



École Montgomery Middle School

PAC Meeting via Zoom

Minutes: March 9, 2021

Attendees: Sarah Husband, Deana McLean, Linda Intihar, Manjit Herar, Raphael Kwan, Mijung Lim, Christine Friend, Melissa Plouffee, Kori Gillanders, Sabine Sasakura, Janice Doege, Wootae Ji, Michelle Wong, Kim Cameron

Regrets:

1. **7:01pm Motion to Adopt Agenda:** Christine Friend adopt
2. **Welcome & Introductions:**
 - Please use chat to write your full name for the secretary to record attendance
 - Please use chat for any questions you may have for PAC or administration so we can ensure they are answered
3. **Approval of February 9, 2021 Minutes:** Christine Friend approves and Manjit Herar second
4. **President's Message: Linda Intihar**
 - Welcome to Grade 5 Parents who are attending our PAC meeting. It is wonderful that you could join us. An Invitation was sent to Grade 5 families who are attending Monty next year to join the next couple of PAC meetings and AGM. Nice to meet the new parents. Feel free to invite other Grade 5 parents to come to the next meeting.
 - Email has been sent home with March newsletter (AGM, Positions, Constitution, DPAC)
 - Thank you to Sabine for arranging flowers for staff appreciation --they were beautiful. Came in different colours, spring colours. Staff

appreciation is usually done a few times throughout the year. Fall, we had gift cards to local businesses. Spring was from FRAN's flowers.

5. Treasurer's Report: Kim Cameron

- **Budget Update** 2 cheques: Fran's Flowers and Skyline sports - equipment for school
 - a. Gaming - over \$7500 - if needed, can get more sports equipment. School just added Pickleball.
 - b. General -
 - c. School Holding - approx. \$1950ish from Parent donation
 - d. Other
 - Kid Sport Donation - \$200 to donate to Kids' Sport, who donated soccer balls to the school
 - Christine has been added as a signing authority to accounts- all cheques need 2 signatures
 - Monthly statements will be sent to Kim's house until September and then we can move it back to the school.
- **Fiscal Year End**

5. DPAC Report: Sabine Sasakura

- Mental Health Resources Presentation - Sabine presented what DPAC had presented in the Nov. DPAC meeting
 - What Monty is doing in relation to the presentation:
 - Every class has a mood meter - a tool used after they have the social emotional vocabulary. Fridays, Allie Deip does a safety tip every morning - for example on self compassion, ways of thinking etc.
 - Inclusive and welcoming to all
 - Individual class reviews - who are some kids they are concerned about (Identifying)
 - As a school - workshop on mental health/wellbeing for the staff. Coming up will be a bingo (ie...going for a walk). What are simple things staff can do to take care of themselves?
 - Multi step approach. Always starting with prevention, education otherwise there will be more intervention.
 - Have SEL leaders

- Counsellor, youth worker and Indigenous youth worker will run social skill groups - this year is smaller because of covid
- Leadership group
- Family Smart Presentation - families who have young people struggling with mental health issues on how to navigate the system. Can be hard on families. This is families helping families. Started webinars on their youtube channel.
- *Kelty Mental Health has webinars, podcasts etc... An excellent resource.*
- End of April, DPAC will be holding an AGM
- Next DPAC meeting April 2nd - email Sabine or Linda to connect to the next meeting or office@dpac43.ca for zoom link.

6. Member-at-Large Report: Janice Doege, Manjit Herar, Christine Friend

- Constitution Renewal - Manjit read through the constitution and didn't know what to look for in terms of revision. Please give feedback/guidance on what we'd like to address. For example, things to update would be the addition of the fiscal year end date. We'd like to change it to Aug 31st instead of June. Also, what would be the amount on the cheque we can write without having to go through PAC to vote for it. Try to change/rewrite what we can now. The Constitution is on our webpage.
- Safety - Janice - no report
- Christine - Costco shopping done and delivered to the youth worker for the Breakfast/lunch program.

7. Tabled Business/ Follow ups:

- Earthquake Preparedness - possible goal for 21/22
- Reminder to let Linda know if you would like to continue in your position for next year or would like to be nominated for another position

8. New Business:

- Me and Ed's Pizza - Fundraiser - Sabine
 - They will give us 20% of sales from the evening that we choose for people who identify that they are from Monty. So, all we need to do is basically advertise it!
 - It is only available on Tuesdays, Wednesdays, and Thursdays. They could do one as soon as March 18, or April 6,7,8 or 13,14,15.

- Advertise through the monthly newsletter and morning announcements. Possible dates are: April 15 May 20 and June ? Best strategies will be PAC website, newsletter, the morning announcements and word of mouth.
- Could dedicate some proceeds to Gr. 8 leaving.

9. Administration report: Ms. Husband and Ms. McLean

● School update

- Big thank you to Sabine for flowers for the staff. Everyone really enjoyed them.
- Trying to maintain normalcy as possible - ie public speaking is happening now. Class, team finals, school finals before spring break. District finals will be after spring break. Unifying when the whole school is doing something the same.
- St. Patrick Day is next Wednesday - encourage students to wear something green.
- Advisory team winner for term 2 is M. Riccardi's class. Term 3 is starting now.
- Spirit day - games such as "Are you smarter than a grade 8?"
- Pie contest coming up - mathematical pi (15+ students participating)
- Compassion art contest - creating a calendar and fundraise for a charity that supports homelessness. This is from the Student making change club.
- New Youth Worker - Devon(big connection to Monty - alumni) - great addition.
- 2 new permanent EAs - blended nicely to the Monty community and doing a great job.
- Continue to work on covid safety with the students. Thankful for no transmission at Monty. Exposure has been low.
- Hoping for everyone to have a safe spring break. Kids are ready for a break.
- 1 play area has changed - the gravel field area at Continuing Ed. They are letting us use it for a trial period. Students are excited about it.

- Great work from the student govt. They are engaged, sharing everything from their class, respectful of their peers' privacy, excited about St. Patrick's day, great suggestions for ideas on what they would like to do.

10. Next Meeting: April 12, 2021 7 p.m.

11. Adjournment: March 9, 2021 @ 8:23pm