



Telephone: 604-936-0478  
 Email: moodyelementary@sd43.bc.ca  
 Website: <http://www.sd43.bc.ca/moody>

# Moody Elementary Newsletter: March



## Some Important Dates to Remember

- ◆ March 7th PAC Meeting @ 6:30 pm
  - ◆ March 9th Term 2 Reports go home
  - ◆ March 10th Hot Lunch
  - ◆ March 11th Green Spirit Day
  - ◆ March 14-25 Spring Break
  - ◆ March 28th School re-opens
  - ◆ March 31st Hot Lunch
- \*Breakfast Club started back up Feb 28 M-F 8:20-8:40 in the gym



## Principal's Message:

Hello, Moody Elementary Families & Caregivers,

The lighter days and the sun peeking through has been a welcome reminder that spring is coming. With spring comes renewal and hope; it means more time outside in the fresh air which helps with physical and mental health.

February has been a good month at Moody. We extended a "kindness challenge" each morning and students had many conversations about friendship and kindness, as well as anti-bullying and anti-racism. We know this work needs to go beyond Pink Shirt Day.

We will be looking to slowly bring back more fun activities in the coming months. Thank you for continuing to do the daily health check and keeping your children at home when sick. Your cooperation is greatly appreciated.

Sheila Rawnsley

We would like to acknowledge that School District No. 43 (Coquitlam) is on the core territory of the k<sup>w</sup>ik<sup>w</sup>ə<sup>ł</sup>əm (Kwkwetlem)(Kwee-kwet-lem) First Nation and lies within the shared traditional territories of the Tsleil-Waututh(Slay-wa-tuth), Katzie(Kate-zee), x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), S<sub>k</sub>wxwú7mesh Úxwumixw (Squamish), Quay Quayt (Key-Kite) First Nation and Sto:lo Nation.



# PINK SHIRT DAY 2022 @ MOODY

## Lifting Others Up



Moody Elementary Staff modeling big hearts and many shades of pink!



Ms. Jones' class shared a "Real Act of Caring" by delivering cards and a treat to each staff member!



Many students wore "Be Kind" shirts & other pink gear!



Ms. V's Kindergarteners sharing their Pink Shirt Day artwork!

Practicing kindness today and beyond...

## Pink Shirt Day Assembly led by Division 2 Students



Ms. Elie's gr 4 & 5 students have been studying about Black History and they shared their learning. Some of the class' thoughts are:

Black History lifts others up by...

Treating everyone the same, regardless of race

Not bullying or treating people poorly because of their race

Celebrating the achievements of Black Canadians

**The students pictured above all spoke at the virtual assembly. There were gifted Black Shirt Day shirts donated from the Anti-Racism Coalition of Vancouver (ARC).**

**Artwork from Ms. Cooney's class**



# Take a Walk Down Our Hall-













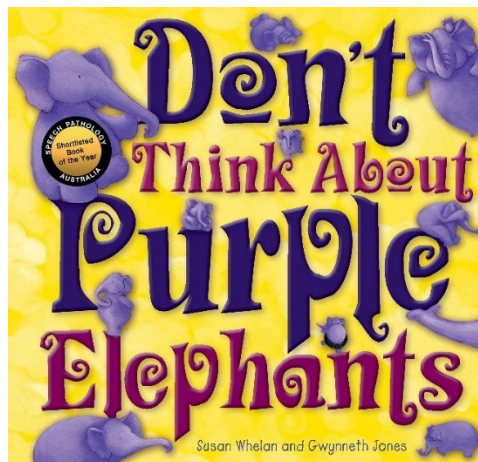


## Counsellor's Corner

Why would you want to think about purple elephants?!

Our thoughts influence our emotions and our behaviour; thinking about purple elephants is a lot more fun than being worried or nervous.

Students are learning to pay attention to the things they tell themselves, and to understand that they have the power to change their unhelpful thoughts into more helpful thinking patterns.



By the end of this week, all students will have seen this book. They will have one more tool to help themselves positively influence their mental well-being. Maybe yours too!

As always, please contact me if you would like to talk about your child's social-emotional development.



*Maureen Armstrong*

*Counsellor*

[marmstrong@sd43.bc.ca](mailto:marmstrong@sd43.bc.ca)



## Moody Elementary PAC Ongoing Fundraisers

Thank you to our community partners for supporting the PAC!

### RVN Wellness

The Moody Elementary PAC has partnered with [RVN Wellness](#) to support all our students, and young people with access to yoga, breath work and movement. Use the code MOODY (or MOODY5) to get 5% off registration for any single, program or retail item and our school will receive a portion of the sales!



### Oliver's Labels

Order customized fun and durable labels for your child's clothing, shoes and other items. Visit this link [www.oliverslabels.com/moodypac](http://www.oliverslabels.com/moodypac) to shop and have 20% of your purchase donated to the Moody Elementary PAC.

### Port Moody Liquor Store

When you shop at the Port Moody Liquor Store (2929 St. John's Street), mention Moody Elementary and have 4% of your purchase donated to the PAC.



## Cobs Bread

Cobs Bread donates 5% of your purchase to Moody Elementary. At the time of purchase, ask the cashier to ring your purchase through the Moody Elementary rewards program. It's that easy!

**Store Location:**

154 Brew St #340, Port Moody

Open 7 days a week, 7am-7pm



## Donate Bottles to Support the PAC

Return-It Express has made it easier than ever to support Moody Elementary PAC when you donate your bottles. Here's how it works:

- Place your recyclables in any clear/blue recycling bag, one you can properly close and see-through,
- Take it to a Return-It Depot and use the Express System (at the Coquitlam Depot it's in the far left corner)
- Type in 604-936-0478 (Moody Elementary PAC account),
- select the number of bags you are dropping off (or print lots and save them for later)
- Place the printed labels on your bags and drop off in the express system bin.



## TRU Earth

Tru Earth sells eco-friendly, ultra-concentrated, and hypoallergenic laundry detergent strips. It's also a local, Port Moody based company!

You can help save the earth AND support the PAC! When you [visit this link and shop](#), the PAC gets a portion of the proceeds.

Link to shop: <https://fundraising.tru.earth/moodypac>



## Where does the money go?

This year the PAC will be supporting various activities, field trips and supplies that enhance your child's classroom and education experience. Here are some highlights:

- Tennis lessons, dance classes and other school-wide activities
- Virtual field trips, speakers and subject matter experts
- Teacher and principal wish lists
- Body science speaker
- Supporting students and families in financial need

On average the PAC raises approximately \$15,000-\$20,000 per year which goes directly towards your child's school experience (approximately \$100 per student).

# Direct Donation

## Direct Donation Fundraiser

This fundraiser is designed for the busy parent that doesn't necessarily have the time (or the will) to participate in various fundraising activities. If it's easier for you to give a one-time donation, then we will happily accept your generous contribution... because it's easier for us too!

## How to make a direct donation

To donate directly to the Moody Elementary PAC, send an e-transfer to [moodypac@gmail.com](mailto:moodypac@gmail.com). \*\*Please note the PAC cannot provide tax receipts.



# Afterschool Club

Moody  
Elementary

Registration  
begins Tuesday,  
Mar 8 at 8am

The City of Port Moody's **Community Services** and **School District 43** are excited to team up to offer great programs! Meet new friends, stay active and have fun.

For children in grades K-5.

## Outdoor Adventures

Get ready for some fun and exciting outdoor games, crafts and activities. Please come dressed for the weather.

25657 Tue, April 5-June 7 2:50-4:20pm

## Multisports

Let's play some team games! Your child will be introduced to both fundamental movement and sport specific skills such as kicking, throwing, running, jumping and balancing.

25658 Thu, April 7-June 9 2:50-4:20pm



# RESEARCH STUDY FOR **KIDS** AGES 4 – 9!

We want to learn how kids figure out the sound system of English.

## Details:

- Kids will name some pictures and play some games with made-up words
- Takes about an hour and is held virtually on Zoom
- After-school time and spring break are available
- Contact us at [phono@sfu.ca](mailto:phono@sfu.ca) to sign up



Version 1: 3/13/20  
ORE 2020s0117