



Riverside hosts another respectful Remembrance day assembly

Maya Reddy-Thom - staff reporter

On Wednesday November 10, Riverside held its annual Remembrance Day assembly to honour all the soldiers and veterans who have risked their lives for Canadians during past and present wars. Students were encouraged to dress their best and show respect during the hour long ceremony.

It was a very inclusive ceremony, including two war veterans, a performance by the Band and choir, a performance by Riverside's Korean Drummers and a PowerPoint presentation by Leadership students Emily Chan, Cydney Paddon, Katherine Bandet and Laura Pennell.

"I thought it was a very memorable assembly and it was good that everyone at the assembly went



Guest speakers at the Remembrance Day assembly.

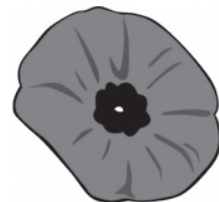
S.Wahedi/eddy

and was respectful to the speakers and performers, said grade twelve student Holly McHugh, "it was very well done."

George Siggs, a veteran of World War Two, spoke to the student body about his experiences in the war, followed by an interpretive

presentation of the song *A Pittance of Time* by Mr. David Secunda's drama class. "It was a very creative and emotional

performance, and I think they did an excellent job at recreating the devastation of the war," said McHugh.



Another guest speaker was a Riverside teacher, Mrs. Lucas, who prepared an emotional presentation on the life of her father, John Howard, who was a pilot during World War Two.

The third guest speaker of the ceremony was Corporal Jason Villeneuve, a veteran of the war in Afghanistan. His speech was a controversial one for students, but it was clear that "he didn't sugar coat anything, he told it like it was," said grade twelve Callum Beales. "That was refreshing, and you could tell he felt strongly about what he was saying, it was still real."

History 12 students hear from Auschwitz survivor

Daniel Jung - staff reporter

Every day we are survivors. Human history is full of tragedy and turmoil. The Holocaust is one of the most horrifying and well-known examples of the atrocities that humans are capable of committing.

The death camps were established by the Nazis for the sole purpose of systematically annihilating innocent Jewish people by the millions. Out of the 6 million Jews that were put to death, only a third survived. The most notorious death camp was known as Auschwitz, in which there were less than 300 Jews who

survived. 83 year-old Peter Parker is one of them. Speaking to students from across the lower mainland at Vancouver's annual Holocaust Symposium, he emotionally recounted his tale of hardship and tribulation. Separated from his mother and sister at the young age of fourteen, Parker endured this camp along with others for the entirety of the war.

During his time at the camp, he experienced countless horrors, such as starvation, disease, malnourishment and abuse received from guards.

He watched as friends were beaten and shot to death on the

whim of an overseer, who was simply having a bad day. He described his experiences in this camp as opening his eyes to how valuable life is. "You could be alive one minute, and dead the next," Parker stated.

However, he learned that there is always a light in the darkness. Against all odds, he endured that which countless others had not, and managed to survive.

Peter Parker is truly a survivor - his will to live and hopeful determination of reuniting with his family allowed him to survive the gruesome horrors of the Holocaust.

Closing with the story of his final

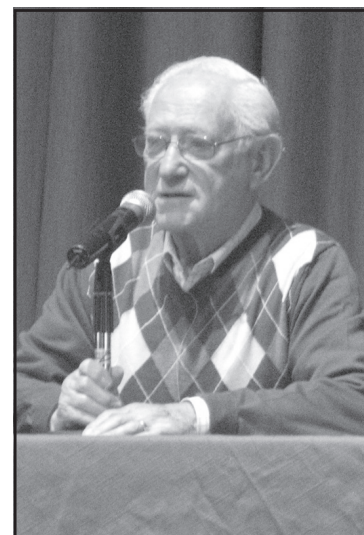
and joyous reunion with his mother and sister, the entire room breathed a sigh of relief.

Peter's heartfelt and emotionally intensive tale greatly inspired all who attended, and the Symposium ended in students honoring Parker with thundering empathetic applause and a standing ovation.

We are so privileged to be able to live in a time where we can exist peacefully in a safe environment.

We aren't punished for being who we are, or what we look like. Peter Parker was able to teach a lesson that will soon fade into history.

It is important that we always remember; lest we forget.



D.Jung/eddy

Auschwitz survivor Peter Parker.

Riverside continues a successful fundraising tradition

Miriam Weber and Christina Garofalo - staff reporters

Volunteering and fundraising is a tradition at Riverside Secondary. Some of the fundraising activities the school participates in are: Terry Fox donations, Christmas hampers, Rapid Change, Crispy Creams for sport teams, Remembrance Day red poppies, Halloween for Hunger and others. Recently the Halloween for Hunger collection has had of its most successful years.

It seems Riverside students are always being asked to donate money, or give a helping hand. Some might think fundraising fatigue might set in; however, this is not the case.

Leadership teacher, Ms. Blaxland

believes that *We Day* has really impacted the number of students who get involved with social responsibility at Riverside. "It has motivated people to help

out and help those in need," said Blaxland. Ever since Spencer West



Food collected for Halloween for Hunger.

K.Shong/eddy

spoke last year at an inspirational assembly, representing *We Day*, it

Riverside has raised an amazing 5041 pounds of food! Shaw Cable

has inspired many new volunteers. I've never had a bigger group of participants for Halloween for Hunger than this year," said Blaxland.

and Campbell Soup have both matched our donation pound for pound, which totals at 15 123 pounds of food. There hasn't ever been a larger group than right now. Students are more willing than ever to help out.

"Grade nine's usually feel intimidated by all the older students, but not this year," said Blaxland. "The students have really stepped up over the years and hopefully this continues."

One of Ms. Blaxland's favorite fundraising campaigns was the balloons. Students bought a balloon hoping there was a ticket inside. It was very exciting and raised a lot of money.

The money raised from these balloons went towards funds for Haiti.



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Is today's pop culture the future generations' tradition?

Livia Turnbull - staff reporter

Modern technology has definitely influenced today's teen culture. Thanks to the internet being on almost every portable device these days, teens can get information on just about everything in a matter of seconds. But, is the internet causing teens to lose traditions and culture? In the past, tradition used to be handed down vertically, from parent to child. But now, with both parents working many hours, it seems teens have no choice but to turn to their friends for their culture. The problem is, by turning to people who have mostly likely not completed all their emotional and mental growth, problems and misunderstandings about important subjects, like alcohol, sex and drugs arise. Teens are still growing, whether it is physically or emotionally and they need someone more responsible to guide them.

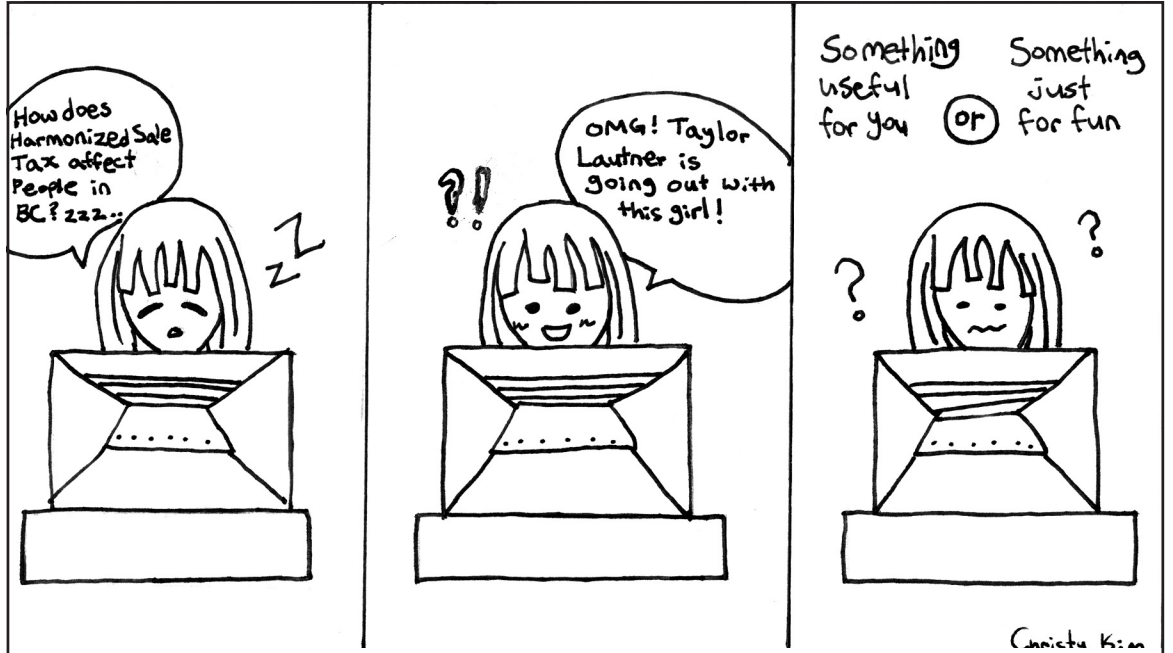
Another option for teens is to get their culture from the internet. This generation knows the internet well, and as a result, have been coined with the term "Digital Natives." But, many of today's teens are using the internet to look up the latest news on celebrities or gossip, not research or advice. Even with an infinite amount of information at their fingertips, we appear to be dumbing ourselves down. Some young adults today do not even know about significant historical events or the name of our Prime Minister! I'm not saying that the Internet has to be just for research only, but somewhere along the line, boundaries need to be drawn.

When it gets to the point that more Canadians know about Lindsay Lohan's train wreck of a life than the current state of the environment or economy, there has to be a change. But you may ask yourself, why do we need to maintain our culture? Here's the reason: George Santayana once said that "Those who ignore history are bound to repeat it."

Every person's culture has some history. By choosing to ignore our culture, we run the risk of repeating the same mistakes of the past. Not only that, but when we're all dead and gone, what kind of history are we leaving behind for future generations? Do you really want our descendants to think that Justin Bieber was Earth's Grand Leader two hundred years ago? I understand that older people have always been saying that the current generation is lazier and stupider than theirs, but our generation has been the first to have readily available access to massive amounts of information happening right now.

And yet, we instead chose to watch things like "Fred" or the "Annoying Orange" on YouTube. What value other than entertainment do these web shows serve? Absolutely nothing. Now, I understand that sometimes people like to watch these mindless programs every now and again. I personally enjoy not having to think every once in a while. But not thinking is just like fast food, it might seem good, but you shouldn't eat too much of it or else it will ruin your life. Don't become a stereotypical teenager. Instead, think about what you can do to change the world.

The editorials that appear in this space represent the opinion of the Eddy. They do not necessarily represent the personal views of the writer. The positions taken in the editorials are arrived through discussion among members of the Eddy staff.



POINT COUNTER POINT

Viral videos: harmless and fun



Tiana Muskego
Columnist

Viral internet videos are a very useful way of keeping yourself updated with various topics. They keep you up to date with everything you want or need to know about what's going on in pop culture. Video blogs as well, are a useful way of getting your opinions out in to the open where, perhaps, other people will share the same thoughts and opinions.

YouTube is an international website that allows everybody to upload and view other people's videos. People with an account know that what they post will be viewed for the

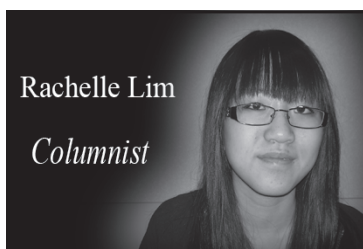
entire world to see depending on whether or not they put on the privacy settings on. Youtube allows people of all ages to broadcast themselves over the internet and is the go-to website when searching for videos.

Viral videos are a fast and easy way to share things with your friends. Everybody knows how quickly someone can be discovered. For example, Justin Bieber, as well as a handful of other YouTube and internet discovered talents know how it is to be discovered through viral video. "My manager found me on YouTube," said Bieber. The sixteen-year-old (thirteen at the time) had posted several videos of himself singing and playing the guitar and drums on YouTube for family and friends, when, Scott 'Scooter' Braun (now his manager) stumbled across

him and launched him into almost overnight success.

Videos going viral is harmless. People who want their fifteen seconds of fame by posting their videos on YouTube knows that whatever they post, whether it is funny, useful, or just plain dumb, will be viewed, commented on and criticized for the world to see, and most of the time, people want them to be. Besides, everyone can decide what exactly they want to watch and if there's something that they would not, nobody is forcing them to watch it. One of the most popular videos on YouTube has been a toddler who decides to put his finger in his infant brother's mouth when he unexpectedly bites him-otherwise known as "Charlie Bit My Finger." Teens and young adults everywhere can agree that sharing videos virally is harmless and fun.

Viral videos can create victims



Rachelle Lim
Columnist

We live in an age where digital content is impossible to monitor, but sheer common sense tells us some things should not go viral. Some videos only feed on morbid curiosity and it seems that most viral videos show people either making fools of themselves or getting hurt.

We are capable of making fools out of ourselves, but it does reflect on how we see ourselves as a society. Are we really made out to be incompetent idiots as we seem? Are we really that stupid to make choices that end us up in the hospitals getting stitches? People post videos on

social networking sites without even thinking about the consequences at the time. If the user decides to delete the video due to questionable content, there's a chance someone may have already reposted it or saved in their personal files who then could continue spreading it onwards making it unstoppable.

Not all viral videos are considered to be a positive hit phenomenon. Take the Georgian luger Nodar Kumaritashvili who died during an Olympic training accident during the Vancouver 2010 Olympics. When human suffering turns into a form of the most searched video on Google, it becomes a sad statement on our society. Do we need to feed on something so desperately such as death? Do we really need to see such a tragic accident being publicly displayed to see the last moments of a stranger's life?

Another victim that has fallen to negative viral videoing is Dayna Kempson who died last year in a car accident in Georgia. Her accident was taped on a witness's cell phone who was at the scene and soon the video was shared virally with others including her parents. The video got around to being sent to the Kempson's cell phone filled with the terrible last images just before her death. Imagine the pain that the family had to go through again as the video was continually shared throughout the use of technology.

It's not all fun and games when you're the victim of negative viral videoing. Be smart what you upload. You can't help but be curious about a video, but you can choose whether or not to participate in spreading the video around.

the eddy
riverside secondary

The Eddy has been the independent voice of the students of Riverside Secondary since 1996 and is produced monthly by the Journalism class. Journalistic styles and standards conform to those of the Canadian Press. The Eddy welcomes letters to the editor. Letters, however transmitted, must be signed and free of libel. Additional articles, writing, and opinion pieces are accepted and will be published as space allows. The Eddy reserves the right to edit all submitted material for brevity, and style. Advertisers can reach the Eddy at eddy@sd43.bc.ca or by contacting Riverside Secondary.

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Riverside committed to We Day's vision of change

Alex Brown - staff reporter

Another *We Day* has gone and passed leaving students inspired, and with an overall new outlook on life after a wide variety of guest speakers and performers took the stage to help raise awareness for children in third world countries and their need for food, clean water, school and medicine.

This year on October 15th, 2010, *We Day* came to Vancouver and for the second year in a row Riverside participated in the event. The show was kicked off with speeches by Craig and Mark Kielberger then a performance by *Hedley*. Students

and teachers heard motivational and moving speeches by award winning actor and activist Martin Sheen, American civil rights leader Reverend Jesse Jackson, Former U.S. Vice-President Al Gore, Chief Correspondent for Animal Planet and Planet Green, and co-founder of EarthEcho Philippe Cousteau, Canadian athlete and activist Rick Hansen, *Me To We* motivational speakers Scott Hamel and Spencer West, the list goes on and on. The show was then wrapped up by a performance by *The Barenaked Ladies*.

At Riverside a global issues club known as Rapid Change has been

inspired by *We Day* and works on similar issues. Initially the global issues club was known as SEGA, which stood for Students Encouraging Global Awareness. They raised \$7000 to build a school in Kenya. Then SEGA split off into two groups, one of which focused only on environmental issues. But eventually many of the original SEGA members graduated, and Rapid Change evolved as a result of many of the members being in the IDS leadership class. One thing is clear though and that is that Global Issues clubs have been and will continue to be a major part of Riverside's school culture.

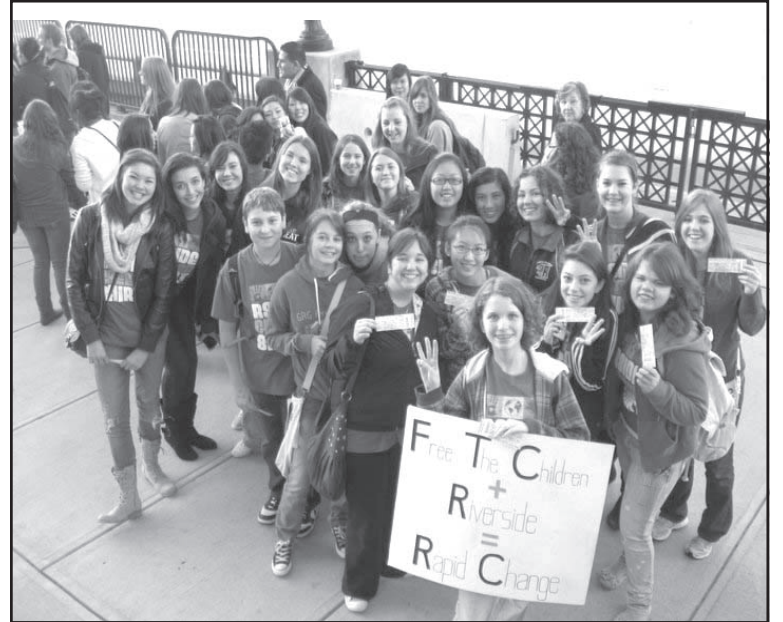


Photo Courtesy of S.Marino

Riverside students waiting to get into Rogers Arena for We Day.

Riverside gets into the Halloween spirit



Teachers get into the Halloween Spirit.

K.Shong/eddy



Group Winners-Aerobic Girls. Left to right: Kelsey Wood, Rachelle Breda, Morgan Wood, Tara Broughton, Stevie Rygg.

K.Shong/eddy



Individual winners- Kaitlin Pelletier as Snooki and Nick Jennings as a Ghost Buster.

K.Shong/eddy



Duo Winners - Left to right: Tylar Turnbull, Haley Balewicz, Charlotte Heffelfinger, Chelsea Salindong and Jody Bhandal.

K.Shong/eddy



Cydney Paddon wants you to see her peacock.

K.Shong/eddy



Mr. Thies as Mr. Neufeld.

K.Shong/eddy

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Jackass, is it too much or just enough?

Kirk Iverson - staff reporter

The most primal form of comedy is slapstick. For some it is human instinct to laugh at another's misfortune. However, recent comedy films, that have roots in the slapstick genre (*Jackass*), have caused some controversy within the media.

Films in general have become racier and more extreme, including the Comedy genre. It seems every comedy film has to have some gimmick added to it, whether it's drug fueled (*Harold and Kumar*), or vulgarity (*Bruno, Jackass*). Although these films have proven themselves in the box office, some might wonder, is it a little too much?

Many people's opinions suggest

these films are dumbing down the youth of today, a generation often labeled as the "extreme, or attitude generation." This is due to the generation's craving for the extreme, whether it's more violence, dirtier jokes, or more extreme stunts.

Perhaps *Jackass* is a little too much. To some people, dangerous

stunts and men dancing around in their underwear is appalling. Many

respected critics have criticized the movie for its reliance on "going

over the top." It's not just *Jackass* either, whether its horror or comedy, some critics are tired of films relying on shock value.

Most modern comedic films are by no means high-brow, and for some people that's why they're so appealing. You don't need to be super

intelligent to understand why *Jackass 3D* or *Borat* are entertaining and highly profitable films.

A film generally has one purpose, and that is to escape from reality. For some it's nice to relax and watch strangers enter situations that we ourselves don't particularly want to experience.

Despite these changes in the film industry, the mission of a film has yet to waver.

Films are simply for entertainment; yes a few can convey a believable story or an incredible message, but at the end of the day, we just want to be entertained, and perhaps being grossed out or laughing is the simplest and most effective way of doing this.



Jackass 3D - the Movie.

Photo Courtesy of Google

Big budget Paranormal Activity 2 disappoints

Fans of *Paranormal Activity* might find themselves dissatisfied with the big budget *Paranormal Activity 2*.

Jordan Barone - staff reporter

In 2009 teens were excited for the release of the much anticipated movie *Paranormal Activity*, a low budget film which did very well. So it was with much anticipation that *Paranormal Activity 2*, made with a much higher budget, was released in 2010.

The films have a new approach to horror. Instead of a camera following the action, cameras are setup in various viewpoints filming what happened at night: slamming doors and people getting dragged out of bed. *Paranormal Activity* was a hit all over the world. The first one had a very low budget, but the second one had a much bigger one and everyone thought a much bigger budget would make the movie scarier and more exciting. But is that what happened?

The movie explains and expands on the first movie, but the stunts are very similar to the first. There are some new stunts such as pots and pans banging, but it is mostly the same. There are more killings, but they are not different from the first movie. It turned out to be not as scary as some people expected it to be.

There are some positives and negatives to the movie. Some positives are viewers find out why paranormal things, such as doors slamming happen, and why the demon

is there. Some negatives are there is not a lot of scary action, which fans of *Paranormal Activity* have come to expect.

Molly Ephraim, who plays the young daughter Ali, is a very convincing actor. Ali is the only one in her family that has a suspicion that something bad is happening.

If you liked the first *Paranormal Activity*, the second one is worth a watch primarily because more is explained, but don't expect anything new or better because of the big budget.

3D technology, is it the new HD?

Brayden Fengler - staff reporter

3D movies have been around since the early 1950's. Back then they existed only in selected theaters and it would cost an immense amount of money to get into a 3D movie, even more so than today. Because of this, 3D movies were not widely viewed; it was either too hard to find a 3D cinema, or it was too expensive to watch them. Good old 2D was clearly the sensible choice back then. However 3D movies regained traction in the early 80's when IMAX started creating more theaters and movies shot in 3D. The popularity of 3D has been growing ever since, and it recently spiked again when the hit movie *Avatar* was released last December using brand new state of the art 3D cameras that writer director James Cameron helped make. Almost every movie released in theaters now-a-days comes in a 2D version and a 3D version. The reason for this is because studios can make a lot more money this way. They gather the revenue from two different movies for the production price of one. All this extra 3D can be great if you enjoy wearing the glasses, and have the money to pay for it. But for the extra money one has to pay, some people wonder if it's really doing anything legitimate to enhance the movie going experience. 3D is slowly making its way into our homes as well. With 3D TVs we have the ability to watch TV shows, DVD's/ Blu-Rays, and play video games all in 3D. That is of course if you prepared to spend the \$5000 it costs, on average, to get a decent 3D TV experience.



3D movie shocks audience.

Photo Courtesy of Google



Down By The Riverside



Mr. Shellenberg, Teacher

"I think 3D is the way of the future. it keeps the audience engaged. I don't like paying the extra money for it though. It's going to keep evolving and growing. Look at how we watch movies at home, going from: Bata Max, to VHS, to DVD, Blu-ray and now 3D."



Trent Lieth, Grade 11

"I like it certain times, but not all the time. It's not needed most of the times. Like when they convert old movies into 3D."

I think 3D is just going to get more and more advanced and more and more expensive until they will stop making 2D movies in the theaters."



Conner Franks, Grade 11

"3D angers me because it is overrated and overused and it costs way more money; it's a waste of money! And it's not used to its full potential in the movies you pay to see it in; stuff doesn't pop out at you enough. Sooner or later everyone will realize it sucks and stop using it."



Heather Corbould, Grade 11

"I like 3D for some movies. If it's an adventure movie, I like it, but ever since *Avatar* everything is in 3D and it doesn't need to be."

I think it will be the future of cinema or they will go above and beyond and do stuff in 4D."



Simon Jagla, Grade 11

"I think 3D has no future other than in cinemas, and I think 3D TVs are completely pointless because if you have a bunch of people over to watch a football game or something they would all have to have glasses that you would have to buy, it's only cool in the theaters."



The fashion world looks towards the bloggers

Sara Wahedi- staff reporter

The Internet: information highway and the greatest facilitator of common fashion sense. Of course, the world wide web has assisted us with every aspect of our life, but let's be honest here—the internet's major role is as less of an educator and more of a convenient tool for hours and hours of procrastination, especially when you know that you have a million other chores on the to-do list. And what better way to procrastinate than with a whole host of deliciously gorgeous eye candy on Blogger? To maximize on your chronic browsing, I have done the gritty work for you and singled out some of our most favorite fashion Blogger sites. This fall, these are the fashion blogs that



The top 5 bloggers of the Fall season.

Photos Courtesy of Google

will be your guide for everything from the hottest boots to buying outfits for less than fifty dollars. Natalie Suarez, who is the founder of natalieoffduty.blogspot.com,

highlights on her west coast personality with vintage finds and inspirational musings. For those who enjoy clothes with a symmetrical feel or even have a

knack for interior design, Nadia Sarwar from froufrou.blogspot.com has been named one of the most influential fashion icons in Vogue Magazine. Furthermore, it is evident to keep men

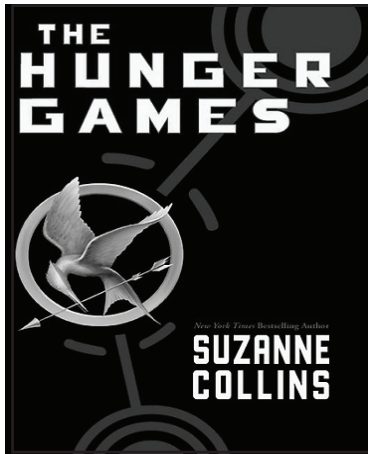
as fashionable as possible. The leading men's blog at the moment is mistermort.blogspot.com. The website mainly focuses on upcoming and top trends in men's fashions. Mister Mort is a brilliant photo guide to teach younger generations of what style really looks like. Expect perfectly worn-in oxfords, tailored trousers, and Woolrich shirts. For girls who are looking for inspiration with "Do-it-yourself", blushingambition.blogspot.com & fashiontoast.blogspot.com emphasize on keeping fashion an artistic endeavour and less materialistic. Fashion is mainly about individuality and being able to express your artistic imagination through clothing.

Hunger Games Trilogy is a top choice by teen readers

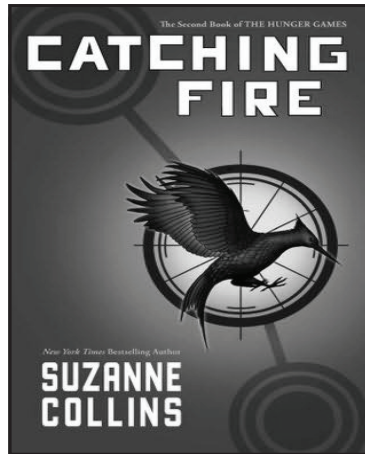
Livia Turnbull - staff reporter

Many years after the present day, North America is now known as Panem. Panem, divided into twelve districts and the Capitol, hosts an annual Hunger Games. One boy and girl between the ages of twelve and eighteen from each district are required to participate; however, in order to win fame and fortune, only one person can survive.

On the day of the seventy-fourth Hunger Games, sixteen year old Katniss Everdeen is out hunting with her best friend, Gale Hawthorne. Katniss hopes she won't be chosen for the games, but

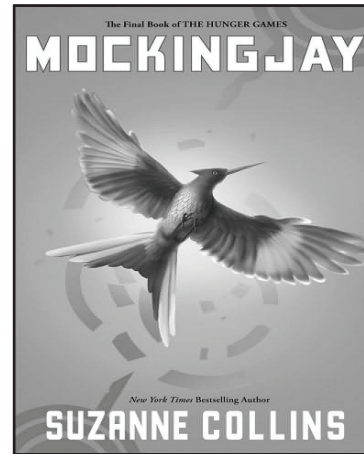


when the names are drawn, her little sister Primrose is chosen instead. Katniss later meets a boy named



Peeta Mellark, who is also from District 12.

At the games, the duo pretends to be star-crossed lovers in order



to win the favor of the audience. But with both knowing that they have to kill each other in order to survive; will they be able to pull the act off? Borrow

the books from your local library and find out! The Hunger Games trilogy is a compelling read. Seamlessly blending together action, science fiction and romance, readers from grades 9-12 alike will be sitting on the edge of their seats.

However, as great as these books are, they do have one problem.

Namely, those who would be expecting a romance along the lines of the Twilight saga will not be able to familiarize themselves to the raw and realistic adventures of these characters.

Riverside's teachers share their favourite music choices

Ivy Malinowski- staff reporter

We all know what's on our music playlists, but do you ever wonder, what is on our teachers' playlists. Mrs. Bates' favorite radio station is CKNW FM. She listens to everything but classical and rap music. "I'd pick heavy metal over classical music," said Bates. Michael Buble is one of her favorite singers. Bates also loves Jazz. "I've loved it since summer of '67," said Bates. (Bottom right)

She listens to everything she listened to when she was younger. Mr. Schellenberg (Bottom Left) listens to music every day. His favorite radio stations are Virgin radio, Fun FM, and the Beat. He listens to Pop/Rock 80's, Top 40 and the oldies. "I'd have to say, Queen is my favorite band," said Schellenberg. He enjoys listening to Kings of Leon's album, "Only by the Night." When asked about how music has changed since he

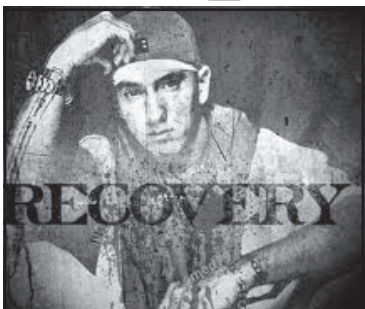
was a teen, he replied, "As time goes on, I appreciate the older music more." Ms. Chin listens to The Beat and Virgin radio every day. She enjoys Top 40, Country and R&B music. Bruno Mars is her favorite singer. "Music hasn't changed; it has to have good beat, good lyrics, and it has to be danceable," said Chin. Mr. Thies listens to the Fox and the Peek radio every day. He enjoys listening to the bands, Alice in Chains, Arcade

Fire, and Tool. Thies says his favorite album is "Stone Temple Pilots Purple." When asked, how his taste in music has changed, Thies commented that popular cultural trends no longer influence him.



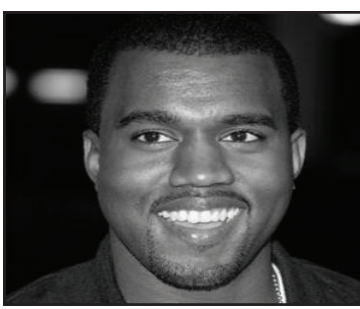
I.Malinowski/eddy

Top 5 artists chosen by R'side teens



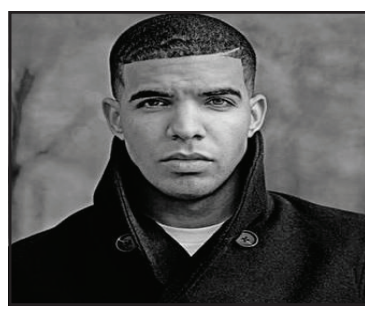
Eminem

According to R'side students, the top artist is Marshall Mathers also known as Eminem. Marshall is an American rapper, record producer, and actor. "I chose Eminem because he expresses parts of his life story in each song he creates," said Preston Li.



Kanye West

The runner up for the top 5 artists is Kanye West, known for his album, "College Dropout" who is currently working on his fifth studio album My Beautiful Dark Twisted Fantasy. Students admire his work for his creativity with music, and his on stage presence.



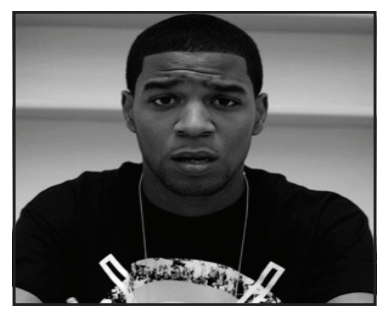
Drake

Canadian artist Aubrey Graham, also known as Drake, is the number three spot. Drake was signed with the group Young Money by rapper Lil' Wayne in 2009. "I enjoy listening to Drake because he incorporates rapping and singing in his songs," said Adam Fraser.



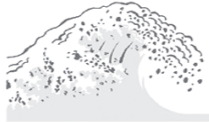
Lil' Wayne

Coming in at the fourth spot is rapper and CEO Lil' Wayne. In 2008 Lil' Wayne sold 1.0 million copies in the first week with an album named Tha Carter III. Many students stated they enjoyed listening to Wayne, because he explores all sorts of music genres, such as rock and R&B.



Kid Cudi

Number five on the list, is Cleveland's one and only Kid Cudi. In 2009 Kid Cudi gained attention after releasing his first single titled Day 'n' Nite. The song eventually became top five of the Billboard hot 100 and hot R&B/hip-hop songs



Ask Eddy - Answers to the problems young people face today

By Cristina Garofalo and Miriam Weber - staff reporters



All photos Courtesy of Google

Relationships

I can't get over my ex-boyfriend/girlfriend!

We will meet many different people in our lives, but sometimes someone will come along and just stick in our head for a while. Getting over someone can be challenging and mentally straining. There are ways to get over someone, and it's not impossible. One way you can get over someone is to get rid of any memory triggers. It's going to be quite hard to get over someone when all the memories are around you, so get rid of the past and start fresh. Another way to get over someone is to find happiness in other areas in your life, and just focus on anything good that is happening in your life.

I'm being pressured to have sex before I'm ready! What should I do?

The eddy is not condoning teens doing anything before they are ready but, having sex with your partner should be your choice, not your partner's choice. Don't let anyone pressure you to do anything you don't want to do. The most important thing is to feel happy and ready. If your partner is really interested in your well-being, than he/she won't pressure you to do anything against your will. While under the influence, sometimes young people can do things that they might regret later on. So think twice before you say 'yes.'

Family

My parents put a lot of pressure on me!

Parents can sometimes place unrealistic expectations upon their children. Goals that they may have been able to reach are maybe out of reach for their children. It's natural and normal for children to want to make their parents proud, but it sometimes puts a tremendous amount of pressure on the child. If the pressure of stress gets too much to handle, try to explain to them, in a calm manner, your point of view. If that does not work, find another adult, such as a counselor to help find ways to a solution.

How can I stop fighting with my family so much?

It's normal for teenagers to fight with their families. There are many stressful things going on in all of our lives. Sometimes we take it out on the ones that we love, and this can leave you feeling guilty sometimes. It's an important lesson to learn, to be the bigger person. Sometimes you just need to 'swallow your tongue' even though you may be angry or stressed. Understand that everyone is dealing with something. Communications is key. Hanging on to anger only leads to more conflict.

Friends

My best friend is changing!

For many people, going through high school is when you change the most; it's when you start to find out what you want to do in life and who you really are. Sometimes you find you no longer have anything in common with your 'best friend.' The person you may have known since kindergarten is suddenly a stranger. There is not much that you can do; the harsh truth is that you will lose friends in high school. It happens to everyone. Sometimes friends get into trouble. You may find your friend is turning to illegal things. Talk to them; share how you think their behavior is harmful. True friends should always be there for you, but be prepared for changes.

My friend is jealous of my relationship with my girlfriend/boyfriend. What should I do?

The first thing to do is sit her down, and have a conversation about his/ her behavior. Talk to her and ask her what she wants you to do about the whole issue. Don't break up with someone just because a friend is jealous; find ways that you can fit them both into your lives without making the other feel left out of it. Don't ever ignore a friend just because you have a boyfriend/ girlfriend.

Riverside's Glow club helps ease homophobia

By Jacob Perrault and Jennifer Lee - staff reporters

The media lately has been reporting a disturbing trend: young people being targeted and harassed because they are gay. This has resulted in some of them taking their lives in despair over the bullying.

For example, not long ago, a university student from Rutgers University committed suicide after his private encounter with another man was recorded and streamed online. He took his own life by jumping into the Hudson River. Another incident that occurred was when a mainstream Republican candidate for governor of New York said homosexuals are not equally valid compared to heterosexuals. Since this person is a figure whom people look up to, it is possible that some people might believe that such statements are

true. Along with these two incidents, there have been other many incidents of suicides of young gay people because they feel persecuted and vulnerable. In Canada, lesbian, gay, bisexual and transgendered people seem to have more rights and be more accepted than in the US. LGBT Canadians have most of the same legal rights as straight people. They are extended



Gay rights are human rights.

Photo Courtesy of Google

more legal rights than other nations where homosexuality or same sex marriages are illegal. Canada was the fourth nation in the world to

community for LGBT students, more so than many of the high schools in the area; however, homophobia is still an issue that

perform same sex marriages, and was one of the first countries in the Americas to perform such marriages nationwide. http://en.wikipedia.org/wiki/Same-sex_marriage Riverside Secondary also has a reputation as an accepting

many young people struggle with. To help with some of the struggles LGBT teens face, Riverside has the G.L.O.W club (Gay, Lesbian or Whatever). This club is for all students who want to talk about safety, relationships and other social issues that arise. "To encourage students to participate in G.L.O.W, we will be putting up a bill board with helpful information, and a video to be played during RAP, all to help students to openly communicate about this topic," said sponsor teacher Ms. Weir. "We can make a difference and it all starts with small things such as not using the word 'gay' to describe something negative." We don't say 'that's so straight' as a negative adjective.

Education and tolerance is the key to stop young people from being bullied. GLOW is a safe place to begin that process for everyone.



H.S.T. and minimum wage hurt teens

Kaitlyn Anderson - staff reporter

Teens and finances, two words not often thought of together; however, teens are affected by the economic decisions made by our leaders. The recent HST (or, Harmonized Sales Tax,) makes it harder for a teen's dollar to stretch. Especially when you take into consideration that the minimum wage in British Columbia is one of the lowest in Canada, at eight dollars per hour (the highest wage is in Nunavut, at ten dollars.) This eight dollars per hour wage is not to be confused with the training wage (the minimum wage for those who have less than 500 hours of



A teen's dollar does not go far.

Photo courtesy of Google

work experience,) which is six dollars per hour (for the most part the training wage applies to teenagers just entering the work force.) Many teens have to pay for most of their own stuff (clothes,

movies, etc.) which is hard enough without the HST.

The HST applies to everything from designer jeans to coffee; for example, a Grande Caramel Frappuccino was \$4.68 and now it

is \$5.15. Though this is not a drastic increase, over time it adds up. On top of having to pay the HST, take into account that many adolescents receive the minimum or training wage, depleting their already small paychecks.

Most teenagers have negative feelings about HST, calling it 'unfair' or worse. Unfortunately there is not much that teenagers can do about it because the HST is already in place. A petition was started, but as minors, teens cannot sign because you have to be of legal voting age. Teenagers do not get any really valid say in these types of issues, even if they do get affected by them quite a bit.

Student Council becomes Rapid Task Force

Sara Wahedi - staff reporter

Traditionally, schools have had a student-based council which provides changes to the school environment, yet there are debates about the structure of the council and how it has transformed into a popularity contest. "Student Council has always been about popularity rather than the personality, and I was hoping to change the course of that tradition this year." Ben Lepore, who is a Socials teacher here at Riverside, has been emphasizing the importance of Student Council's presence in the school. "Student Council is the organization that the administration contacts when it comes to making decisions that affect students, such as upcoming dances and dress code." The council has been renamed to "Rapid Task-Force" and Mr. Lepore believes that it is important to move away from the popularity aspect of Student Council. Mr. Robinson has always advocated the presence of Student Council and believes that it will be much easier for administrators, teachers, and parents to get useful information from student representatives. When asked about why there is the necessity for Student Council, Mr. Lepore said, "Rapid Change, G11, and Leadership focus mainly on the external factors of Riverside, while Student Council focuses on student issues completely." Student Council was founded by Mr. Pierre Lemieux a decade ago and has faced many years without significant student participation. Although, it is important to note that Student Council has brought many benefits for the school in the past ten years. Microwaves, "The Wave", and the relaxation of the dress code are just examples of actions that Student Council has brought forward. Suffice it to say, Rapid Force and



Mr. Lepore emphasizes the Student Council's importance.

Leadership will always be important groups within Riverside. Although, the presence of Student Council is something that we as a student population cannot push aside. It is essential that the teachers, Parent Advisory Committee and administration come forward with questions and concerns to a group representing the student body. Rapid Task Force is working to bring positive changes and implement the wishes of the students with Mr. Lepore's assistance. "I've tried to focus on the positive and negative aspects of Student Council, and the changes that have been made this year will hopefully have a positive outcome for the students and our school in the future."

In Your Face!



Maya

Reddy-Thom

Grade 12

Career choice

Journalism

What is your favorite signer?

Bon Jovi.

What do you do in your spare time?

I am a national competing synchronized swimmer.

How many hours do you swim?

30 hours/week

What is your favorite movie?

Atonement

What is your favorite colour?

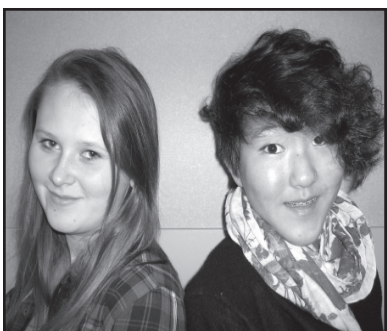
Blue

What are you planning to do after high school?

Studying journalism in the United-States and participate in varsity synchronized swimming.

What is your favorite class?

English for sure.



Get out of my way!

Lockers are great, but what's the point when you can't get to them. Many students just sit there and look at you with a "oh sorry did you want me to move?" face. Or they "pretend" that you're not there. Another irritant is when they act surprised; "I'm so sorry I didn't know that it was your locker" It is frustrating. People also leave their bags and their garbage around or the stick their chewed gum to your locker. All a person has to do is stand up and put their gum or garbage in the garbage. And you can leave your bag in your locker. With so many benches around the school why sit or stand in a locker bay? Even when you're being nice and saying excuse me, they just ignore you. Hurtling heaps of people to get to my locker sometimes makes me late for class. Not to mention the throngs of people that stand right in the middle of the hallways. It's a monstrosity, I tell you. I can't even walk down the hallway without someone group of kids walking slower than a turtle and holding up everyone.

Courtney Gemmel, Jennifer Lee and Kieran Rupert

present...

POTSHOTS

TOUGH TALK FOR A TOUGH WORLD



Enough of Jersey Shore already!!!

"G.T.L baby. Gym, tanning, laundry." "It's t-shirt time." "Mike, Vinny, Pauly-D equals MVP." "Shut your mouth, you dirty little hamster." Do any of these quotes sound familiar to you? Well that's probably because you've either watched episodes of Jersey Shore, or you've seen them on your friends' Facebook status updates. It's very clear that Jersey Shore, a MTV reality show is brainwashing the young generation. The guys go around referring to normal looking girls as 'grenades' just because they're not toned, tanned and they don't have big breasts. The characters in this show aren't great looking either so I don't see why they put people down. If you ask me, there is nothing beautiful about having orange skin, nine inch fake nails, and being four feet tall. Truth is, this show is awful. Life has become so boring for people that they waste away hours watching a show based on false stereotypes and living an unhealthy lifestyle. This show makes it seem okay for people to get drunk, be rude, and take off their shirts every chance they get. Avoid getting brainwashed by this show everyone! It's not okay to have a six inch tall bird's nest on your head.

Hiding behind our phones!

The telephone revolutionized the way we communicate over 100 years ago. The first cell phone was commercially available in the 1980's and 15 years later cell phones could fit in your pocket. But in recent years it seems we've taken a step backwards in communication technology with the popularization of text messaging. It seems to me that many people would prefer to text than make a phone call. Why is this? Is it that, living in a society that relies so much on technology, we've become so afraid of human interaction that we feel inclined to hide behind our phones? Do we feel awkward talking to our friends in person? Are we afraid that we'll say the wrong things if we can't take five minutes to think about it? Maybe we need time to think of witty things to say because we're insecure. Texting might have its uses, such as times when you can't have a conversation on the phone, but I see people texting constantly, even when it would be far more efficient to make a phone call, and I know people who don't make phone calls at all anymore. I, for one, don't text at all, anymore, and face to face contact, as novel as it may seem now, is much more satisfying.



Fans placing high hopes on Canuck talent again

Alex Brown - staff reporter

At the start of this season many of the Vancouver faithful had high hopes for the team. As for every season many of the fans had dreams of Conference Championships, President's trophies and Stanley Cup Championships and at the start of this season all those dreams looked like they could become a reality. For a team where trips to the Stanley Cup Final are few and far between and winning has never happened in the entire history of the team, this season looks like the cup less drought could end... On paper that is.

The Canucks had just re-signed undoubtedly one of the league's hottest goaltenders to a 12 year, \$64 million deal that almost guarantees Roberto Luongo will be wearing a Canucks uniform until the end of his career. So they have a top of the line goaltender but let's not forget Henrik and Daniel Sedin. The two twins out of Ornskoldsvik, Sweden are two key components



Photo Courtesy of Google

Canucks team members Henrik Sedin (#33) and goalie Roberto Luongo (#1).

of the team and two of the best players in the league.

They have the ability to play with virtually anyone and with what

seems like telepathic ability. The duo know where each other are on the ice at any given point during the game, which means behind the

back and through the legs passes resulting in lots of goals and lots of assists.

Last year Henrik Sedin won the

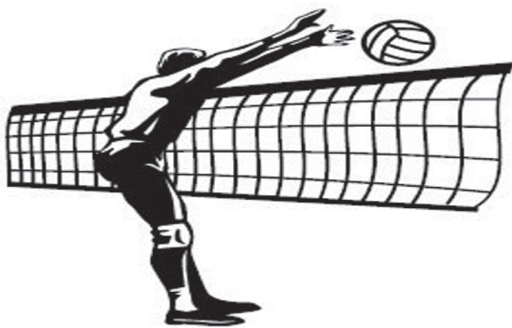
Art Ross Trophy for most points in the league, quite a feat considering some of the other competitors for the trophy were the likes of Alexander Ovechkin and Sidney Crosby. Winning the Art Ross basically cemented Henrik Sedin's status as one of the leagues "Superstars." So not only do they have one of the top goalies in the league but they also have two of the top forwards and on top of all that they added more depth over the summer signing players like Raffi Torres, Dan Hamhuis and Manny Malhotra. The Canucks chances for their first cup look better than ever, that was until the start of the season.

The success of a team often hinges on a good goaltender. Is Roberto Luongo overrated? Some say yes, others no but despite the occasional bad game by the team's starting goaltender they continue to win. The Canucks have won 7 of their last 8 and have high prospects for the rest of this road trip.

Sporty Shorts

Congratulations to Riverside's Volleyball teams!

All of Riverside's Volleyball teams have worked hard this season. But special cudos go to the Senior Boys and Girls Volleyball teams as they advance to the Fraser Valleys. The Senior Boys take on #1 ranked Semiahmoo and the Senior Girls meet #3 ranked Earl Merriot. Best of Luck!!



Rapid swimmers make provincials

Reilly Gagno - staff reporter

This year our Rapids swimming team has had a successful start to the season with the two meets at the Coquitlam championships and the Fraser Valley meet. The swim coach, Ms. McAthur, has done a good job keeping the team up to its highest potential. "I think the team has done well and the junior students on the team have done exceptionally well but I would like to see more grade 9's and 10's on the team next year.

We need to grow our team. We have so many committed seniors on the team that are graduating,"

said McAthur. In the upcoming Provincial meet on November 19th and 20th half of the swim team has



Photo Courtesy of Ms. Lotter

Members of Rapid swim team.

qualified to compete. Jacob Nickel is in the 50 and 100 meter fly; Christopher Todd is in the 50 and

100 freestyle, and the 50 meter fly; Samuel Willet is in the 50 meter backstroke. (Jacob Nickel and

Christopher Todd both have been on the team for four years).

The team is looking forward to the Provincial meet. "It's exciting to go to Nanaimo because it's a big event with lots of spectators," said Christopher Todd. They are still practicing hard for the provincials. Our school, sponsor Ms. Sharon Lotter has been helping out with setting up meets and practices for our school. The coach and parents are going to be there for the Provincial meet.

Riverside ranks high at Red Serge

Mitchell Stewart - staff reporter

The Red Serge's Annual Girls Volleyball Tournament was held for the eleventh straight year on the November 5 and November 6 weekend at Riverside Secondary School, the place that the tournament is annually held. The tournament was originally started by the RCMP to try to create a better relationship between themselves and the community. Ten years later, the tournament is stronger than ever and is becoming more well-known all over the province.

The RCMP wants to encourage youth athletics throughout the province and also to teach kids about the RCMP at the same time.

The tournament has been great through the years allowing young women who may be interested in the RCMP to learn more and to think about the RCMP as a career

RCMP.

Most of the top teams in the province come to play in the tournament. On average about seven of the top ten teams enter, including the number one ranked team in the province, Handsworth, who had not lost a set all season coming into the tournament. It is a great opportunity for the teams to tune-up their play just before Provincials.

Riverside played four, strong round robin games and eventually made their way all the way to the final against Handsworth. Handsworth came out on top in the end to win the tournament, but Riverside did finally break Handsworth's unbeaten sets streak.



M. Stewart/eddy

Girls from the Red Serge tournament pose for a photo.

for the future. Also, every year there are different women from the RCMP who speak during the opening ceremonies to tell young women about their experiences and how they were introduced to the

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