

Name (First & Last): _____ Student #: _____ Pack # _____

Health and Career Education 9

Pack teacher: _____

Wipeout Video

1. Describe what happened to Chris Dufficy _____

2. Describe what happened to John Gocer _____

3. Describe what happened to Chris Tutin _____

4. What same thing happened to all 3 people? _____
5. What is the "Invisible Epidemic"? _____
6. **Circle** which conditions are a result of head trauma to the frontal lobe area: (Angry personality, Scrambled thoughts, Constant fatigue, Foggy thoughts, Headaches, Loss of memory, Denial of degree of injury)
7. Can someone fully recover from Traumatic Brain Injury (TBI)? _____
8. What is causing this epidemic of brain injuries and the leading cause of death and permanent disability for young men under 35? _____
9. The Pre-frontal cortex gives us the ability to reason, remember, and plan for the future. It is also closely linked to impulsive or risk taking behavior. The pre-frontal lobes do not fully develop until the mid _____'s. So adolescents are at _____ risk because they don't have the fully developed frontal lobes to stop their _____, and they have an overactive system that pushes them into _____ behaviors.
10. What are the dangers to youth who watch Youtube videos of stunts and tricks and trying to copy them?

11. What troubles did Jon Gocer have when he tried to make oatmeal chocolate chip cookies?

12. What are Jon's parents told/warned about Jon's future?

13. Chris Tutin permanently damaged his cerebellum, the part of the brain which controls his _____,
_____, and _____.

14. How did Chris Tutin's brain injury affect his mother and his family? _____

15. Chris Dufficy's 8 concussions were like dropping a _____ 8 times-**you don't see damage but it's still there.**

16. In the time it took to watch this film, _____ Canadians will have been hospitalized with brain injuries.

TRAUMATIC BRAIN INJURY: AMY'S STORY

17. What accident happened to Amy to cause brain injury? _____

18. List 3 conditions Amy had to suffer through as a result of her injury _____

19. What few common sense tips does Amy suggest for general health and safety? _____

20. What is Amy's final message to everyone? _____
