# SCH OOL DISTRICT NO． 43 （COQ UITLAM ） 2200 Austin Avenue，Coquitlam，B．C．V3K 3S1 Telephone：（604）936－4271 Fax：（604）936－9627 

November 2013
此爲重要文件，請䅥譯成中文。
이젓은 매우 중요한 서류입나다，정핵한 빈역을 부댁드립가다．

ESTE ES UN DOCUMENTO MUY IMPORTANTE．POR FAYOR TRATE DE QUE SE LO TRANSLADEN AL ESPAÑOL
LO MAS PRONTO POSIBLE．
To jest ważny dokument．Prosiny o przetlumaczenie go．

## Principal＇s Message：

We are almost finished our first term and the last few weeks have seen students becoming immersed in a variety of learning experiences as well as participating in a lot of events around our school！Our $\mathcal{H a l l o w e}$＇en parade was so much fun－for students，staff and parents who could join us！Our most recent assembly honoured Remembrance $\mathcal{D a y}$ and it was a wonderful tribute to those who have served our country in the most difficult of times．It was extraspecial，as we had one of Mundy Road＇s
 former students，Emma Iuergensen，play the bagpipes．Each class was piped from their class down to the gymnasium and she also closed our assembly with ＇Amazing Grace：As a junior member of the $\mathcal{S F \mathcal { F }}$ Pipe Band，her skills are outstanding－and this after only 18 months of starting to play！Our students were very respectful and many adults commented on how well they demonstrated their understanding of the messages that were extolled at the assembly．We continue to
 be very proud of our students－your children！

Some parents were inquiring about what happens Days．The most recent Pro $\mathcal{D}$ Day was October Educating the Mind and Heart＇Conference， attended a conference at Vanier Centre，learning anxiety．I was able to spend my day，along with Geing educated by Miriam Miller who specializes in

 $25^{\text {th }}$ ．Some of our staff attending the hosted at Como Lake，while others more about students who struggle with many of my administrative colleagues， Self－Regulation and Learning．Another group of our teachers attended to the $\mathcal{B C}$ Performance Standards which are assessment tools in Reading， Writing，Numeracy and Social Responsibility．Mundy Road teachers are deeply engaged in their Professional Development and these days do keep us up to date on the most recent developments in educationalresearch．


We have many exciting events coming up but also，in the mix of all the events，we have our first report card coming home very soon．During the week of $\mathcal{N}$ ovember $25^{\text {th }}$ to $29^{\text {th }}$ ，your child＇s first report card of this school year will be sent fome．On December $3^{\text {rd }}$ and $4^{\text {th }}$ we have early dismissal at 1：45 to accommodate Parent／Teacher interview times．If you wish to make an appointment to see your child＇s teacher，please fill out the form which will be sent fome by this Friday．Some parents have been in to meet with the teacher and therefore may not feel a need to come in again at during this time．However，if you do wish to meet with your child＇s teacher，please set up a time by using the blue form．

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*Reminder - please get your EMERGENCN CARE XITS IN - EVERV STUDEN(T NEEEDS 1 *
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The reporting time is a wonderful opportunity for you to review the accomplisfiments of your child, to reflect, with them on what they are is a goal for next term. Ple ase take the child and set goals that are obtainable 'active' kids, they may find it challenging alone can be a goal for next term. For their brilliance to themselves, their connections during discussions is a
 proud of and ask them what they feel time to read their report with your for them. For some of us who have to attend to specific tasks - and that those of us who have children who keep encouraging them to speakup and share great goal. For our kids who need to focus on the ir organizational skills, some of the best ways to meet that goal is through continual support at home, use of the planner, and the student focusing on the ir personal independence and responsibility. While those are only a fewexamples of goalsetting, we can all make positive strides in our approaches to learning, or specific skill development like multiplication tables, or reading every day. Please remember that a report card is a snapshot of where your child is, at this time of year. All of us are capable of positive change and growth; children $\mathcal{A R E}$ always changing, exploring, developing and consistently increasing their own skills and abilities. Our goal is to help your child learn, but also for them to realize that they are capable, independent, responsible students. Your support is really the most important piece to their success.

## COFFEE WITH THE PRINCCIPAL

The next coffee time is at 9 am on Monday December $2^{\text {nd }}$. Everyone is welcome to attend this informal and friendly gathering.


## CLOS URE OF SCHOOLS FOR EXTREME WEATHER

## $\operatorname{CONDITIONS}$

In the case of extreme weather conditions such as ice, wind and/or excessive snowfall, the Superintendent of Schools has authority on behalf of the Board, to temporarily close a school.
$\mathcal{A} s$ a generalexpectation, parents should assume that schools are open. If parents believe the local conditions are unsafe, they should keep their child at home or arrange his/her early dismissal. If schools are to be closed before morning classes begin, an announcement will be made on local radio stations CKNW (980), CKWX (1130) and CBC (690) by 7:30 am if possible.

## *Reminder - please get your EMERGENCY CARE KITS IN - EVERY STUDENT N(EEDS 1 *

## DRES SING FOR $\mathcal{T H E} \mathcal{W E A T H E R}$

We believe that children need to get outside into the fresh air during recess and funch! They need an opportunity to run and play with their friends so that when they return to the classroom they are ready to focus on the ir learning. As well, with our daily physical activity requirements, this is a perfect opportunity to get moving.


On the west coast, we enjoy many days of the beautiful we ather, as well as the rain. We will be sending children outside to play at recess and lunch, rain or shine. In extreme we ather, children will remain inside. We askparents to be sure that children are dressed for the weather. If you wish, you can send a change of clothes that can be kept in the ir gym 6 ag .

## $\underline{S C H O \mathcal{L A S} \text { IIC } \mathcal{B O O \mathcal { F }} \mathcal{F A I R}}$

 shop afied for gift suggestion- books make such wonderful presents for children of all ages! The 6ookfair requires volunteers - if you can helpout, ple ase contact the Book Fair Coordinator, Mrs. Mills, at the school(604) 936-4271.


## 

It seems early to be mentioning Christmas, but we want you to start looking around your fomes for items
you think you can donate/part with, or be folding its 7th Annual Christmas who are new to our community this is an $\mathcal{H a y w a r d}-\mathcal{M e}$ к, Mrs. Austin, Mrs. Duncan,Can you help out and wrap during the day? your time is incredibly valuable.

You can also donate to the market; Kitchen books, toys, (for all ages), games, puzzles, sports items, ..there are endless would things one would find at a bazaar
 recycle to another fome! Mundy Road will Market on December $5^{\text {th }}$. For those of you event is being coordinated by $\operatorname{Mrs}$. but they still need many parent helpers. $\mathcal{H e l p}$ with tagging parcels? Even an hour of

Knick-Knacks, gently used housefold items, ornaments, fioliday giftware, frand tools, possibilities. Items that are suitable that can be easily carried home in a backpack or in the hands of a student. We know that every fome fas unique treasures that are always welcome and much appreciated.

If you candonate any holiday wrapping paper, tissue paper, tape, or tags, to help with the wrapping that is also much appreciated. If youthinkyou can volunteer with this event on December $5^{\text {th }}$, please contact the school and Mrs. He in will forward your name to Mrs. Hayward-Meek. Your children are atways so happy to 'shop'for you, and they take great care to pick out something that is just right'.

The best part of my day is helping in the gym - the children are so excited about getting their family members the idealgift. If you have a fewhours to spare on December $5^{\text {th }}$, ple ase come and help out. It is truly a magical day for our students! Ple ase make a specialeffort to donate items that are suitable for Dads/males.

## $\underline{D E C E M B E R} \operatorname{CON} \mathcal{N} C \mathcal{R I}$

We are faving a concert on December $18^{t h}$-the afternoon performance is at 1:00 pm in our gym. The evening performance is at $\mathcal{M O N} \mathcal{N G O \mathcal { M E R V } \mathcal { M I D \mathcal { D L E } - 1 9 0 0 E d g e w o o d } \mathcal { A v e n u e , ~ C o q u i t l a m . ~ T h e ~ p e r f o r m a n c e ~ }}$ starts at 6:30 pm and doors will open at 6:15.

The $P A C$ is sponsoring a raffle for the first row of seats at and for only \$2.00 you have a chance to win two front row evening concert! There is no limit on how many times you can name is drawn you will have two seats labeled for you. The be the seats in the middle and from there we will spread out to front row. The proceeds go to provide the 'extras' for learning resources that contribute to the classroom support for our students. Tickets for the front row seats will
 the evening concert seats for the enter and if your first name drawn will either side of the students - the environment and be available after $\$ 1.00$ a cup. $\mathcal{N}$ ovember $28^{\text {th }}$. This year coffee will be available for only
*Reminder - please get your EMERGENCY CARE KITS IN - EVERV STUDENT NEEDS 1 *

## LEARNING ENGLISH ? Free classes are available...

The school district has free English classes available to residents of the $\mathcal{T}$ ri-Cities. You can register at (604) 936-4211 or go to the Montgomery Learning Centre, Located at 380 Montgomery, in Coquitlam. Classes run until December $19^{\text {th }}$ and resume again ganuary 9, 2014 and all classes run on Thursdays, from 4 to 7 pm! Allclasses are free!

## CALEN(DAR OF EVENIS

| $\mathcal{N} O \mathcal{V} E \mathcal{M S E R}$ |  |
| :---: | :---: |
| $22^{n d}$ | $\mathcal{H o t}$ Lunch Day |
| $25^{t \hbar}-29^{t \hbar}$ | Report Cards go fome |
| $29^{\text {th }}$ | Recognition Assembly in the gym at 2:00 pm |
| $\underline{\mathcal{D E C E S M E S}}$ |  |
| $3^{\text {rd }}$ and $4^{\text {th }}$ | Parent/Teacher Interviews - early dismissal at 1:45 on 6oth days |
| $5^{t h}$ | Christmas Market |
| $11^{\text {th }}$ | Hot Lunch-Susfi |
| $18^{t \hbar}$ | Winter Concert field at Montgomery Middle - 6:30 pm |
| $20^{t h}$ | Last day of School before the Winter Break |
| Winter $\mathcal{B r e a k}$ | December 23-ganuary $5^{\text {th }}$ |
| $\underline{\text { g ANVIARY } 2013}$ |  |
| $6^{t h}$ | SchoolRe-Opens |
| $10^{t h}$ | Recognition Assembly 2:00 pm |
| $15^{t \hbar}$ | PAC meeting 7 pm |
| $15^{t h}$ | Late French Immersion information meeting at Moody Middle |
| $27^{\text {th }}$ | Pro $\mathcal{D}$ Day - Non Instructional Day for Students |
| Fe6ruary 2013 |  |


| $10^{t h}$ | $\mathcal{B C}$ Family ${ }^{\text {Day - Koliday }}$ |
| :---: | :---: |
| $19^{\text {th }}$ | PAC meeting at 7:00 pm |
| $21^{\text {st }}$ | $\mathcal{P R O} \mathcal{D} \mathcal{D a y}$ - Non Instructional $\mathcal{D a y}$ for Students |
| March 2013 |  |
| $12^{\text {th }}$ | PAC Meeting at 7:00 pm |
| $17^{t h}-28^{t h}$ | Spring Break |
| April 2013 |  |
| $11^{\text {th }}$ | Pro $\mathcal{D}$ Day - Non Instructional $\operatorname{Day}$ for Students |
| $16^{\text {th }}$ | PAC Meeting at 7:00 pm |
| $18^{\text {th }}$ | Good Friday |
| $18^{\text {th }}$ | Cross Catchment Appeal Process closed |
| $21^{s t}$ | Easter Monday |
| May 2013 |  |
| $14^{\text {th }}$ | PAC Meeting at 7:00 pm |
| $16^{\text {th }}$ | PRO $\mathcal{D}$ Day - Non Instructional $\mathcal{D a y}$ |
| $19^{\text {th }}$ | Victoria $\operatorname{Day}$ |
| Iune 2013 |  |
| $18^{\text {th }}$ | PAC Meeting |
| $26^{\text {th }}$ | Last Day of Schoolfor Students |
| $27^{\text {th }}$ | $\mathcal{A d m i n i s t r a t i v e ~} \mathcal{D a y}$ |

## COQUITLAM CHRISTMAS MARKET

The Coquitlam Christmas Market will take place on December 7th from 11am-4pm at Centennial Secondary. We have a variety of crafters and vendors selling homemade crafts, art, decor, textiles, food, and much more. Admission by donation with proceeds going to Presidential Girl, a non-profit organization aiming to empower girls in Africa. Organized by the Centennial Business club. A great way to kick off the holiday season!

## From SHRRE Family \& Community Services

I am a parent of one of Mundy's students, Christopher Towner, and also an employee of SHARE Family \& Community Services. I'm hoping you can help me get some information out to the students.

SHARE has many young fundraisers that organize various events and initiatives every year that benefit SHARE. A few months ago we decided to form a "club" for these young fundraisers so they could receive quarterly information from SHARE, read about what other charitable kids in the Tri-Cities are doing and get recognized for their efforts.

We were just donated two tickets to the December 14 Vancouver Canucks game (valued at $\$ 400$ ) and we'd like to give them out to a SHARE Bear Kids Club member! All that has to be done is for the student to sign up to join the club and then organize some sort of event that benefits the children and/or families SHARES serves between now and December 6. (short notice I know but we just got the tickets)

Some kids we've heard from are collecting empties, some are selling baked goods, some are organizing food/toy drives (toys must be new) and the like.

I would absolutely LOVE it if some students from Mundy Road signed up to be Kids Club members!
Here is the link that contains the registration form and additional information. After I receive the completed registration form, I will mail the child a package and send them a welcome e-mail. After I hear about their event, I will enter their name into the draw for the tickets.
http://www.sharesociety.ca/WaystoGivetoSHARE/HowtoHostanEvent/tabid/328/Default.aspx
Thank you very much!
Warm regards,
Teri
Teri Towner
Special Events \& Fund Development Officer - SHARE Family \& Community Services
200 - 25 King Edward Street, Coquitlam BC V3K 4S8 main: 604-540-9161 | direct: 604-529-5107 | cell: 604-
833-1949
www.sharesociety.ca 1 Follow SHARE!* Want to support SHARE's Food Bank? Look out for Food Bank BC's $\mathbf{\$ 2} 2$ Sharing Coupon the next time you're at the grocery till, and simply add it to your purchase. It's that easy!


## What does it mean to be a SHARRE Bear Club

## member?

- You are a kid who lives in the Tri-Cities or beyond
- You care about your neighbours, family, friends and classmates
- You love SHARE Bear and want to help him make a difference in the community

If this describes you, then the $S \mathcal{H}$ RX $\mathcal{B}$ Bear Club is the place for you!
hll you have to do is:

- Fill out the registration form with your parent or guardian
- Choose a way to help your community that is fun for you

- Keep in touch and let us know what wonderful things you're doing to help!

As a SHARE Bear member you will receive:

- A membership package that includes your very own sticker badge
- Recognition about the difference you're making in the community
- A thank you card from your friend, SHARE Bear
- An entry into a draw to win a surprise birthday or classroom visit from SHARE Bear!


Want to get started? Here are some ideas:

- Instead of presents, collect donations of food, toys or money at your next birthday!
- Collect and return empty bottles and donate the funds to SHARE
- Donate the funds from your piggy bank to SHARE
- Start a food, clothes or coin drive in your classroom
- Donate your old clothes and books to SHARE'd Treasures Thrift Store
- Have a lemonade stand, yard or bake sale to raise money for SHARE


Date: Saturday, November 23, 2013
Time: $\quad$ between 12:00pm to 2:00pm
Logation: CCAC Pool
Cost: $\quad$ Free
What to bring: your swim suit, towel, and water bottle

# Water Polo <br> Promotes fitness and fun, while encouraging the values of fair play and team work. 

*Must be able to swim 25m unassisted

Coquitlam Lions Water Polo club is an active member in the BC Water Polo Association and Lower Mainland Water Polo League For inquiries, please contact us at info@lionswaterpolo.ca

## Event



# Event Loc ation: Ranch Park Elementary School <br> 2701 Spuraway ave. <br> Coquitlam, BC V3C 2CA 

## Date:

November 29th
Ages:
6-18 years of age. All stackers are invited.
Beginners, with little or no experience, to experienced stackers.

Events: Individual, Doubles and Timed 3-6-3 Team Relay
Event Schedule: Registration begins at 3:30am Introduction to the Sport of Speed Stacking:
Individual, Doubles and Relay 4:00-6:00
Try-It Challenges 6:00-8:00
"Come and Try-It"
What is Sport Stacking?


Sport Stacking is an exciting individual and team sport where participants stack and unstack 12 specially designed plastic cups in pre-determined sequence.

Sport stacking helps students develop bilateral proficiency equal performance on both sides of the body. By increasing bilateral proficiency, a student develops a greater percentage of the right side of the brain, which houses awareness, focus, creativity and rhythm. Stacking helps train the brain for sports and other activities where the use of both hands is important, such as playing a musical instrument or using the computer. Sequencing and patterning are also elements of sport stacking, which can help with reading and math skills.

Sport Stacking is a fitness-based sport that kids from all backgrounds and abilities can do. For the athlete and non-athlete alike, regardless if you are instructing eighth graders or kindergartners, sport stacking can be a great enhancement for your fitness routine. With over 70 fitness based activities, sport stacking helps to motivate kids to be active and fit. Teachers and parents also like sport stacking because it can be done at home.

One of the comments we receive consistently from teachers, parents and school administrators is how sport stacking levels the playing field for their kids. Non-Athletic kids can now compete head to head with their more athletic counterparts. This significantly raises their self-esteem, motivating them to work harder in PE and be excited to participate. It's a WIN, WIN!

Today schools, teachers and parents are focused more than ever on academic achievement. Sport stacking not only promotes physical fitness, but also academic learning. Students that sport stack on a regular basis have shown increases in test scores and levels of concentration. This is achieved by students using both their right and left sides of their brain. When students sport stack they are crossing the "midline" of their bodies and developing new connections in their brains. These new connections help to spur brain growth which in turn promotes greater academic achievement.

As parents we always want the best for our kids academically and physically? You want your kids to be active after school, watching less TV or playing fewer video games but funds are tight. How can you bring PE home to your kids? Buying a basketball hoop would be good, but those are expensive and what do your kids do on cold days? Maybe your child doesn't like traditional sports! We understand! Kids of all ages, abilities and personalities love sport stacking because it is fun and challenging. Teachers love sport stacking because it motivates kids to be more active and fit. Parents love sport stacking because it is affordable and you can buy your child something that benefits their body, brain and spirit! Get involved today and make a difference! For more info on Sport Stacking visit http://www.speedstacks.com/


Healthy FamiliesBC ©

# Upcoming Events at Place des Arts <br> 1120 Brunette Avenue, Coquitlam 

## Family Day at PdA: A Canada Culture Days Event

Sunday, November 24, 1:30-3:30PM Admission: By donation
Gather up the family and tour Place des Arts annual Positively Petite miniature exhibition, . . . still life in Vancouver . . . photography by Marina Crawford and Botticelli Remix/Voyage Allégorique, works in oil on wood by Danaca Ackerson. Then participate in a variety of all-ages, drop-in style workshops. The Van Goh Café will be open serving light snacks and beverages. Admission by donation; Reserve your spot online here or by calling 604.664.1636 before Tuesday, November 12.
Don't be intimidated by art, get engaged in it!

## Activities:

- Lantern Making: Make a beautiful Iantern to bring to our Lantern Affair Multicultural Celebration of Light on December 7;
- All Things Petite: Take inspirations from the Positively Petite miniature exhibition and make a teeny tiny clay owl;
- Artist talk and tour: Hear Marina Crawford describe her artist process and inspiration.


## A Lantern Affair Celebration of Light

Saturday, December 7, 4:30-7:30pm
1120 Brunette Ave., Coquitlam | 604.664.1636| www.placedesarts.ca
Come celebrate light at this dark time of year at Carré Heritage Square's A Lantern Affair. Place des Arts' new Theatre Company ushers in the warmth of light in a multi-cultural lantern ceremony featuring special guest actor Simon Webb. A host of fun arts and heritage activities, live music and song and a festive market brighten up this community event. Free Admission | All Ages

## Art Activities

Lantern Making; Mini Clay Owls; Diwali Lights Greeting Cards; Mosaic Christmas Trees

## Heritage Activities

Museum Tours; Heritage Baking; Hot Apple Cider; Gingerbread Decorating; Storytelling

## Entertainment

Lantern Ceremony; Live Music \& Song; Storytime with Father Christmas

## Festive Market

Holiday Bake Sale; PdA Pottery Department Sale; Christmas Boutique; Positively Petite Miniature Exhibition; Free Tim Horton's Donuts \& Coffee

## Children's Workshops

## Family Time: Felting Fun ( 6 years and under + parent/ guardian)

Mondays, November 20 \& 27, 3:45-4:45pm
Explore the art of wet felting with your child, and acquire the necessary skills to create finished pieces such as beads, vessels and flat-felted pieces. Once you learn the basics of this ancient craft the possibilities are endless - create embellishments, small wearable pieces and gifts. Supplies included. Teacher: Catherine Dumaine.

## Felted Christmas Ornaments (8-14 years)

Thursday, Dec 5, 6-9pm •\$30.50
Create beautiful felted ornaments such as bejewelled Christmas Balls or a garland of felted stars. Explore different wet felting techniques and acquire the skills necessary to create finished pieces. Felting is quick, fun and a great way to make gifts. Materials kits provided. Teacher: Catherine Dumaine

## Christmas Craft M aking: 5-7 yrs.

Get into the Holiday spirit and come join us in making beautiful Christmas crafts to take home! Date: Tuesday, 10-Dec
Time: 3:30-5:00
Fee: $\$ 10.00$

## Kids on the Go - Winter Break

Looking for something fun and exciting to do over the winter break? Want to play exciting games, create art and discover new friendships? Come join us at Poirier Community Centre for our Kids on the Go Camps.
5-6 yrs.
Description- Please brings a lunch, two snacks, warm clothes and runners every day.
7-10 yrs.
Description- Includes swimming. Please bring a lunch, two snacks, warm clothes and runners every day.

Dates: $23^{\text {rd }}, 27$ th, $30^{\text {th }}, 31^{\text {st }}, 2^{\text {nd }}, 3 \mathrm{rd}$
Time: 9:00-3:00pm
Location: Poirier Community Centre- 630 Poirier Street, Coquitlam
Cost: \$31.20 per day
To register contact: 604-927-4386 or online at www.coquitlam.ca

Thank you in advance for your support.


## SYNCHRO

 GIRLS

Synchronized Swimming Free Introduction Hosted by Coquitlam Sharks Aquatic Club


November 29,2013 4:30-6:30 Poirier Sports and Leisure Centre For more information www.coquitlamsharks.org


TRUE SPORT

