



Parkland Elementary School

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Hi Parkland Families,
The school newsletters don't usually come out this frequently

Kilometer Club

We are hoping to start up again tomorrow with our Kilometer Club if the weather cooperates. Our students run on the grass field from 3:00 – 3:30 on Tuesdays and Thursdays. This is a PAC sponsored activity – please understand that our PAC volunteers do not take attendance or wait at the end to make sure each child is picked up – it is assumed that they are under their parents' or daycare's supervision. If your child does attend daycare please check with the daycare provider to determine if they provide supervision for students to participate in Kilometer club.

When you are at Kilometer club with your child please assist the other parents by taking a clipboard and counting popsicle sticks! Valued activities like our Kilometer club rely on people volunteering to make them possible.

BOKS comes to Parkland!!

Please see the flier also attached to this email about this **FREE** before school program that will be running at Parkland on Tuesday and Friday mornings. Spaces are limited and the program begins next week so please get your consent form in asap!

Parent Info Night on the New Curriculum

Thursday Sept. 29 from 7-8:30 - Maillard Gym

Please plan to attend this event if you have any questions about the new curriculum. Please see the flier also attached to this email for more information. **RSVP TO GENEVIEVE MCMAHON: GMCMAHON@SD43.BC.CA OR 604.936.1451 BY MONDAY, SEPTEMBER 26**

Professional Development Day this Friday (no school for students)

Mindfulness

This Friday our teachers will be trained in the use of MindUp™. If you would like to read about the benefits other schools have found with using this program please read the following article which documents how it impacted a school in Marysville but also reflects on the research into its effectiveness that was done right here in BC:

[What Changes When a School Embraces Mindfulness?](#)

♥♥♥ Gratitude ♥♥♥

[To our PAC and all of the volunteers who made the Barbeque possible!!](#)

It takes a great deal of work to run an event like the school barbeque. On behalf of our school community we want to thank our devoted parents' committee who put the event together. Thanks also to all of the volunteers who came out including student volunteers from Charles Best Secondary and all of the Parents who kindly donated their time. The Barbeque was a huge success and I know our kids enjoyed the activities.

[Parkland Teachers](#)

Thanks to our teachers who stayed into the evening on Friday night to welcome families into their classrooms. It was wonderful to see our students showing their parents around. This school year is definitely off to an exciting start!!!

School District and Community Programs

We frequently receive information about programs available in our community (after school programs, Professional Development Day and other holiday programs) and post them on our website in the tab under "[Parents – Communication](#)". We also post parenting workshops that are available in the [PAC page](#) of our website. Please check there often as new opportunities are posted as they become available.

Please remember to **check our online calendar frequently** as so you don't miss any of the important dates. **Next week** we have **Picture Day on Wednesday, Hot Lunch on Thursday**, and our **Terry Fox Run on Friday**.

As always, if you have any questions about the information in this email or about other things that are happening at Parkland please don't hesitate to email me.

Thanks for Reading!!

Anita

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www.sd43.bc.ca/elementary/parkland

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School Map 2016-2017

