



Riverside teacher spearheads fitness park

Jordyne Bird - staff reporter

The members of the Active communities committee (ACC) have come together to build a fitness circuit in Gates Park. The fitness circuit was created to get people who don't want to go to the local gym or deal with the costs of a gym membership. The ACC is made up of representatives from different groups such as Port Coquitlam Parks and Rec, ParticipAction, the Heart and Stroke foundation, BCPRA and SD43. One of the representatives from our school district was Riverside's own Mr. Luongo. He became a part of the program because he is a very active person himself and he wanted to help out the citizens of Port Coquitlam to become more active and healthy. The active communities committee is part of another program called PocoMotion. It was developed this year as a community initiative focused on support-



Mr. Luongo at the park that he helped make possible.

K. Shong/Eddy

ing a healthy community that promotes healthy lifestyles and encourages residents of Port Coquitlam to become more physically active. PocoMotion is also one of over 160 registered active health communities in British Columbia working to promote healthy lifestyles. The funding for the circuit was provided by every program in the ACC and also the Port Coquitlam Business Association. Mr. Luongo likes to take his class out to the circuit whenever he can; they haven't been using it since late October but once the weather gets warmer, he hopes to get out more. Anyone who would like to train on the fitness circuit can attend circuit training for 13 years or older. It will be run by a certified personal trainer with free admission. It will run from May 3rd to June 12th. If you are interested in participating in this new feature and hoping to get into shape for the summer, you can get more information at www.pocomotion.ca.

Garbage as fashion

Jordyne Bird - staff reporter

Kodiaks With A Purpose (KWAP) hosted their 2nd annual Garbage Fashion show at Heritage Woods secondary



Joanne Van Beekum, a Riverside student and winner of the Garbage fashion show.

school on the eve of April 21st which is also known as Earth Day. The theme for the fashion show was *Teens Helping Teens*. Five students from Riverside were participants in the show and made all of their costumes in Art 12, except for Rebecca Sigrist who completed her dress on her own time. Joanne Van Beekum from Riverside took home first prize of \$100 with her very creative dress. It was made from bamboo beach matting, foam packing fabric painted green, a broken mirror necklace, a paper lamp shade parasol, and pop can earrings. The grade 12 art classes were encouraged to go into the fashion show because they had to make the garment for class anyway. Also, Joanne wanted to go into it just because it was a fun idea to create awareness for recycling. It took Joanne about three weeks to make her dress which she started during spring break. Other than awareness for recycling, the purpose of the fashion show was to raise money for different charities such as *Watari*, *Friendship Providers In Action* and a

Continued on page 5...

Orlando trip returns

Maya Reddy-Thom - staff reporter

On Tuesday April 13th, a group of grade ten students left for Orlando, Florida for the annual Orlando EDventure trip. Organized and led by Riverside teachers Mr. Jeremy Brown and Mr. Gary Horton. The students visited several attractions to partake in various educational programs.

They visited the NASA Kennedy Space Centre and saw an educational IMAX movie, as well as viewing the shuttle launch pads and an exhibit on the APOLLO missions. They also visited SeaWorld where they spent time at the Water Park, learning about marine sciences.

"I found the NASA and SeaWorld visits especially educational," said grade 10 students Marc Campbell.

Another attraction visited was Universal Studios where they spent the morning learning about physics and the forces "Behind the fun" of the parks, then spent the afternoon enjoying the rides.

"Universal Studios was

probably my favourite [place to have visited in Orlando,] but we got rained on by a storm half the day," said Campbell.

The weather varied throughout the seven day trip, with warm sunny days in the beginning, then three days of heavy rain and even a lightning storm.

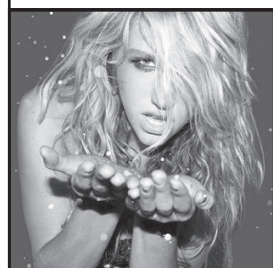
All students had to go through an interview process before the trip, and have a teacher recommendation that they would be able to miss the amount of school. They had to keep their grades up throughout the year and be organized, attending every meeting.

"The trip was a blast," said Campbell, "It was one of the greatest experiences of my life and having friends along made it a blast."



The Orlando trip students outside NASA.

Photo Courtesy of M. Campbell



Counter-point

Is the use of Auto-Tune corrupting the music industry?

2



Special Feature

The pain that bullying can cause and the history of "Pink Shirt Day."

5



The Simpsons

Should the smash hit show come to an end after 20 years of laughter?

7



Are we ready for the “Big one?”

In the first four months of 2010, there have been nine major earthquakes and the volcanic eruption of Iceland’s Mount Eyjafjallajökull. Some of the disasters have been profiled in the media, from Haiti and Chile, to others less like Turkey. With these recent disasters happening in such a small time frame, both 2012 conspirators and more logical thinkers alike are trying to draw their own conclusions as to what’s going on underneath the earth’s surface.

The more pressing question at the moment is: What is British Columbia’s plan when “The Big One” is going to hit the Lower Mainland?

According to the Vancouver Emergency Preparedness website, earthquakes are among the most threatening hazards to British Columbia. Vancouver has its own Emergency Centre (E-Comm, located on Pender Street), which supposedly provides a clear and concise guideline that notifies the public of each city department’s various responsibilities that are supposed to be carried throughout the duration of a disaster.

Although, on the website it repeats *multiple* times that natural disasters are never planned and therefore cannot be pinpointed to an exact time, the Neighbourhood Emergency Preparedness Plan (NEPP) advises citizens to tie down furniture in order to minimize injury. What’s the point? Everyone in British Columbia can’t live their lives with all their belongings zap-strapped to walls.

If one wants some of these questions answered, there’s an email address supplied on the webpage. The unfortunate thing is, though, if one actually gets around to sending an email, but will still have yet to reply. How is the population of Vancouver supposed to feel safe if they can’t even get into contact with their own emergency centre? What’s the point of even having an informational webpage if there’s no communication?

There are multiple resources which states that each family should have a disaster kit—which needs at least four litres of water per each person for each day, non-perishable food, along with a battery-powered radio and adequate first-aid kit; all of which needs to last at least three days. The unfortunate factor of this plan, though, is that most of the province’s population is apathetic about the concept of a natural disaster hitting home. In order to keep one’s family safe, everyone needs to look into both preparing an emergency kit and educating themselves about the upcoming disaster.

Among the subject of citizens being apathetic, this will eventually lead to the next list of questions: Are the buildings within the province able to withstand a major earthquake? Is sitting under a desk and counting to sixty enough to ensure our safety? Will everyone be able to survive three days with only necessities to survive? Are the emergency plans of some cities in the province better or worse than others?

Even if these questions cannot get answered within this article, there is much speculation about what can be done about the situation. Scientists aren’t asking if, but *when*—this means that a large-scale disaster will happen not necessarily in the next week, but in the near future. The information supplied confirms that everyone in the province needs to have enough reason about them during the disaster to react competently to its repercussions and effects. The most important question of all being: Are *you* prepared?

The editorials that appear in this space represent the opinion of the Eddy. They do not necessarily represent the personal views of the writer. The positions taken in the editorials are arrived through discussion among members of the Eddy staff.



POINT COUNTER POINT

Autotune beneficial to musicians



Emily Nomland
COLUMNIST

With the music industry always changing from generation to generation, it’s going to take on a new sound and technique with this era like every year before. Since raves and clubs are becoming increasingly popular, dance and techno music are taking up much of the space on people’s iPods. To create this genre of music that appeals to the newer generation, auto-tune, a voice correction tool, is being used in almost every single song. But many feel this is corrupting the sound of music.

Personally, I think that it’s just a way for newer artists to produce

the sounds that teens want these days. Everybody likes an upbeat and fresh sound, and auto-tune can achieve this with minimal effort. Some critics are saying that using auto-tune automatically labels you as an untalented mainstream artist, but this isn’t entirely the case. At a first listen, of course, it isn’t going to sound like you were born musically talented, but it takes a keen ear for musicians to create these sounds and have them sound appealing. If you use too much of it, it will just sound like excess distorted noise.

Most songs aren’t completely overrun with the sounds of T-Pain, the God of auto-tune. Many mainstream artists, such as Michael Bubl , Justin Bieber, and Adam Lambert do, in fact, sing without auto-tune in most of their songs. Other artists that use auto-tune,

such as Katy Perry, Lady Gaga, and P!nk can play instruments, also. It’s just certain notes that they’ll use auto-tune to make sure that it appeals to this generation so that their songs and albums can sell on today’s competitive market.

In the creation of a song, the studio edits the voices of the singer and the sounds of the band to make sure that the vocals are on key and not pitchy, and that the band is in tune. What’s the difference between that and auto-tune? They’re both editing the voice of the musician, and auto-tune only affects the singer, not the band. But nobody complains about the studio process and the artist is still considered musically talented. Using this device creates ‘ear candy,’ and this is what the new generation wants to hear.

Plus, who doesn’t like a catchy tune?

Musicians lack talent and style



Daniel Jung
COLUMNIST

As time goes by, it seems as if the “what’s hot” in the music industry is steadily becoming worse and worse as every year comes along. While many may argue that this ‘new sound’ is what the next generation is made up of, it does not cover up the fact that nearly all of these songs contain little to no meaning or substance. If you take a good look at the lyrics of songs currently on the top 100, you will find that over 85% of these songs are about nothing at all. They either revolve around sex, drugs, or money (or all 3 at once).

While you might think that these lyrics have no influence on you, subconsciously they do have an impact. The heavy amount of profanity used in songs desensitizes and generally makes listeners dumber (for lack of a better word).

“Autotune,” which is a vocal pitch-correcting program, is plaguing the music industry with its overuse in nearly every popular song. Skill is not required as autotune fixes even the worst singer’s voice. No longer is emotion heard in the voices of singers, but rather an almost robotic, flat sound. Sure, in small doses it may be tolerable, but to simply use it to make an entire song proves that too many so-called ‘musicians’ nowadays have very little ability or talent, T-Pain being an example.

Ever have a song that you can’t get out of your head? Many musicians these days have perfected the art of making their songs appeal to the musical masses. They can write about nothing at all and still be very successful. This is becoming a growing problem, because younger audiences are usually very affected by mainstream music; music filled with trashy themes and a lot of swearing. People wonder why it seems that each generation is becoming worse at younger ages, and this is definitely one of the causes.

While I do agree that a lot of the music out now-a-days sounds good and is enjoyable to listen to, I don’t think it would be impossible to make more songs that both sound good AND are free of any ‘low-I.Q.’ lyrics.

the eddy
riverside secondary

The Eddy has been the independent voice of the students of Riverside Secondary since 1996 and is produced monthly by the Journalism class.

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Additional articles, writing, and opinion pieces are accepted and will be published as space allows.

The Eddy reserves the right to edit all submitted material for brevity, and style.

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Students volunteer with young and old in community

Olivia McMullen - staff reporter

While most of the students at Riverside Secondary are in class, Ms. Blaxland's leadership class is out volunteering with the young and the elderly in our community. The students spend their Tuesday mornings with the residents of Hawthorne lodge and their Thursday mornings with the children of Central Elementary school. When the Students arrive at Hawthorne for their weekly visit with their assigned elders, they spend their time brightening the sprits and giving attention and companionship to those who otherwise might not have gotten it.

The students also join the elderly in actives such as reading, playing music, and doing crafts. Currently the



Photo Courtesy of J. Blaxland



Photo Courtesy of J. Blaxland

Riverside students, Ronnie Tsai and Vivian Tsai, volunteering at Central Elementary and Hawthorne students are working on memory books for their elders. The books consist of favorite memories from the person's past, and not only are they a good way for the elderly to remember their past, but also an

excellent way for the students to learn more about the elderly people that they spend time with every week.

When the leadership kids visit Central elementary school on Thursdays, they use their time to try to be positive role models to the kids and teach them valuable life lessons. One of the activities that the leadership students did with the Central kids was to go and pick up garbage in the community. The leadership kids visit each for about 45 minutes. Each of the leadership students leave these volunteer experiences every week knowing that they have help make a difference in the lives of the young and the old in the community. "We're really just there to be positive role models to the kids," said leadership student Ronnie Tsai about her volunteering at Central Elementary school.

Grade 10's win \$5000 for local women's shelter

Giselle Chiu- staff reporter

On Tuesday, April 27th, grade 10 Riverside students, **Samantha Jung**, and **Jenny Kim**, were presented with a cheque of \$5000, courtesy of **Youth Philanthropy Initiative**, to donate to the **Tri-City Women's Resource Society**. The resource society is a non profit organization whose goals are to provide aid with family counselling and accommodation of housing to women and children going through domestic abuse. "People don't realize that it happens, because often it is behind closed doors," said YPI winner **Samantha Jung**.

Planning students were put into groups and given the opportunity

to win \$5000 to donate to the charity of their choice. Presentations were judged on the impact of the charity on the social issues, the charity's finances, and how the prize money would benefit the community.

The winnings will go to a program created by the organization called *Violence is Preventable*, where people will be able to go out in the school district and talk about domestic abuse. "It raises awareness and helps with prevention before anything happens," said Jung. As a requirement, choices for a charity had to be within the community, as this will expose

students to local organizations that do not receive as much publicity when compared to better known charities.

Also, students were asked to contact, visit and interview the charity's staff and volunteer members during their own time outside of school, in order to create a presentation for the class. "The staff were very friendly and eager to help us. Being able to interact with the staff left a huge impact on us. It opened our eyes because it was different from what's portrayed on the media; being able to talk to the staff that have worked with people who experience trauma was humbling."



Photo Courtesy of K. Shong

Jenny Kim, Samantha Jung and representative with YPI award money.

Students succeed at district speech finals



Photo Courtesy of B. Angstadt

From left to right: **Laura Pennell**, **Jauna Bryant**, **Adam Bocskey**, **Steve Goguen**, **Cydney Paddon** and **Nick Jennings**.

Eric Bruchmann - staff reporter

Riverside students, in grades 10, 11, and 12, put their skills to the test on Wednesday, April 28 at the district's public speaking festival held at Port Moody Secondary School. A total of 40 students competed this year, and Riverside was well-represented.

When asked about Adam Bocskey's Gold-winning speech on the peculiarity of mustaches, Riverside English teacher Phillip Barrington said, "It was very clever. There was a certain amount of humor in it, so it was good." Laura Pennell and Cydney Paddon also won Gold, and Jauna Bryant

and Nick Jennings each won Silver, all in the Open Mic category. The Open Mic segment, a relatively new addition to the world of School District #43 public speaking, is engaging to many students. Those with a sense of originality enjoy the chance of not being made to conform to the restrictions of conventional formal speech technique. Instead, they're able to choose from a myriad of forms to express their creative freedom.

"It helps many kids to participate," said Barrington, talking about the appealing nature of the Open Mic segment's

diversity. "It gives them an opportunity to share their viewpoint on the world, but also to practice speaking in front of an audience."

Jill Reid, Secondary School Coordinator, sat on the panel of judges, along with several other prominent figures from the district. "It's a skill that I think a lot of people don't necessarily work on, and sometimes they forget how difficult it can be," said Barrington, adding, "In life, we're all going to have to do a speech, whether it's at a wedding, a funeral, or whether it's in university, you are going to have to at some point."

Garbage fashion show continued from pg. 1

...global charity helping children in Haiti. The contestants were judged in three main areas: creativity and originality, craftsmanship, construction, and the overall look (design, accessories, makeup, hair etc). They were looking for one-of-a-kind, recycled garments that would just make them say "wow." Of course you would not wear the clothing that they wore in the fashion show in regular life, but you can make or buy clothing, bags and other garments out of different recycled materials, such as old clothing that can be sewn into something completely different. And this, of course, all helps the environment. All in all, the fashion show was a great way to raise money for charity and create more awareness for recycling. It was a great opportunity for SD43 students to display their creative abilities. Congratulations to everyone who participated.

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Riverside celebrates Earth Day

Iris Wong - staff reporter

Earth Day is celebrated every April 22nd as the birth of the environmental movement. It has become the largest environmental event worldwide. This year was Earth Day's 20th anniversary, from 1990 to 2010. Since its beginning, in Canada, Earth Day has grown into Earth Week and even Earth Month to help support the abundance of events and projects that are being conducted every year. Many events dedicated to Earth Day in Canada are held annually, such as Victoria's Earth walk, Edmonton's Earth Day festival and Oakville, Ontario's WaterwaysClean-up.

Now Riverside is doing its part, from turning off the lights of our classrooms for the day to remembering important facts about the environment. The members of our REACH (Riverside's Environmental Club) have been encouraging students to do those good deeds to do their part in contributing to Earth Day or any day for that matter. One of the well known things that the REACH club has done was that they inspired many students to have



Riverside's foyer was decorated with signs and water bottles to celebrate Earth Day.

I. Wong/eddy

litterless lunches on Thursdays to help reduce garbage. Many people participate in this, which helps the environment a lot. They organized many activities to participate in during our celebration of Earth Day. This included the videos of nature, filling in the blanks and remembering facts about the environment. In addition to that, they decorated the foyer with water bottles hanging from above

reminding us to recycle and reuse. A repercussion of not recycling and reusing are the floating islands of garbage; they are as big as Texas and have hazardous effects on oceans. Not only is REACH raising awareness, but residents of the community are tossing 14% less into the trash with the introduction of the leading edge waste-reduction initiatives the city of Port Coquitlam has undertaken.

By supporting Earth Day, it empowers the environmental movement to make sure that we will live in a healthy and under control planet for all of us. It also helps improve the awareness of this day and apply environmental education to hopefully change our patterns and habits. Doing all of these things, we helped Earth Day provide opportunities for positive actions and results.

World water crisis is a reality

Michael Seaman - staff reporter

Water, there is a lot of it in this world covering approximately 71% of the earth's surface. It is vital to sustaining human life. But as a consequence of people in this world being extremely non-conservative in their use of it, we are now experiencing a water shortage. So many may ask, if the world is covered by water, why is it we are confronted with a water crisis? Because out of the 71% of the water on the Earth's surface, only 3% is fresh water which people can drink, and 97% is saltwater oceans which people can't drink. On top

of that, out of that 3% of fresh water, 68.7% is icecaps and glaciers and 30.1% is groundwater. At the same time, people also can't drink the icecaps and glacier water because we can't just melt them down and drink the water. The icecaps and glaciers are keeping the world cool and our world would become extremely hotter when they melt, which in turn creates a whole other set of problems. So altogether the

icecaps, glaciers and groundwater take up 98.8% of the fresh water drinkable by people, leaving 1.2% surface water (lakes, rivers, swamps). (info courtesy of <http://en.wikipedia.org/wiki/Water>.) Many are aware of the problems, but what is being done to fix it? People can start by changing their showers heads to water saving or "low flow" shower heads. Additionally, one can turn off the tap when

brushing his/her teeth instead of leaving the water running. Water the lawn every two weeks instead of every week, or collect rain water for the garden. Plus people should run the clothes washer and dishwasher when it is full, saving 3,790 liters a month. Using a broom instead of a hose to clean the driveway and sidewalk will also save water. When buying new appliances, consider those that offer cycle and load size adjustments. They're more water and energy efficient. Shorten the morning shower by a minute or two and save up to 569 liters of water per month. Everyone can do their part.

"There is only a little percentage of water that is drinkable on the planet and that water is being wasted by people not paying attention or not caring."



Down by the Riverside



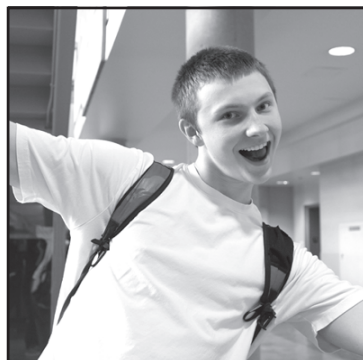
What are you doing to help the environment?



Clement Choi, grade 9:
"I save paper by not doing my homework."



Hannah Brown, grade 9:
"I bring my water in a metal container instead of a plastic bottle."



Connor Kachor, grade 10:
"I pick up garbage while I go mountain biking on the mountain."



Tyler Turnball, grade 11:
"I turn off the lights whenever I leave the room so it saves power."



Rachael Carey, grade 12:
"I bring litterless lunches to school."



photo courtesy of google

Ways To Support Earth Day

- 1. Increase your Understanding:**
 - Learn more about the environment
 - Teach others to increase awareness
 - Participate in community initiatives
- 2. Recycle:**
 - Recycle things you don't want or need anymore
 - You can recycle anything, from paper to even clothes!
- 3. Alternative Transportation:**
 - Walk
 - Ride your bike
 - Carpool with a friend
- 4. Save water:**
 - When brushing your teeth, turn off the tap.
 - Take short showers instead of baths
- 5. Smart shopping:**
 - Read labels, avoid over-packaging
 - Only buy what you need
 - Borrow something from a friend
- 6. Food choices:**
 - Choose organic and/or local foods
 - Pick foods that are in season
 - Eat less meat
- 7. Washing and Drying:**
 - Wash full loads of clothes in cold water
 - Hang your clothes up to dry
 - Buy high efficiency machines
- 8. Electric:**
 - Recharge your batteries
 - Unplug things when not using them
 - Turn off the lights when you leave a room
 - Recycle your electronics
- 9. Gardening:**
 - Take part in a community garden
 - Plant fruits and vegetables at home
 - Help plant trees
 - Don't use pesticides



Pink Shirt Day: the anti-bullying movement

Livia McMullen - staff reporter



Photo Courtesy of Google

Did you remember to wear your pink shirt?

On a crisp September day, a grade 9 boy at Central Kings Rural High School in Nova Scotia was bullied for wearing a pink shirt. Two students were enraged by this display of behavior and decided to take action. David Shepherd and Travis Price bought 50 pink shirts and emailed their classmates, encouraging them to wear pink the next day. The duo did not expect to see the result that would occur. Almost the entire student body was wearing pink in some form, some

even from head to toe. The grade 9 student was awestruck by this reaction. Ever since then, the last Wednesday of February has been known as Pink Shirt Day (except for 2010 when it was moved ahead to avoid conflict with the Olympics), in schools across Canada. On a similar note, an organization called Jer's Vision in Ottawa is also working to help stop homophobic and transphobic bullying in schools nationwide. Jer's Vision was started by Jeremy

Dias in 2002 when he received \$5000 from his school board and the Ontario Human Rights Commission as compensation for the discrimination he received from students and staff alike in high school for being gay. But are these anti-bullying campaigns really working as intended? Jeremy Dias said that "As a country, we haven't had a dialogue about youth and queerness. Gay characters are still portrayed as comic relief or joke caricatures. As a society, we have come a long way, but not far enough" despite the effort that his group as well as others are doing to stop homophobia. Although fading from use, insults like "That's so gay!" are still overheard in the hallways of many high schools. Even with the anti-bullying campaigns in schools, there is still a social hierarchy of respect among students, with white, wealthy, able-bodied, heterosexual and Christian males treated with more respect. This social

hierarchy, although slowly dissolving, is mainly what starts bullying in schools and many other places. The bully, in most cases, may bully due to insecurity about social standing or sexual orientation. Additionally, the bully may pick on others to feel some sense of authority, no matter how small it may be. Rarely, the bully may also be bullied by another person, so they bully to gain back lost self-confidence. With all the bullying campaigns in schools telling victims to tell teachers about bullying, why aren't more people doing anything to stop it? The reason for that is there has always been an attitude among some people that being bullied "builds character" or "is a natural part of life." In reality, bullying, if not stopped soon enough, can lead to intense physical and emotional trauma, causing victims to carry these burdens well into their adulthood. In extreme cases, they may end up committing suicide.



BULLYING STOPS HERE!

Photo courtesy of Google

Local radio station CKNW is a supporter of pink shirt day.

Teen suicide is a sad reality

Tessa Quayle - staff reporter

Nearly everyone has been bullied at some point in their life, some worse than others. But when bullying goes too far, some people make the wrong decisions. These extreme decisions create a permanent solution to a temporary problem. It's common for teenagers who are bullied to start out with low self-esteem, making them prime candidates for teasing and ridicule. Bullying and suicide have become synonyms and hit an all time high, with over 280,000 kids being physically assaulted in high schools every month. Teen suicide brought on by bullying can occur anywhere, and it can affect everyone. Everyone is aware of Virginia Tech, where the gunman was

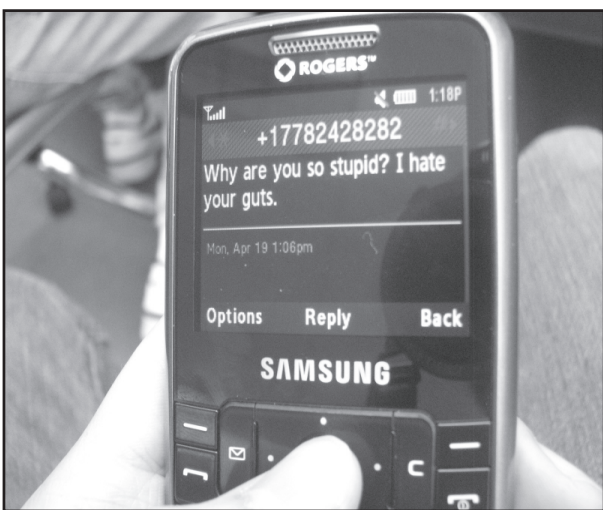
with anti-bullying campaigns reaching out to educate not only students, but parents, teachers and school administrators about the prevention of bullying. These programs are especially important now that bullying has taken a new

form for a new generation, including new ways to hurt others, potentially in their own homes. Cyber bullying is a form of bullying that uses technology, and be it through IMing, texting or through message boards, the goal remains to try to emotionally harm others. The act of cyber bullying can include sending emails and text messages that include hurtful messages, or embarrassing pictures. These examples show that bullying can now take place outside of the classroom, instead coming into the lives of teens outside of school. It's common for those faced with cyber bullying to begin to stray away from the Internet or their cell phones, due to worry that hurtful things can pop up. A study done in Greater Toronto showed that one third of students had at one point bullied others online, and that in an average classroom, four to six students will themselves be bullied. This simple study shows how easily accessible technology is, and how it can cause serious emotional harm. Also in a bullying study ranking countries, Canada charted



Daniel Jung - staff reporter

All too often we speak before we think. Words that previously had a serious meaning have become derogatory terms that too many use in everyday life. Phrases such as "that's so gay" need to be disempowered, as they are often extremely ignorant, discriminatory and not to mention stupid. Saying something like "that's so gay" is the equivalent of saying "that's so white kid" or "that's so Buddhist." Recent anti-bullying movements have stressed that the impact of the use of these terms often is more hurtful than intended. We as a society need to seriously re-evaluate how we speak, and take the effects of our words into greater consideration.



D.Jung / eddy

Cyber-bullying can be just as hurtful as if it were face-to-face.

disappointingly. In the frequency of bullying in 13 year olds, with 35 being the worst, and 1 being the best, Canada was number 26. Students who are faced with bullying problems are recommended to talk to an adult, or reach out to Kids Help Phone at 1-800-668-6868. The bullying epidemic needs to come to an end, but only students can keep their school free of bullying.

Wanda's Song

Lyrics by Chris Reading, Eric Reading & Jean Paul Lourence

Wanda was the one girl we claimed we never knew
Lincoln High School's homely-coming queen
She barely graduated with the class of '92
Voted most unlikely to succeed

Rumour had it Wanda never knew who her daddy was
At least that's what we spread all over town
I guess we always thought that we were building ourselves up
With the sticks and stones we threw to break her down

All the years we thought it didn't matter 'cause we never saw her cry
& Wanda never asked us

Why do you hurt me, and treat me like you do
What have I ever done to deserve this, from you
Would you do the things you do if you were me
& I were you?

Looking back I see the pain that we put Wanda through
& just where all the fun and games were leading
We didn't realize the damage sticks and stones would do
'Cause it was deep inside Wanda was bleeding

The paper said her death was self-inflicted
But was it suicide?
'Cause the note she wrote said

Why do you hurt me, and treat me like you do
What have I ever done to deserve this, from you
Would you do the things you do if you were me
& I were you?

For every action there's reaction
Broken hearts don't just happen
If you put yourself in their position
There's no good answer to the question

Why do you hurt me, and treat me like you do
What have I ever done to deserve this, from you
Would you do the things you do if YOU were me

& I were you?



Korean drummers celebrate 10 years

Lorraine Lidher
staff reporter

This year is the Korean Drummers 10th year anniversary. Over the years, the Korean drummers have become a part of Riverside culture, with performances at spirit assemblies, and Remembrance Day. They have also been in various communities performing in multicultural festivals, the May Day parade, at Stanley Park, many local schools, and the Coquitlam Center Mall.

Korean students arrived in February 2000; to make them feel more welcome at Riverside, staff introduced the idea of Korea Day.

Ms. Peplow had just become the multicultural sponsor teacher. She along with the multicultural club organized Korea Day. A mother of one Korean student had volunteered to teach students traditional Korean drumming. "Students had worked hard preparing everything, and when the drummers performed they were



L. Lidher/the eddy

The Korean Drumming team gathers to celebrate their 10th anniversary at Riverside.

great. The front foyer was full of people enjoying themselves," said Ms. Peplow. Soon after, Ms. Peplow was asked to become the sponsor teacher for the Korean drummers, and the club became a permanent part of Riverside. "The mother that taught them had to go

back to Korea. Then, Mr. Kim Sung IL joined in 2004, and changed the drumming style. The club moved from being lead by amateurs to being lead by a highly qualified professional. The drumming went from more traditional style to more modern drumming rhythms," said

Ms. Peplow.

Korean Drumming helps students from Korea to feel more at home in Canada. "I get to meet other people from Canada and Korea; we cooperate and help each other," said Kim Sean. The Green shirts have invited the

Korean drummers to perform at the spirit assemblies. "More kids are hearing them in the school and this has created an interest in club," said Ms. Peplow. With more students joining Korean drumming, some club members have noticed a shift in the make-up of its members. "When I first joined, the club members were mostly Korean. Now there are people from different cultural background who want to join. It's becoming more diverse," said Ivannah Velso Zeayae

This year Korean Drummers performed "The Beat of a Drum" in Coquitlam at the 2010 Vancouver Winter Olympic torch relay. "The Drummers are very versatile performers. The Olympic torch relay taught me that they can catch the mood and the spirit of any event," said Ms. Peplow.

We wish the drummers all the best going forward with Riverside.

Kids get a kick out of Children's Day

Eric Bruchmann - staff reporter

Kindergarten students from Hazel Trembath Elementary School and Central Elementary School gathered at Riverside Secondary School on Wednesday, May 6, to take part in celebration of Children's Day. Children's Day, a national holiday in Japan, allows for children to take part in community gathering, activities, games, and receive free candy and gifts. Organized by Riverside Japanese teacher Catherine Yamamoto, the event has run annually for 14 years. "Children's Day is a traditional holiday in Japan, and, although we're at a high school, I really wanted to capture that spirit" said Yamamoto. "This year, I have my multicultural leadership class

that organized all of the stations and activities." When it comes to these activities, there certainly was a variety - coloring, artwork, face painting, origami, craft tables, and a showing of Japanese animation. Riverside students Tsuyoshi Hamanaka and Ken Do gave a martial arts presentation, demonstrating Ken Do and Taekwondo, respectively. Musical chairs, mini golf, and hockey shoot were also featured games. "Not quite Japanese," admitted Yamamoto, "but they're fun activities for children." The fun certainly seems to have left a long-lasting impression on some children - at least for Riverside students Hans Seo, Nathan Gee, and Deanna Kadota, all in grade 11. "They all remember coming here in kindergarten class, and

they've all taken my Japanese courses. Now they're all in my leadership class helping out," said Yamamoto, "so it's a wonderful cycle." Whether part of the "cycle" or not, many have experienced the positivity of this celebration. "It's about spending some time with the children, letting them see what high school is, and just interacting," said Riverside student John Wong. Matt Higgins said, "It's a day for kids to just hang out, and have fun, just to get away from their daily troubles." Higgins went on to describe "many faces of glee". To some, however, Children's Day bears a different connotation. When asked what he found so significant about the celebration, Matthew Grandy replied, "Volunteer hours."



K. Shong/the eddy

Children's day was a huge success and a hit with the kids, literally!

R'side math students shine at national competition



T.Green/eddy

Do Hee Kim & Leila Lee with medals from one of their more recent contests

Taylor Green - staff reporter

On Tuesday, March 16th, Do Hee Kim and Leila Lee of Riverside Secondary wrote in

one of the biggest and most prestigious math contests in North America, The "American Invitational Mathematics

Examination" also known as AIME.

It was quite a long road to get there and both girls had to first compete in the "American Math Competition." Over 100,000 students competed in this contest from across North America. Kim and Lee both did exceptionally well in the contest earning them top 5% finishes among other contestants.

Carlo Muro, a Riverside teacher who suggested the girls for the contests stated, "They are two of the smartest students we've had at Riverside in a while."

Both girls were selected by Muro based on their outstanding

class grades and had to compete in various contests to qualify for the AIME. "We looked at their classes and they were both getting 100%," said Muro; "We decided to select them and they have been finishing first or second in almost everything they have competed in since."

What makes it even more amazing is that both Do Hee Kim and Leila Lee are in grade 11 and in the AMC they were competing against grade 12 students as well as 11's.

"Both girls will be recognized at the end of the year for their efforts and will be receiving various awards," Muro said.

Both Lee and Kim have finished well in the AIME contest and in the "2010 Fermat Contest." The girls finished in the top three percent among other Canadian students.

Kim and Lee more recently finished writing the "Euclid Contest" for the University Of Waterloo. The results aren't yet available, but one can guess from their previous results that they, once again, have done Riverside proud.

"Not only are they great students, but they are really humble people," said Muro, "We are very lucky to have them at Riverside."



The Last Song a typical teenage chick flick

Erika Gebhardt - staff reporter

Based on best-selling novel by Nicholas Sparks, *The Last Song* is set in a small Southern beach town where an estranged father, Steve Miller, played by actor Greg Kinnear, gets a chance to spend the summer with his reluctant seventeen-year old daughter Veronica, also known as Ronnie Miller. Ronnie, played by actress Miley Cyrus, would much rather be at home in New York with her mother and her friends. Ronnie's life was turned upside down when her parents divorced and her father moved back to Wrightsville Beach, North Carolina, where he grew-up.

Her life becomes even more complicated when Ronnie's mother decides that Ronnie and her little brother Jonah should spend the summer with their father.



Miley Cyrus and Liam Hemsworth in *The Last Song*.

Photo Courtesy of Google

Ronnie, resentful and rebellious, rejects her father's attempts to reach out to her. Ronnie even

threatens her father that she is going back home to New York before the summer's end because

he accuses her of stealing a bracelet from the jewellery store. Still, her father tries to reconnect with her

as much as possible; the only way they can reconnect is through the only thing they have in common - music.

Another aspect to the movie is the romance. Ronnie meets Will, played by actor Liam Hemsworth. He is the last person she thought she would ever be attracted to because they are from two totally different worlds; never-the-less she soon finds herself falling for him.

The two story lines come together in a movie full of family, friendship, and secrets, along with first loves and second chances.

So, if you like laughter, romance, sorrow and drama all at the same time, this will be the movie for you. It really is worth spending the money to watch *The Last Song*. (Even though the book is a bit different from the movie, and better, it is still a great film to go and watch.)

Twenty years of *The Simpsons* has been long enough

David Terzis - staff reporter

At one point *The Simpsons* was the most watched show on television, its antics were loved and enjoyed by everyone who watched. Whether it was Homer's stupidity or Bart's attitude, *The Simpsons* was one of the best sitcoms ever, and was an example of television greatness. But sadly *The Simpsons* has become an example of what is wrong with television these days by droning on and simply having different values. Its impact on pop culture was huge, and almost incomparable to any other sitcom, with maybe the exception of

Seinfeld.

Two reasons for writing this article is one, it is simply not as good as it used to be. The reason it's not as good as before is because they've done everything. So now they just throw out ideas that would not only never be in

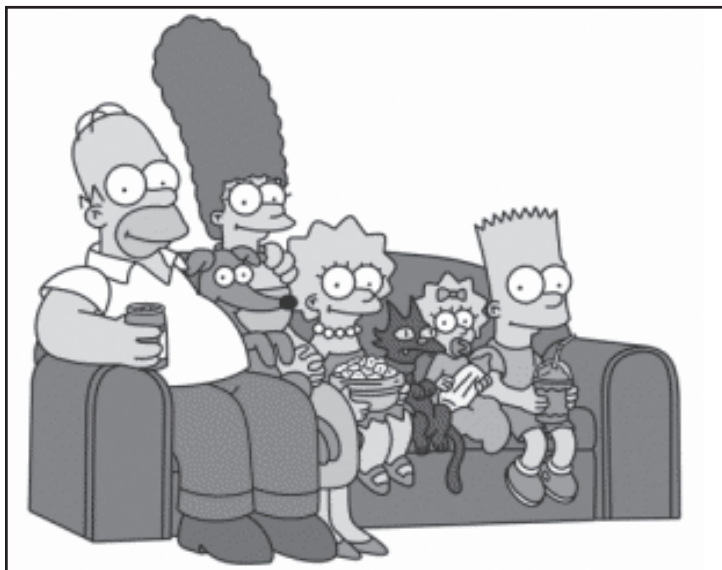


Photo Courtesy Of Google

everyday life, but should never be in, for example Homer turning into a superhero and spontaneously losing his powers. The second reason is because it's hurting the show's legacy. I want *The Simpsons* to be remembered as the greatest show of all time, but this won't happen if it keeps droning on. A sitcom that was mentioned earlier was *Seinfeld*, *Seinfeld* ended after

nine years, and of all years the ninth year was the highest watched. That's good showmanship, to finish while you're on top.

Unfortunately it's a bit too late for *The Simpsons* as it wasn't even in the top ten most watched shows of the year. My third reason is not even *The Simpsons*' fault. The world around them has changed, causing them to be less vulgar. When the Simpsons first came out; their humor was seen as crossing the line, in other words their humor was seen as improper and never seen on TV before. But now, the humor they started is seen on practically every sitcom.

Thunder and Blood a thrilling read

Christian Fowler - staff reporter

Vampires have become very trendy in today's popular culture. Everyone has heard of the *Twilight* series, and people either love it or hate it. Though books with romantic, sparkly, yet socially awkward teenage vampires have recently become very popular, there is an underground genre of compelling vampire books - books with blood, lust, and action.

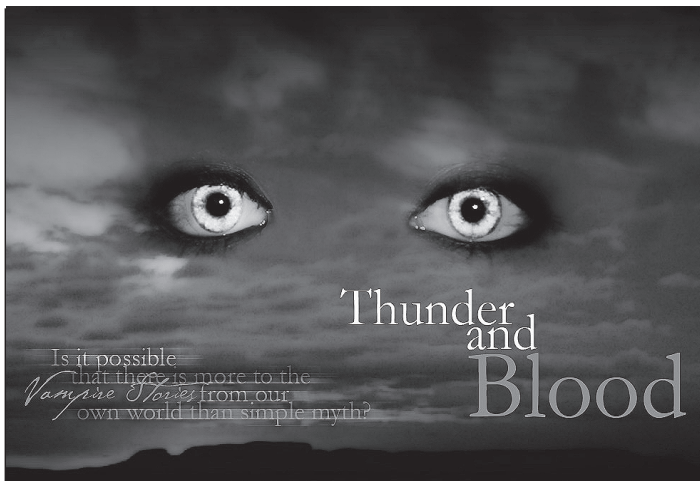
The book is called *Thunder and Blood*, and the best part about this book is that it is set in Thunder Bay, Ontario. Yes, that's right, all the characters in this book are in Canada.

The book features two sisters going to a spa on the other side of the US border. Along the way, the girls get trapped in an unearthly fog that rip them from the very world they know, and puts them in a new and very strange one filled with

vampires. After their car breaks down and the two sisters split up, each run into vampires, one tries to separate the sisters, while one tries to reunite them.

The book is an amazing read, filled with a deep and rich plot that makes you not want to put it down. As a reader, one can really see inside the character's minds and get to know them extremely well furthermore, one can just as easily 'get lost' in the beautiful world painted of imagery that new age vampire author Stacy Voss has created.

The book does have a sequel, *Thunder and Ice*, but the release date has yet to be chosen; however, in a press release, Stacy stated that the book would be out as soon as possible and she hopes it's as well received as her first book. So if you like the vampire genre, but are tired of the *Twilight* series, try *Thunder and Blood*.



Thunder and Blood book cover.

Photo Courtesy Of Google

Gleeks are taking over television

Larissa Martinovic - staff reporter

Glee, the show that has intrigued the nation has become a favorite with kids, teens, and adults. The show's creators, Ryan Murphy, Brad Falchuk and Ian Brennan, originally wanted *Glee* to be a movie, but they settled with a TV series. This show has become famous very fast. So why do people seem to like this show? Because people have said that this show is different from others; it shines a light on glee clubs all over the world. A glee club is a group of singers who

love performing and competing. It's said that Glee fans are called Gleeks. This is a fitting play on words because the show is about a Glee club with members that have had trouble fitting in with the others. All the other students make fun of them and the gym teacher, who wants to get

rid of them because she is the stereotypical bully. There is a lot of drama, but it is entertaining and the music is great because it brings back the oldies and makes them "new." If one likes the kind of music *Glee* has, 2 CDs are currently out and more will probably come. The show has attracted some criticism because of the stereotypical characters; for instance, the over the top gay guy and the mean and dumb cheerleaders. This show has

increased interest in glee clubs, and has made glee club members proud to be part of one. The cast of *Glee* has been on many other TV shows such as the Oprah Winfrey Show. Over all this show is very successful and entertaining.



The cast of Glee.

Photo Courtesy of Google



Financial cutbacks are affecting athletics

Brendan Williams - staff reporter

High school sports, especially Track and Field, are becoming increasingly difficult for students to participate in. Participating in sports, especially through schools is something that many take for granted. The reality, however, is the ever present cutbacks that school districts are struggling with means that it becomes increasingly difficult for schools to subsidize the cost of sports for students. Track and Field is an especially expensive sport. The cost of renting Town Center per school in the district to hold practices, use the equipment and hold meets for one season is five hundred dollars. Adding to this expense is the cost of the bus to the venue (which is subsidized by the administration at Riverside), and the TOC expenses so teachers, who are the coaches, can go to the meets. So, if a student wants to participate in Track and Field, he or she has to pay a sixty five dollar athletic fee, then

an additional ninety five to be involved in track— totaling to one hundred and sixty dollars. This is a cost that many families can't afford; however, Riverside has managed to subsidize these fees despite not being given any funding from the ministry of education. Schools' ability to buffer the costs may change however. According to athletic director Mr. Robert Columbo, the ruling that specific costs related to curricular courses cannot be charged to parents anymore has resulted in difficulties funding non-curricular areas, such as sports.

Funding aside, 14 Riverside students came out this season and put in solid practice time and participation at the mini-meets. "Per capita, our kids did really well. 12 went to the districts and 11 are moving on to the Fraser Valleys for placing in the top 3 in their respective events," said Leonard. There were many standout performances according to Leonard. Senior Sarah Arthur



Photo Courtesy of P. Barrington

Riverside students Sarah Arthur (left) and Aimee Grant (right) hustling to the finish line.

placed first in the 200 and second in the 100. Adam Alwasser, a junior, was first in triple-jump with an 11.84 meter jump; he also placed first in Javelin. Both the senior girls and boys relay teams performed well and are off to the Fraser Valleys. Another no-

table performance was by four year track veteran Chantel Lukawesky; adding to her tradition events in long jump and high jump, she participated for the first time in a new event – discuss. With only two practice shots, Lukawesky came

in first. Riverside track athletes can be very proud of themselves, and so can the school as the dedicated athletes head off to the Fraser Valleys May 17, 18 and 20 at Rotary Stadium in Abbotsford.

Ken 'Tae-Kwon' Do is victorious in San Jose

Chris Wallsmith - staff reporter

Riverside's Ken Do competed in and won a Tae Kwon Do competition in San Jose, California on April 9 and 10. Do had to fight three people and beat them all to get first place. "I had to train for about half

a year in order to be prepared to fight these people," said Do. Starting Tae Kwon Do at the age of eight, Do has been doing it both for fun and for serious competitions for nine years.

He is currently fighting as an independent, which means he does not have a person that teaches him, but originally learned to be a martial artist at the Martial Arts Academy in Coquitlam when he was younger, training and learning under Grand Master David Soo, who is a well respected and well known Tae Kwon Do master. "It was really my dad who wanted me to do Tae Kwon Do," said Do. Ken Do hopes to go professional some day. When he has enough experience and has trained well enough. Then his

hopes are to eventually work his way up to the top of all Tae Kwon Do and martial artists and be the best of the best. After being asked what his favorite move is, he replied "I'd have to say that my favorite move is a five forty reverse hook." A five forty reverse hook is when a person jumps and kicks 540 degrees around and then strikes the opponent with his or her foot, a move which is often seen in many action "Kung Fu" movies. It is safe to say if one follows the sport of Tae Kwon Do, you will hear Ken Do's name in a few years. Perhaps he will continue to pursue his Tae-Kwon Do career or maybe he won't, but at the moment he is definitely at the top of his game.



Ken delivering a death defying kick to his opponent.

Photo Courtesy of K. Do

R-side badminton heads to the valleys

Brendan Williams - staff reporter

The Riverside Badminton team has had a phenomenal season up to this point and have impressed the league. Even though the seniors were disappointed with a 3-3 record during the regular season, they still advanced to the upper Fraser Valleys, whereas the juniors finished with a solid 5-1 record and finished 1st place in Districts.

Junior Player Harry Hoang finished first in boys singles, and the doubles team of Jason Wong and Ellen Lee finished in 1st place as well. Justin Cheng and Kyle Dutton finished 6th in boys' doubles, and Sarah Almario and Nina Karimi finished in 3rd place, moving all four of them on to the Fraser Valley Championships.

The Juniors played their Upper Fraser Valleys on May 4th, with Harry Hoang finishing in 2nd place in an absolutely breath taking match against last year's champ from Maple Ridge Secondary School. Both Hoang and Lynn Quand finished 3rd in mixed doubles. Senior player Justin Cheng believes that the seniors can prevail in the Fraser Valleys.

"Ever since the beginning of the 2008 school year, Riverside's badminton team has been in a slump. With Pinetree always being the best school in the district, and Port Moody and Centennial following right behind, last season the seniors had a tough season. But now we've stood up again and took down Centennial," said Cheng. With the newly acquired juniors, Cheng thinks that they definitely have what it takes to be one of the stronger schools in the tournament. "With some minor tournament placements this year, and some good juniors moving up to the senior team next year, I believe that the districts will be in for a surprise from the Riverside Rapids," said Cheng. Finally, the main senior Fraser Valley Championships will be taking place on Friday May 7 at Fraser Heights Secondary School in Surrey, with Riverside hoping to bring home the banner for the very first time.



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