally before Christmas, so it is important to start researching now. Students wishing to be considered for Major Entrance Scholarships at SFU must apply by December 15th and UBC by December 1st

Post Secondary Institute Visits

- Oct. 21 – UBC 3:15pm
- Oct. 30 – Post Secondary Institute BC 9:30-11:00 (20 BC post secondary institutes will be here for a mini fair)
- Nov. 4 – University of Toronto 11:45am
- Nov. 4 – University of Victoria Gustavson School of Business 3:15pm
- Nov. 7 – University of Waterloo 3:15pm
- Nov. 13 – SFU Faculty of Applied Science 11:55am
- Nov. 15 – SFU Beedie School of Business 11:55am
- Nov. 18 – SFU 3:15pm
- Nov. 19 – McGill University 11:45am
- Nov. 21- University of Alberta 3:15pm
- Nov. 26 – Ryerson University 3:15pm

CUE (Canadian University Event with 50 Canadian Institutes)

- Oct. 9 6:00-8:00pm Gleneagle Secondary
- Oct. 10 2:00-4:00pm Port Moody Secondary

Parents as Education and Career Coaches Workshop presented by Education Planner BC
Oct. 10 6:30-9:30pm in the Library at Riverside.

This is an interactive workshop for parents guiding their daughter/son in post secondary and career choices.

Please register at: <https://tinyurl.com/y5q96mu3>

Career Life Connections 12 (CLC 12) course update:

Your child should have already attended their initial large group meeting with their CLC 12 teacher and should currently be setting times up to complete their first one-on-one meeting with them. We want the students to understand that **passing** this course is a **graduation requirement**; and while it is outside of the standard timetable, attendance at their scheduled meeting times is not only necessary, but essential to ensuring the success in their course.

We also would like to update you on some important information to changes and dates regarding the students' Capstone presentations as well as some deadlines for CLC 12 course that may impact school events:

1. **Option for students to present their Capstone in April rather than January.** Many students have come to us with fantastic ideas for their Capstones, but have been struggling already with the timeline that has been given. As a result, we have decided to open up the option to have their Capstone presentation to be shared in April. With that being said, it is still highly encouraged that students showcase their Capstone at our originally planned time during exam week in January. If your child is planning on graduating in January, they will be expected to present their Capstone during exam week in January.

2. All of the following must be completed and updated on their OneNote by mid November. If the assignments are not submitted by the deadline their ability to buy a Winter Formal ticket may be delayed.

- 30 Hours of volunteer/paid work & reflection
- Mock Job Interview (including the video uploaded) & reflection
- Vision Board
- Updated Resume
- **Capstone Proposal (completed on OneNote)**

You can help your child by reinforcing with your child that they **should be looking at their school email regularly** for information about the course. Please feel free to have a discussion with your child about the Capstone Project that they would like to propose to their CLC 12 teacher. Here is a link to the Ministry Expectations for Career Life Education which includes the Capstone.

https://curriculum.gov.bc.ca/sites/curriculum.gov.bc.ca/files/curriculum/career-education/en_career-education_10-12_career-education-guide.pdf

Thank you for your support,

CLC 12 teachers

TERRY FOX RUN 2019



Riverside hosted our annual Terry Fox School Run on Thursday, September 27th. Our goal is to raise \$4500! Students can donate in their afternoon class, complete pledge forms, or collect online donations through <http://www.terryfox.org/schoolrun/give-to-a-student/> When making a donation to Riverside Secondary's Terry Fox Run, in "additional info" please indicate the **grade of the student** that you are supporting. We are having a grade-to-grade fundraising competition! All online donations and pledge forms need to be in by Wednesday, October 10th. Thanks for helping us make a difference for cancer research and supporting the dream of our hometown hero!

Welcome Back Letters

Minister of Education Rob Fleming wishes all students and their families all the best for the year ahead. Read more [here](#).

SD43 Superintendent of Schools Patricia Gartland welcomes all students back to school. Read more [here](#).

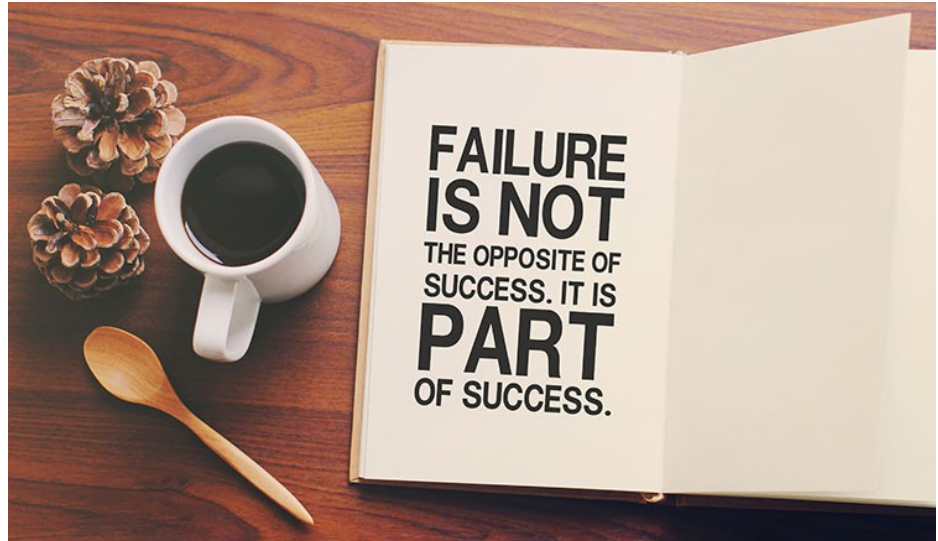
Vaccination Status Reporting Regulation

Government has approved the Vaccination Status Reporting Regulation requiring parents or guardians to report the vaccination status of their school-age children. This regulation comes into force on July 1 and public health units will begin implementation of the regulation in September of 2019. Read more [here](#).

Vaping Products Information for Families

Superintendent Patricia Gartland's letter to parents about vaping products and cannabis may be found [here](#).

The use of vaping products by youth is becoming increasingly common. There are some misconceptions about the aerosol (vapour or cloud) produced, and currently the long-term health effects are unknown. As caregivers, you can connect and discuss issues around vaping products with your child. Read more [here](#).



“Cultivating Resilience in Teens and Children”

Parent Night at Riverside Secondary

- ◆ Keynote Speaker: **Colleen Drobot**
 - ◆ October 9th/2019
 - ◆ 6:00—8:00 PM
- ◆ 2215 Reeve Street, Pt. Coquitlam
 - ◆ Register at [Riverside Webpage](#)
- ◆ Breakout sessions topics: Fostering resiliency in our children for success. Transitioning to post-secondary (requirements) and beyond.

REMINDER TO PARENT(S)/GUARDIAN(S)

If you have not completed the list of important forms below that were handed out to students on September 4th, 2019 please complete the forms and return them to the office in the next few days.

Individual student fees statement (Fees to be submitted on line refer to our August newsletter for details)

Student Activity Fees - \$45.00 (+ yearbook and/or workbook fees if applicable)

Individual Personal Information Verification forms - *please check that all information is current and accurate, make any necessary changes, and return to the school.*

Riverside Secondary Daily Physical Activity Intent form

See www.sd43.bc.ca/school/riverside/ Parents—Forms for the electronic forms

School Policies and Permission Forms (eForms)

* District and School Code of Conduct

* Internet Use – Informed Consent form and Photographs/Names publication permission

* School Notices Consent

Emergency Release Form (eForms) printed and returned to office

Medical alert form (*only if applicable*) (eForms)

Medical Alert forms must be completed every year for students with any

Medical Alert(s). Also a request for the administration of medication form is to be completed every year and be signed by a physician.

Reporting Student Absences

A reminder to either call in to the office directly at [604-941-6053](tel:604-941-6053) or do an [on line](#) absence report for attendance on our Riverside home page and click on the absence report tab under quick links if your student is going to be away. Please include the specific blocks in the “reason box” if they will not be away all day.

PLEASE USE THE ABOVE 2 METHODS TO REPORT YOUR STUDENT’S ABSENCE ONLY

If your student will be needing early dismissal or will be late to school, please let us know the time they will need to leave or will arrive and remind them to sign out/in at the office.

Thank you for your help with this important tasks.

TAKE OUR KIDS TO WORK DAY—GRADE 9

Riverside Math Department to Coordinate “Take Our Kids to Work” 2019

On Wednesday, November 6th, the Riverside Math Department will coordinate Take Our Kids To Work (TOKTW) program. Take Our Kids to Work™ is The Learning Partnership’s signature program, now in its 25th year, that provides Grade nine students with the opportunity to experience and learn about the world of work as they begin to explore possible career paths. Research suggests that today’s students will have multiple careers over the span of their working years. They will need to master both new technologies and complex social and organizational systems. They will also need to be prepared with the educational tools and experiences that will be necessary to succeed in tomorrow’s workplace. All grade 9 students will spend a day at work with their parent, relative or friend of the family. Students will then be asked to complete a reflection sheet based on their experience that day. Grade 9 math teachers will be responsible for distributing and collecting permission forms. TOKTW link: <http://www.thelearningpartnership.ca/what-we-do/student-programs/take-our-kids-to-work>

Your image/s are ready for online viewing and ordering!

Here's how to order:

- Go to order.mountainwest.ca
(more options are available when on a laptop or desktop)
- Enter the 8 character Web Code from your student ID card
- View and customize your images; your order will be sent to the shipping address provided- it's just that easy!



Thanks for the privilege of being your photographer
Questions or concerns? email orders@mountainwest.ca

Proudly 100% locally owned and operated



STAY CONNECTED.

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#RAPIDPRIDE**



@RAPIDEVENT



**@RSIDE43
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DON'T MISS OUT ON YOUR GRAD PHOTOS



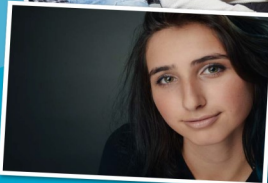
WHEN: October 28, 29, 30 2019

November 1, 4, 5, 6, 7, 8 2019

WHERE: Pitt River Community Middle School
2070 Tyner St, Port Coquitlam, BC

SIGN-UP: Online at www.mountainwest.ca

SIT FEE: No sit fee.



PLEASE REMEMBER:

We provide the cap gown, flowers, diploma and a variety of backgrounds and creativity.

In order to be in your school year book, it is important for you to have your graduation yearbook photo taken.

You may bring props for your optional casual photos, ie. sports items, musical instruments, etc.

- Please bring just one favourite selection of clothes for your casual photos.
- Please arrive 15 minutes before your appointment time. Late arrivals will have to re-schedule at a later date.

Any questions, call us at
1.888.644.4494, Ext. 126



Graduation photos
Riverside Secondary
October 28th - 30th 2019
November 1st & 4th - 8th 2019

Mountain West Studios is the official photographer for Riverside Secondary graduation photos.

Students can book their session through our website @ mountainwest.ca

- Select (BOOK a PHOTO SESSION) at the top of the page.
- Select your school and proceed to the date & time preferred.

Location: Pitt River Community Middle School
2070 Tyner St, Port Coquitlam, BC
(In the portables)

* Please avoid white or light-coloured clothing. Solid, medium and dark colours look best on camera.

* We provide the cap, gown, school colors, flowers, diplomas and a variety of backgrounds and creativity.

* In order to be in your school yearbook it is important for you to have your graduation yearbook photo taken.

* Please arrive 15 minutes before your appointment time. Late arrivals will have to re-schedule at a later date.

* Retakes are January 17th 2020

If you have any questions, please contact Mountain West Studios.

Phone: 1.888.644.4494 Ext. 126

Email: grads@mountainwest.ca



Did you know that every 30 seconds a child dies of severe acute malnutrition? While, here in Canada, 1 in 7 youth are considered obese. This year, Riverside Secondary School has pledged to improve both of these statistics by taking on the Move 4 Mana Initiative. Students will be asked to download the "Active for Good" app on their smartphones and the challenge will begin on October 16th. They will be given time to log

their physical activity for an entire month and will receive points depending on the intensity of their workouts. They can count their extra-curricular activities, gym classes or even their walks to school. For every 200 points that they earn a peanut butter base Ready-to-Use Therapeutic Food packet (RUTF) will be donated to a child suffering from server acute malnutrition. For every 150 package donations, a life is saved. By improving our own well-being, we will be saving the lives of so many children in need, who are not likely to survive without this RUTF. If you know of or work for a company willing to sponsor our student-led initiative please contact cdurand@sd43.bc.ca.



Careers & Conversations

Parent Volunteers Needed!

When: Tuesday, October 29th 9 to 11:45 am

Needed: Volunteers to come to Riverside to share their career with students in casual conversations

Do you work in an interesting or unusual job? Or did you get to your position in a non-traditional way? Would you be willing to share what you love about your job and help students work on career based conversation skills?

Careers & Conversations is an opportunity for grade 10 CLE (Planning) students to meet people who work in jobs to which students may not have yet been exposed. Or for students to talk to someone who may have carved out their own work role or found a different way to get to a more traditional job. No presentations are required, just a quick blurb about what you do before the event and then show up Tuesday October 29th in Riverside's library learning commons, sip some coffee and talk to kids. Our goal is to help kids explore opportunities that might interest them and also help them work on their professional communication skills. This opportunity allows students to connect what they are doing in school with the potential for real world experiences. You could really make a difference in a student's life with a few hours of your time!

If you can participate or would like more information, please email shenderson@sd43.bc.ca (teacher-librarian) We really do need You!

IMPORTANT SAFETY REMINDER

IMPORTANT STUDENT SAFETY REMINDER REGARDING FIREWORKS AND FIRECRACKERS

At this time of year, we inevitably deal with incidents involving fireworks and firecrackers at school. We believe it is important to remind all students that possession of fireworks and firecrackers by minors is illegal and therefore contravenes the school district Code of Conduct. **Students found to be selling or in possession of fireworks and firecrackers at school will be sent home on suspension.**

At Riverside Secondary, we believe that we need to deal with the issue of illegal sales of fireworks to underage students and we are taking steps to address this issue within our community. We appreciate your support, as parents, in doing what you can to ensure that your child is not bringing fireworks or firecrackers to school. By working together, we hope to provide the safest possible environment for our students. Thank you for your assistance with this matter.



FIREWORKS & THE LAW IN PORT COQUITLAM

- Sales of all fireworks are banned within the City of Port Coquitlam
- You need a permit to set off fireworks in Port Coquitlam. Application must be made in person at the Tax Office at Port Coquitlam City Hall (2580 Shaughnessy St.)
- You must be at least age 18 to handle or use fireworks
- Fireworks can only be discharged in certain places:
- On private property, with the occupant's consent, and
- At a public event run by a public body or society, with written permission.

For more information about local fireworks regulations and Halloween safety call 604 927-5466 or visit www.PORTCOQUITLAM.CA



HALLOWEEN COSTUMES

As we approach Halloween, we would like to remind students that although we encourage creativity in how students choose to dress up for school-related Halloween activities, the expectation is that costumes worn will be appropriate for a school setting. Students who choose to wear costumes representing anything sexual in nature, glorifying drugs or alcohol, or which are too revealing will result in the student being asked to remove or cover the costume. We also request that students be thoughtful about the adoption or use of elements of one culture by members of another culture as cultural appropriation is seen by some as controversial, particularly when a Halloween costume is attempting to portray stereotypes or show lack of respect for someone else's culture.

RIVERSIDE AFTER-GRAD NEWS

ATTENTION All Parents / Guardians of Riverside Grade 11 and 12 Students:

We would like to invite all Grade 11 and 12 parents and guardians to a meeting on October 1st from 7:00-8:00pm in the school library. Regardless of whether your student is graduating this year or in the future or how much or little you would like to be involved, please join us and feel free to bring other Riverside parents along.

After Grad is an event organized by grade 11 and 12 parents to celebrate graduating. It is held the same night as the dinner dance, and runs from 12:00pm to 5:00am and is a way to encourage students to have a fun evening without alcohol, most importantly to keep them safe. The event has food, music, and entertainment with fantastic prizes to be won.

The biggest fundraiser for After Grad is the Winter market. We are in the final stages of planning this great event. This year it will be held at Riverside on November 16th. If you can't make the meeting, but would like to help with the winter market please email Laura at lauracode@shaw.ca. If you are interested in being a vendor and would like to rent a table, please email Mary at mnldesousa@shaw.ca

Also, if you haven't already requested to be on the After-Grad email list, please send a quick email to Janine Grant at janine.grant@woodhavenkitchens.net to request your contact info be added. Being on this list will keep you in the know leading up to Grad 2020.

One Enchanted Evening



Last year's Grad has passed and now you may have an opportunity to make someone else's Grad special next year! If your daughter graduated recently, we would appreciate the donation of her dress, shoes and/or purse to the Enchantment Project. You will be supporting a student who is in need, attend their Grad in style.

If you are interested in more information or donating items please contact:
theenchantmentproject@live.ca

Thank you!

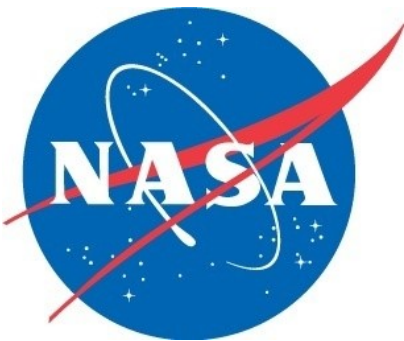
Peer Tutor Support

Tutors will soon be available for academic support and can meet with students after school in the Library. (Grade 9 and 10 students will be given priority). Tutor Request Forms are available on the school website and require both a student and parent email address. For the benefit of all, we ask that students commit to a minimum of 5 after-school sessions.

Contact Mr. Shane Ford for more information sford@sd43.bc.ca.



Orlando EDventure 2020



“The grade 10 students have been selected for the Orlando EDventure 2020! This will be the 16th Annual Science trip and it will certainly be an amazing tour. Well, not really a tour”! This 8 day EDventure is with a selected group of students who will spend the mornings in Science lessons at NASA, Disney, & Universal parks. After the classes with park interns, they get to ride on some of the best rides and see fantastic shows. It started at Riverside and now several secondary schools in our district are copying us. The trip is so well organized that everyone talks about it for years. So, grade 9 students, be sure to do well and apply in May for the 2021 trip!”