

PMSS WOULD LIKE TO WELCOME THE FOLLOWING STAFF TO THE SCHOOL TODAY:
B. Ng, L. Byrne, F. Rolleston

# **NEW NEWS**

<u>PARKING AND ENTRANCES:</u> Please review the map below indicating the drop off / pick up area for parents (lower lot unless previously arranged upper area drop off). Students please access the door relating to the floor of your classroom.

We currently have 3 entrances / exits with wash stations and/or hand sanitizer. Students are to use these three doors:

Door 1 = lower 100 level classrooms and shops

Door 2 = main floor 200 level classrooms and office

Door 3 = upper floor 300 level classrooms and gym

Students with portable classrooms can line up outside of the portable



<u>PARENT FORMS & STUDENT FEES:</u> School District 43 uses the KEV School Cash Online for both fee statements and registration forms. Relevant fees will be uploaded towards the end of September and you will receive an automated email notification.

Please remember to submit the start of year forms posted online including one completed Daily Health Check form which verifies students and parents are aware of what is required each morning.

The Emergency Release Form (goldenrod) and Student Information Verification sheet (pink) distributed separate from the School Cash Online forms are also required at this time.

<u>ATTENTION STUDENTS:</u> All students are required to complete Careers 10 for graduation. PMSS has an on-line option with space available. If you are missing Careers 10, and would like to complete the class on-line with one of our teachers in the building, please contact Ms. Campbell (<u>cicampbell@sd43.bc.ca</u>) or Mr. Gibney (<u>jgibney@sd43.bc.ca</u>) and we will arrange for your registration into this class. Space is limited.

<u>MYED STUDENT PORTAL ACCESS:</u> We are happy to announce that grade 9 students and those new to Port Moody Secondary have been provided access to their MyEd Student Portals. Through these accounts students are able to view their schedules and download their report card when it is posted.

To access their accounts students will need to do the following:

- Go to their school email account available through Office 365. In their inbox they will find a message from
  "SysAdmin" that provides them with instructions to access their MyEd Student Portal and a temporary log in.
  They should check their junk mail if they do not see this in their inbox.
- Follow the instructions provided to log in and set up their accounts for the first time. Students should complete this prior to <u>Wednesday, September 30<sup>th</sup></u>, as the temporary password will expire after this date. The MyEd log in page is located <u>here</u>.
- WRITE DOWN and SAVE their log in information to access the portal. Please note the log in information for the MyEd Portal is different than that to log in to Office 365. In the future, if a password is lost remember to use the "I Forgot My Password" option after no more than 3 unsuccessful attempts at trying to log in. This prevents the account from being disabled, requiring a manual reset by our office staff.
- If students experience problems with their account, they should email <a href="mailto:088-Office@sd43.bc.ca">088-Office@sd43.bc.ca</a> and include their name, grade, and a brief description of the issue they are experiencing.

We are aiming to be able to provide our newest parents and guardians with access to the MyEd Family Portal by early to mid October. Our first report card of the year will be available for students and families on *Friday, October 16, 2020*.

<u>TERRY FOX – MARATHON OF HOPE:</u> This year is the 40<sup>th</sup> Anniversary of Terry Fox's Marathon of Hope and *Port Moody Secondary* is proud to be continuing the legacy of one of our greatest heroes. Please join us and support this wonderful cause by donating to: <a href="http://www.terryfox.ca/PortMoodySecondary">http://www.terryfox.ca/PortMoodySecondary</a>. Together, we can all make a difference! #terryfoxschoolruns @terryfoxfoundation



**2020 UNIVERSITY OF TORONTO NATIONAL SCHOLARSHIP PROGRAM** – University of Toronto National Scholarships are awarded to outstanding Canadian students who will attend the U of T in September 2021, covering tuition, fees and residence for 4 years, and more. Scholarship criteria: Canadian citizens or permanent residents or protected persons who demonstrate original and creative thought, are committed to school and community and high achievement in academic and creative pursuits. Details and the application form link are online at <a href="https://future.utoronto.ca/national-scholarship/about/">https://future.utoronto.ca/national-scholarship/about/</a> . **DEADLINE TO APPLY: OCT. 22/2020** 

Queens U with a 90% + average who wish to apply for the Chancellor's Scholarship <u>must be nominated</u> by their high school. Port Moody is permitted **two** nominations; submit a completed School Nomination application form + required documents to Ms Truax or Ms Campbell <u>before</u> 3 PM, THURSDAY, NOVEMBER 5. Complete details & forms are on the Career Centre Online/Financial Aid & Scholarships page.

**2020 MOREHEAD CAIN SCHOLARSHIP** – The Morehead-Cain is a four-year merit scholarship to the University of North Carolina at Chapel Hill. The scholarship provides full tuition for all 4 years, all student fees, housing & meals, and a 4-year Summer Enrichment program. Students apply by school nomination: 3 permitted. More details on the school website: **Career Centre/Financial Aid & Scholarships. Deadline to apply for nomination: THURSDAY OCT. 1, 1 pm** 

## C.U.E.: VIRTUAL UNIVERSITY INFO FAIRS, WESTERN CANADA 2020

Getting ready to explore a future career path means equipping yourself with information — don't miss this important annual fair with universities from across Canada. Registration now open to attend an annual CUE Info Fair **online**. Check the details on the PMSS website, Career Centre/Post-Secondary Info and register today!

## **ONGOING NEWS**

**LOST & FOUND:** If you have any PE lost and found items please see Mrs. Penner-Hunt in room 208. The PE lost and found will be here through *today*, then it will be donated towards a good cause.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot please come to the office at lunch to pick up a Parking Registration form.

<u>PMSS TIMES:</u> The PMSS Times will be distributed on *Tuesdays* and *Thursdays*. Announcements will not be read over the PA at this time. The Times will also be posted in the Cafeteria under the clock.

## **CAREER CENTRE NEWS**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

<u>SFU FUTURE STUDENT INFO SESSIONS AND VIRTUAL CAMPUS TOURS</u> – Find links to these SFU virtual resources on the school website/<u>Career Centre/Post-Secondary Info</u>

<u>BASANT MOTORS SCHOLARSHIP 2020</u> – Offering ten, \$2,900 scholarships to graduating seniors with a minimum GPA of 3.2, who can demonstrate the attributes of good citizenship and service, in school & community. Recipients must plan to attend a post-secondary institution in 2021. APPLICATION DEADLINE: 11:59 pm, Sunday, Sept. 27. Application online at <a href="https://www.basantmotors.com/scholarship/">https://www.basantmotors.com/scholarship/</a>

## **Future Student Virtual Events/Information Sessions**

#### **KWANTLEN POLYTECHNIC UNIVERSITY**

October 3, 12 pm – 2 pm Virtual Open House

kpu.ca/openhouse

#### **RYERSON UNIVERSITY**

September 21-25

Connect with current Ryerson students

November 9-13, 16-20

Connect with Ryerson faculty and staff for program -specific sessions

https://www.ryerson.ca/admissions/undergraduate/at-home/virtual-open-house/

#### SEU

September 23, 8:00-9:00am

https://www.sfu.ca/students/admission/campus-tours.html

Prospective Undergrad students

### **U** of Alberta

September 22, 29

https://www.ualberta.ca/admissions/undergraduate/tours-and-events/index.html?v=canadian

### UBC

Future students Live Virtual Vancouver Campus tours throughout *September and October*, listed on the Undergraduate Future Student Portal:

https://account.you.ubc.ca/s/events

## **U** of Calgary

October 14 (for BC students) 10-11am MST

https://www.ucalgary.ca/future-students/undergraduate/events

## U of Manitoba

September 21-October 29

http://umanitoba.ca/admissions/recruitment-info-sessions

### **U** of Toronto

- U of T Webcast for Prospective Students
   Monday, September 21 at 6:00 PM
- <u>U of T Webcast for Prospective Students</u> Monday, September 28 at 8:30 AM
- <u>U of T Webinar for Prospective Students</u> Monday, October 5 at 6:00 PM
- <u>U of T Webinar for Prospective Students</u> Monday, October 26 at 8:30 AM
- U of T Webinar for Prospective Students
   Monday, November 2 at 6:00 PM
- <u>U of T Webinar for Prospective Students</u> Monday, November 9 at 8:30 AM
- <u>U of T Webinar Prospective Students</u>
   Monday, November 16 at 6:00 PM
- U of T Webinar for Prospective Students

  Monday, November 23 at 8:30 AM

### U of Saskatchewan

September 24 3:00-7:00

https://admissions.usask.ca/tours-and-events/open-house.php?mc\_cid=10722f22dc&mc\_eid=de4d49eda6

### UVIC

September 22, 29, October 6, 27, November 12, 17, 24

https://www.uvic.ca/undergraduate/tours-events/events/index.php

## **PARENTS**

For information regarding PAC, please see <a href="https://www.sd43.bc.ca/school/portmoody/Pages">https://www.sd43.bc.ca/school/portmoody/Pages</a>

FIRST PAC MEETING: Tuesday, October 6<sup>th</sup> at 7:00 pm via Zoom Log in details to be provided.

New parents welcome.

# **COMMUNITY**

### **Casual Noon Hour Supervisors**

School District #43 Coquitlam is looking for Casual Noon Hour Assistants to be available on an On-Call basis to supervise students indoors and outdoors during lunch break (one hour per day) at various schools throughout the District in Coquitlam, Port Coquitlam, Port Moody and Anmore.

Previous experience working with groups of children is an asset. Successful candidates will be available over the lunch hour Monday – Friday, 5 days per week while school is in session and be willing to accept callouts to all schools in our District. We offer \$21.86 per hour plus 16% in lieu of benefits.

To apply, please click on the following link and create a user account/profile. <a href="https://ejp.sd43.bc.ca/postings/Account/Login">https://ejp.sd43.bc.ca/postings/Account/Login</a> Once you have completed your profile, you will have access to the job postings.

### School District 43 Virtual Presentation

## "Helping Children Chase Away Worry: Understanding and Managing Anxiety in Children

Monday October 5th, 2020 at 4pm – 5pm via Zoom (Please register by Oct 1st, 2020)

This talk is aimed at assisting parents and caregivers in gaining a better understanding of how anxiety/ worry manifests in children. Anxiety manifests in different ways in different children. It can affect general behavior, academic performance, social interaction, sleep patterns, internal dialogue, emotional reactions and self-esteem.

Anxiety is not always all "bad", a certain level of worry is healthy and at times necessary to move onto the next developmental milestone and learn new things...to step out of one's comfort zone and push limits. However, there is a fine line between healthy levels of anxiety and anxiety that stands in the way of development and progress.

As parents and caregivers, it is essential to know how to assist our children in managing and digesting their anxiety in bite size pieces. We can empower children in realizing their internal resources and assets in fighting and winning against anxiety. It is, however, essential to realize that combatting anxiety in children is a holistic process and the active participation of significant people in the child's life is essential in a sustainable approach and continued success.

Presenters: Semiramis du Sautoy, SD 43 School Psychologist Janet Kidd, SD 43 School Psychologist Moderators:

Rachel French, SD 43 Coordinator
of Positive Mental Health

Catherine Aoyama, SD 43 Inclusion
Support Teacher and Counsellor

### **Registration Details**

Limit of 275 registrations so register early Please note a Zoom link will be sent to the email address provided on Oct 2<sup>nd</sup>



Register here: https://sd43.schoolcashonline.com/Fee/Details/57631/108/False/True