



## Email to Inform Parents of the COMPASS Study

### **Investigator(s):**

Principal Investigator: Dr. Guy Faulkner, (604) 822 2990

Research Coordinator: Katie Weatherson, (604) 822 4940

### **Who is funding this study?**

The study is being funded by Health Canada.

### **Description of the Research:**

Our school will be participating in the 2018-2019 COMPASS Survey. Researchers from the University of British Columbia will ask students to complete a 45-minute questionnaire about healthy eating, physical activity, sedentary behaviour, smoking, alcohol and drug-use, mental health and bullying. The survey is confidential and no names are written on the surveys. This means that the name of your child will not be linked with their survey responses. The surveys will be stored at the University of Waterloo and only research staff will have access to the completed surveys. Both the school district and our school have given approval to conduct the study.

### **Risks/Benefits to Participating:**

There are no known or anticipated risks to participation in this survey. The survey responses will help researchers gather details about youth health, and this information will be shared with our school to help improve school policies and practices related to health.

### **Participation:**

On November 28<sup>th</sup>, students in grades 9 to 12 with parental permission, and who themselves agree to participate, will be asked to take part in the survey. Students are free to withdraw from the survey at any time, without penalty. Those who choose not to participate may work quietly on classroom assignments.

If you do not wish your child to participate, please call the COMPASS Data Collection Coordinator, Katie Weatherson, at 1-877-744-4940 or contact **[Insert School Contact Name and Phone Number]** at the school office by November 28<sup>th</sup>. Consent will be assumed unless you notify us otherwise.

To view a copy of the survey questions or for more information about the COMPASS project, please visit [www.compass.uwaterloo.ca](http://www.compass.uwaterloo.ca).



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**Questions about the Research:**

If you have any general questions about the study, please contact Professor/Principal Investigator Dr. Guy Faulkner in the School of Kinesiology at [guy.faulkner@ubc.ca](mailto:guy.faulkner@ubc.ca) or (604) 822 2990. If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at 604-822-8598 or if long distance e-mail [RSIL@ors.ubc.ca](mailto:RSIL@ors.ubc.ca) or call toll free 1-877-822-8598.