

# École Nestor Elementary PAC

October, 2017 Newsletter

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It's October already! By now we're all in the swing of being back at school and the PAC is gearing up for a busy month with all sorts of fun stuff coming up including a Halloween Colouring Contest!

In this newsletter, we have an interview with our brand-new principal, Mrs. Banks, info about a very special movie night, Christmas photos with Photo Express, Popcorn Popalooza, Munch-a-Lunch, the much-loved Hallowed Relay Races and more!

## **Let's Learn a Bit About Our New Principal!**

We asked Mrs. Banks if she would take some time out of her busy day to answer a few questions and she happily agreed. A few of these questions are from Nestor students (see if you can guess which ones!)

### **What originally drew you to the field of education?**

"I knew that I wanted to be a teacher since I was a child. In a way, I feel like being a teacher is just part of who I am. I truly enjoy working with students and family and still enjoy learning. I also love to be part of a team and being part of a school community is the best of all these things"

### **There's a wonderful 'Zen' feel, or sense of calm, in several of the areas in the school now. What prompted these changes?**

"We are focusing on emotion regulation and self-regulation. These are areas where we have started discussions and also focused our professional development. Calm environments lend themselves to learning. Reducing the amount of fluorescent lighting in classrooms

and replacing with warmer lighting is one environmental strategy we will use. I'm so glad there that there is already a feeling of a sense of "Zen" in areas of our school. We are just getting started!"

### **Do you have a hobby that you love to do? Do you get to spend much time doing it?**

"I love to sing. I have a degree in Music from UBC. I used to sing regularly and now, I am happy to be able to sing whenever I have the opportunity."

### **Do you have a funny or interesting story as a principal that you would like to share?**

"I don't really have a particular funny or interesting story to share; but...I can say that you learn many interesting things when you are in the company of small children! 5 year olds often over-share and they say the funniest things. One question I was recently asked that made me laugh came from a kindergarten student. I was in one of the K classrooms when the lunch bell rang and a kindergarten student ran to me and with a gasp he asked...'How did that happen without you being there?'"

### **Can we ban fidget spinners from the school?**

"This is a timely question because I just sent an email to families asking for all toys to stay home. :) So, I guess that's a yes!"

### **Can we have an arcade put in the school?**

"I would love an arcade! It would definitely need to have games like Galaga, PacMan and Pole Position. Our K-5's may not be too familiar with a couple of those titles."

### **Are your eyelashes real?**

"Yes, 100% real."

### **How long can you hold your breath for?**

"45 seconds to 1 minute."

**Thank you Mrs. Banks for taking the time to answer our questions!**





### **Halloween Relay Races are Back!**

Once of the most fun Nestor PAC events is just around the corner! If you're new to Nestor and haven't heard about the Halloween Relay Races, here's the scoop: On Halloween, the kids bring their costumes to school and throughout the day, each class goes down to the gym and competes in a series of silly Halloween-themed games. It's noisy – it's crazy – and it's FUN! (For both the students and the volunteer parents!)

We need several volunteers to make this event a great success! To sign up to volunteer, please visit:

<https://www.volunteersignup.org/3LWWF> . You'll be happy you did!



### **The Great Halloween Pumpkin Colouring Contest!**

Colour, paint and decorate your pumpkin for a chance to win a prize from our friends at Mastermind Toys! Entry forms will be given out by October 13 and must be handed in to the office by 9am Friday, October 27 to be eligible to win. One winner from each grade will be chosen! Winners will be announced Friday, October 27 at 3pm. Good luck to all!

### **Too Much Leftover Halloween Candy?**

The Halloween Candy Buy-Back Competition is happening again this year! Take your leftover/extra Halloween Candy to **Coquitlam Family Orthodontics** at #106-1158 The High Street. They award the winning schools each year with generous cash prizes! In the last several years, Nestor has won this contest every year but one! Let's keep our winning streak going! (*Deadline for dropping off candy in November, 15<sup>th</sup>.*)



**Awesome Halloween Tip:** One Nestor mom told me that in order to minimize the number of candies her girls eat, she gives them the choice of using their candy as 'currency'. For example, if they want to go see a movie with Mom, they pay 25 pieces of candy. For 20 pieces, they can go to Chapters together and purchase a book they've been wanting, etc. Great bonding time – less candy!



### **Friday, November 17<sup>th</sup> Movie Night - New Times and PIZZA!**

Our first movie night of the year will be held on Friday, Nov. 17th and we'll be trying something new! The movie will start a bit earlier (6:30pm) and for those who would like to enjoy "dinner and a movie", we'll be offering Fresh Slice pizza (by-the-slice and whole pizzas) and salads that you can pre-order up until Nov. 10th and pick up at the concession stand when you arrive!

We'll still have our famous freshly-popped popcorn and other snacks available at our concession, too. Doors will open at 6pm. *More information on ordering tickets and dinner, along with the name of the movie will be sent home soon!*

Your help is needed to make this event a success...it's easy and fun, too! Please sign up online

<https://www.volunteersignup.org/4793Q>

### **Beautiful Family Photos...Just in Time for Christmas!**

This year, we're trying something a little different... Family Photos will be taken during November and December – just in time for Christmas! Also, the photo sessions will be held at Photo Express' professional studio in Maple Ridge. This will allow Nestor families FAR more booking times and dates to choose from. The sitting fee is \$15, all of which is donated to Nestor and includes a free 8x10! (Except for the premium Christmas event.) Handouts will be coming home next week with more details. In the meantime, if you wish to book your session, please visit: <http://www.photoexpressions.ca/portraits/fundraisers> .





### **Our Sweetest Fundraiser Yet!**

There's nothing quite like purchasing Purdy's chocolates to gobble up all by yourself to share and give to others during Christmas time. Order forms will be sent home in early November. Why deal with the crowds at the mall when you can order your Purdy's in the comfort of your own home? Easy ordering, yummy chocolates and raising money for Nestor – it's a win-win!

### **PAC Power Lunches**

PPL is proving to be more popular than ever this year. Be sure to get your orders in on time! Here are the upcoming delivery dates and vendors:



#### **Wednesday, Oct. 18th – Subway Sandwiches**

(order deadline has passed)

#### **Wednesday, October 25th – Taco Del Mar**

(order deadline Oct. 18<sup>th</sup>, payment deadline Oct. 19<sup>th</sup>)

#### **Wednesday, Nov. 1st – Quiznos Subs**

(order deadline Oct. 25<sup>th</sup>, payment deadline Oct. 26<sup>th</sup>)

#### **Wednesday, Nov. 15th – Fresh Slice Pizza**

(order deadline Nov. 8<sup>th</sup>, payment deadline Nov. 9<sup>th</sup>)

#### **Wednesday, Nov. 29th – Hot Dog Day**

(order deadline Nov. 22<sup>nd</sup>, payment deadline Nov. 23<sup>rd</sup>)

#### **Wednesday, Dec. 13th – Subway Sandwiches**

(order deadline Dec. 6<sup>th</sup>, payment deadline Dec. 6<sup>th</sup>)

To order your children's lunch, visit: <http://www.munchalunch.com/schools/nestor>

If you have any questions or would like to help out, please email us at [nestorppl@hotmail.com](mailto:nestorppl@hotmail.com).



### **QSP Order Forms Heading Home Soon!**

QSP offers subscriptions to many popular magazines at a fraction of what you'd pay at the news stand. Plus when you order through our fundraiser, we raise money for Nestor! QSP also now offers a variety of unique, high-quality gifts which will be delivered in time for Christmas. Keep an eye open for more information coming home soon!

### **SPUD – Sustainable Produce Urban Delivery**

Fresh, local, organic produce delivered straight to your front door! When you're super busy, grocery delivery can be a perfect solution! Visit <http://www.spud.ca/Fundraising>, and be sure to select "Nestor" from the drop-down box during check-out. SPUD is super convenient, healthy, helps support local farmers and now helps support Nestor, too!



### **Neufeld Farms Wrap-Up**

The Neufeld's fundraiser was a huge success! Thank you for helping us raise more than \$1,000 for Nestor! We hope you enjoy all the tasty pies, cookies and cheesecakes. There are still a few people who haven't picked up their goodies yet! Please email us at [nestorpac@hotmail.ca](mailto:nestorpac@hotmail.ca) to arrange a time to pick-up your order. Wondering which class won the milk and cookies contest? Drum roll please....Mrs. Bordignon's class! Congratulations!





### Nestor Fun Fair

The Nestor Fun Fair is *tentatively* planned for June 8. It's a fun filled event for the whole family, with a children's performer, outdoor games, fun activities, silent auction and food. We will need everyone's help to make this a memorable community event. It's also a great fundraising opportunity for Nestor. More information about this fantastic event to come soon!

If you own a company, store or service or know someone who does and are able to donate to our silent auction please contact Jadene Babcock at [jadenebabcock@me.com](mailto:jadenebabcock@me.com). Examples of things we need are Tupperware, photography services, beauty and makeup products, misc. home and landscaping services, kids products, misc. consumer products, clothing, hotels and getaways, crafts, art supplies, restaurant gift cards, grocery store gift cards, electronics, chocolates and specialty foods, retail store gift cards.... everything and anything helps!



### Ongoing Fundraisers...

Remember, both Cobs Breads (at Sunwood Square) and Mabel's Labels have partnered with Nestor to help us raise funds. Be sure to mention Nestor whenever you make a purchase at Cobs – tell your friends and family to mention us too!

Visit <http://www.campaigns.mabelslabels.com/> and click 'Select', scroll down or press "N" to find Nestor. Every purchase you make from Mabel's Labels will help benefit our school! These labels are cute, very durable and help keep items from getting lost!



### Popcorn Popalooza – Friday, October 27<sup>th</sup>

Back by popular demand, we'll be having another Popcorn Popalooza on Friday, October 27<sup>th</sup>. Meet us at the back of the school at 3pm to purchase a bag of hot, fresh-popped popcorn for only \$1.00! We'll also be offering cold drinks to help wash the popcorn down, also only \$1.00! What a deal!

We need a few great volunteers to help out. This event is so much fun to participate in! Please visit <https://www.volunteersignup.org/EQQAP> to sign up.



### 2017-2018 PAC Executive

In case you're wondering who the PAC is this year, here is a list of PAC members. A big welcome to all of our new members!

- Tracy Roy – President
- Courtney DeBoer – Vice President
- Jen Cabralda – Secretary
- Amanda Dishaw – Treasurer
- Cassandra Russo – Asst. Treasurer
- Janet Thompson – Ways and Means Coordinator
- Jennifer Sam – Ways and Means Assistant
- Jamileh Zilbaby – Ways and Means Assistant PPL
- Deborah Black – Ways and Means Coordinator
- Angela Mudie – DPAC Representative



Members at Large: Petra Crowther, Nicole Cavanagh, Noelle, MacEachern, Jadene Babcock, Megan Keller, Noriko Vickerson, Cindi Valley

*(Please see next page for Dates-at-a-Glance)*

**Dates-at-a-Glance:**

**Monday, Oct. 16**

Photo Retakes

**Wednesday, Oct. 18**

PPL Delivery – Subway

**Friday, Oct. 20**

Pro-D Day, No School

**Wednesday, Oct. 25**

PPL Delivery – Taco Del Mar

**Friday, Oct. 27**

Popcorn Popalooza

**Tuesday, Oct. 31**

Halloween Relays

**Wednesday, Nov. 1**

PPL Delivery – Quiznos Subs

**Fri, Nov. 10**

No School

**Mon, Nov. 13**

No School

**Wednesday, Nov. 15**

PPL Delivery – Fresh Slice

**Friday, Nov. 17**

Movie & Pizza Night