Positive Personal and Cultural Identity

In my class, we did this / these activities that helped me explore my identity.  
 **This table shows some aspects of personal & cultural identity. After reading the description, write down your strengths and your areas for further growth. If you didn’t address an aspect, you don’t need to fill those spaces in.**

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| --- | --- | --- | --- |
|  | **My Growth Areas** | **Description of Competence** | **My Strengths** |
| **Relationships & Cultural Context** |  | Understands that culture includes nationality, ethnicity, ability, sex/gender, sexual orientation, age range, geographic area, religion; understands that relationships and cultural context shape their identity; define themselves by their relationships with others and with the world. |  |
| **Personal Values & Choices** |  | Can define what they value; can explain how their values are influenced by their life experiences; understands how their personal values affects the choices they make in various aspects of life. |  |
| **Personal Strengths & Abilities** |  | Can identify their personality traits; can acknowledge their skills & abilities; can see themselves as unique yet connected to a larger community; can identify their traits as assets that can help direct what happens in various aspects of their lives; can explain how their traits are influencing opportunities & relationships in family, school, work, & community. |  |

Now you can use what you have reflected upon here to write your competency reflection as an Edublog post: Go to your Edublog, open the Core Competencies tab, start a new post using the Self-Assessment template.

Adapted from:   
BC Ministry of Education (2019) Positive Personal & Cultural Identify. Retrieved from <https://curriculum.gov.bc.ca/competencies/ppci>