

AFTERSCHOOL YOUTH 5 PIN BOWLING LEAGUE FOR GRADES 3, 4 & 5.



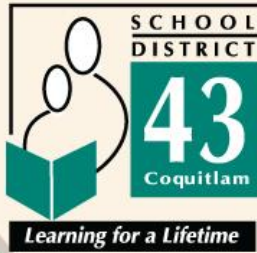
6 WEEKS WEDNESDAY, MAY 3RD TO JUNE 7TH

An afterschool sports program such as bowling, is a sport that all children can participate in together. Each week the youth bowlers will enjoy all the benefits of bowling while having fun bowling in teams and as individuals. To promote kids getting to know each other and not being left out, teams will be new each week. Any school can participate in this league with openings for 24 to 32 children. The spots will fill up fast so please get the students registered as soon as possible.



Bumpers will be up so that the bowlers will hit the pins easier and ramps will be provided for students with physical challenges. Our lanes and bowling centre is wheelchair friendly. Remember, Zone Bowling is about being all inclusive.

Week	Action	DATE	Benefits
1	Learning the Game, Bowling Safety – Scoring. Five Minute Warm Up & Stretch. Students take turns bowling and are taught to understand relationship between the pins knocked down and their scores.	5/3/17	Counting & Simple Math
2	Children are assigned lanes and teams Five Minute Warm Up & Stretch. Quick review of scoring and bowling safety, then onto the bowling fun. This week kids bowl on teams. Coaches will demonstrate the assigned fun ways to bowls. Keeping it light, keeping it fun.	5/10/17	Hand-Eye Coordination & Balance.
3	Silly Bowling, Children are assigned NEW teams Five Minute Warm Up & Stretch. When the whistle blows kids change how they are bowling, even mid bowl. Kids Choose <ul style="list-style-type: none"> • Funny dance while walking up to bowl • Bowl in slow motion • Bowl with a silly walk 	5/17/17	Hand-Eye Coordination & Balance. Building Confidence, being funny!
4	Trying Your Best Bowling, Children assigned NEW teams Five Minute Warm Up & Stretch. There will be a list of questions for kids to ask each other to learn more about their bowling friends.	5/24/17	Communication Building Confidence
5	Silly Bowling, Children are assigned NEW teams Five Minute Warm Up & Stretch. When the whistle blows kids change how they are bowling, even mid bowl. Kids Choose <ul style="list-style-type: none"> • Bowl as if they are a robot • Bowl while pretending a lane's board is a tight-rope • Bowl with the opposite hand – if leftie, then right hand. If righties then right hand. 	5/31/17	Hand-Eye Coordination & Balance. Building Confidence, being funny! Dexterity
6	Crazy Bowl Tournament Five Minute Warm Up & Stretch. Teams will be selected based on individual scores from the previous six weeks. To keep things fun, students will be put on teams with various ages, skills and grades. The tournament will be one game, students can bowl any way they wish. Free Bowling Coupons and League Participation Certificate will be given to each student at the end of the tournament. End of Tournament Party with snacks and beverages.	6/7/17	All the above!



After School Youth BOWLING LEAGUE ^{5 Pin} Grades 3, 4 & 5

Sign the Kids Up for

All kinds of silly antics
and afterschool fun!

Starts May 3rd to June 7th

Wednesdays 4^{pm} to 6^{pm}

Cost: \$6 + tax each/per week
Shoe Rental Included

PARENTS CONTACT FARIBA TO REGISTER

reservations@zonebowling.ca

Let us know your child's Full Name, Grade,
School & your Contact Information. We will contact
you to confirm the registration. **Register Today!**

www.zonebowling.ca

