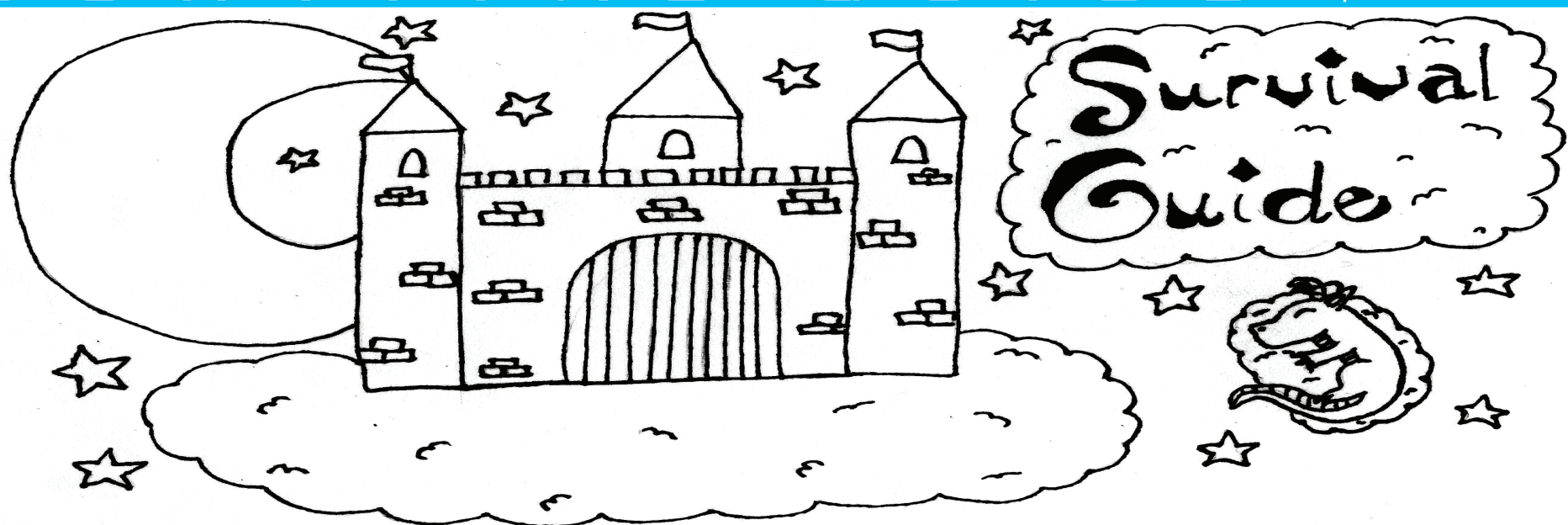


Riverside Secondary

S U R V I V A L G U I D E September 2010



Guide to the magical mystery of High School



Welcome to the 2010-11 school year at Riverside Secondary School. For new students, welcome to your second home for the next few years and to our returning students, welcome back!

This year promises to be a great one at Riverside! Our school will continue to offer all of its amazing programs and we've also added a few new ones. Our school prides itself on offering 'something for everyone' so whether you are an athlete, an artist, a musician, a computer whiz or a Math genius, we guarantee that if you work at it, you will find your time at Riverside challenging, interesting and exciting.

I've been principal of Riverside Secondary for three years now and I'm excited to be part of such a great school community. Along with your **vice-principals, Mr. Roos and Mr. Manhas** and the entire staff, I'm excited about the year ahead. For those of you who have been here for at least one year, you know that we are working hard to be a **model school for 21st century learning**. We've continually

expanded our use of technology and have several digital programs – with participating students having access to a laptop for their classes. This year we are expanding these opportunities to students in the Grade Ten Digital Immersion Program and senior French Immersion classes. We know more and more students will be bringing laptops and other wireless devices to school, and we look forward to helping you use them responsibly in a way that benefits your learning.

We are also continuing to work on our school goal of **improving transition and graduation rates**. **We see this as everyone's job at Riverside, including teachers, administrators, support staff, parents and students** and are very proud of our school's academic success. Our graduates have won well over a million dollars in scholarships over the past couple years, our graduation rate is significantly higher than the provincial average and we are exceptionally proud of the strong reputation we have for academic

excellence.

Equally important to our academic reputation is our reputation for acceptance, diversity and opportunity. **We want every member of our school community to feel valued and respected and to become connected to the school.** We have a huge range of phenomenal co-curricular and extracurricular programs available to students. From top ranked sports teams, to brilliant fine arts productions, to our amazing "Green Shirt" leadership program, provincially noted technology programs and our Hockey Academy, we have an amazing array of programs to enhance your high school experience, and continue to build the culture at the school we are so proud of. We encourage every student to make the most of their time at Riverside and get involved!

Thank you for choosing Riverside. Please feel free to come by and see me if you ever have any questions, or send me an email at srobinson@sd43.bc.ca. I look forward to meeting everybody and know that this will be a great year.



Mr. Roos - Vice Principal

Welcome to Riverside! There is no doubt in my mind that you are entering one of the best secondary schools in the province. I have had the privilege of working here as both a teacher and now as a vice-principal, and I know that this is a place where students can find a place to excel. Our staff works exceptionally hard to deliver strong academic and elective programs and care deeply about the students that walk through these halls. An important key to being successful at any level is finding something you are connected to, or are passionate about. The opportunities abound here, ranging from strong athletic programs, the academics, fine and performing arts, leadership, to clubs that promote social justice and global awareness. There are so many great ways to connect and get involved in school life. If you are prepared to work hard and get involved you will not only feel connected, but you can contribute to making this an even better place than it already is.



Mr. Manhas - Vice Principal

The 2010/11 school year begins a new chapter in my career as I join the team at Riverside Secondary. I am looking forward to being a vice-principal at Riverside and getting to know all of the wonderful staff and students. To the incoming grade 9 students, I would like to welcome you and also let you know that I share many of the same feelings that you may be experiencing: nervousness, excitement, and a great deal of optimism. I encourage you to embrace your new school and to take advantage of all that it has to offer. To returning students, I would like to say that I am excited to have you teach me all about the wonderful culture and history of Riverside. From what I already know, Riverside students are well-rounded, excelling in both academics and extracurricular activities. Most noteworthy to me however, is the reputation that Riverside students have as being socially responsible individuals who take pride in both their school and their community.

September Schedule 2010

7 th		School Opens
		Grade 9/10 Advs.-9:30
		Grade 11/12 Advs.-11:00
9 th		Grade 9 Advisory
		Interviews: 2:35-3:30
10 th		Schools Photos (Morning Advisory)
14 th		After-Grad Meeting 7:00p.m.
16 th		Family Barbeque 5:45-7:30p.m.
21 st		PAC Meeting 7:00.m.
23 rd		Terry Fox Run (Extended RAP sched.)
24 th		Professional Day (District)



Clubs

Anime Club

The Japanese Anime club is open to anyone who is interested, and meets once a week to watch videos, draw and share information about upcoming events, such as conventions. The club was started by Ms. Catherine Yamamoto who noticed many of her students doodling on their papers in this style of art. She saw much talent in them. "I didn't know there were so many students who liked to do that, so I thought, I might allow them to display and share their talents," said Ms. Yamamoto. There is an annual poster-making contest in this club and the top ones are displayed throughout the hallways and in the Eddy. Afterwards, they get taken to an art show to be viewed by the public. If you are interested in joining this club, contact **Ms. Yamamoto** (214) for more information.

Cafeteria

The cafeteria is a place where staff and students can go get a variety of lunch items to tend to their hunger needs. The lunches change day to day as Riverside students create the meals in our teaching kitchen. Here's a typical weekly menu: On Tuesday there might be BBQ chicken and tomato rice soup, On Wednesday's there may be fish and chips, gruyere, and cucumber salad with chicken noodle soup. On Thursday's there could be bacon wrapped chicken, California rolls and squash chowder. As well as fresh pizza and BLT'S at the Rapid Stop in front of the cafeteria. Contact **Mr. Straumford**.

Culinary Arts

Provincial Apprenticeship Program: this program provides an opportunity for students to get a head start on a career in culinary arts. The students take five culinary art courses to get first year college apprenticeship credit. "Absolutely fantastic opportunities to expand on students learning and previously learned knowledge," said Chef Straumford. For more information, contact **Mr. Straumford** in the cafeteria.

Drama

Love to act? Love to interact? Love making props? Then the Riverside Drama Department is for you! Riverside's Drama department is looking for anyone with an eye for acting, singing, or working backstage. The department usually puts on at least 2 performances per year, as well as many student-directed plays. For any information regarding performances, classes, or anything else, contact Riverside Drama teacher **Mr. David Secunda**. Be sure to get information soon, because auditions start early.

The Eddy

The Eddy is an elective course that can be taken in either semester, and there's junior and senior journalism classes. Riverside's independent student newspaper, **The Eddy**, has won multiple International First Place awards and a George H. Gallup award since becoming charter members of the Quill & Scroll Honor Society eight years ago. For

more information contact **Ms. Shong** in room 221

Fitness Club

Want to show off your guns? Then you should join the Riverside Fitness Club which is open to boys and girls, grades 9-12. You can find the fitness room across from Gym C. It runs from Monday- Thursday until 5:00pm. This club is supervised by staff and student volunteers. Contact **Mr. Askew** P.E office.



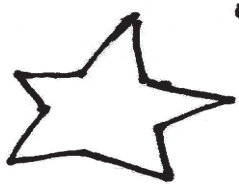
Fitness club participant.

French Immersion

Grade 9 students take Francais, 9, Mathematiques 9, and Sciences Humaines 9. Grade 10 students take Francais 10, Mathematiques 10 (optional), Sciences Humaines 10 and a new course Plannification 10. A new elective is called Arts Dramatique. There is also an elective in Grade 10 called Communications. Students must submit an application for it and go through a process of interviews while they are in Grade 9. The students who are chosen go on a trip to Quebec or France. They create a French play and perform it later. In grade 11, students take Francais 11, Sciences Humaines 11. There is an elective called Etudes des Aliments. In Grade 12 students take Francais 12. There are two electives: Conversation 12 and Tutoring 11. Contact **Mr. Larrivee** for more info.

G.L.O.W.

(Gay, Lesbian Or Whatever) is a club where students, regardless of their sexual orientation, are helped to deal with issues such as stereotypes and homophobia. It also gives confused kids a chance to ask questions and discuss their sexuality freely. G.L.O.W. is a Gay/Straight alliance meaning that gay, lesbian, bisexual, transgendered and straight students can all be a part of G.L.O.W. G.L.O.W. is 100 percent anonymous and students do not have to be permanent members if they do not wish to do so. If you have any concerns, questions or need more information, you can e-mail G.L.O.W. at gaylesbianorwhatever@hotmail.com or contact **Ms. Weir**.



Guitar Club

The Riverside guitar club is an informal gathering of students interested in learning, sharing new songs and improving their technique. Come out and jam with others in a chill environment. The club meets Wednesdays at lunch in room 134. See **Mr. Ahmelich** for more details.

H2O

H2O is Riverside's Christian community and it welcomes students and staff for prayer and praise. On Wednesday, students get together in room 209 at lunch to worship together through song and music and to focus on developing a closer relationship with Christ. Contact **Mrs. Price, Mrs. Lotter, Mrs. Leonard** or **Mrs. Beatty**.

Hovercraft Club

Have fun while learning to hover in the air. Riverside's Hovercraft Club is open for all students to learn and test a hovercraft. For more information please contact **Mr. Romani** in room 104.

Korean Drumming

Beat The Drums is a group of students of many ethnic backgrounds from Riverside Secondary who perform modern Korean drum rhythms. They are presently led by **Mr. Sung Il Kim**, a professional musician, and **Ms. Karen Peplow**, their sponsor-teacher. Come join us.

M.A.P.

An after school drop-in group facilitated by the Youth Worker and Drug Prevention worker from SHARE. The group is run weekly: Tuesday's 3:00, room 217. Contact **Ms. O'Brien**

Math Challengers

Math is both an art and a science and logical reasoning lies at its heart. Riverside's Math Challengers allows grade 9's to develop deductive reasoning and to explore the boundaries of pure reason. The club meets weekly from November to March and participates in the Math Challengers Regional Competition in early February, with the chance to advance to Provincials in late March. At the meetings students have the chance to tackle problem solving and study enrichment topics. If you are fascinated by math's rigor and enjoy writing contests, then the club is perfect for you! It is a fun, rewarding extracurricular pursuit. Also, if you are interested in being a peer tutor in math see **Ms. McArthur** in Room 218

REACH and Recycling Program

Riverside's Environmental and Outdoor Club. Get Involved with local environmental Stewardship. Help Celebrate Earth Day every day with different activities and Opportunities throughout the school year. Bring your enthusiasm And ideas to room 202 Tuesdays at lunch. See Ms, Yorke or Ms. Mireau For Details.

School Beautification Art Club

During the 2009/2010 school year a group of students continued artwork for the pillars in the foyer of Riverside. We worked on Wednesdays after school from 3 to 5:30 pm to create the vibrant painted works. During the 2010/2011 school year we will be continuing with this project. Once we have finished a few more pillars, we may work on some other projects to decorate the school as well. If you are an artist who would like to use your talents to help make the school a more beautiful place, and you would enjoy getting to know other creative students here at Riverside, listen for the announcements in September. Please note, you do not need to have a ton of art experience; just a

keenness in developing your art skills further. See **Ms. Schmidt** for details.

Ski and Board

Each year the ski/board club makes four day trips to Whistler/Blackcomb. Students are shuttled to and from the mountain by luxury coach. Students are partnered with mountain guides to show them where to find the best snow and give pointers to help polish their technique. The club welcomes snow hounds of all abilities (from never saw snow to freestyle champions). Talk to last year's members. They'll tell you how fantastic it is! For more information contact **Mr. Rothenberger** in room 224.

Student Council

Are you interested in being an advocate for issues important to students at Riverside? Riverside's Student Council is an elected committee of students who represent the student federation of Riverside. Council meets weekly to discuss school and community related issues and take action on those issues. Council elections are held in early October. For more information contact **Mr. Lepore** in room 123

Talent show

The first Thursday in May needs to be circled on your calendar now! Can you sing, dance, play an instrument, play in a band, juggle, do karaoke, do stand-up, act or have some other special talent? Riverside's 14th annual talent show will be happening on May 5, 2011. Any Riverside students from grades 9-12 are welcome to come out and audition for our Talent Show. The Talent Show is sponsored and produced by the Yearbook classes, and the \$5.00 admission fee goes towards the hundreds of dollars worth of prizes and to help produce the grade 12 DVD.

Yearbook

Riverside's Yearbook classes put together an amazing full color page yearbook. The yearbook class captures all the memories that we make in a school year with color photos and articles about each special event, classes, drama productions, music concerts, clubs sports and so much more. We just capture all the fun stuff we do here at Riverside. The book has to be pre-ordered and paid for by September 30, 2010 for the 2010- 2011 school year at a cost of \$55.00. Don't be sorry come June 2011; order yours before September 30, 2010.



K. Shong/Eddy

Rianne Brown painting for the Art Club.

Services

After-Grad Committee: All parents welcome!

The After-Grad committee is run and driven by parents who make the popular After-Grad event possible, it has been a big success each year for Riverside students. Events such as a bottle drive, a Christmas craft sale and a plant sale help to raise funds for entertainment, food, prizes and facilities for those graduating. After-Grad takes place at Hyde Creek Rec Centre immediately following the grad dinner-dance in May. The After-Grad committee starts meeting in September and follows with a meeting on the second Tuesday of every month in the library at 7:00 p.m. The After-Grad Committee solicits donations (such as cash or prizes) from the community so they can provide prizes for every graduating student. The After-Grad Committee tries to get as many parents involved at least a year before their child graduates so the program can be more successful. If you would like to get involved contact **Ms. Weir** for more information. Grade 11 and 12 parents, especially, please consider becoming involved in the worthwhile safe event for our students.

Career Resource(s) Centre

The Career Resource(s) Centre is open to all students who want any type of assistance and information relating to post secondary options, admission requirements, scholarship(s), careers and career planning. The Career Centre receives job postings, notices of volunteer opportunities and important admission and deadline information from universities and colleges, scholarship information and news about contests and events of interest to grade 9-12 students every day. Check the 'Career Centre' site to stay informed. **Ms. David** will help you with resumes, the post secondary and scholarship application process, job interview preparation, college, university and private training program/course research and answer related questions. The Career Centre is open from 8:30am to 4pm daily in room 213.

GreenShirts

Do you enjoy giving back to the school and community? If so, then Green Shirts is the club for you. Become one of Riverside's prestigious Green Shirt members. Volunteering both fulfils the lives of others as well as enriches your own. Sign up with **Mrs. Blaxland** in September and start making a difference at Riverside and in the community.

Rapid Change

"Be the Change You Wish to See in the World" - Ghandi Here's your opportunity to make a difference by joining Rapid Change. This is a group that "talks the talk and walks the walk". Rapid Change meets biweekly to plan, organize and implement awareness campaigns and fundraisers to support both local and global initiatives. Last year they held a "Shoe Drive" and raised funds to build a water project in Sierra Leone. You too can make a difference. See **Ms. Blaxland** to join forces with Rapid Change.

Peer Tutors

Students needing extra help in any area can take advantage of Riverside's peer tutors. Students should contact their counselor with their academic requests and arrangements will be made to provide help through our tutoring system. For more information, contact **Ms. Simpson** or your own counselor.

The Wave

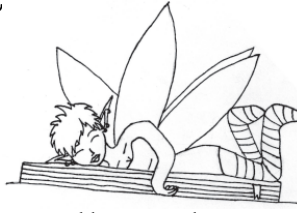
The WAVE is Riverside's school store. It is operated by the students of the Marketing and Entrepreneurship classes and gives students a hands-on experience structuring and running a real business. The products sold through The WAVE are determined by each new class, but generally include clothing (t-shirts, sweat pants, hoodies, toques, etc.) The WAVE is located on the upper concourse, North Side. See **Mr. Rothenberger** (room 224) if you have any questions.

Library: Check us out

Mrs. Kilpatrick, Mr. Haselhan, Ms. Holmgren

Open: 8:00 - 4:00 every day
What can we do for you?

- Teach you how to find the right information fast
- Help with assignments and homework
- Teach you how to use online resources
- Provide entertaining books and magazines
- Show you how to cite your sources
- "Use the Library! We're here to help."



Web Site - Riverside Online

Riverside's school web site contains detailed information about courses, schedules, policies, staff, resources, and history. Riverside's web site has a Public Portal and a Staff/Student Portal, the latter of which provides opportunities for students and teachers to explore a modern way in delivering academic content. The Public Portal gives parents and the world information about Riverside and its programs. If you're looking for information about Riverside, it's on our site: www.riverside.sd43.bc.ca.



Ms. O'Brian and Bonnie.

Youth Worker & School and Community Based Prevention Worker

Ms. Bonnie Angstadt is Riverside's youth worker and Ms. Karen O'Brien is a prevention program resource person who offers alcohol and drug information/education/support regarding drugs and alcohol to individual students. They give students the opportunity to talk with someone they can trust about personal problems, or anything that's making it hard for them to concentrate on their school work. They offer programs like Kick the Nic and other support group programs for students throughout the school year. "Kids can come to me with any kind of problem, and there isn't any form of judgment. Basically, I feel that if people make a mistake, and they learn a lesson from it then it was valuable. I believe kids should have someone they can trust and have faith in," said Bonnie. **Ms. Bonnie Angstadt** A266, **Ms. Karen O'Brian** A264.

Sports

Fall Season

Junior Boys Volleyball

In 2010, our junior boys volleyball won the district championship. Junior volleyball players not only learn the skills of the game but importantly the beginning of understanding the strategies of game. This competitive team starts in early September and finishes its season in mid November. See **Mr. Colombo** for information about the team and when team tryouts occur. Contact **Mr. R. Colombo and J. Askew**.

Senior Boys Volleyball

The senior boys' volleyball team will play in four prestigious tournaments next fall. The Douglas College Invitational, the MEI 32-team Invitational, the 40-team UBC Invitational and will travel to Victoria to compete in the Camosun College Invitational at the Pacific Institute for Sport Excellence. See **Mr. Muro** for details.

Girls Volleyball

This past year was one of the most successful years ever for the girls' volleyball teams at Riverside. The junior girls had an outstanding season, and captured the District Championship, Fraser Valley Championship, and topped it all off with an amazing Provincial Championship finishing the season 50-0. The senior girls' volleyball team also won both the District and Fraser Valley Championship, finishing the season fourth in the province. If any girls are interested in trying out for any of the girls' volleyball teams this upcoming year, please see **Mr. Gee** for details.

Field Hockey

The Riverside senior girls' field hockey team will be starting up immediately in September. This team competes in competitions such as the Coquitlam League and hopefully the Fraser Valley Championship. The team is always looking for new player's grade 9 to 12. To join you can contact **Ms. Blaxland** or **Ms. Hudon**.

Boys Soccer

Riverside has a very competitive senior boys' soccer program which in the short history of the school has developed a tradition of excellence and winning. All boys in grades nine through twelve are welcome to tryout. Senior soccer runs in the fall season from September to November. See **Mr. Luongo** for details.

Cross Country

The cross country team practices start in September. The district meets begin the following week. The practices will take place on various trails in and around Riverside and on occasion might go up to Mundy Park for the day's workout. Practices are normally no longer than one and a half hours length. The district meets will take place at Mundy Park and will be held on Wednesday afternoons. Athletes must compete in a minimum of two meets in order to qualify for the Coquitlam Championships which take place mad way through October. If you would like more information contact **Mr. Barrington** or **Mrs. Mireau**.

Swim Team

Riverside's successful swim team carries athletes from grades 9 to 12. The swim team is open to any swimmers who would like to swim competitively. It is also open to Synchronized swimmers who can enter into the high school synchronized swim meet. Riverside's swim team is coached by **Ms. McArthur** and sponsored by **Mrs. S. Lotter**. The practices are at Eagle Ridge on Tues/Thurs afternoons from the second week of September to the first week of October. Thereafter, practices take place at CCAC Monday and Wednesday mornings from 6:30-7:30 am through to mid-November. We compete in the Coquitlam championships in October. The Fraser Valleys are at the beginning of November. The Provincials are later in November. Please attend the first meeting in room 209 announced during the first week of class to verify specific dates.

Winter Season

Grade Nine Boys Basketball

Grade 9 boys are the introductory team to the Riverside basketball program. If you are in grade 9 and want to play basketball for Riverside, this is the team to join. See **Mr. Neufeld**.

Junior Girls Basketball

This competitive team is made up of the best grade 9 and 10 girls at Riverside. Open Gyms will start in October. This team has a history of representing Riverside very well at playoffs and try out in late fall will prove to be a difficult selection. Contact **R. Colombo and J. Askew**.

- Senior Boys contact **Mr. Neufeld**
- Senior Girls contact **Mr. Colombo**

Riverside Secondary

S U R V I V A L G U I D E September 2010

Gymnastics

Our gymnastics teams have produced district and provincial champions. Coaches are organized at the district level through the Omega Gymnastics club. This is a winter sport starting in late November. To get involved contact our athletic director **Mr. Colombo**

Wrestling

Have you ever wanted to hip toss your friend or anybody else for that matter? Well here's your chance! Wrestling season starts in November so get your gear and see **Mr. Colombo**, our athletic director. Community coach – **Darren Kimura**

Field Lacrosse

Want to get outside and meet new people? Riverside's field lacrosse team is back again this season and looking for new players. The team ended last year with improved talent and new strategies. If you are interested in joining the team or have any questions contact

returning coach **Mr Straumford**.

Hockey Academy

Mr. Luongo and Mr. Straumford are running the very successful Riverside Hockey Academy. The class will run throughout the first semester with classes being held in X and A blocks. The academy is open to both boys and girls of all grades. Training sessions are held at the Poco Rec center Monday through to Friday. There will be professional coaching given by

RPM hockey. The cost is \$200 per month.

Spring



Badminton

Riverside's badminton team has been one of the largest in the school, attracting dozens of enthusiastic participants in all levels. Riverside is a perennial force in badminton and each year sends a number of players to the district and Fraser Valley. Tryouts begin in January and for more information, contact **Ms. Weir**.

Girls Soccer

Are you a girl interested in playing soccer? Well, make sure you are at tryouts in February. The team is coached by **Mrs. Lazar, Ms. Ambrosio, and Mrs. Cuccione** return. "We had a great bunch of girls this year. It was a lot of fun," said coach Lazar.



Golf

Are you ready to hit the links with Riverside next year? If golf is your sport, look for **Mr. Jamie Askew** in mid march next year. Riverside's golf team is constantly on the move, golfing at courses all over the Lower Mainland. Guys and girls are welcome on the team. "I thought this year was very successful. There were 12 kids on the team, and we golfed some excellent courses," said **Coach Askew**.

Rugby

Rugby has been offered as boys and girls teams in the past. Season starts in early February. Information for boys rugby and girls rugby contact **Mr. Colombo**.

Tennis

Riverside's tennis team has been surprisingly successful since its inception last year, even going so far as to win a tournament. The team is always looking for new player's grades 9 to 12. Listen for announcements in Spring of 2010. To join you can contact **Mr. Colombo and Mr. Askew**.

Track & Field

Riverside's track and field teams are very successful every year and many of our best athletes join track. Practices are usually on Tuesdays and Wednesdays after school and the track meets are held Thursdays at the Town Center track. They begin in March and run through June. Contact **Ms. Leonard and Mr. Barrington**.

Mountain Biking

Mountain Biking starts in March and all male and female cross-country bike racers or novice bikers are invited to join. Listen to the announcements prior to Spring Break. See **Mr. R. Colombo or Mr. J. Askew** for details.



Secretaries



From Left to Right: **Ms. Withenshaw, Mrs. Beattie, Ms. Devitt, Ms. Lee, Mrs. Hiebert**.

Ms. Withenshaw – Receptionist

"My favourite part of my job is meeting the students"

Ms. Devitt – Head Secretary

"The most rewarding part of my job is working with all the different people."

Mrs. Beattie – Student Information System Secretary

" I like talking to all the different students."

Ms. Lee – Accounting Clerk

"My favorite part of my job is seeing all the grads grow and mature."

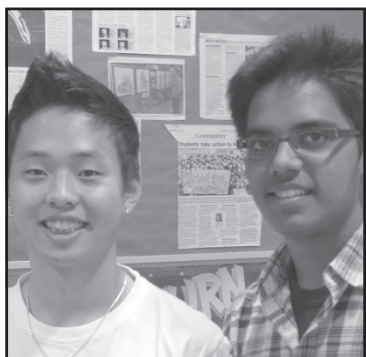
Mrs. Hiebert – School Secretary

"The best part of being a secretary is working with a wide variety of people."



Hilary Buick - grade 11

"Don't stop in the hallways, you will be run over."



Dan Kim and Udit Dalwadi - graduated

"Don't do drugs, stay in school, and never give in to peer pressure!"



Jack Dina - grade 10

"Try not to piss off teachers; if you do, apologize!"



Joel Kveton - graduated

"Stay safe, have fun."



Jordan Kennedy - grade 12

"Don't be rude."



Michael Hucal - grade 12

"Sometimes you just have to take it like a champ."

Counsellors



From left to right: **Wattamaniuk (Li-Q), Simpson (A-E), Lemire (R-Z), Amelich (F-Le)**

Counseling at Riverside is designed to help students be successful in school, help them with program and course selections, and provide information regarding post-secondary education and careers, as well as provide information about the school and its function. They help students understand and deal with personal and social problems, provide a link between students, parents, teachers and administrators, provide support in crisis situations, and make referrals to specialized resources in the school or community. The counselors can be trusted to help with any concern that might arise.